

!Jai Shri Mataji!

SAHAJA MARRIAGES - BACKGROUND AND FUNDAMENTAL PRINCIPLES

Sahaja Marriages have been established by Shri Mataji more than 37 years ago and are a sacred ceremony based on Divine principles, which elicit spiritual and material blessings. In Sahaja Yoga, couples have the unique opportunity for being blessed by the attention of our Divine Mother. Shri Mataji generously blessed Her children through this institution, granting us a very fond and happy life as a family. Sahaja Marriages facilitate individuals' spiritual growth and the growth of the world Sahaja collective and have ripple effects through families, communities and between countries.

Shri Mataji has started marriages in Sahaja Yoga with an extremely pure divine purpose i.e. joining two Sahaja Yogis (Boy and Girl) in the bond of pure love with the sole purpose of propagating Sahaja Yoga through them. So also, she wanted to break and discontinue such traditions and practices which were very harmful to individuals as well as the society viz., caste system, dowry, religions, pomp and show unnecessary money spending etc. In addition, she had a very wide and noble vision of combining different cultures / countries together so that element of hatred, quarrels, dissatisfaction, greed etc. should disappear and such marriages should set an ideal example for the society. The newborn generation from such - marriages would be the born Sahaja Yogis and realized souls guiding the Human population in future.

Shri Mataji has always warned yogis and yoginis not to look for a partner in the collective as this is against the principles of Sahaja Yoga and Sahaja marriages .As such self-matching or matching by parents or elders WITHIN Sahaja Yoga collectivity is against the Sahaja Yoga Protocol. The parents or elders should search the match outside Sahaja Yoga instead of searching within Sahaja Yoga and harming the protocol. We should always keep in mind that the matches are done by Shri Mataji through HER Divine powers and not by individuals. So it is the Param Chaityna which is the guiding force in fixing marriages. Moreover the marriage matches are finalized through Vibratory process after matching educational and professional qualifications, income and other attributes of the candidate. Therefore the Boy or Girl match should gracefully accept it.

The Sahaja Marriages are based on the principle of love, and compassion for each other. The boys and girls engaged must trust each other, respect and should have an inner love and make the marriage joyful and a spiritual ascent.

Sufficient time is normally given to each matching couple (with a few exceptions)for personal talks, interview before actual marriage. They should consult each other, discuss important topics and finally decide their views. It is recommended that after a match is declared, the boy and the girl should discuss about their family background and their upbringing, their education, their working environment, their personal likes and dislikes etc. among themselves and then finally decide to go ahead.

In those cases where a matched couple cannot marry in the current Sahaj ceremony, the applicants will have more time to know each other and may apply as a couple at a later marriage ceremony.

If under some circumstances, the boy or girl finds it difficult to get married with each other, they must declare before hand to the Marriage Committee. But once they decide to get married, they must willingly and whole-heartedly accept the match.

While filling the application forms, sometimes, the boy or girl try to hide information in respect of their health, diseases, physical-mental problems, educational qualification, career information, salary, business profile, their family and parent's expectations/choices etc. This leads to major problems and results in breaking up the marriages later. Hence, every boy and girl must openly declare all information to the fullest extent. Here it must be remembered that nothing is hidden from Shri Mataji.

Every successful marriage, as a matter of fact, whether Sahaja or otherwise is based trust, love, compassion, adjustments of nature, of habits, and subduing your so called likes and likes - dislikes etc. Hence it is imperative for every boy/girl to adapt themselves after marriage rather than living with their own conditionings and egos. They must also respect elder persons in the new family and win their confidence through love.

The issue of disparity in numbers between ladies and men's applications must be noted. It is widely known in fact that Yoginis who apply, far outnumber (by 4-5 times) the Yogis, so every year there are many Yoginis for whom there are not enough suitable matches. In this context, marriages outside of sahaja yoga can also carry God's blessings, especially if the partner absorbs sahaja yoga. Such a couple can be remarried in a sahaja ceremony should they so wish later on.

In Sahaja Marriage no demand for dowry is made or paid. Marriages are performed en masse in Divine atmosphere in presence of a larger Collectivity as per Sahaja protocols and established procedures laid by our Divine Mother.

Spiritual growth of the individuals, the family and the collective is stimulated by a successful sahaja marriage which spreads happiness in the society around. It expresses subtle qualities such as: innocence, benevolence, love, joy, sweetness, generosity and fondness for the others, the entire collective. The marriage becomes a vehicle to have vibrant, joyful families and a blossoming society.

When thus fully blessed, these sahaja marriages can be auspicious channels in allowing the flow of the Love of the Divine through the hearts of all those involved, opening a common spiritual path of joy and growth.

SAHAJA YOGI PARENTS

It is observed that after marrying in Sahaja Yoga parents as well as Yuvas carry the traditional bonds of customs, traditions, caste, dowry, gifts and so on. This is totally against the SY principles. Everyone concerned must give up such things and gladly and with open heart and mind accept the matches.

It is therefore first and foremost duty of the parents to guide, support and lead their children in Sahaja Marriages, because by doing so, they are supporting our Divine Mother's dream of the future human race in this world.

If their son/daughter is willing and ready for the Sahaja Marriages, they (Parents) must not bring hurdles through their personal expectations, demands, likes-dislikes, conditionings; etc. Parents must disclose to the SY Coordinator problems, defects or disorder of their son or daughter at the time of interviews. This information would be kept confidential.

After the Sahaja Marriage, the parents (of bridegroom's and brides) must open mindedly welcome and support the married couple giving them confidence of their love, compassion and lessons for making adjustments in the new atmosphere and new family. Some parents try to interfere in the life of married couples. This brings clashes and confrontation. They should, therefore avoid such behaviour and support the Sahaja couple.

Of course, no sahaja yogi or yogini has been or will ever be forced to marry in a Sahaja way and ceremony and all proposal tabled before them are for them to decide in full wisdom and maturity. **It must be clear that yogis/yogins who do not wish to marry in Sahaja Yoga or cannot find a life partner in Sahaja Yoga through the protocol of Sahaj Marriages have all freedom to find a partner outside of Sahaja Yoga.**

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