

## Divine Solution to All the Problems



“The whole attitude about facing anything is very different for a Realised soul. Like Me, I would say – if I see a problem, immediately I go into meditation, immediately, and the problem is solved. Because that’s My power. In the same way if you see a problem and if you go into meditation, the problem will be solved by Me. That means in meditation you surrender to Me, then it is My job. But if you start solving it mentally or orally, you will fall into traps. So, the best thing is, any such problem that bothers you, you should just go into meditation, don’t have to even pray- just go into meditation with that problem and you will come out victorious.



What today you have been asking Me for the victory, I have to tell you that you are very safe in the fort of your meditative state and very well in meditation only you can grow, you cannot grow otherwise. It is like the sunshine for any tree. You have to be in meditation, in Nirvichara, you don’t have to oppose anybody, you don’t have to agree anybody, you don’t have to say anything. Specially for other Yogis, you don’t have to say anything. Anybody whom you find to be funny, just go into meditation and you will be amazed how things will change, and that is your power. How many people have got Realisation in this world? Very few. They are growing up – alright, they are working it out. But what is lacking in them is the Meditative Force.



The best way is to surrender, and the surrendering is easier. You just put Me in your heart, all the time, the simplest way. Then you cannot exist without it. You feel completely lost. It’s a kind of a very detached love. You just feel absolutely rested, blissful, and content. Then you don’t want anything. That is the state, one has to establish. It is easy for you because I am in person with you. Only problem

that is there, as I told you in Sahaja Yoga, that you have to recognize Me to begin with. But to recognize Me is rather difficult because I am a Mahamaya and so normally you might come into that mess created as a Mahamaya.”

Her Holiness Shri Mataji Nirmala Devi

5th Day of Navaratri. What is your destiny? Pune October 15th, 1988



(Link to full talk and audio <https://www.amruta.org/1988/10/15/fifth-day-of-navaratri-1988-pune/> )