

The Life Eternal Trust

Unit No 1111, 11th Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069
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Charity Comm. Regd.No. E/4884 (B) 1972



Founder
H. H. Shree Mataji Nirmala Devi

International Sahaja Yoga Seminar – 2022 Nirmal Nagari, Ganapatipule December 23 – 26, 2022

September 26, 2022

Dear Brothers and Sisters,

“JAI SHREE MATAJI”

With the divine blessings of HER HOLINESS MATAJI SHREE NIRMALA DEVI, The Life Eternal Trust, (Mumbai) is delighted to invite and welcome you to the International Sahaja Yoga Seminar 2022 at Nirmal Nagari, Ganapatipule, Maharashtra. As we all know, Ganapatipule is the place of Shri MahaGanesha. It is also the place which was specially selected by Shree Mataji who has immortalized it by celebrating Christmas there with thousands of us continuously for nearly two decades. You all will agree that it is a special location vibrated over the years with Shree Mataji’s Divinity and vibrations of the global collective.

The seminar will be held from **December 23rd to 26th 2022** as per below Programme Schedule. Christmas Puja would be on December 25, 2022 and Sahaja marriages would be solemnized on December 26, 2022.

I. PROGRAMME SCHEDULE - as per Indian Time (IST)

	23 December (Friday)	24 December (Saturday)	25 December (Sunday)	26 December (Monday)
6 AM	Morning Meditation			
8.30 to 10.00 AM	Breakfast / Cleansing at the Sea			
10.30 AM	Havan and welcome	Seminar / Cultural program / collective meditation	Seminar and collective meditation	9 AM onwards- Haldi Programme
1.00 PM	Announcement of Sahaja Marriages			
1.30 to 3.00 PM	Lunch			
4.30 to 5.30 PM	Cleansing at the sea			
6.30 PM onwards	Musical / Dance/ Drama evening		Christmas Puja	Solemnization of Sahaja Marriages
	Dinner 8.30 PM to 10.30 PM		Mahaprasad – After Puja	Dinner- after marriages

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II. CONTRIBUTION TOWARDS SEMINAR EVENT EXPENSES IN INDIAN RUPEES

A) Indian Sahaja yogis - Contribution for SEMINAR:

	Upto December 14	From December 14 / At Puja site	At Puja site
Payment Methods	ONLINE PAYMENT		CASH
Adults	3500/-	4000/-	4500/-
Yuvas	2500/-	3000/-	3500/-
Children (6-12 years)	1500/-	2000/-	2500/-
Children below 6 years	Nil	Nil	Nil

Indian Sahaja yogis - Contribution for ONLY PUJA DAY on December 25, 2022:

Adults, Yuvas, Children	Online - 900/-	Cash - 1200/-
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- **Seminar Contribution to be made only using the Online Payment Gateway link Use link <https://www.sahajayogamumbai.org/gpseminar/event.php>**
- Seminar badges Number will be emailed after successful payment and badges will be issued at Site/Trust office.
- Seminar Event expenses includes charges for Stay & Meals (ie breakfast, lunch, dinner) from December 23 to 26, 2022.
- Food charges are separately payable for December 22 and December 27, 2022. Accommodation will be provided free for these 2 days, based on availability. For stay and food other than seminar dates, please submit details on the link https://www.sahajayogamumbai.org/gpseminar/food_charges.php latest by December 14, 2022.
- Contribution for SAARC countries will be the same as for Indian nationals.
- Puja Day Coupons covers only Puja and Mahaprasad. Coupons will be given at the seminar site on or after December 24, 2022.

B) Foreign Sahaja Yogis - Contribution towards Event Expenses in INDIAN RUPEES:

- Foreign Sahaja Yogis **HAVE TO** register for the seminar on the link <https://www.sahajayogamumbai.org/foreigner-registration-gp-2022/> latest by December 14, 2022. Payment of contribution should be made on arrival in **INR only**, as under:

Adults	INR 8000/-
Yuvas and Children	INR 6000/-

- You can upload copies of your passport, visa and your photo while registering. Alternatively, you need to carry 3 photocopies of passport, visa and 3 photos at Nirmal Nagari, as it is needed to be submitted to government authorities.

III. SAHAJA MARRIAGES

Sahaja Marriage forms can be downloaded from website www.sahajayogamumbai.org. All Sahaja Yogis / Yoginis, who are eligible for marriage as per Sahaja protocols, may send

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application form FULLY filled up in all respects, through their Co-ordinators, to the following address:

The Life Eternal Trust, Mumbai
Unit No 1111, 11th Floor, Hubtown Solaris,
N S Phadke Marg, Andheri (East), Mumbai 400069
+ 91 22 26843169, + 91 7738111185

OR

Email a clear scanned copy of the application, affixed with a colour photograph, before the last date to email id: sahajamarriages@thelifeeternaltrustmumbai.org.

The marriage registration fee for the yogis / yoginis willing to get married / remarried will be Rs. 30,000/- per couple (i.e. Rs.15,000/- per sahaja yogi / yogini), which must be deposited or remitted online when the couples present themselves for registration of their marriages at Seminar site.

Marriages for Applicants matched at Cabella by the International Sahaja Yoga Marriage Committee will also be solemnized at Nirmala Nagari, Ganapatipule. Applicants need to email a clear readable copy of the application /forms submitted at Cabella for matching purposes and the email for match sent by the Committee.

IV. PERFORMANCES AT THE SEMINAR

It will be our endeavor to include performances by foreign sahaja yogi brothers and sisters in this year's seminar also. We would therefore request all Foreign and Indian sahaja yogis brothers and sisters, who are interested to perform/ participate to send details of their desired programme on seminar.performances@sahajayogamumbai.org latest **by November 25, 2022**.

V. CLASSES AT VAITARNA MUSIC ACADEMY

Classes (in Vocals, Music instruments and Dances) at the holy land of Shri P. K. Salve Kala Pratishthan, (Vaitarna Academy) is scheduled from December 28, 2022 to January 1, 2023. Details are available on www.sahajayogamumbai.org/ganapatipule-seminar and www.pksacademy.com. For details write to spkskp.music@gmail.com.

We shall be obliged and request all the Country Coordinators/State/City Centre Co-ordinators to forward this circular to all Sahaja yogi brothers and sisters, so that all can participate and benefit from this Spiritual Seminar.

Looking forward to your participation in large numbers,

Warm regards and Love,

The Trustees of The Life Eternal Trust, Mumbai.

Smt Kalpana Srivastava
Shri Praviin Jaawalkar
Shri Sudershan Sharma
Shri Laxmikant Katewa
Shri Shridhar Pai

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FOR ANY CLARIFICATIONS REGARDING SEMINAR, YOU MAY CONTACT US ON :

Mumbai Trust Office	+91 22 26843169 / +91 7738111185
Ganapatipule Seminar Office	+91 2357 235662 / 235663
Remittances/ payments	+ 91 22 26843169 seminar.payments@thelifeeternaltrustmumbai.org
Sahaja Marriages	sahajamarriages@thelifeeternaltrustmumbai.org
Transportation from Mumbai	seminar.transport@sahajayogamumbai.org
Accommodation at Pune	+91 20 25283830 / +91 7410077782
Other Queries	seminar.queries@sahajayogmumbai.org

IMPORTANT INFORMATION:

1) SEMINAR VENUE: Nirmal Nagari, Malgund-Bhailadi, Ganapatipule, District Ratnagiri, Maharashtra. **Location:** goo.gl/d4Gqig

By Air: Mumbai Airport, is approx. 380 kms. away from Nirmal Nagari, Ganapatipule. Yogis/ Yoginis requiring Transport from Mumbai Airports and any other assistance at the airports must submit their request by email to seminar.transport@sahajayogamumbai.org **latest by December 14, 2022.** Due to busy tourist season, early intimation is advisable. Common meeting point at Terminal 2 (T2) International Airport will be the Fountain near the Exit. We recommend you to wear Shree Mataji's badge for easier identification.

Facility is available at the Mumbai airports for Prepaid taxis/ UBER / Ola to Health Centre at CBD Belapur, Pune and Ganapatipule. Those travelling via Goa and Pune airports may make their own arrangements for travel to Nirmal Nagari.

By Train: The closest Railway station, Ratnagiri, is about 40 kms away from Nirmal Nagari, Ganapatipule. Sahaja Yogi volunteers will be available at Ratnagiri railway station from morning 8.00 AM, December 22, 2022 onwards to receive and assist participants to reach the Seminar site. Yogis/ yoginis requiring transport from Ratnagiri are requested to send their requests on seminar.transport@sahajayogamumbai.org.

3) FOREX: Limited forex facility is available at Nirmal Nagari Site, Ganapatipule. You may exchange at Airports or at convenient locations, before reaching the Seminar Site.

4) WATER: Clean filtered water is available at the seminar site. Reverse Osmosis filtration plant has been installed which will provide clean water for drinking as well as cooking.

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5) MEDICAL FACILITIES: Though Basic Medical facilities will be available at the seminar site, you are requested to carry your prescribed medicines along with you and **consult your doctor in case of critical illness.**

6) SEA: Sea is meant for foot soaking and cleansing of subtle system. All are requested to adhere to the specified timings and not to venture too far out in the sea.

7) ACCOMMODATION:

At Nirmal Nagari: All participants shall be entitled to accommodation in a tent, **only mattresses will be provided**, bedsheets will not be provided. They are requested to get their own chaddars/shawls and woolen clothes due to the winter season. Temperature may range from 12 – 33 degree Celsius. Advisable to carry a torch and a cap.

Foreigners will be provided accommodation in dormitories, and mattresses will be provided along with bedsheets.

At Ganapatipule Hotels: Details of hotel accommodations at Ganapatipule are available on www.sahajayogamumbai.org/ganapatipule-seminar. You may book the accommodation directly with the hotels. The Trust does not recommend or endorse any hotel.

At Pune Ashram: Transit Accommodation is available at Pune, Kothrud Ashram (Sahaja Yoga Dhyana Kendra, Bhusari Colony, Paud Road, Kothrud Pune (Phone / Whatsapp No +91 7410077782) at a nominal charge of Rs 300/- per day (excluding food) on first cum first serve basis before or after the seminar dates.

At Health Centre: You may directly write to International Sahaja Yoga Research and Health Centre CBD Belapur for accommodation there on sahaja.health.center@gmail.com.