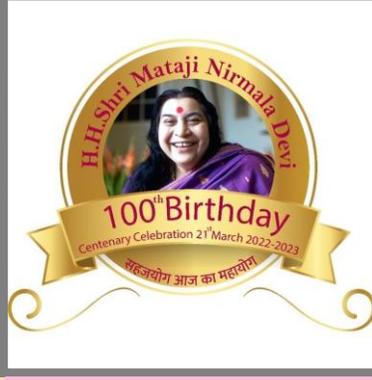


**Jai Shri Mataji**

# **H.H. Shri Mataji Nirmala Devi Sahaja Yoga Trust**

(Regd. At New Delhi under Trust Act 1882 vide Regd. No. 2463 dated 07.04.2005)

E-Mail- [nationaltrustsy21@gmail.com](mailto:nationaltrustsy21@gmail.com) Website: [www.sahajayoga.org.in](http://www.sahajayoga.org.in)



## **INTERNATIONAL BIRTHDAY PUJA MAHOTSAV & SEMINAR** **CHHINDWARA, (Madhya Pradesh) – INDIA** **19<sup>th</sup> TO 22<sup>nd</sup> March 2023**

*“ It is nice that you are celebrating my birthday with such enthusiasm, and so much happiness. So nice to see all this, and I want you all to be my decorations! In the whole world they should see that you are my children and that you are of such great values and such great understanding. You are my children. I have really worked for you, in the sense that every moment of my life, I have thought of you: I wanted to work it out in such a beautiful manner that you become really good people, ideal people, special people, with understanding. So, that is the day you should feel that your birthday is being celebrated. When you have completely cleared out, you have become nirmal, absolutely pure personality of love – that’s the day is your birthday, and mine too.*

*-----” H.H. Shri Mataji Nirmala Devi., 21 March 2001, New Delhi*



### **PROGRAM**

#### **Day 1 – 19<sup>th</sup> March 2023 (Sunday)**

Morning Meditation and Instrumental music	6:00 AM to 7:30 AM.
Welcome Speech by Three State coordinators , Trustee & Flower offering	10:30 AM to 11.30 AM
Seminar - First Session	11:30 AM to 12:30 PM
Marriage announcement	12:30 PM to 1:30 PM
Havan	5:00 PM
Dinner	8:30 PM onwards

**Day 2 – 20th March 2023 (Monday)**

Morning Meditation and Instrumental Music	6:00 AM to 7:30 AM
Haldi	08.30 AM to 10.30 PM
Seminar- Second Session	11:00 PM to 1.30 PM
Marriage Preparation	2.30 PM to 4.00PM
Shri Gouri Ganesh Pujan	5.00 PM to 6.30 PM
Wedding Procession	6.30 PM
Wedding Welcome	7.30 PM
Marriages	7.30 PM onwards

**Day 3 – 21st March 2023 (Tuesday)**

Morning Meditation and Instrumental Music	06:00 AM to 7:30 AM
Bal Shakti Seminar	10.00 AM (At Bal Shakti Tents)
Seminar – Third Session	10:30 AM to 11:50 PM
Cake Cutting and Bhajans	12.00 Noon to 1:30 PM
Nari Shakti Seminar- Fouth Session	3.30 PM to 5.30 PM
Evening Session Cultural Programme	6.00 PM onwards

**Day 4 – 22nd March 2023 (Wednesday)**

Morning Meditation and Instrumental Music	6:00 AM to 7:30 AM
Birthday Puja	10.00AM to 1.30 PM
Mahaprasad	1.30 PM onwards



**Seminar fee for four days on Linga (Shiva Parvat)**

**Last date 31 January 2023**

Ctegrory	Period	Adults	Yuva Shakti	Children
			(13 to 25 years)	(6 to 12 years)
Indian	Up to 31 January 23	2200/- Rs	1800/- Rs	1000/- Rs
	From 1 Feb 23	2500/- Rs	2000/- Rs	1000/- Rs
Foreignr		5000/- Rs	4000/- Rs	2500/- Rs

**The last date for registration is 31 January 2023, which will not be amended. Therefore, make sure to register in advance through the local Sahaja Yoga center**

**or directly by making payment through the method mentioned below.**

**\*\*\* MODE OF PAYMENT FOR SEMINAR EXPENSES \*\*\***

**(I) FOR INDIAN SAHAJAYOGI'S**

The Seminar expenses can be deposited through any of the Following Modes:

1. BY CASH: All are requested, Please bring a Photo Id Proof (Passport/ Adhaar Card/ Voter Card/ Driving Licence ) and self attested copy of same ID Proof at Puja Venue Linga.

Maximum Rupees Fifty Thousand (Rs 50,000/-) in CASH can be deposited in a Day Payable to ,

CBI Branch of "CENTRAL BANK OF INDIA"  
Branch Linga (Branch Code 2129)  
Linga, Dist. Chhindwara (M.P).

Account Name "SAHAJ YOGA MAHOTSAV, CHHINDWARA"

Bank: CENTRAL BANK OF INDIA, Linga, Dist. Chhindwara.

Account No : 3330806933 IFSC Code : CBIN0282129 BRANCH CODE: 2129

1. Through RTGS AND NEFT:

Any amount of Money can be transferred through NEFT OR RTGS Services at the above mentioned account.

After transfer, send the **Annexure-1** to the Registration Committee Member.

**Registration Committee**

M.P	Shri Rajendra Rinwa, Shajapur	Mob. <b>7000435255</b> ,
CHATTISGARH	Shri Deepak Sundarani, Raipur	Mob. . <b>9424206208</b>
MAHARASHTRA	Shri Surendra Choursiya, Nagpur	Mob. <b>8888477788</b>

Email: [birthdaypuja.chhindwara@gmail.com](mailto:birthdaypuja.chhindwara@gmail.com) for issuing Badges.

2. For Seminar Amount deposited in groups, Puja Badges will be handed over to one person at one time only and not to individuals and for collection of badges, please bring the photocopy of the Bank deposit receipt.



**(II) MODE OF PAYMENTS FOR FOREIGNERS**

1-Foreign Sahaja Yogis can pay the seminar fee in Indian Rupees at the registration counter at the seminar venue (Linga, Chhindwara).

2- To convert foreign currency into Indian Rupee, arrangement will be made at the seminar venue in the form of currency exchange counter.

3- All foreign Sahaja Yogis are requested to bring a photocopy of their passport

and their own photo with them.

4- It will be mandatory for foreign Sahaja Yogis to follow the instructions and guidelines issued by the Indian / regional / local administration.

## **CONTACTS FOR QUERIES & HELP**

### **Transport committee in-charge**

#### **At Chhindwara- (Railway Station)**

Mr. Sorav Sawde, Mob. 9406565007,

#### **At Nagpur- (Airport, Railway Station, Bus Stand)**

Mr. Praveen Bharti ,[Nagpur] Mob: 7972657590 E mail: bharti.pravin@gmail.com

Mr. Sachin Patil, [Nagpur] Mob. 9823194500 Email: sonsacpatil@gmail.com

Shri Praveen Uparwar [Nagpur] Mob. 7972488609 Email: pravin.upparwar@gmail.com

### **Seminar Accommodation In-charge**

Shri J. P. Mandani, Mob. 9827191036

Mr. R.K. Shahu, Mob. 9644461766

### **Hotel Accommodation**

Shri Naresh Thatare, 09406734447 Email: nareshthatere@gmail.com

Shri Virendra Vajpayee ,(Chhindwara) ,Mob. 09425146024 Email: virendrabajpai1711@gmail.com

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## **Steering Committee for International 100<sup>th</sup> Birthday Puja Mahotsav 2023**

### **National Trust**

Shri Ramesh Mantana, Vice Chairman, National Trust, Mob. 9866522879, Email: ramesh.mantana@gmail.com

Dr. Pratap Udvani, Joint Vice Chairman, National Trust, Mob. 9326865717 Email: pudhwani@rediffmail.com

Ms. Sonali Bhattacharya, Trustee, National Trust, Mob. 9893333081 Email: sonali.bhattacharjee.sb@gmail.com

### **From states**

Mr. Deepak Gokhale, State Coordinator, Madhya Pradesh, National Trust, Mob. 9977307400, Email: sahajampcoordinator@gmail.com, gokhaledeepakp@gmail.com

Mr. Vikas Jundre, State Coordinator Maharashtra National Trust, Mob. 9881831224 Email: vuj1960@gmail.com

Mr. Jayant Kumar Haldar, State Coordinator, Chhattisgarh, National Trust, Mob. 9752475940 Email: jayantasoma2006@gmail.com

### **Local committee**

Mr. Swapnil Dhayde, Pune, Mob. 8308805678

Mr. Vivek Kale, Nagpur, Mob. 9763046961

Mr. Neeraj Lavale, Chhindwada, Mob. 9424734666

Shri Pradeep Rassay, Ratlam, Mob. 9425935768

Shri Nilesh Naik, Indore, Mob. 9302966868

Shri Vipin Gupta, Indore, Mob. 9826051370

### Invitee

Shri Anil Joshi, Ex-Trustee, Madhya Pradesh & Chhattisgarh, Mob: 09893690160,

Email: [joshi\\_anil\\_davv@yahoo.co.in](mailto:joshi_anil_davv@yahoo.co.in)

Shri Mahendra Vyas, Former State Coordinator, Madhya Pradesh, Mob: 9425103122, 07000191411

Email: [mahendravyas32@gmail.com](mailto:mahendravyas32@gmail.com)

Shri Anoop Talreja, Ex State Coordinator Chhattisgarh Mo.No, 9827902020 Email:

[omenterraipur@gmail.com](mailto:omenterraipur@gmail.com)



## Q.R. Code



## **General information:Chhindwara**

Chhindwara District ranks 1st in area (11,815 km<sup>2</sup>.) in Madhya Pradesh State and occupies 3.85% of the area of the state. Chhindwara district was formed on 1 November 1956. It is located on the South-West region of 'Satpura Range of Mountains'. It is spread from 21.28 to 22.49 Deg. North (longitude) and 78.40 to 79.24 Deg. East (latitude) and spread over an area of 11,815 km<sup>2</sup>. This district is bound by the plains of Nagpur District (in Maharashtra State) on the South, Hoshangabad and Narsinghpur Districts on the North, Betul District on the West and Seoni Districts on the East. Chhindwara has a [subtropical climate](#). Like most of north India it has a hot dry summer (April–June) followed by [monsoon](#) rains (July–September) and a cool and relatively dry winter. Average annual rainfall is 1,183 mm. Minimum temperature during winter is 4 to 6 degree Celsius while maximum temperature during summer is 38 to 42 degree Celsius. During the Puja , the weather seems cold at night and the heat in the day. Please bring the means of protection together (woolen clothes/ Blankets) etc .

**By Air:** The nearest airport is at Nagpur and a number of flights are available between Nagpur and the other major airports of India. PLEASE CONFIRM THE FLIGHTS AND THEIR TIMINGS AS THEY MAY CHANGE. Chhindwara can also be accessed via Bhopal/Jabalpur. Bhopal is well connected by air with other major cities of India. After reaching Nagpur/Bhopal/Jabalpur one can reach Chhindwara by road or by rail route. There are bus Services at every hour from Nagpur to Chhindwara, and it takes just around 3 Hours.

**By Rail:** From Bhopal/Jabalpur broad gauge trains are available to Chhindwara. After reaching Nagpur by broad gauge, since only meter gauge trains are available between Nagpur and Chhindwara, one will have to make the change of trains. Nearest station on broad gauge track is *Multai on Itarsi-Nagpur Railway* track. From Multai we have to catch SH26 & take left when SH26 meets SH19 and in 10-20 minutes from here you'll reach Chhindwara.

**By Road:** Chhindwara can be approached by road from Nagpur (distance 127 kms.), Jabalpur (distance 197 kms.) or Bhopal (distance 278 kms.). Taxis and buses are readily available from these cities to Chhindwara. It takes around 1.1 / 2 hours from Multai.

### **Note :**

Buses and other transport facilities can be arranged on advance intimation by 10<sup>th</sup> March 2023 in writing to the transport committee. Kindly give your Flight Details /Train Details. etc, for pick up and drop.

**Jai Shri Mataji**



## **Chhindwara Map**

<https://www.google.com/maps/@21.8994317,77.3990003,7z>

