

# The Life Eternal Trust, Mumbai

Unit No 1111, 11<sup>th</sup> Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069  
+91-22-2684 3169 +91 7738 1111 85 mumbailet@gmail.com www.sahajayogamumbai.org

Charity Comm. Regd. No. E/4884 (B) 1972



Her Holiness Mataji Shree Nirmala Devi  
(Founder of Sahaja Yoga)

## International Sahaja Yoga Seminar – 2023 Nirmal Nagari, Ganapatipule December 22 – 26, 2023

August 1, 2023

Dear Brothers and Sisters,

“JAI SHREE MATAJI”

With the divine blessings of HER HOLINESS MATAJI SHREE NIRMALA DEVI, The Life Eternal Trust, (Mumbai) is delighted to invite and welcome you to the International Sahaja Yoga Seminar 2023 at Nirmal Nagari, Malgund, Ganapatipule, Maharashtra from **December 22 to December 26, 2023**. As we all know, Ganapatipule is the place of Shri Maha Ganesh. It is also the place where Shri Ganesh is in its complete matured form. It is also the place which was specially selected by Shree Mataji who has immortalized it by celebrating Christmas there with thousands of us continuously for nearly two decades. You all will agree that it is a special location vibrated over the years with Shree Mataji's Divinity and vibrations of the global collective.

We have arranged the seminar for **5 days this year to celebrate the 100th Birth Anniversary of Her Holiness Mataji Shree Nirmala Devi**, Christmas Puja would be on December 25, 2023, and Sahaja marriages would be solemnized on December 26, 2023.

### I. PROGRAMME SCHEDULE - as per Indian Time (IST)

	22 December (Friday)	23,24 December (Saturday, Sunday)	25 December (Monday)	26 December (Tuesday)
6 AM	Morning Meditation			
8.30 to 10.00 AM	Breakfast / Cleansing at the Sea			
10.30 AM	Havan and welcome	Seminar and collective meditation	Seminar and collective meditation	9 AM onwards- Haldi Programme
1.00 PM	Announcement of Sahaja Marriages			
1.30 to 3.00 PM	Lunch			
4.30 to 5.30 PM	Cleansing at the sea			
6.30 PM onwards	Sahaja Musical evening		Christmas Puja	Solemnization of Sahaja Marriages
	Dinner 8.30 PM to 10.30 PM		Mahaprasad – After Puja	Dinner- after marriages

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## II. CONTRIBUTION TOWARDS SEMINAR EVENT EXPENSES IN INDIAN RUPEES

### A) Indian Sahaja yogis - Contribution for SEMINAR:

	Upto December 12	From December 12 / At Puja site	At Puja site
<b>Payment Methods</b>	<b>ONLINE PAYMENT</b>		<b>CASH</b>
Adults	4000/-	5000/-	5500/-
Yuvas	3000/-	4000/-	4500/-
Children (6-12 years)	2000/-	2500/-	3000/-
Children below 6 years	Nil	Nil	Nil

### Indian Sahaja yogis - Contribution for ONLY PUJA DAY on December 25, 2023:

Adults, Yuvas, Children	Online - 1000/-	Cash - 1300/-
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- Seminar Contribution to be made only using the Online Payment Gateway link. [CLICK HERE](#) to pay.
- Seminar Badges will be issued at Seminar Site/ Trust office.
- Seminar Event expenses include charges for Stay & Meals (i.e., breakfast, lunch, dinner) from December 22 to 26, 2023.
- Food charges are separately payable for December 21 and December 27, 2023. Accommodation will be provided free for December 21, subject to availability. For stay and food other than seminar dates, please [CLICK HERE](#) at the latest by December 12, 2023.
- Contribution for SAARC countries will be the same as for Indian nationals.
- Puja Day Badges cover only Puja and Maha prasad. Badges will be given at the seminar site on December 25, 2023.

### B) Foreign Sahaja Yogis - Contribution towards Event Expenses in INDIAN RUPEES:

- Foreign Sahaja Yogis HAVE TO register for the seminar latest by December 17, 2023. To register [CLICK HERE](#). Payment of contribution should be made on arrival in **INR only**, as under:

Adults	INR 10000/-
Yuvas and Children	INR 7500/-

- You can upload copies of your passport, visa and your photo while registering. Alternatively, you need to carry 3 photocopies of your passport and visa at Nirmal Nagari, as it is needed to be submitted to government authorities.

## III. SAHAJA MARRIAGES

Sahaja Marriage forms can be downloaded from website [www.sahajayogamumbai.org](http://www.sahajayogamumbai.org). All Sahaja Yogis / Yoginis, who are eligible for marriage as per Sahaja protocols, may send application form FULLY filled up in all respects, through their coordinators, to the following address:

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+ 91 7738111185

Foreign applicants may email a clear scanned copy of the application, affixed with a colour photograph, before the last date **(November 15, 2023)** to email id: [sahajamarriages@thelifeeternaltrustmumbai.org](mailto:sahajamarriages@thelifeeternaltrustmumbai.org).

The marriage registration fee for the yogis / yoginis willing to get married / remarried will be Rs. 30,000/- per couple (i.e., Rs.15,000/- per Sahaja yogi / yogini), which must be deposited or remitted online when the couples present themselves for registration of their marriages at Seminar site.

Marriages for Applicants matched at Cabella by the International Sahaja Yoga Marriage Committee will also be solemnized at Nirmal Nagari, Ganapatipule. Applicants need to email a clear readable copy of the application forms submitted at Cabella for matching purposes and the email for match sent by the Committee.

## IV. PERFORMANCES AT THE SEMINAR

It will be our endeavor to include performances by foreign Sahaja yogi brothers and sisters in this year's seminar also. We would therefore request all Foreign and Indian Sahaja yogis brothers and sisters, who are interested to perform/ participate to send details of their desired programme on [seminar.performances@sahajayogamumbai.org](mailto:seminar.performances@sahajayogamumbai.org) latest **by November 25, 2023**.

## V. CLASSES AT VAITARNA MUSIC ACADEMY

Classes (in Vocals, Music instruments and Dances) at the holy land of Shri P. K. Salve Kala Pratishthan, (Vaitarna Academy) are scheduled from December 28, 2023, to January 1, 2024. Details are available on [www.sahajayogamumbai.org/ganapatipule-seminar](http://www.sahajayogamumbai.org/ganapatipule-seminar) and [www.pksacademy.com](http://www.pksacademy.com). For details write to [spkskp.music@gmail.com](mailto:spkskp.music@gmail.com).

## VI. MAHARASHTRA TOUR:

You will surely recall that Her Holiness Shree Mataji has Herself led several batches of Sahaja Yogis from all over the world on two weeklong tours of Maharashtra, the land of the Adi Kundalini and Ashta Vinayaka Swayambus. We are seeking to keep alive this practice started by Her Holiness Shree Mataji and with Her blessings, another Maharashtra Tour is being organized before this years' seminar to collectively visit and enjoy the vibrations at places with spiritual history and traditions along with natural beauty in the Holy land of Maharashtra.

The Maharashtra Tour 2023 would start from Mumbai on the morning of **December 16, 2023, and end at Ganapatipule on December 21, 2023, evening**. Tour itinerary, payment instructions etc. will be made available on [www.sahajayogamumbai.org](http://www.sahajayogamumbai.org). For queries you may write to us on [maharashtratour@thelifeeternaltrustmumbai.org](mailto:maharashtratour@thelifeeternaltrustmumbai.org).

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We shall be obliged and request all the Country Coordinators/State/City Centre Coordinators to forward this circular to all Sahaja yogi brothers and sisters, so that all can participate and benefit from this Spiritual Seminar.

Looking forward to your participation in large numbers,

Warm regards and Love,

**Trustees of The Life Eternal Trust, Mumbai.**

Smt Kalpana Srivastava  
Shri Praviin Jaawalkar  
Shri Sudershan Sharma  
Shri Shridhar Pai

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## FOR ANY CLARIFICATIONS REGARDING SEMINAR, YOU MAY CONTACT US ON:

<b>Mumbai Trust Office</b>	+91 7738111185
<b>Ganapatipule Seminar Office</b>	+91 2357 235662 / 235663
<b>Remittances/ payments</b>	+ 91 7738111185 <a href="mailto:seminar.payments@thelifeeternaltrustmumbai.org">seminar.payments@thelifeeternaltrustmumbai.org</a>
<b>Sahaja Marriages</b>	<a href="mailto:sahajamarriages@thelifeeternaltrustmumbai.org">sahajamarriages@thelifeeternaltrustmumbai.org</a>
<b>Transportation from Mumbai</b>	<a href="mailto:seminar.transport@sahajayogamumbai.org">seminar.transport@sahajayogamumbai.org</a>
<b>Accommodation at Pune</b>	+91 20 25283830 / +91 7410077782
<b>Other Queries</b>	<a href="mailto:seminar.queries@sahajayogmumbai.org">seminar.queries@sahajayogmumbai.org</a>

## IMPORTANT INFORMATION:

**1) SEMINAR VENUE:** Nirmal Nagari, Malgund-Bhailadi, Ganapatipule, District Ratnagiri, Maharashtra.  
**Location:** [goo.gl/d4Gqig](http://goo.gl/d4Gqig)

The closest Railway station, Ratnagiri, is about 40 kms away from Nirmal Nagari, Ganapatipule. Sahaja Yogi volunteers will be available at Ratnagiri railway station from morning 8.00 AM, December 21, 2023, onwards to receive and assist participants to reach the Seminar site. Yogis/ yoginis requiring transport from Ratnagiri are requested to send their requests on [seminar.transport@sahajayogamumbai.org](mailto:seminar.transport@sahajayogamumbai.org).

**2) FOREX:** Forex facility is not available at Nirmal Nagari Site, Ganapatipule.

**3) MEDICAL FACILITIES:** Though Basic Medical facilities will be available at the seminar site; you are requested to carry your prescribed medicines along with you and **consult your doctor in case of critical illness.**

**4) SEA:** Sea is meant for foot soaking and cleansing of subtle system. All are requested to adhere to the specified timings and not to venture too far out in the sea.

## 5) ACCOMMODATION:

**At Nirmal Nagari:** All participants shall be entitled to accommodation in a tent, **only mattresses will be provided**, bed sheets will not be provided. You are requested to get your own chaddars/ shawls and woolen clothes due to the winter season. The temperature may range from 12 – 33 degrees Celsius. Advisable to carry a torch and a cap.

Foreigners will be provided accommodation in dormitories, and mattresses will be provided along with bedsheets.

**At Ganapatipule Hotels:** Details of hotel accommodations at Ganapatipule are available [HERE](#). You can book the accommodation directly with the hotels. The Trust does not recommend or endorse any hotel.