

NAVARATRI PUJA 2023

"NINE NIGHTS OF THE DEVI"

NIRMAL DHAM, DELHI (INDIA)

15th - 24th OCTOBER, 2023



"You are Sahaja Yogis. What is your destiny? Your destiny is to achieve the spiritual success. O Devi, please give us the spiritual personality, the victory, the spiritual ascent and destroy our enemies."

- 5th Day of Navaratri, Pune (India), 15 October 1988



"The best way is to surrender and the surrendering is easier. You just put me in your heart all the time, the simplest way. Then you cannot live without it. You cannot exist without it. You feel completely lost. It's kind of a very detached love. You just feel absolutely rested, blissful, and content. Then you don't want anything. That is the state, one has to establish. It is so easy for you because I am in person with you. Only problem that is there, as I told you, in Sahaja Yoga, that you have to recognise Me to begin with. But to recognise Me is rather difficult because I am Mahamaya and so normally you might come into that mess created as a Mahamaya."

- 5th Day of Navaratri, Pune (India), 15 October 1988



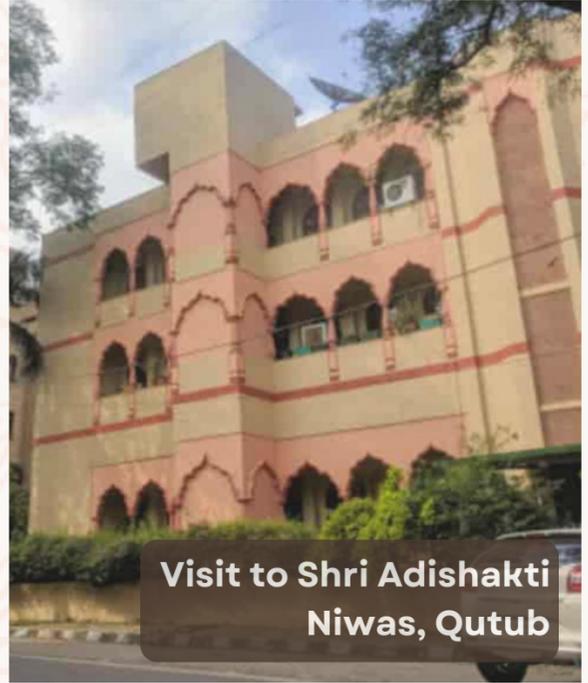
Nine Pujas to the Devi



Havan



Cultural Evening Programs



Visit to Shri Adishakti Niwas, Qutub



Collective treatments, footsoak, shoebeats, candling etc.



Instrumental music & Meditation



LIVE STREAMING

We hope from the bottom of our hearts that you will be able to attend the Navaratri Puja Mahotsav. But if not, please click on the link below to watch all the programs live from Nirmal Dham, Delhi

Collective **Morning Meditation (5.30am)** and **Evening Meditation (6.30pm)** is conducted on a daily basis at **Nirmal Dham**. Please visit the link below if you desire to attend the Meditation sessions online.



Live Streaming

PROGRAM SCHEDULE

DAY 1 (Sunday, 15-Oct-2023)

5.30am **MORNING MEDITATION**

7.30am Morning Tea

8.00am **GHATSTHAPANA**

9.00am Breakfast

Post breakfast Relaxing/ Footsoak/ Candles etc.

1.00pm Lunch

4.00pm **HAVAN**

5.30pm Evening Tea

6.30pm onwards **DEVI PUJA**
followed by MUSICAL EVENING

9.30pm Dinner (After Shri Mataji's Aarti)

NAVARATRI DAYS

5.30am **MORNING MEDITATION**

7.30am Morning Tea

8.10am **Collective Shoebeat**

8.30am Breakfast

11.00am **MORNING SEMINAR**

1.00pm Lunch

Post lunch Relaxing/ Footsoak/ Candles etc.

5.00pm Evening Tea

6.30pm onwards **DEVI PUJA**
followed by MUSICAL EVENING

9.30pm Dinner (After Shri Mataji's Aarti)

PUJA DAY (Sunday, 22-Oct-2023)

5.30am **MORNING MEDITATION**

7.30am Morning Tea

8.10am **Collective Shoebeat**

8.30am Breakfast

Post breakfast Relaxing/ Footsoak/ Candles etc.

1.00pm Lunch

4.30pm Evening Tea

5.30pm onwards **NAVARATRI PUJA**

After Arti Mahaprasad



"What today you have been asking me for the victory, I have to tell you that you are very safe in the fort of your meditative state and very well. In meditation only you can grow, you cannot grow otherwise. It is like the sunshine for any tree. You have to be in meditation, in Nirvichara, you don't have to oppose anybody, you don't have to disagree with anybody, you don't have to say anything. Specially for other Yogis, you don't have to say anything. Anybody whom you find to be funny, just go into meditation and you will be amazed how thing will change, and that is your power. How many people have got realisation in this world? Very few. They are growing up, alright, they are working it out. But what is lacking in them is the meditative force."

- 5th Day of Navaratri, Pune (India), 15 October 1988

REGISTRATION INFORMATION

FOR INDIAN YOGIS

STAYING

- For Indian Yogis, the voluntary contribution for all registrations after 30th September, 2023 up to 'On-Arrival' will be at an increased samarpan amount because for late and last moment registrations additional facilities and infrastructure at increased costs has to be arranged
- For any queries regarding registration and voluntary contribution, please directly contact the following number -

Finance Team Number: +91 7065088873

- Voluntary contribution towards the Seminar can be made/ remitted directly online by Net Banking, Debit/Credit Card or UPI by clicking the link below -

[Voluntary Contribution](#)

- Once you have deposited the voluntary contribution amount, please fill out the form by clicking the link below -

[Indian Yogi Registration](#)

NON STAYING

- Indian Yogis who will not be staying at the facilities provided at Nirmal Dham, Delhi, registrations and voluntary contributions for the Puja can be done on arrival at Nirmal Dham

INDIAN YOGIS			
CATEGORY	STAYING (10 Days)	STAYING (Daily)	PUJA DAY
6-12 Years	1800	300	100
Adults & YuvaShakti	3000	500	200

* 100 per meal for non-staying Yogis

FOR FOREIGN YOGIS

STAYING

- For foreign Yogis, all voluntary contributions towards stay and accommodation from 15th-24th October 2023, will be collected on arrival only. No prior remittance is necessary.
- Although, as there are limited staying resources at Nirmal Dham, to help us make necessary arrangements for accommodation and other facilities please register using the link below -

[Foreign Yogi Registration](#)

NON STAYING

- Foreign Yogis who will not be staying at the facilities provided at Nirmal Dham, registrations and voluntary contributions for the Puja can be done on arrival at Nirmal Dham

Please Note

- Bedding/quilts will be provided for all staying yogis/yoginis.
- The weather will be slightly cold during seminar days, so all yogis/ yoginis are advised to bring warm clothing/ woolens as per their individual need.
- For yogis/ yoginis with the desire to stay at Nirmal Dham before or after the Navaratri Puja Mahotsav, 2023, the voluntary contribution for stay and food before 15th October and after 24th October will be separate.
- On 22nd October 2023, after the Puja, Maha-Prasad (Dinner) will be available for all attendees



"The whole attitude about facing anything is very different for a realised soul. Like me, I would say - if I see a problem, immediately I go into meditation, immediately, and the problem is solved. Because that's my power. In the same way if you see a problem and if you go into meditation, the problem will be solved by me. But if you start solving it mentally or orally, you will fall into traps. So, the best thing is, any such problem that bothers you, you should just go into meditation, don't have to even pray. Just go into meditation with that problem and you will come out victorious"

- 5th Day of Navaratri, Pune (India), 15 October 1988

ABOUT NIRMAL DHAM



Nirmal Dham holds a special significance in the spiritual growth of each Sahaja Yogi as it is the resting place of our Holy Mother since 23rd February 2011, the day Mother decided to leave the physical aspect of Her most auspicious incarnation.

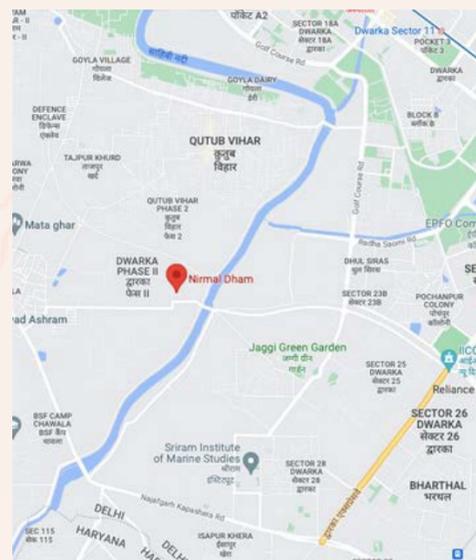
It was on the advice of Shri Mataji and on Her approval, that the Delhi Sahaja Yoga collective arranged the plot of land for Nirmal Dham, to build an ashram. Mother described the significance of the place as a "Dham" i.e, Divine Abode , thus the name "Nirmal Dham" was christened.

From 2000 onwards, several International Pujas & Marriages, graced by Shri Mataji Herself, have been performed at Nirmal Dham. It continues to host National and International Pujas and is one of the main meditation centers for the Delhi collectivity.

Address

Nirmal Dham,
Param Pujya Shri Nirmala Devi Marg,
Chhawla Village, Near Dwarka Sector 23,
New Delhi – 110071

(Please click on the google maps for link)



How to reach New Delhi

Nirmal Dham is located in New Delhi, which is the capital city of India. New Delhi is located in the northern region of India and is easily reachable by air, rail or road.

BY AIR

New Delhi is well connected with all major domestic and international cities by flight. The airport in New Delhi is Indira Gandhi International Airport (18km from Nirmal Dham) which operates both international and domestic flights.

BY RAIL

The Indian Railways network connects Delhi to all major and, nearly, all the minor destinations in India. The three important railway stations of Delhi are-

1. New Delhi Railway Station (31km)
2. Old Delhi Railway Station (33km)
3. Hazrat Nizamuddin Railway Station (32km)

From New Delhi Railway Station, one can take Airport Line Metro directly to Dwarka Sector-21 Metro Station or the recently opened Convention Center Metro Station

For all Railways related services please visit www.irctc.co.in to check train routes, fares and schedules.

BY ROAD

Delhi is connected to all major cities of India directly/ indirectly by road. Both government and private transport providers provide frequent bus services. The major Bus Terminals are -

- Inter State Bus Terminus (ISBT) at Kashmiri Gate (32km)
- Sarai Kale-Khan Bus Terminus (32km)
- Anand Vihar Bus Terminus (42km)

For private bus services please visit www.redbus.in to check routes, fares and schedules.

How to reach Nirmal Dham

Within New Delhi, Nirmal Dham is located at Chhawla Village which lies in the residential sub-city of Dwarka. It is very well connected to different parts of the city by road and metro rail and can be reached from airports, railways stations and bus terminals located in Delhi using the following modes -

TAXIS/ CABS/ BUSES

Private cab services and auto rickshaws (Ola, Uber, Blu Smart, local taxis) are available in any part of Delhi. The services are accessible via their respective mobile apps.

At the major transportation hubs, prepaid government regulated taxis are also available. Delhi also has a robust network of Public Bus services

DELHI METRO RAIL

New Delhi has an extensive metro rail network which is connected to each and every part of Delhi. The surrounding cities, a part of the National Capital Region (NCR) - Gurgaon, Noida and Faridabad - are also very well connected to Delhi via metro rail.

Nearest metro station to Nirmal Dham is Dwarka Sector-21 Metro Station (5km) from which a free shuttle service to Nirmal Dham will be available. Taxis/ autos from the metro station to Nirmal Dham are also easily available.

For more information, route map, timings etc. you can visit the Delhi Metro Rail Corporation official website

IMPORTANT CONTACTS

We have tried to include all information in the circular, but in case of any additional information, updates or clarifications you can contact us via any of the channels mentioned below -

REGISTRATION

Finance Team	+91 7065088873
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ACCOMODATION

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Email - delhinirmaldham@gmail.com

[Visit Nirmal Dham Website](#)