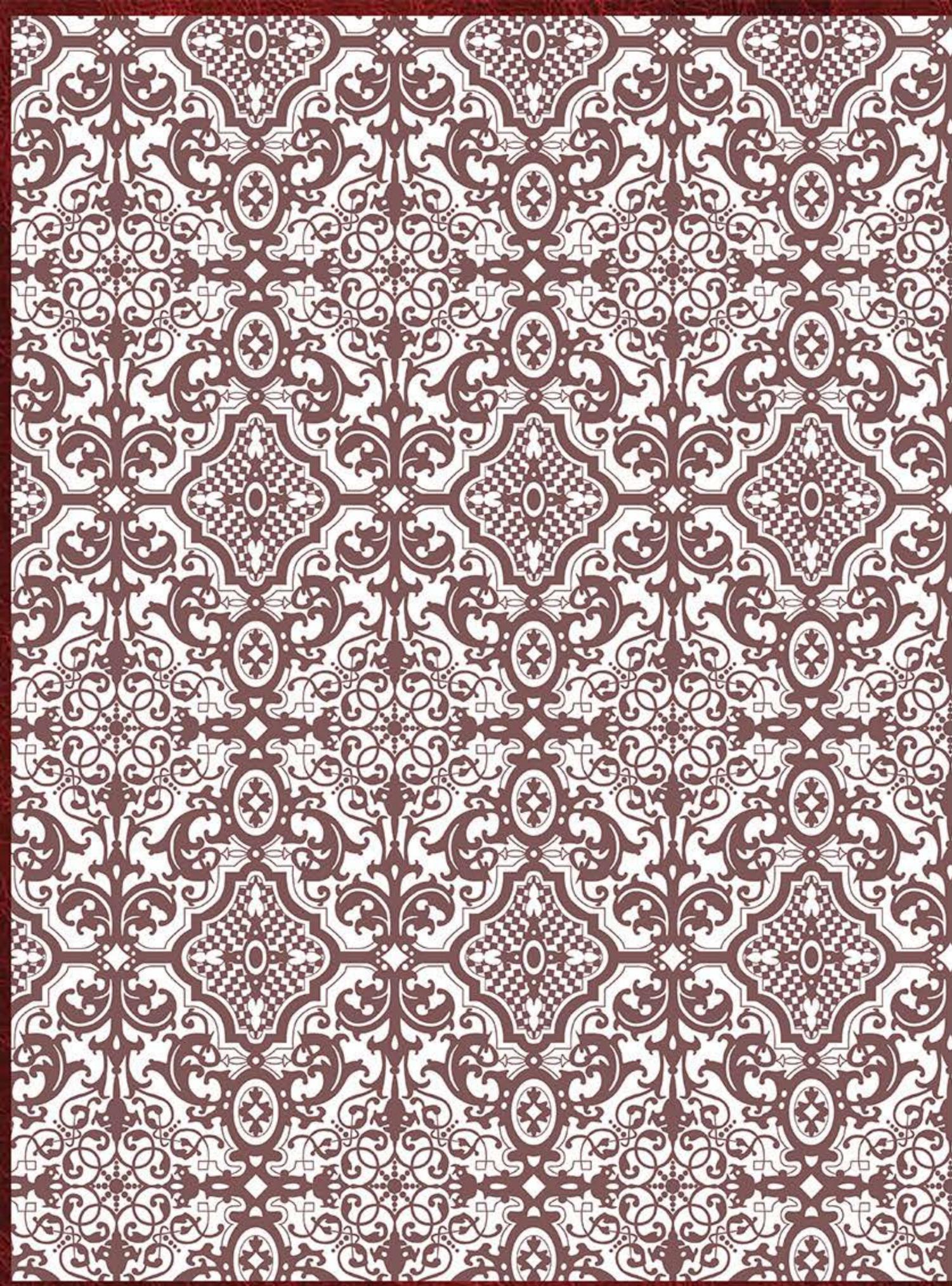


Her Holiness  
Shri Mataji Nirmala Devi



Shri Ganesha

Puja Talks  
Volume 1



Her Holiness  
Shri Mataji Nirmala Devi



Shri Ganesha

Puja Talks  
Volume 1





*Aum twameva sakshat*

*Shri Ganesha*

*sakshat*

*Shri Adi Shakti Mataji*

*Shri Nirmala Devi*

*namo namah*



## Dedication

*To our beloved Mother, Her Holiness Shri Mataji Nirmala Devi,  
the source of divine knowledge and creativity,  
whose boundless love and grace have transformed countless lives  
and inspired us to manifest truth and beauty in our existence.  
With deep reverence and gratitude, we dedicate this book to Her,  
as an offering of our love and devotion.*

*This book is a collection of Shri Ganesha Puja talks.  
We humbly seek His blessings.  
May His divine innocence, joy and wisdom shine upon the World  
and guide humanity to the  
Lotus Feet of Shri Mataji!*

**JAI SHRI GANESHA**



# Foreword

*This book is the first volume in a series of books with transcripts of puja talks given by Her Holiness Shri Mataji Nirmala Devi, grouped by the main puja types.*

*This first volume contains all the transcripts of Shri Ganesha Puja talks of Shri Mataji that were in the systems of Nirmala Vidya / Amruta in January 2023.*

*The talks have been fully verified.*

## Collective effort

*Many sahaj artists have offered their work and time to decorate this book beautifully with paintings, illuminated letters and decorative elements that reflect the artistic principles taught by HH Shri Mataji Nirmala Devi.*

*Transcribing, verifying and collecting works of art and photos for this series of books is a collective effort that will continue to rely on the voluntary effort of dedicated Sahaja Yogis for many more years.*

*As this is the first book in a series of volumes of other type of pujas, there are several ways you can contribute for the creation of other books in the future, such as:*

- Transcribing, verifying talks and proofreading.*
- Carrying out graphic design, maintaining digital records.*
- Researching for photos of Shri Mataji from the exact puja we are printing or facilitating the findings of such photos by indicating how those photos could be found.*
- Furthermore, we would also need your help in creating and identifying other artwork, illuminated letters and decorative elements for the upcoming books.*

*If you would like to help with future books, please contact us at:*

*nirmalavidyacollections@gmail.com*

## Word of thanks

*We thank all the sahaj artists who have generously offered their artwork for this book, the graphic designers and those who have transcribed and verified all the talks.*

*We would also like to thank the Shri Mataji Foundation and Nirmala Vidya for endorsing this project and including this book in the library in Palazzo Doria in Cabella Ligure.*

*We offer a deep and heartfelt Thank You to all those who made this project possible, and we pray that this will bring joy to the heart of our beloved Mother and be a fitting tribute to Her life and teachings.*

The Nirmala Vidya Collections team



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## Shri Ganesha Puja

*Innocence within Us Must  
Be First of All Invoked*

Switzerland, Zurich,  
12 October 1980



ou have to see that all the negativity goes away, around us, around the universe. So first we sing the praise of the Goddess, when She destroyed a very negative, satanic incarnation of Mahishasura. And when he was killed, all the gods praised Her for saving them from the, from the destruction, and that happened

long, long time back, about ten thousand years back. So this is the praise of the gods for that, so that whatever is the negativity, through those mantras will go away. Because it surrounds us – you see that – all of them have been there coming; from ten thousand years they have been coming. This is the way we can throw them out of the present into their proper places. All right? So, listen to it. It's now in French, luckily.

**Gregoire:** It's in French; it doesn't matter, Mother?

**Shri Mataji:** No, but Sanskrit is not there?

**Gregoire:** Sanskrit is there, but it is ...

**Shri Mataji:** You just read it in French, is all right.

[Gregoire reads a description in French of the gods praising the Goddess.]

**Shri Mataji:** Now, what you are doing by saying these mantras, you are awakening the innocence within you. Innocence is represented by Shri Ganesh. As you know, later on He incarnated as Lord Jesus Christ. But the innocence within us must be first of all be invoked. Because before creating this universe, first of all innocence was created because innocence has the greatest protective power, the greatest destructive power, and it is the most powerful. So, first we are trying to invoke the innocence. Now, My feet here represent Ganesha, and they are innocent, and so we are trying to worship those so that within you Ganesha should be invoked. Your innocence should be enlightened, all right? So you understand the meaning of it. Come along.

**Gregoire:** This is also?

**Shri Mataji:** This is also the same thing, representative of Shri Ganesha.

**Gregoire:** Should I read the names? Should I read the names of Shri Ganesha?

**Shri Mataji:** Yes. Now, these are the names of Shri Ganesha, so that you invoke in you your innocence. You can follow in French.

**Gregoire:** Ganaguruupta.

**Shri Mataji:** Tell also the meaning. Have you got the meaning, Gregoire?

**Gregoire:** No, You'll have to do it.

**Shri Mataji:** Ganadhyaksha is the one – ganas are the two which are the angels on the left-hand side, like St. Michael – and He is the, He is the Lord of all the, the left-hand side, Ganyadyakshar.

**Gregoire:** Ganamukta. [Each name is followed by the Sahaja Yogis together reciting the full name: "Om twameva shakshat Shri Ganamuktaya namaha."]

**Shri Mataji:** Ganamukta means the one who liberates those ganas.

**Gregoire:** Ganadevata.

**Shri Mataji:** Is the one who is the God of all the ganas.

**Gregoire:** Ganamandalamadyasta.

**Shri Mataji:** He is the one who sits in the centre of all the ganas.

**Gregoire:** Gunateeta.

**Shri Mataji:** He is beyond all the gunas. Gunas, I'll tell you later on. Gunas are the three aspects within us.

**Gregoire:** Gunaraja.

**Shri Mataji:** That means He is the king of all the gunas.

**Gregoire:** Gurupriya.

**Shri Mataji:** He is the one who is loved by all the gurus.

**Gregoire:** Gurupujita.

**Shri Mataji:** He is the one who is worshipped by all the gurus.

**Gregoire:** Gurudharmaduhramdaraya.

**Shri Mataji:** He's the one who looks after the dharma of gurus.

**Gregoire:** Gauriganeshwara.

**Shri Mataji:** His Mother is a virgin – Gauri – and He is the Ishwara for Her. For Her, He is the Lord for Her.

**Gregoire:** Grantatattwawide.

**Shri Mataji:** Granthatattwawide, He's the essence. He has no body, He is the essence.

**Gregoire:** Gangajalaraswadatshatura ... It's a very long one. Okay.

**Gregoire:** Gaudarva.

[There is discussion about the pronunciation of this name.]

**Shri Mataji:** "Gau" means to the cows, and "dharba" is the one that they eat, the soft part. Gaudharba.

**Gregoire:** Gavishwara.

**Shri Mataji:** He is the God of the cows. Cows are the mildest animals in India. They are the mildest animals, because they give milk and everything. They are extremely mild. They're the mildest, and He's the God.

**Gregoire:** Grahadevata.

**Shri Mataji:** He is the one who is the Lord of the household, because it's a child.

**Gregoire:** Gudaladubuje.

**Shri Mataji:** What is it?

**Gregoire:** Gupta.

**Shri Mataji:** Is a secret, He's the secret part of it. He's the private part, the secret part.



**Shri Mataji:** Virgins, the girls below eight years are worshipped on this day. So we have got someone here who is sitting here [inaudible]. So she has to help Me.

Now this kajal is put in the eyes to take away all the negativity from your eyes. Sometimes the Mother has to weep also. This is the Sahasrara. By this, I worship your Sahasrara, by this I excite your Agnya, by honouring them. You have to tie this into My hand. This is the play of the children, means that you are tying your Mother with your love. I remember My grandchildren, when I went to their school they used to tie My sari to the chair; saying that, "You should not go out till we come here." And the mother allows the children to play, so this they give Me for My protection, and this is all for all of your protection. Means, they tie up all My feet with this and then they tie up onto themselves. [Instructions about which foot; Shri Mataji says Her left foot.]

This [the mangalasutra] is the sign that She is married to Shiva, you see. She's the wife of Shiva, so this is offered

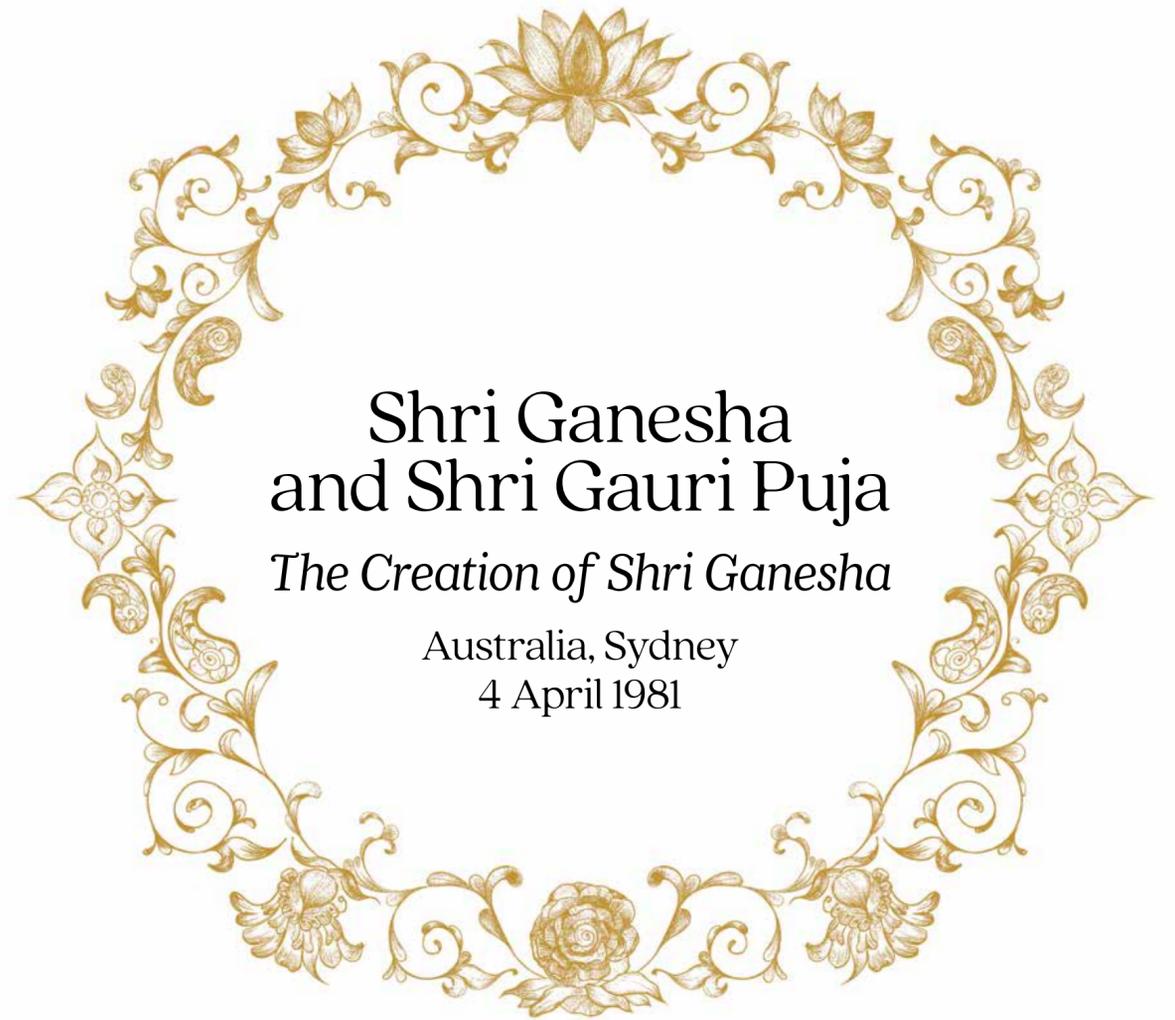
by the children to their Mother, who is married. Shiva is the Spirit. I mean, Sadashiva is Her husband and She is His power. Now, the scent is offered from the Mother Earth, and the flowers are offered.

We were very lucky that I got a sari in London. I was just telling Rajesh that, "What a nice sari I got from them there." So fortunate. [Shri Mataji gives instructions in a mixture of English and Hindi for preparing Her.] Beautiful isn't it? Just put it and take out. Come, put your hand. Even if you put your hand to them. I should have really needed a sari. Just take it [inaudible]; can you remove this one for Me? [Hindi]

[Aside, to yogis:] You have to tie it to everyone. One of you has to tie. Can I see the linen just a minute? You are going to give him one photograph [inaudible]. [Hindi]

[Shri Mataji interacts with the yogis; this is followed by inaudible dialogue, followed by aarti.]







Today is a very unique thing that is happened. Is a special luck for Sahaja Yogis of Australia. This day has never been celebrated before in the history of Sahaja Yoga. Today is the New Year's Day for Sahaja Yogis, because this is the New Year's Day of the Shalivahan calendar. As you know, Shalivahan is My dynasty. And they are called as

Shalivahan because they are the carriers of the shawls of the Goddess. They are called as the [inaudible], because – as you are also carrying so many times My shawls around. And they were called as Shalivahan.

So this New Year's Day is the first day of advent of Goddess. Nine days there are. Then in another times, there are Satya Yug, then there's Dwapara, Treta, Kali Yug – there are four yugas. So in two yugas the Goddess incarnated, one before the Satya Yuga and one after. So today is the day to mark absolutely the first day when She incarnated. That's the day also of the Gauri, because virgin is the first form of the Goddess. And She created also Ganesha on Tuesday, just starting this week.

What is the day? Today, today is ...

**Sahaja Yogini:** Today's the fourth. Saturday, Mother. Saturday.

**Shri Mataji:** Saturday.

Now, now, it's over. Now don't take it, all right? While I'm speaking you should not take My photographs. It's a very wrong idea because it disturbs Me. Moreover, you see, when the speaking, while I'm speaking and you take My photograph, sometimes I've seen they come out very odd. Best take photographs when I'm not speaking, you see? Because all the time the sound is coming, everybody is distracted and the attention doesn't fix, you see? Is a very important thing I'm talking, all right? Now don't take any photographs, please. Pay attention to what I'm saying. [Shri Mataji speaks briefly in Hindi.]

So Tuesday is the day when Ganesha was established, and then the Goddess started working. The first one, the one day when She started is, was the Wednesday. She started working out on Wednesday. Wednesday is the action day, that's why She started on Wednesday. Today is, under the circumstances it is Saturday, but I'm telling you about the original timings. Because Wednesday is the day of the Swadishthana, that's the day She started working it out, the whole thing.

So first, Tuesday is the first day in Sahaja Yoga; Wednesday is the second day. And you'll be surprised that the stars are also the same, because Tuesday is the day of the Mars, which is resided by Shri Ganesh. Wednesday is the day of Mercury, and Mercury is the Swadishthana.

Third day – yes – third day is the day of Jupiter: what you call, we call it guru, is the day of the guru, is the Jupiter, is the teacher. Now, Friday is the day of the Goddess. Now see the chakras also, of the Goddess, Mother of the earth, Mother of the universe, Venus. But in Indian Sanskrit language, the names of the days are exactly the same, tallying with the stars.

So. Then Saturday is the day of Shri Krishna – Shani, is Saturn. Then Sunday is the day of Christ, the Sun. Monday is the day of Sadashiva – is of realisation, of integration. These are the seven days when God created the whole universe. That's what I told yesterday, that in this narrow way you cannot understand Christianity. You'll think it's all mad, which is not. Only when you read other things, other scriptures, then only you will understand what Christ said.

So today is the day of – first day – of when Ganesha was created, in the sense that though today is not a Tuesday, but according to dates of the moon, today is the day, first day of the moon in this month. [Shri Mataji speaks aside in Marathi] We call it Chaitra. Chaitra is the month. And this is the time when [Shri Mataji speaks aside in Marathi] – Gauri is the Chaitra. So the establishment of the Gauri is taken place during these nine days. But Ganesha has to be established before anything else. Though first Gauri had to come, you can see that. Gauri had to come first to establish Ganesha. But Ganesha is always put before even Gauri. Before the pujana of the, worship of the Ganesha, nothing starts, because He's the one who takes out all the obstacles, all the negativities, all the hurdles that are going to come up, all the attentions that are here and there. So that's why we first worship Ganesha, just to ask Him to protect us.

But first the Gauri has to come, and that's how the Gauri is this nine days. She came on this earth to fight the devils and demons, negativity, for people to transcend the Bhavasagara, the Void, the maya, the illusion. When they were praying, when they were doing anything, people used to obstruct and then they troubled the bhaktas, the devotees of God. Rakshasas.

In those days the rakshasas were separate and the saints were separate; there was not such a mixture as it is today. We find in saints there are negativities sitting down. Was never so before. This is Kali Yuga. It's such a confusion that





there is no absolute saint or there's no absolute rakshasa. These rakshasas have come and sitting in our heads. They are within us, so the negativity is there, so we are not absolute saints. This is the big problem of Sahaja Yoga is, that even when you are worshipping Me, try to be more on the saints than on the negative side. Try to be more on the saintly side. Because you are saints, no doubt, but these horrible things have somehow or other gone into your heads and they are sitting in your superego and ego, these horrible negativities, which you must really decide today to throw them out. Because you are really saints and these are the bad spots – *kalanka* – is the thing that really ruins you, is within you. So try to throw it away. Try to become positive, be one with the puja.

The second thing is, the importance of this day is that I have never celebrated this first day anywhere, so far. It was to be in Australia. It is the right of Australia to have this day celebrated here. We had other pujas, other Navaratri we had. With that, I celebrated the first, second, third – over nine days we have done. But never this Navaratri, as such, we have celebrated this day anywhere, of the Shalivahana. Though in London they had a little sort of a thing on this, which I, we had on the seventh of April, then I spoke about it; but actually on this day we had no puja, before. So, this is very creditable that it should happen here. I'm very happy, because this is where Gauri established Shri Ganesh.

Now for today we have two things to be worshipped: one, Ganesh, because Ganesh can preserve our status, our heights, in our realisation. He protects us when we are getting our realisation, we are rising high. So He preserves and He protects. And He looks after us and gives us wisdom to have our ascent in such a way that we do not deviate to the left and the right side; we have full dignity; and that we are fully integrated with our heart, with Shiva Tattwa, with our realisation, and do it with our heart genuinely. That's why we worship Shri Ganesh.

But today is actually the puja of the Gauri, that is, the Kundalini. So Shri Ganesh we'll do first of all, and then we'll worship the Kundalini, which is the Gauri.

Now luckily I got a sari which is really remarkable because this is the colour of Australia. Green is the colour of the Gauri. Gauri wears the green sari. And there is also – this is the, this is the, this is the symbol of Gauri only. This is the symbol of Gauri, and this one inside is the Ganesh, is in that colour. It's most surprising this sari I got. So this one also is just the other way round: more of Ganesh colour and less of the Gauri colour. This is a very traditional combination in the Indian colour scheme, because red is

the colour of Ganesh. In you people, it is very red and it can become more crimson, can become absolutely black, can be absolutely reduced to nothing. But in Me, it is the colour of this clay, because it's absolutely obedient, it's absolutely one with Me, so it's the colour of the clay. And the Gauri is the Mother Earth. That's the place where the Gauri exists, in the Mother Earth. And that's why the colour is green, because Mother Earth is always covered with green – at least She's covered with. And Ganesh's colour is that of the clay because He's made out of the Mother Earth, element is the Mother Earth. I hope I have been able to explain to you the symbolic relationship.

Do you know the story how Ganesh was created by Gauri? So that I will tell you; and then we all can have. It's very interesting, that's why I said I'll have My bath here. It is said this... So I am now going to tell you the story of Shri Ganesh's birth. Is very interesting. It's very symbolic. This is Christ. That is, He is the omega and He is the alpha. And all that they talk of, they don't know what they are talking. That's so short form of what the whole thing is. They don't know Ganesh at all. Nothing. They just take one word here and there, just talk like that.

So He's the first one created. Now it's very symbolic: the pure power of desire to be one with the Spirit is symbolised in the Gauri. The primordial Gauri is that power which has separated from Her Lord, we can say. In Her previous lives She was separated, and again She's born as Parvati. And She wants to be one with Shiva, which is the Spirit.

So now the marriage has taken place, in the sense that now She can meet Him. The wedding kindling has to start. But She's not yet married, in the sense that She's still a virgin, but married otherwise – means She is now about to rise. Before that, She wants to have Her bath, because She has to meet Her Lord. So She must have Her bath, the bridal bath. She's a virgin, absolutely virgin. And She goes for Her bath.

Now, She's afraid that anybody might come inside when She's having Her bath. Look at the delicacy of the whole thing: this desire, which just is meant for the spirit, doesn't want to be exposed to anything else, any negativity coming in, anything happening like that. So She closes the door, but still She's worried from the back side somebody may come.

So She puts this scented powder, which we use in India – for the bride specially it is the one – and rubs Her body with that, and She finds that a lot of it comes out. So She makes the Ganesh out of that. Now imagine, how much



vibrated it must be. She puts that – is made of camphor and all these beautiful things which are really celestial – and that is completely vibrated on Her body. She makes a Ganesh and puts Him to the back of the bathroom. She's having Her bath nicely. At that time, Shiva comes suddenly, knocks at the door. She doesn't hear Him. So He goes from the back door. There He sees Shri Ganesh sitting. He asks Shri Ganesh, "Who are you?" So He says, "I am the Son of Gauri." Shiva can't understand: She is a virgin and this one is saying "I am the Son of the Gauri." See now the Immaculate Conception. Try to understand. So Shiva says, "How can She have a child? She is the Virgin." And He thinks She's [He's] bringing slander on His wife, who is a virgin. So He cuts His neck in anger, and He enters into the bathroom. And Gauri is ready to receive Him. And She looks out and She sees Her child is dead. So He asked Her, "What is this?" Said, "That's My child I created out of My, this *mala*" – what you call this, all the body things that came out – "I've created Him, and I have put Him down there. How dare you kill Him?" She said, "Now what to do?" He said, "All right, what you do is to go and find the head of any animal that is available, and we will put that on this trunk and He'll be My son again."

Now it's all prearranged. Because this child was not to grow into a human ego and superego business. It had to be the embodiment of childhood, embodiment of childlike innocence, because He's the embodiment of innocence. So they had to get the head of an animal. Now the wisest animal on this earth is elephant, and elephant was saved in evolution in a very miraculous way – is also another description, which I'll give you later on. So a she-elephant, mother elephant, was lying down with her back towards her child – that's why in India women never sleep with their back towards their children. Never. The child has to be in front – *pujhe* – in front. Should never be put at the back of the mother. Never. Mother will get up and go on the other side and change the sides, but she would never put the child at the back.

So the head of that little animal was cut, and He brought it, and was put for Shri Ganesh. And that's how Shri Ganesh was created.

But you know, elephant is the conveyance of Mahalakshmi. So the body is from Mahakali, but the head is given by Mahalakshmi, the evolutionary power. Now this Ganesh within us resides in the Mooladhara Chakra. Some people who tried all kinds of tricks to find God must have seen the trunk of Shri Ganesh and must

have thought this is the Kundalini – because as a Mother I give them few marks for that – and that's how they started all these perversions and wrong things about Ganesh. But He is embodiment of innocence. And later on you must read in *Devi Bhagwat* how He incarnated on this earth as Christ, and how He is going to come with His eleven powers on this earth as Kalki.

It is very difficult for Hindus to accept that Ganesh, such a dynamic personality like Him, should become a person like Christ, who got Himself crucified. And it is impossible – at least Hindus have much wider knowledge and much wider sense – but it is impossible for ardent Christians to understand that Christ could be this elephant boy. That is beyond them, because for them Christ should be a man who has no power to kill anyone. And then they say that He's coming to kill us. I don't know how they manage these things. They catch hold of one thing, like: He was the omega and the alpha, finished. Now how are they authorised, God knows. But whatever it is, they do not see the other things: that He had a Mother; He said about the Holy Spirit. He said it in such a good way, that "I'll be sending Holy Spirit." And also He said that "those who are, those who have sinned against Me or have insulted Me, it's all right, but with the Holy Spirit nothing will be tolerated." Very clearly. Why did He say so? He's alpha and omega, but why did He say so?

Of course, He's the first who was created, and at this stage, at Kalki stage also it is He who, He's there, at the end of it, no doubt. But that doesn't mean because you are Christians you have a special right. Not at all. On the contrary, I would say many Hindus have much more right on Ganesh than you have, because you have spoilt your innocence. They have not spoilt their innocence.

So though you may call yourself Christians, Christians and fight for Christ, but you are not. Because the basics of Christ is innocence, which we have ruined. So those who – also Sahaja Yogis – get identified with Christ must know that this identification is actually a conditioning; it is not factually so. If so, you have to become innocent. You must re-establish your innocence. Then you are really Christians, and then you are really so.

I would say people in India – as it is, you know, luckily we did not get advanced as you people got. We never fall into the traps of advancement, luckily. Too sluggish, elephant-like people, we could not fall into anything. India is like, large like an elephant. Anything comes in, it just goes on throwing this side, that side, doesn't accept anything. We never bothered about Freud. For us, he's some sort of a legendary fellow living in fool's paradise. We never





accepted him. Nothing can penetrate that elephant easily. You see, it just goes on blowing off all the things that comes round, so nothing got into their heads. They never spoiled their innocence, simply because they are too large and very lethargic to new ideas.

And that's how they have, despite everything, they are not converted Christians, they never heard of Christ, some of them. They have maintained their innocence much more and their sincerity of their heart, because they are not disconnected. When Ganesh is destroyed, you get disconnected: Your heart works on one side, your brain works on another side. So that, they have not been able to yet achieve, that kind of a dissociation. And whatever they may try, they know in their – that it is wrong. They may try. I mean, like people steal but they know it is wrong; in the same way, they still know.

So for us, we must know that we have to achieve our position as innocent people. But your Mother is very gracious. She's very powerful, She's very loving, and She has created you on the same pattern as Ganesh. You have all the powers that Shri Ganesh has. The greatest power that Shri Ganesh has, that you can come so close to Me. No other gods can come that close to Me as you can come. Kundalini cannot be risen by any gods, any incarnations but Shri Ganesh. He has to inform the Kundalini, otherwise

Kundalini cannot rise. And it is you who have the power to raise the Kundalini on your fingers. How many powers I have given you, you have no idea at all. I have made you in the pattern of Shri Ganesh. So you have to establish that innocence within you. That is being also established; you'll get back your innocence.

But the second thing which is so important about Shri Ganesh one has to learn, that He does not know any other god but His Mother. For Him, nothing exists but His Mother. He's so dedicated.

There's a story once when Parvati, His Mother, gave – said that "I will give You a big present, that there should be competition between You two brothers." Second was the Kartikeya, the one, another brother of His, who came on this earth just to destroy this Narakasura. Is the, all the destructive powers were combined to create Kartikeya.

So She said, "Whosoever goes round this earth, I'll give you a prize." So, the conveyance of Kartikeya is such a fast one, is a peacock. So He got onto His peacock, started flying out like an aeroplane. And Shri Ganesh's conveyance is just a little mouse, so what should He do? He took to wisdom. He said, "Who can be greater than My Mother? She has created all the gods. She's the Mahakali, She's the Adi Shakti. She has created all the gods, She has created all the



universes, She's the one who has done everything. Who can be greater than Her? She's the greatest of all."

So He just went round Her only thrice and He got the prize. And still He was flying in the air – Kartikeya.

He fought even Shiva. He fought everyone. It's a very interesting story, how all that happened. That shows complete dedication. And for Sahaja Yogis, it is important to understand complete surrendering, dedication, and also a genuine feeling from the heart.

I will ask Raulbai sometimes to talk to you about the protocol. That's important. Though I am so close – even Christ would not say anything – sometimes the way you people talk to Me, I am amazed. Certain things you say to Me, I'm amazed: how can you say these things to Me, knowingly what I am? But you forget.

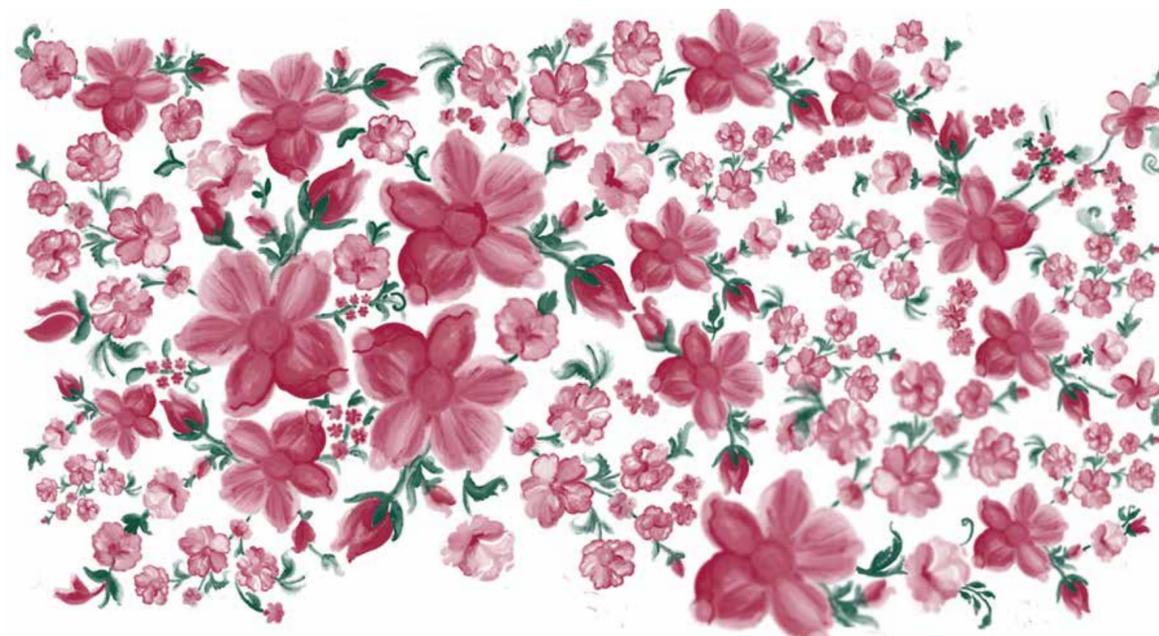
So it is important to understand that they were great because they knew the greatness of their Mother. In the same way, you all have to learn certain protocols, which Raulbai will teach you, so that you do not make any mistakes of saying things which are not proper. It comes from bad Vishuddhi, no doubt, but consciously if you work it out, you will do good to yourself. Because you know, anything against the Holy Spirit won't be tolerated. Anything. Can you believe it? What strong words these are. Just think of it: anything against the Holy Spirit.

So one has to understand the protocol. For Sahaja Yogis, don't talk against the Holy Spirit. But the protocol is there, which one must understand. And how far to go, how far to understand is very, very, absolutely rudimentary for Sahaja Yoga.

So today we have a great day of Shri Ganesh's Mother being established, incarnated. Today is the day She had Her bath, we can say, and that's why I said I'll come and have a bath here.

About the times and timings, one should know that Mother knows best, and everything works out with the timing properly. Because the, you know you are, you are ahead of India, and all the timings work out in that way. So everything has to work out in the way – actually the timings are of the moon, so you don't have to worry about what is the timing, what time this works out, this thing, that. The watches and all that, in Sahaja Yoga, work out according to My understanding.

So one has to relax and just enjoy the puja. I think today you are going to receive lots of vibrations. Just enjoy them, just enjoy them. And if your ego is there or anything, just ask them to shut up. That's all. All right? Now, Now, so first we'll have Ganesh Puja, as Modi will be doing, and he will be explaining what is to be done. How Ganesh is pleased with small, small things you will see now.





## Shri Ganesha Puja

*You Should Be Prepared  
to Change*

Italy, Rome  
19 May 1985



It's a great day for Me to come to Italy to celebrate Ganesha Puja. The nature which we see around is the blessing of the Ganesha only, because He is the one who prays to the Mother Earth that She should grant Her blessings upon human beings. It is He who moulds all the elements of the nature and moulds them to create life. As you call them, these are all carbohydrates.

Now, the carbohydrates have got carbon and hydrogen. Carbon is coming from Shri Ganesh and hydrogen is coming from Mahakali. And that is how this universe is created in this beautiful way all around us.

Now, these carbohydrates need oxygen, which is given to us by the Sun, by the right side. Thus, you know that in the night, these trees emit hydrogen and in the daytime they generate oxygen. This is all the trick of Shri Ganesha, who is sitting in between. Now, it is He who becomes the Sun. He ascends from the deep-down seat below the Kundalini, rises on the left-hand side of Mahakali, goes up and settles in the Surya, that is the Agnya.

So Mahakali, which is the Primordial Energy, is absolutely transcended by Him. As the child of Mahakali, He's absolutely dedicated and devoted to Her. And that is how He is the master of Mahakali power, Lord of. That means He is the Lord of subconscious mind. He is the Lord of all the jadas. Jadas, that is, you can say the dead – not the dead, but jada is the one, matter which has not – matter and the dead. You must understand the word jada. Very important. Jada means all that is the matter which is not moving, without life.

So, He can transcend this great power and become the Lord of that power by one very small little wisdom He has. Now that small little wisdom is surrender. And the surrender is to be understood in its proper sense. Surrender is signifying: no giving up anything. Because whenever you try to give up or take out, you are using your ego. But surrendering means giving up the ego itself. So all the ideas of giving up something or taking in something disappear.

Keep your eyes open because, you see, I am talking about the subconscious and I don't want you to keep your eyes closed. That's a sign of going into the subconscious. This has to be recorded into your conscious mind.

Now, when we surrender, we have to see how Ritambhara Pragnya, which is the power of Mahalaskshmi, the essence of Mahalaskshmi, how She helps you. Like situations we should accept. Say, this morning, it was Amavasya [new moon], is the day when if you worship Shri Ganesha, it's very deep. So, I wanted to have from the end of Amavasya to start the puja. Now, that's why the water finished; it would not start. I could not take My bath. Because if I had said that we'll have puja at lunchtime, many would have felt: "Oh God, now no lunch." [Laughter]. But that was the right time to start the puja, so there was no water and I had to wait for the water. And a simple thing like that happened, but it achieved the right time.

Now, when you start accepting situations, then you realise that all the situations are created not by anything else but Ritambhara Pragnya Herself. But ego is such a thing that it wants to do the way it likes. So people start doing things against the plans of the Divine. And all the time they are in friction and in trouble, going against. And thus they have to take a double speed to fight. But going against the Divine, we are going against our ascent. These egos develop as a result of our upbringing, atmosphere, and as natural idea to assert. [Repeated for the translator:] These as our conditioning and our upbringing, and also as a natural idea we have to assert others.

Now this domination part comes to us from the matter because matter dominates the Spirit. It dominates us through giving us comfort, false notions, false ideas. It dominates through our desires. It dominates through lust and greed. Also, it dominates us through a very subtle way by possessing us through bhoots, as we call them. And this is what we see, how Shri Ganesha ascended as Christ to show us how we have to ascend out of all this mire of matter. As He is ascending, we catch hold of His feet and we also ascend with Him. Though He's a child, He is very powerful and He can take us to that level where the Spirit resides.

Now the first thing that we have to know is about sex. In the West, sex has become an obsession with people as if it's a religion. And if they cannot be sexually active or if they are not having any sex activities, they think they are all wasted, they are good for nothing. The whole atmosphere is built up like that through your medias, through your television. All kinds of things are put into your head to feel that you are inferior if you are not dealing with sex. And when we get attached to this kind of a stupid idea that our life is only meant for sex enjoyment, we start descending downward instead of descending [ascending] upward.





So, to descend down is very easy; to fall is the easiest. And when the idea of sex all the time on our mind, our attention gets so much filled with it that even with our eyes, with our thoughts, with our mind, our head, everything, it is nothing but just this filth in our head.

So, for young people, when they get married, the best thing is that they should realise the importance of sex is not so great. And they should start understanding that it is not a sin but it is not also everything.

Then also, women must know that they are on this earth to give a place for the realised souls to be born. And in the name of Ganesha, they should have innocent children. But when these realised souls are born in the West, they do not keep their pure form because the parents are in a funny shape. And though the Ganesha has done all the best that is possible to get the best children in the womb of the realised mothers, they get really absolutely affected. And we start hurting them by our ill behaviour, by our wrong ideas. So when you are pregnant, one should read Ganesha's stotram [hymn], must do puja of Ganesha, and try to remain pure as far as sex is concerned.

Moreover, we start thinking about something that is so spontaneous. What is there to think about it? Just, an Indian won't understand this, they won't understand in the village. What is there to think about sex? It's so spontaneous. It's like thinking about going to the bathroom. It's a joyless pursuit and imaginary ideas. So, one has to be very, very alert: that we are now saints, we are yogis, and we are not going to waste our energy in this kind of a joyless pursuit.

Now, when we understand our life as so important for the emancipation of humanity – for giving light to others, for saving the whole world from the disaster it is awaiting – when we realise that, how can we waste our energy, our attention into such a spontaneous thing like that? Specially for old people, there is no need to think about it anymore. Forget it. You are very happy that you are all right there, now just devote your time to something great.

Actually, I miss nothing whatsoever. The spiritual joy is so much greater and it's so eternal that we should not seek all this. On the contrary, whenever such thoughts come in, we should sublimate. You will see, once you start doing that, your sensitivity, your perception to joy will be thousand-fold. And gradually, you will get over it because it is such a temporary pleasure. That's why people run after it. If it was something of eternal nature, one would not again go to it. But it is in human nature, it is natural, so

it is been sanctified, and one can have it till you are young. But then, gradually, you must make your pure existence so purified that this should not enter into your mind at all.

So when you catch hold of the feet of Shri Ganesha, which are very tiny sweet little things, you should know that you should be yourself little lightweight, otherwise if you are having all these problems upon yourself, He won't like and He might just again throw you down. [Shri Mataji laughs] And that your attention should be purified by attention towards Shri Ganesh. Only people who are this kind really also enjoy sex, otherwise they cannot because they have so many perversions in their heads that I don't know what they're up to. And that is why then they rise above it. That is why they get fed up with it after some time. And they mature properly in their own age. Otherwise, you will find even eighty-year-old people, shaking their hands on their sticks, you see, still looking at young girls. It's something I can't understand. [Shri Mataji laughs after the translation.] And they look so stupid, they look so stupid everybody laughs at them, and young people make fun of them. But they feel as if they have become something like a hero in that old age suddenly.

Like, they showed once a film of all the very, very old – eighty, above eighty – actors and actresses coming to do shake dance in a party.

**Guido:** To do?

**Shri Mataji:** To do shake dance, shake dance in a party. And from the limousine they got down; since then, they were shaking. [Laughter] And when they came and tried to show they were very much in love and all that, looking so stupid that those who watched them were laughing and were rolling with laughter. It is so ridiculously clownish, but they said: "We are honest." [Shri Mataji laughs] So even if you do these things openly or with secrecy or whichever way you do it, it's stupid. And that is how when you are not matured of your age, you are not respected by your children, respected by anybody who is younger. It is, you are stupid because you are not mature enough.

Now when the fruits are in the flower form, that time, all the fertilisation takes place. Then at the fruit time, they grow as fruits and not as flowers anymore.

**Guido:** The flowers?

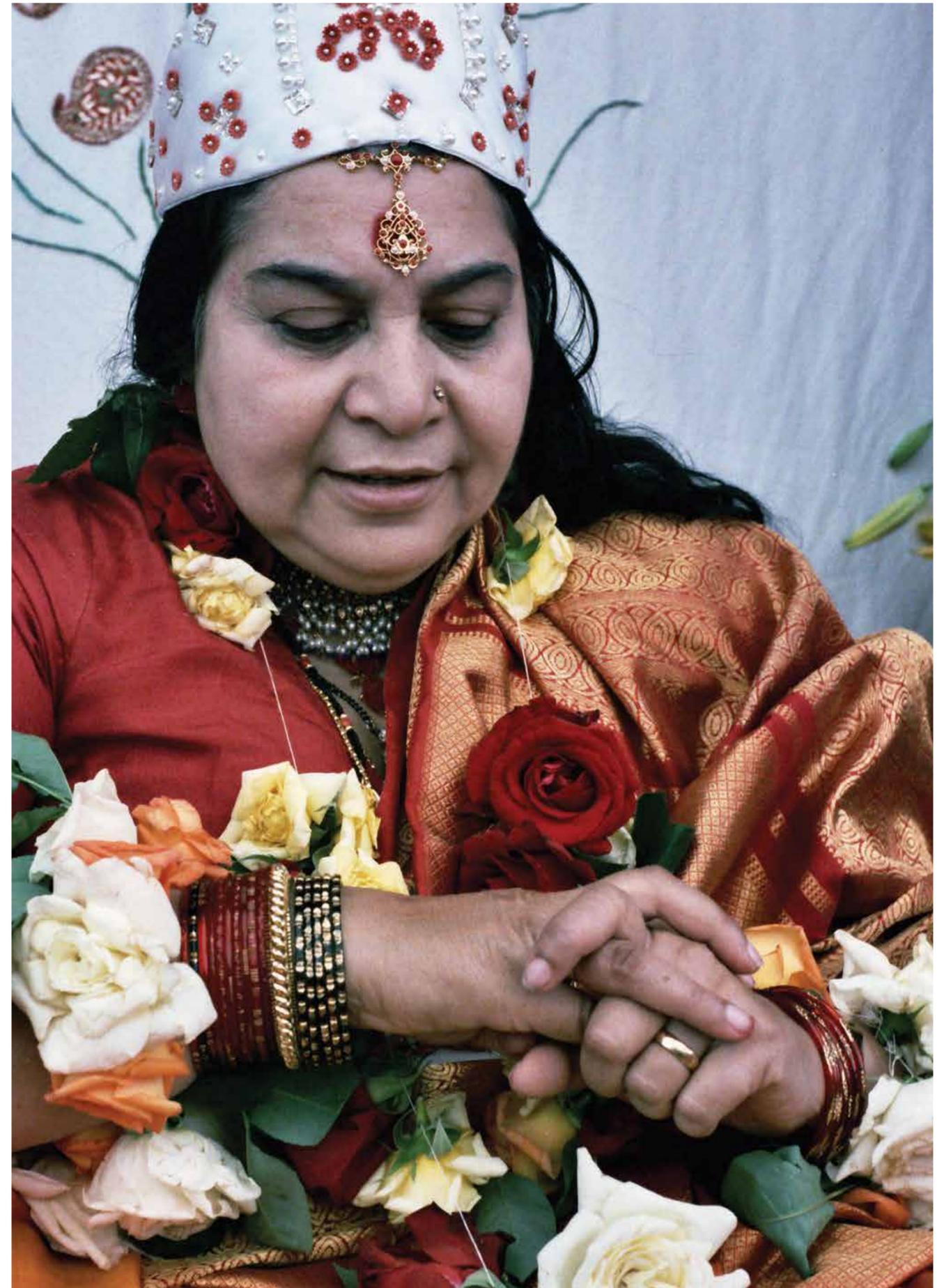
**Shri Mataji:** Flowers?

**Guido:** Yes.

**Shri Mataji:** Flowers become fruits.

**Guido:** Become?

**Shri Mataji:** Yes, at the time of flower stage there is fertilisation but not at the time of fruit, you see? Fruit has to grow.





**Guido:** Fertilisation.

**Shri Mataji:** Fertilisation is where the –

**Guido:** Ah, fertilisation. [Guido translates.]

**Shri Mataji:** Yes.

So this is why that maturity is very important to reach. That is only possible if you really catch hold of the feet of Shri Ganesha. So you remain innocent even in your old age. With all this understanding, Shri Ganesha gives us wisdom by which we mature. Now the people who are indulging into lust have to see that they mature in their understanding. Then the people who are too much possessive – of their things, of their possessions, of their children – must also understand that Shri Ganesha gives us wisdom to understand that this is not yours.

So what is carbon is nothing but a burnt wood. Burnt wood. That is, everything is burnt away. The wisdom that you get is that everything that you see as your own is not yours. Everything you have to leave here, and go away. You can't take even this paper with you. So why are we attached to them? Let us use it for its own purpose, for expressing our joy.

Now, I'll give you a very beautiful example. See now how Ritambhara Pragnya works: You see, this necklace that you see here was made in Italy by some realised soul. Then, this necklace, I don't know how, it went to India. Now the Australians wanted to give Me a mangal sutra of diamond, like this, the other one I have, and they had collected ten thousand rupees. But, even half of this size we could not buy because there was only one shop opened on a Sunday – situation.

So I looked around and I found a very nice gold mangal sutra made out of coral, because Australia is Ganesha's land. And I felt tremendous vibrations around, so I went on the back because they said, "It is very cheap." So, I said, "All right." And there this was placed and these earrings there, so we bought all this, plus the mangal sutra, plus one more piece – which I have in coral – in the same amount. It's not yet finished. Then, it was misplaced. In Australia, it went into My box, which was to come to London. So, I couldn't bring it to London. Now, Thelma came from Australia and she brought it with her. And it is now in Italy by the artist, whose Spirit could be seeing



this to gratify him. Not only that, but also that it is the day of Shri Ganesha. From Australia. Yes, from Australia this is sent, as your brother's, the thing they bought, made in Italy, on the day of Shri Ganesh. Can you have more combinations? [Laughter; applause]

Your brothers and sisters from Ganesha's place, you see, the ganas have sent it to devas here for the celebration—you are the devas and they are the ganas. And these are ten [Shri Mataji shows the necklace]; ten, eleven, and twelve [Shri Mataji shows the earrings]. So, this represents the heart – the dharma, ten – and all put together, it's the heart. The whole of Europe. And in addition to these two is twelve, is the heart: England. All are represented here.

Now, you should be able to read through the beautiful working of Ritambhara Pragnya, which is very subtle. And then you'll start enjoying the little, little things it plays to make you very happy and to give you what some artist must have done long time back, which his desire was to fulfil.

Now this is also, we should say, is the work of Shri Ganesha. He resides as Omkara in the Ritambhara Pragnya. He resides on the electromagnetic forces as the vibrations in

the matter, in every atom. He resides in every ripple of our emotions which gives us joy. And He resides as a beautiful decoration of the Kundalini because She has the red and the gold colour just like My sari. So as the colour of the Kundalini He resides. But at Sahasrara, He becomes the joy. At Mooladhara, as the fragrance. And every memory of the mind should give you fragrance because He is the Lord of memory.

So this is how He manages everything so beautifully. He's such an innocent person who plays around His beauty to make us happy. Our children should also make us very happy, if we have brought them up properly. But if we have been all the time busy with lust and greed, the children cannot be good children. They cannot represent Ganesha Tattva as it should be.

So today is a great day that we are establishing Shri Ganesha in Italy. We did this in Switzerland and now in Italy. This should give you the power of innocence, the power of purity, the power of wisdom. It should give you the art of playfulness of joy, and that special quality of turning everything into something fragrant. May God bless you all.





## Prayer

*Shri Ganesha, I am going to be worthy of Your attention,  
Please make me innocent, so that I am in Your attention.*

*Shri Mother, You are Shri Ganesha,  
Please give me wisdom and discrimination.*

Her Holiness Shri Mataji Nirmala Devi

