

Music & Meditation



ITINERARY

Music of Joy Snowy Tour
Jindabyne • Cooma • Bowral
17th - 21st September 2025



WEDNESDAY 17TH SEPTEMBER 2025

BURWOOD ASHRAM

6am Collective Shri Ganesha Puja

7am Bus departs Burwood

THURSDAY 18TH SEPTEMBER 2025

SCHOOL CONCERT NO: 1

Jindabyne High School 163a Barry way Jindabyne

9:30am to 10:30am

SCHOOL CONCERT NO: 2

Cooma North Public School 34 Baroona Ave Cooma

1:30pm to 2:30pm

COMMUNITY CONCERT NO: 3

Cooma North Public School 34 Baroona Ave Cooma

4:30pm to 6:30 pm

FRIDAY 19TH SEPTEMBER 2025

SCHOOL CONCERT NO: 4

Cooma Primary School 114 - 132 Commissioner St Cooma

9:30am to 10:30am

SCHOOL CONCERT NO: 5

Jindabyne Public School 163a Barry way Jindabyne

2pm to 3pm.

EVENING COLLECTIVE PUJA

(Time TBA)

SATURDAY 20TH SEPTEMBER 2025

PUBLIC PROGRAM

Monaro High School Auditorium

32 Mittagong Rd, Cooma

(We have Hall from 11am to 10pm)

CONCERT NO: 6 2pm Public Concert

CONCERT NO: 7 6pm Public Concert



Event website for Concerts 6 and 7 only:
www.freemeditation.com.au/cooma

SUNDAY 21ST SEPTEMBER 2025

CONCERT NO: 8

Bowral Tulip Festival Bendooley St Bowral

12pm - 12:45pm

TOUR NOTES

Concerts 1 to 5 are private functions in Schools -

No external promotions.

Concerts 6, 7 and 8 are Public concerts.

Concerts 6 & 7 are externally promoted by Sahaja Yoga.

Event website for Concerts 6 and 7 only:

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HH SHRI MATAJI ABOUT THE POWER OF MUSIC

“So all these things are happening in the Sahaja Yoga and I bless these artists that they should grow more and more in their creativity and understanding and that they produce music of a quality which will make their Kundalini rise and make them divine because this music has that quality to do it. So may God bless you”

“We don’t believe in separate religion, separate thing ...We are all one ...One with divine and once we realized that, our joy is complete. As through Music, you can have a record. So through the divine, how much will be the record. Isn’t it? Through Music, you become so much one with anyone, whether they are Christians, Hindu, Muslims anything...Then beyond the Music is the music of divine Love. Once that starts emitting through your personality, through your behaviour, through your life, this world can change for the better ...Very much for the better and I hope this will happen ...Everywhere it will work out in such a manner that we all become one world. May God bless you.”