SAHAJA YOGA SONGBOOK



AUSTRALIAN EDITION





am the Artist and I am the Art. But what about you? You are the one who is created, and you can create, and you can become the artist."

England: London, 6th, August, 1982.



You are the Goddess of music, and these songs.

All the words and melodies - come from You. I have experienced You in the notes of the flute. And in the rhythm of the heartbeat...

You are the melody of the music, You are the overflow of the river of love.



To the Mother of all Music

To the Composer of all the Composers

To the Master Drummer and the Sweetest of Singers

We dedicate this book of devotional songs

To the Origin of all Bhakti

Her Holiness Shri Mataji Nirmala Devi

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SHRI GANESHA ARTHARVA SHEERSHA

Om Namaste Ganapataye Twameva Pratyaksham Tattwamasi,
Amen. Obeisance to Thee Lord of the Ganas You are verily the Primordial Principle,
Twameva Kevalam Kartasi, Twameva Kevalam Dhartasi,
Only you are the Doer, Only you are the Supporter of the earth,
Twameva Kevalam Hartasi, Twameva Sarvam Khalvidam Brahmasi,
Only you are the Remover of all obstacles, You are verily the all-pervading Brahman,
Twam Sakshat-atmasi Nityam
You are verily the Eternal Self (Atma).

Ritam Vachmi Satyam Vachmi
I say the law. I say the truth.

Ava Twam Mam, Ava Vaktaram, Ava Shrotaram, Ava Dataram,
Protect me. Protect the Speaker. Protect the Repeater. Protect the Giver.
Ava Dhataram, Avanuchanam Ava Shishyam, Ava Pashchat-tat.
Protect the Receiver. Protect the Master. Protect the Scholar. Protect me from behind.
Ava Puras-tat, Avottarat-tat, Ava Dakshinat-tat, Ava Chor-dhvat-tat,
Protect me from in front. Protect me from the left. Protect me from the right. Protect me from above.
Ava-Dharat-tat, Sarvato Mam Pahi Pahi Saman Tat
Protect me from below. Protect me from all sides/directions.

Twam Vangmayas Twam Chinmayah, Twam Ananda Mayas,
You are the Truth/speech You are the Consciousness. You are the Bliss
Twam Brahmamayah, Twam Sat-chit-ananda Dvitiyosi
You are one within the Brahman, You are the absolute Truth-Consciousness-Bliss
Twam Pratyaksham Brahmasi, Twam Gnyana Mayo Vignyana Mayosi
Thou art the manifest Brahma, You are the absolute pure Knowledge, and the Recognition.

Sarvam Jagadidam Twatto Jayate,
The entire Universe was Created by You,
Sarvam Jagadidam Twat-tas-tish-thati.
The entire Universe is Sustained by You.
Sarvam Jagadidam Twayi Laya-meshyati,
The entire Universe is Dissolved by You,
Sarvam Jagadidam Twayi Pratyeti
You are manifest in the entire Universe.
Twam Bhumi-rapo-nalo-nilo Nabhah, Twam Chatvari Vak-padani
You are the Earth, the Water, the Fire, the Air, the Ether. You are the four Parts of Speech (Para, Pashyati, Madhyama, Vaikhari)
Twam Guna-traya-titah, Twam Deha-traya-titah
You are beyond the 3 Gunas (Sattwa, Raja, Tamo). You are beyond the 3 States of Being (gross, subtle, causal)
Twam Kala-traya-titah, Twam Mooladhara-sthito-si Nityam
You are beyond the 3 Times (past, present, future), You are always present at the Mooladhara.
Twam Shakti-trayatmakah, Twam Yogino Dhyayanti Nityam,
You are present in the 3 Powers (Mahalaksmi, –saraswati, –kali). Yogis always meditate upon you.
Twam Brahma Twam Vishnus-twam, Rudras-twam Indras-twam
You are Brahma You are Vishnu You are Rudra (Shiva), You are Indra You are
Agnis-twam Vayus-twam Suryas-twam Chandramas-twam
Agni (God of fire) You are Vayu (Wind) You are Surya (Sun) You are Chandrama (Moon)You are
Brahma-bhur-buvah-swarom.
the Brahma that pervades the three Worlds (Terrestrial, Celestial, Atmospheric) as the Omkara.

Ganadim Purvam-uchcharya Varnadim Tada-nan-taram.
The consonant is uttered first (G), followed by the first vowel (A).
Anusvarah Para tarah, Ardhendu-lasitam, Tarena Ruddham,
and finally the nasal sound (M), connected with the syllable, that brings release (OM),
Etat-tava Manuswa-rupam. Gakarah Purva-rupam,
This is the pure form of Manu's Mantra. The sound "Ga" is the first form,
Akaro Madhyama-rupam, Anuswarash-chantya-rupam,
The vowel "A" is the middle form, and the nasal sound "M" is the last form,
Bindur-uttara-rupam, Nadah Sandha-nam Sanhita Sandhih,
The Bindu (nasal sound) is on the top. One speaks it in one. Thus creating oneness
Saisha Ganesha-vidya, Ganaka-rishih, Nichrid Gayatri-chandah,
This is the Knowledge of Shri Ganesha, Ganaka is the Founder of this Mantra. The meter is Gayatri,
Ganapatir-devata, "Om Gãm" Ganapataye Namah
Ganapati is his divine Being, OM GAM obeisance to You, Master of the Ganas

Eka-dantaya Vidmahe, Vakra-tundaya Dhimahi,
Let us meditate upon the Knowledge of Him with One Tusk. Let us meditate upon Him with Curled-up Trunk.
Tanno Dantih Prachodayat
May the One with one tusk enlighten us.

Ekadantam Chatur-hastam Pasham-ankush.-dharinam,
He has one tusk and four hands The one hand holds a noose the other a goad,
Radam Cha Varadam Hastair-bi-bhranam Mushaka-dhvajam,
The third supports and the fourth offers blessings. He has a mouse as his vehicle
Raktam Lambodaram Shurpa-karnakam Rakta-vasasam,
He is red in complexion has a large belly and ears like winnowing fans He is clothed in red,
Rakta-gandhanu-liptangam, Rakta-pushpaihi Supujitam,
Red-coloured fragrant paste covers His body He is worshipped with red flowers.
Bhaktanu-kampinam Devam Jagat-karanam-achyutam,
He has compassion for his Devotees He is the cause of the world and is indestructible.
Avir-bhutam Cha Shrishtyadau Prakriteh Purushat-param,
He manifests before the Creation from the supreme Prakriti and Purusha,
Evam Dhyayati Yo Nityam, Sa Yogi Yoginam Varah
He who meditates upon You, Eternally is the highest among yogis.

Namo Vratapataye, Namo Ganapataye, Namah Pramatha-pataye,
Obeisance to Vratapati Lord of Assemblance, We bow to The Lord of Ganas, Obeisance to the Master of Cupid,
Namaste-astu Lambodaraya-ekadantaya, Vighna-nashine Shiva-sutaya
Obeisance to the big bellied God with only one tusk, the Remover of Obstacles, the Son of Lord Shiva
Shri Varada-murtaye Namaha
The bestower of blessings and boons We prostate before You.
Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namo Namaha
To the One Who is verily the Primordial Power Shri Mataji Nirmala Devi, we bow to Thee again and again.



AARTIS





verybody must remember by heart. You see, all these songs must be remembered by heart. That should be the difference – we should know everything by heart and should be just able to say it out as we say the Aarti and things. We must remember it by heart. All the songs, if you remember by heart, it looks much better. And then they become mantras. Because you are all great yogis, and yogis remembering by heart is a big thing.

Australia - Melbourne - 16th March - 1985

JAY MANGALAMURTI

(Aarti to Shri Ganesha - by Shri Ramdas, c. 1650)

Sukha Karta Dukha Harta Varta Vighnachi
You are the One who offers happiness and removes sorrows at the time of danger.
Nurvi Purvi Prem Krupa Jayachi
You offer lots of tender love and blessings
Sarvangi Sunder Uti Shendurachi
You have red paste on Your body
Kanthi Jhalke Mal Mukta Falanchi
and wear a pearl necklace.

Chorus:
Jai Dev., Jai Dev., Jai Mangalamurti
Victory to You, most auspicious One!
Darshan Matre Mana Kamana Purti
Even by Your glance You fulfill the desires in our minds.
Jai Dev., Jai Dev.
Victory, O God!

Ratna Khachita Fara Tuza Gauri Kumara
The Goddess Gauri is present by Your side
Chandanachi Uti Kumkum Keshara
Bedecked with gems and jewellery.
Hire Jadita Muguta Shobhato Bara
The diamond studded crown on Your head adds to Your gracefulness,
Runjhunti Nupure Charni Ghagariya
The anklets on Your feet make heavenly music.

Lambodar Pitambar Fanivar Bandhana
I always have in mind Your long belly, Your pitambar (silk dhoti), Kundalini on Your stomach
Saral Sonda Vakratunda Trinayana
Your straight trunk, Your innocent face with its three eyes.
Das. Ramacha Vat. Pahe Sadana
The servant of Shri Rama is waiting for You in this house (body).
Sankashti Pavave Nirvani Rakshave
Please protect us from calamities and sorrows. O Highest amongst Gods, we bow to You!
Survar Vandana

Saraswati Kalimatey
The Mother Goddesses Mahakali, Mahasaraswati

ARATI NIRMALA MATA

Chorus:
Arati Nirmala Mata
Aarti to Mother Nirmala
Charni Thevila Me Mata } (x2)
I have surrendered to You
Arati Nirmala Mata
Aarti to Mother Nirmala

Adi Shakti Kundalini
Oh Primordial power of the Kundalini who
Sarva Vishwachi Janani
is the Mother of the Universe
Nirguna He Rupa Tuzhe
Your form is beyond the Gunas and now
Zahli Saguna Tu Ata
You have become Saguna (of good qualities).

Shiva Vishnu Tuzhe Dhyani
Great deities like Shiva and
Vishnu meditate upon You,
Rushi Muni Te Bhajani
The Rishis and the Munis, all sing Your praise
Lavilesi Veda Sarva
and get lost in ecstasy
Dar.Shan. Dile Sahastra
Everyone recognises You at Sahastrar.

Bhairavadi Hanumanta
Bhairav.Nath, Hanuman,
Yeshu Ganesha He Natha
Jesus, Ganesh and all Gods
Bhowatali Tuzhya Mate
Surround You, Mother
Rang.Le He Guna Gatha
engrossed in singing Your praise.

Mahalakshmi Vidatey
and Mahalakshmi reside within You.
Triguna He Eka Zhale
The three Gunas have become one as You
Rupa Nirmala He Yeta
Have taken the form of Nirmala.

Jagruta Hi Kundalini
With Your Blessings, as the Kundalini rises
Chedi Sahastra Yogini
and pierces the Sahasrar,
Ananda To Swarupacha
this blissful joy
Krupa Tuzhi Matey. Hota
is experienced by the grace of Mother.

Karana Te Awatara
The mission of Your present Incarnation
Bhakta Jana He Tarayan.
is to enable Your disciples to cross over;
Sahaja Ha Yoga Zhala
hence the Yoga (union) has become easy (Sahaj).
Para Kari Tu Anatha
You give realization even to outcastes (who have no God).

Dhuni Raho Tuzhe Nam.
May we always meditate upon You
Chitti Akhandita Prem.
Whose attention is full of Love.
Ananta He Jiva Payi
While the Spirit seeks the Infinite
Dura Karu Nako Ata
please do not ever keep us away from You.

JAY. JAY. NIRMALA MA

Chorus:
Jay. Jay. Nirmala Ma
He Jay. Jay. Nirmala Ma
Adi Shakti Mataji, Adi Shakti Mataji
Moksha Pradayini Ma, Aum Jay. Jay. Nirmala Ma

Tum. Ho Vishwa Ki Ma
Shakti Kundalini, Ma, Shakti Kundalini
Nava Jivan. Dilayo, Nava Jivan. Dilayo
Aj. Hame Janani, Aum Jay. Jay. Nirmala Ma

Mahima Bari Hai Ma Ki
Jo Iccha Kiye, Ma, Jo Iccha Kiye
Kundalini Bhi Jagruti, Kundalini Bhi Jagruti
Kshan. Me Ho Jaye, Aum Jay. Jay. Nirmala Ma

Sahaj. Yog. Hi Karan.
Nir.mal. Avatar, Ma, Nir.mal. Avatar
Ap.Ki Krupa Jo Hove, Ap.Ki Krupa Jo Hove
Pal. Me Balak. Par, Aum Jay. Jay. Nirmala Ma

Sahastrar. Swamini Ho Tum.
Prem. Pradayini Ma, Prem. Pradayini
Ag. Man. Satya Yug Ka, Ag. Man. Satya Yug Ka
Krupa Teri Janani, Aum Jay. Jay. Nirmala Ma



SAB. KO DUA DENA *(Aarti to Shri Mataji Nirmala Devi)*

Chorus: ***(first time x2)***

Sab. ko dua dena, Ma, Sab. ko dua dena
Mother, give blessings to all.
Jay. Nir.mala Mataji (x2)
Jai Nirmala Mataji!
Dil.me sada rahna, Ma,
Always dwell in our hearts.
Sab. ko dua dena
Mother, give blessings to all.

Jag.me sankat. Karan
Whenever the world was in danger, Mother,
Kit.ne liye Avatar, Ma, Kit.ne liye Avatar
You have always incarnated on this Earth in different forms.
Vishwa me Teri mahima, Vishwa me Teri mahima
Your Grace is all over the world.
Tu Ganga Yamuna, Ma, Sab.ko dua dena
You are Ganga, You are Yamuna.

Jo bhi sharan. me aya
Whoever surrenders himself to You,
Sukh. hi mila us.ko, Ma, Sukh. hi mila us.ko
Mother, gets complete satisfaction.
Bhait. ke dil. me, O Ma, Bhait. ke dil. me, O Ma
Once You have entered our hearts,
Laut. ke na jana, Ma, Sab. ko dua dena
Do not go away, Mother.

Manav. me Avatar ke
By incarnating in human form,
Kar. diya ujiyaala, Ma, Kar. diya Ujiyaala
You have enlightened our lives, Mother.
Kali yug. me maya hai, Kali yug. me maya hai
In spite of the illusions of the Kali Yuga,
Phir. bhi peh.chaana, Ma, Sab. ko dua dena
We have been able to recognise You.

Sant. jano ki dhar.ti
Hai Bharat. Mata, Ma, Hai Bharat. Mata
The land of all the saints is Mother India.
Is. dhar.ti par. aake, Is. dhar.ti par. aake
As You have incarnated in this land,
Dukh. se dur. kar.na, Ma, Sab. ko dua dena
Please take away our sorrows.

Jab dil.me aye tab
Whenever we so wish,
Madhu sangeet. sun. lo, Ma, Madhu sangeet. sun. lo
We can listen to our sweet music within.
Hoya sake jo sewa, Hoya sake jo sewa
Whatever service You wish us to do,
Ham se kara lena Ma, Sab. ko dua dena
Kindly ask us to do it.

AUM JAY SHRI NIR.MALA MA

Aum Jay Shri Nir.mala Ma (x2)
Sahastr. Swamini Mata (x2) (Chorus)
Jwala Jagadamba
Aum Jay Shri Nir.mala Ma

Jag. Janani Jag. Mata
Nir.mal. Rup. Dhara } (x2)
Ma, Nir.mal. Rup. Dhara
Bhakt. Vatsala Dev (x2)
Abhinandan. Tera
Aum Jay Shri Nir.mala Ma

Keshar. Chandan. Akshat. Shriphal.
Pujan. Ko Lae } (x2)
Devi, Pujan. Ko Lae
Dhup Kapur. Jala Kar
Teri Jyot. Jala Kar. (x2)
Ar.Ti Nit. Gae
Aum Jay Shri Nir.mala Ma

Shankh. Mrudang. Baje Angan. Me
Nir.mal. Jyot. Jale } (x2)
Ma, Nir.mal. Jyot Jale
Dhanan Dhanan Dhante Baje (x2)
Sur.gan. Dhyan. Dhare
Aum Jay Shri Nir.mala Ma

Jawa Phul. Shri Charan. Kamal. Par.
Ar.Pan. Nity. Kare } (x2)
Ma, Ar.Pan. Nity. Kare
Swar. Mala Me Gunthi (x2)
Ved. Dhwani Uchare
Aum Jay Shri Nir.mala Ma

Teri Krupa Mehair. Ne Mata
Bhav.Bhay. Se Tara
Ma, Bhav. Bhay. Se Tara (x2)
Moksh. Pradayini Mata (x2)
Tu Nir.mal. Dhara
Aum Jay Shri Nir.mala Ma

Sahaj. Yogini Mata
Mamata Ki Pratima
Devi, Mamata Ki Pratima (x2)
Dasau Dishae Gati (x2)
Teri Gun. Garima
Aum Jay Shri Nir.mala Ma

Adishakti Kundalini Tu Hi
Asht. Siddhi Data
Ma, Asht. Siddhi Data (x2)
Sevak. Ayo Sharan. Ap.Ki
Balak. Ayo Sharan. Ap.Ki
Laj. Rakho Mata
Aum Jay Shri Nir.mala Ma

Shri Mata Ji Ki Ar.Ti
Jo Koi Nar. Gave
Ma, Jo Nit. Uth. Gave (x2)
Sahaj. Yog. Dharan. Kar. (x2)
Mukti Path. Pave
Aum Jay Shri Nir.mala Ma

Aum Jay Shri Nir.mala Ma (x2)
Sahastr. Swamini Mata (x2)
Jwala Jagadamba
Aum Jay Shri Nir.mala Ma

SHRI MANGALAGAURICHI ARTI

Jay Devi Mangalagauri
Owalin. Soniyatati
Ratnanche Dive Manikanchya Vati
Hireya Moti Jyoti

Mangalamurti Upajali Kartha
Prasanna Zhali Alpayushi Raya
Tishthali Rajyabarli
Ayopan. Dyavaya

Pujela Ga Aniti Jaijaichya Karlya
Sola Tikati Sola Durva
Sola Parichi Patri
Jai Jai Abulya
Shevanti Nagachanphe
Parijatake Manohare
Gokarn. Mahaphule
Nandete Tagare
Pujela Ga Anili

Saliche Tandul. Mugachi Dal.
Alani Khichadi Randhiti Nari
Apulya Patilagi
Sewa Kariti Phar.
Dumdume Dumdume Vajantri Vajati
Karlavi Kankarne Gaurila Shobhati
Shobhati Bajuband.
Kani Kapanche Gabe
Lyayili Amba Shobhe

Nhauni Makhuni Mauni Bas.Li
Patavachi Chorli Kshirodak Nes. Li
Swachha Bahat. Houni
Amba Puju Lagali

Soniyache Tati Ghatilya Pancharti
Madhye Ujarlati Kapurachya Vati
Kara Dhup. Dip.
Ata Naivedya Shadras. Pakvanne
Tarta Bhara Bane

Lavalahe Tighe Kashisi Nighali
Mauli Mangalagaur. Bhijvun. Visarali
Maguti Paratuniya Ali
Amba Swayambhu Dekhili
Deul Soniyache
Samb Hireyache
Karlas Matiyancha
Jay Devi Mangalagauri
Owalin Soniyatati



AARTI OF SHRI MATAJI AS DURGA MATA

Durge Durghat Bhari Tuj Vin Samsari
Anath Nathe Ambe, Karuna Vistari.
Vari Vari Janma, Marna Tewari
Haari Padlo Ata Sankat Niwari

O Goddess Durga, without complete oneness with You, the world is like a very treacherous path for me. O Goddess Ambe! You are the one who is the final refuge for all the seekers. So please extend your unfathomable compassion towards me. I have been undergoing cycles of life and death for ages, looking for You and worshipping You. O Great Goddess, I completely surrender to You. Please save me from this chain of life and death which is like a big problem for me today.

Jay Devi, Jay Devi, Mahishasur Mardini
Survar Ishwar Warde Tarak Sanjivani

Hail! The Great Goddess, who is the killer of the terrible rakshasa called as Mahishasur. Our highest respect to the Devi who manifests and sustains life by giving blessings to all living beings from the common man to the Gods.

Tribhuvan Bhuvani Pahata Tuj Aisi Nahi
Chari Shramale Parantu, Na Bolwe Kahi
Sahi Vivad Padata Padlo Pravahi
Te Tu Bhakta Lagi Pavasi Lavalahi .....Jay Devi

O Great Goddess. No one can match Your greatness, love, compassion and power in all the three worlds (ie, Heaven, Earth and Hell). After looking for You in all four dharmas in all four directions, my spiritual ascent is totally insignificant. Yet, you are all-pervading and get easily pleased with Your devotees who fight with their own six great enemies which are in the form of sex, anger, ego, maya (illusion), hatred, greed while ascending.

Prasanna Vadne Prasanna Hosi Nijdasa
Klesha Pasuni Sodawi, Todi Bhavapasha
Ambe Tujh Vachun Kona Purvil Asha
Narhari Tallina Jhala Padpankanj Lesha .....Jay Devi

O Devi, with totally peaceful, satisfied and radiant face, please bless Your devotees by being happy with them. Please O Mother, give us the absolute knowledge, dharmic actions and Ananya bhakti to please you. Please take away all our sorrows and problems and save us from these misguided wanderings into the ocean of illusion and Your incomprehensible maya. Ambe, You are the most competent and the highest Lord for me. Who else can I turn to? Even the great Vishnu is always engrossed in deep meditation at Your Lotus Feet.

AARTI TO SHRI SHIVA

Law. taw.ti vikraara Bramhardi mala
The endless thousand-fold created universes decorate You as mammoth garlands
Vishe kanth. kara trinetri djwara
our throat is black with the poison, You have intense, raging flames in Your third eye
Lavanya sunder masth.ki bhala
The exquisitly, beautiful little girl (Ganga) is placed on Your head
Pe tuniya jar. Nir.mal. wahe zur. zur.
From there streams the babbling flow of the pure water
Jai Dev. Jai Dev
Hail O Lord, Hail O Lord

Chorus:
Jay. Dev. Jay. Dev. Jay. Shri Shank.ra
Hail O Lord, Hail Shri Shankara (Shiva as the One who gives serenity)
Aarati varu tuze kar.poor. gaura
Arti (with flame) is done using the circular motion (owaru)
To You who are as fair (white) as camphor
Jay. Dev. Jay. Dev
Hail O Lord, Hail O Lord

Kar.poor. gau.ra bhola nayani vishara
As white and pure as camphor, Innocent as a child, with elegant elongated eyes
Ardhangi Par.vati sumanancha mara
Whose half body is that of Parvati, and who wears garlands of flowers made by the pure-minded
Vibuti tse oodh.r.n. shat. kant. nira
Smeared with ash, being white even though dark blue throated
Aisa Shank.ra shobhe Uma velhar.
In this way Shankara, whom Uma (Parvati) adores, looks attractive
Jai Dev. Jai Dev
Hail O Lord, Hail O Lord

Daivi dheti sarg. Mantan pai kehle
Gods and demons churned the ocean
Dhya maji av.chit. h.ra h.r. uth.le
From that suddenly the poison (halahal) came forth
The twa asu. pane prash.n. kehle
You drank that with demonic valour and heartless courage
Neel. kanth. naam prasiddh. zhale
(From that) the name Nilakantha (dark blue throated One) became famous
Jai Dev. Jai Dev
Hail O Lord, Hail O Lord

Vya grambar. fani wr.dhr. Sundar. mad. nari
Wearing a tiger's skin, Keeper of the king cobra (Sheshnaag), Handsome
Slayer of Madana (god of love - Kama)
Panchan.n. m.n. moh.n. munij.n. udhari
Five faced One, captivator of the mind, The Giver of happiness to the saints and sages
Shat. Koti tse bij watse vcchari
The One who recites by voice the seed word (bija ie. Rama) from which emanates the hundred million
Ragu kul. tilak Ram Das antari
(That Shri Shankara) resides within the heart of Ramadas who is the servant of the One
Who decorates the Raghu dynasty like kumkum on the forehead (Shri Rama)
Jai Dev. Jai Dev
Hail O Lord, Hail O Lord

MARATHI SONGS



Now puja also people do- just puja of mine, forgetting that I am there. When you sing also, you are singing praise of me and I am sitting before you. Doesn't happen that way. You just sing because it is music. There should be a feeling that you are sitting before me and singing my praise. So, identification is still there, that you are singing praises to Devi.

Navaratri - 4th Day (Chaturthi)
Pratishthan - 14th October 1988

NAMOSTUTE

(Nasik Group - Raga: Malkauns - 'Music of Joy 2' & 'Mauli 1')

Namostute, Namostute
Shri Nirmala Devi, Namostute } (x2) (Chorus)
Shri Nirmala Devi, Salutations to You!

Mahan Mangale He Sur. Vimale Kari Mala Nishpap (x2)
O, Great Auspicious One, Purest amongst Gods, You make me innocent
Samyatdnyani Guru Swatacha Hota Maj. Anutap (x2)
You make me sinless, my most wise Guru
Nirbhay. Banavi Maz.la Etuka Sakshi Mitsa Swatacha (x2)
You make me fearless, I am just my own witness
Sakal. Madhye Asata Tari Hi Rajani Anurenucha (x2)
And although I am amongst all,
Kshamashil. Tu Banavi Maz.la Sharan. Sharan. Tuze
You make me forgiving, in complete surrender to You.

Tujhya Krupene Balamadhali Rujuta Labho Mala (x2)
May You grant me the tenderness of children
Tujhya Krupene Dnyani Houn. Baghu De Daivi Leela (x2)
May You make me knowledgeable to see the Divine play
Tujhya Krupene Trupt. Trupt. Mi Udat. Antar.Yami (x2)
You have given me so much satisfaction that I am lost in it
Tujhya Krupechi Det. Jagruti Divyashakti Ti Mi (x2)
By Your blessings I can awaken that Divine Power
Sarvaswache Deun. Lene Kari Dhanya Mate
Having surrendered all that I have to You, I am now overwhelmed.

Tucha Kharokhar. Hya Vishwachi Karati Antaravithi (x2)
You verily are the Creator of the universe
Tucha Kharokhar. Hari Apada Deun. Dhan. Sampatti (x2)
You verily are the One who takes away all the sorrows by granting us wealth
Samarth. Tuchi Samarth. Kari Maj. Divyatvachi Murti (x2)
O, most Omnipotent! Please make me powerful too.
Param.mangala Yugandhara Tu Tuchi Adishakti (x2)
O, embodiment of total Auspiciousness through ages, only You are Adi Shakti!
Tujhya Thayi Man. Lago Deun. Sahaj. Yog. Mate
Having granted this Sahaja Yoga to me, Mother, please keep my attention forever on You.

AKHIL. JAGAT. JANANI

Akhil. Jagat. Janani, Tu Devi (x2) (Chorus)
Mahishasura Mar.Dini Bhav.Tarini (x2)
Trividh. Tap. Manize Sham.Vi
Akhil. Jagat. Janani, Tu Devi (x2)

Asura Patitamay. Dhara Jahli (x2)
Bhavabhakti Hari Sewa Nurali (x2)
Dalan. Karuni Ari Janaman. Ram.Vi (x2)

AMHI BI GHADALO *('Mauli 1')*

Amhi Bi Ghadalo Tumhi Bi Ghadana (x4, Chorus)
We have received our realisation, so please come to receive yours!

Matajinchya Sange Mule Bi Ghadali (x2)
We are the children realised by Shri Mataji
Mule Bi Ghadali Chaitanyata Nhali (x2)
We are Her children, bathing in Divine vibrations

Sahaja Yoga Sange Badha Bi Ghadali (x2)
Darkness vanishes with Sahaja Yoga
Badha Bi Ghadali Prakashamaya Zhali (x2)
And this darkness itself turns into light

Sahaja Yoga Sange Rag. Bi Ghadala (x2)
Anger vanishes with Sahaja Yoga
Rag. Bi Ghadala Anurag. Zhala (x2)
And this anger itself turns into love

Matajinchya Sange Mihi Bi Ghadalo (x2)
I have been realised by Shri Mataji
Mihi Bi Ghadalo Mahayogi Zhalo (x2)
And through Her I have now become a Mahayogi

Matajinchya Sange Dharma Bi Ghadala (x2)
Religion has been realised thanks to Shri Mataji
Dharma Bi Ghadala Vishwa Dharma Zhala (x2)
And this Religion has now become universal

Matajinchya Sange Jan. Bi Ghadale (x2)
Shri Mataji has given realisation to people
Jan. Bi Ghadale Nirmalachi Zhale (x2)
And these people have now become pure and saintly

BHAVANI DAYANI *(In Raga Sindhu Bhairavi, Japtaal)*

Chorus:
Bhavani Dayani, Bhavani Dayani
Mother You are the giver of life, showering Divine compassion on Your creation.
Mahabak. Bani, Mahabak. Bani
Every sound that emits from Your Being is supremely powerful, benevolent and auspicious
Sur. Nar. Muni Jana Mani (x2)
All Gods, sages, mortals and entire universe is aware of You and worship You
Sak.l. Buddha Dnyani
You are wise and all-knowing

Jag. Janani Jag. Jani (x2)
You are acclaimed by all as the Mother of universe
Mahishasur. Mardini (x2)
You are the Slayer of mahishasura
Jwalamukhi Chandi (x2)
Your lustrous brilliance destroys evil tendencies in Your devotees
Amar.pad. Dani
You grant the state of eternal life

HE ADI MA, HE ANTI MA

Chorus:

He Adi Ma, He Anti Ma (x2)
O Primordial Mother, O Eternal Mother
Je Wan Chile, Te Tu Dile (x2)
You have given us whatever we have desired
Kalpa Druma
Like a 'kalpa-taru' (tree that grants every desire)
He Adi Ma, He Anti Ma (x2)

Ya Matiche Akash. Tu (x2)
O Mother You are in the form of different shapes of the earth
Shishira Taya Madhumas. Tu (x2)
You are the spring of the Autumn season
Deshir Mruta Tu Amruta (x2)
You give nectar, even into the dead matter
Purushottama
Therefore You are Purushottama
(the most perfect and highest of mankind)

Dene Tuze Ituke Jari (x2)
You have given us so much that
Zhalo Runi Janmateri (x2)
we are indebted to You all the lives we may live
Ap.radh. Mi Ap.kar. Mi (x2)
I have done wrong deeds, a lot of mistakes
Pari Tu Kshama
Still You are nothing but forgiveness

Dene Zeri Amuchya Shiri (x2)
You have given us so much,
Pari Agnya Jana Tu Par Kari (x2)
even to those who don't have any knowledge
Deshi Jag. Tu Sahaj. Yoga (x2)
You give Sahaja Yoga to the whole universe
Jan.kotama
Verily You are the highest Father of mankind

JAGANMATA JAGADISHVARI

Jaganmata Jagadishvari (Chorus)
Devi Nirmala Par Kari Sahajachi Samasta

Bhakti Mukti Yoga Sthiti
Adi Shakti Sahaj Sthiti
Yei Prachiti Sahaz Yog Ghadata

BHAIYAKAYATAYA

(Marathi Hymn Book; 'Ishrat—Ever-lasting Joy' & 'Sahaj Unlimited')

Bhaiyakayataya Prabhu Jatsare (x4)
When we belong to God, what is there to fear?

Sarva Visarali Prabhu May. Zhali (x2)
We forget everything in the Divinity
Purna Jayachi Vachare (x2)
And we become completely lost in God
Bhaiyakayataya Prabhu Jatsare (x4)
When we belong to God, what is there to fear?

Jagat. Vichere Up.kara Stav. (x2)
The world is grateful to Him for His blessings
Pari Nach. To Jag. Tatsare (x2)
But still He doesn't belong to the world
because He is in a completely detached state
Bhaiyakayataya Prabhu Jatsare (x4)
When we belong to God, what is there to fear?

Ithi Nirdhana Paratra Zacha (x2)
You may be without any outward wealth
Sarva Dhanacha Sachare (x2)
The real treasure of wealth is inside yourself
Bhaiyakayataya Prabhu Jatsare (x4)
When we belong to God, what is there to fear?

Adhi Vyadhi Marana Varati (x2)
All the diseases and problems get completely dissolved
Paya Asha Purusha Tsare (x2)
Where the Feet of God reside
Bhaiyakayataya Prabhu Jatsare (x4)
When we belong to God, what is there to fear?

DEI MATE TAV PADI ASARA

Dei Mate Tav Padi Asara
Sharan Tula Mi Tu Yugandhara

Adishakti Tu Tuzhya Thayi Man Lago
Deun Sahaja Yoga Devi Nirmala



VANDAN. KARUYA MATAJILA

(*Nirmal Sangeet Sarita; 'Nirmal Dham'*)

Vandan. Karuya Matajila
Let us pay homage to Shri Mataji
Mahashaktila Sahajyoginila } (x2) (chorus)
To the great Power, to the Giver of Sahaja Yoga
Vandan. Karuya Matajila
Let us pay homage to Shri Mataji

Kirti Jayachi Trailokyachi (x2)
Your fame reaches the three worlds (Heaven, Earth, Underworld)
Murti Ase Hi Premarasachi (x2)
You are of the form of Pure Love
Arati Tav Charana...
We offer aarti to Your Lotus Feet.

Sahajayogachi Prapti Zhali (x2)
We have been blessed by receiving Sahaja Yoga
Gyanadipachi Jyot. Lavili (x2)
You have lit the lamps of knowledge
Gyan.marg. Davila...
And showed the path of knowledge

Maha Mateche Bhajani Nhale
From everywhere the echo is coming
Shri Nirmala Mataji (x3)
'Shri Nirmala Mataji !'
Chahukade Vajati Nagare (x2) } (x2)
The music of the drums is resounding from all directions
Vahupati Sumana...
Let us offer flowers at Her Lotus Feet.

JOG.WA 1

Chorus:

Aj. Maget. Jog.Wa, Aj. Maget. Jog.Wa
Sahaz Yogachya Darbari Ga
Mata Nirmala Sahastrari } (x2)

Sahaz. Marge Zain. (Boys)
Chaitanyamrut. Ghein.
Sahaz. Marge Zain. (Girls)
Chaitanyamrut. Ghein.
Aila Hradayi Smarin. Ga (Both)
Sahaz. Dhyan. Lavin.

Sahaz. Marge Zain. (Boys)
Wa Eta Ruthi So Din.
Sahaz. Marge Zain. (Girls)
Wa Eta Ruthi So Din
Aichya Shabda Jagen. Ga (Both)
Sahaz. Dhyan. Lavin.

Sahaz. Marge Zain. (Boys)
Sakarl. Vipada Harin.
Sahaz. Marge Zain. (Girls)
Sakarl. Vipada Harin
Antari Pawan. Hoin. Ga (Both)
Sahaz. Dhyan. Lavin.

Sahaz. Marge Zain. (Boys)
Chaitanyadhara Ghein.
Sahaz. Marge Zain. (Girls)
Chaitanyadhara Ghein.
Parasparashi Dein. Ga (Both)
Sahaz. Dhyan. Lavin.

Sahaz. Marge Zain. (Boys)
Param. Dnyan. Ghein.
Sahaz. Marge Zain. (Girls)
Param. Dnyan. Ghein.
Sakshat Kari Hoin. Ga (Both)
Sahaz. Dhyan. Lavin.

Sahaz. Marge Zain. (Boys)
Atmatatwa Te Zanin.
Sahaz. Marge Zain. (Girls)
Atmatatwa Te Zanin.
Moksha Padasi Magen. Ga (Both)
Sahaz. Dhyan. Lavin.

JOG.WA 2 *(Translation extracted from a talk by H. H. Shri Mataji)*

(Saint Eknath; 'Music of Joy 1', 'The Universe Sings' & 'Sahaj Unlimited')

Anadi Nirguni Pragatali Bhavani
Ude Bai, Ude Bai, Ude Bai, Ude! } (x2)
Moha Mahishasura Mardana Lagoni
Ude Bai, Ude Bai, Ude Bai, Ude!
Prividh. Tapanzi Karavaya Zharani } (x2)
Ude Bai, Ude Bai, Ude Bai, Ude!
Bhakta Laguni Bhav. Si Nirvani
Ude Bai, Ude Bai, Ude Bai, Ude!
Bhakta Laguni Bhav. Si Nirvani, Bhakta Laguni...

Formless, attributeless O Bhavani You have manifested. So O Mother (Kundalini), You rise, You rise, You rise! To kill the Mahishasura. Take out the three problems we have, the three tapas. Take Your devotees to their salvation. That's why You rise O Mother...

Jog.Wa Magen. , Aicha Jog.Wa (x4) (Chorus)
Ai Ude G'ambe Ude! (x4)
Ude, Ude, Ude, Ude, Ude, Ude, Wo!

Mother, we ask for Self-Realisation. So You rise, O Mother Kundalini, You rise! Rise, rise, rise, rise, rise, rise, Ho!

Dvait. Saruni Marl. Mi Ghalin. } (x2)
Ude Bai, Ude Bai, ...
Hati Bodhacha Zhenda Mi Ghein. (x2)
Bed. Rahit. Ga Varisi Zain. (x2) Bed. Rahit. Ga...

I will remove all differences and I'll put this garland on Your neck.
In my hand I'll take the flag of knowledge. I will remove all the differences.

Navavidh. Bhaktichya Karuni Navaratra (x2)
Karuni Nir.Kar.na Magen. Dnyan. Putra (x2)
Dambh. Sasara Sorin. Kuputra (x2) Dambh. Sasara...

In the nine nights I will do nine types of Bhakti to you. I will put all questions and doubts on one side and ask for a son that is meditation. And I will give up the father-in-law who's sitting on my head, who makes me a bad boy.

Purna Bo Dhachi Bharin. Mi Parari (x2)
Asha Manishanchya Parin. Mi Darari (x2)
Mano Vikara Karin. Kur.vandi (x2)
Amrut. Rasachi Bharin. Mi Durari (x2) Amrut. Rasachi...

Now I fill up my little basket with the complete blooming flowers of knowledge. All the bad ideas that come into my mind. I will take them over to You and throw them into the sea.

Ata Saazini Zhale Mi Nishang. (x2)
Vikalpa Navaryacha Soriyela Sang. (x2)
Kaam. Krodh. He Sodiyele Mang. (x2)
Kela Mokarl. Marg. Ha Surang. (x2) Kela Mokarl. ...

And there are two horrible creatures within me. One is the sex and another is the anger.
These two horrible things I'll throw away. That's how I'm going to make my central path clean.

Aisi Jog.Wa Maguni Thevila (x2)
Zauni Mahadwari Navas. Mya Fedila (x2)
Ek. Janardani Ekacha Dekila (x2)
Janma Mar.naza Phera Mya Chuk.vila (x2) Janma Mar.naza

I asked for the Yoga from my Mother and kept it very safe in my heart. I've got the Yoga which I've stored in myself very beautifully. Now I come back to thank You for what You've done. Then I fall at the feet of Virata Now I've lost all desire to be born again.

TUJHACH. MATAJI PARE

Chorus:

Tujhach. Mataji Pare Prakash. Antari
Let your light come within us
Tujhech. Sahaj. Yog. He Phire Jagavari
Let us thus spread Sahaja Yoga in the whole world

Karlya Karlya Phule Phule Tula Pukarati
Buds and flowers all call for You, Behold!
Paha Tujhich. Chalali Nabhat. Arati } (x2)
Your Aarti is performed in the sky
Tula Disha Na Harati Ata Kharokhari
You are not limited to any direction (You are present in all directions)
Tujhech. Sahaj. Yog. He Phire Jagavari
Let us thus spread Sahaja Yoga in the whole world

Tujhya Mulech Jahala Akher. Phaisala
By Your presence last decision was taken
Dilas. Dhir. Todaya Amhis. Shrunkhala } (x2)
You gave us the courage to blast our conditionings
Ata Bhavishya Amuche Ase Tujhyakade
Now our future lies in Your hand
Tujhech. Sahaj. Yog. He Phire Jagavari
Let us thus spread Sahaja Yoga in the world

Shri Mataji Tulach. Dhukh. Amuche Karle
Shri Mataji You are aware of all our sorrows
Tujhich. Shvattvana Amha Shanoshani Mile } (x2)
Your comfort is upon us at every moment
Ninad. Sahajayogacha Dhume Dharodhari
The voice of Sahaja Yoga is now echoing in each and every house
Tujhech. Sahaj. Yog. He Phire Jagavari
Let us thus spread Sahaja Yoga in the whole world

Tujhya Saman. Ek. Hi Nase Tujhyavina
There is no-one like You but only You
Sadaiv. Ya Pude Karu Tujhich. Vandana } (x2)
Therefore we shall always perform Your praise
Sarel. Amrutapari Tujhich. Vaikh.ri
Your speech is sweeter than Amrut
Tujhech. Sahaj. Yog. He Phire Jagavari
Let us thus spread Sahaja Yoga in the whole world

BHAGAWATI NAMAN

Chorus:
Jay Jay Jay Jay Adishakti Hi Nirmal. Nam. Smarare
Jay Jay Jay Jay Adishakti Hi Nirmal. Nam. Smarare
Yug. Nu Yuge Bhagawati Mata
Ya Bhuwar Ti Pragatali Re

Kundalini Tu Mooladhari Chaitanyacha Ganesha Re
Kundalini Tu Mooladhari Chaitanyacha Ganesha Re
Swadishthani Brahma Sarasvati } (x2)
Rupa Tuzhe Te Basali Re

Bhavasagar To Taruna Dnyan Datta Rupe Natha Li Re
Bhavasagar To Taruna Dnyan Datta Rupe Natha Li Re
Vishnu Lakshmi Manipura Tu } (x2)
Hanumanta Tuzhe Swarup. Re

Anahati Te Shiv Parvati Atma Darshan Tuzhe Che Re
Anahati Te Shiv Parvati Atma Darshan Tuzhe Che Re
Atma Ram Tu Sitaram } (x2)
Rupa Tuzhe Te Dis.le Re

Adnya Sthani Tu Mahalakshmi } (x2)
Mahakali Tu Saraswati Re
Radha Krishna Te Vishuddhi Mata } (x2)
Le Prem. Tuzhe Te Luta Le Re

Nirguna Rupa Swarupa Tuzhe } (x2)
Sahastrar To Anubhawa Re
Nam. Tuzhe Japata Mate Brahmarandhra Te Bhedan.Re
Nam. Tuzhe Japata Mate Brahmarandhra Te Bhedan.Re

Anek. Panti Anek. Manav Darshan. Aiche Gheti Re
Anek. Panti Anek. Manav Darshan. Aiche Gheti Re
Prem. Aiche Twarit. Milata } (x2)
Jagruti Kundaliniche Re

Brahmarandhra Te Chaidana Hota } (x2)
Swarupa Samadhi Anu Bhavi Re
Anata Swarupi Rahuni Aichya Charan.warati Lo Lu Re
Anata Swarupi Rahuni Aichya Charan.warati Lo Lu Re

AZ. AMUCHYA DHAMI ARLYA

Chorus:

Az. Amuchya Dhami Arlya
Mata Jagdishvari ... } (x2)

Gulal. Udhala.La, Udhala.La Sum.Ne } (x2)
Jayjaykare Ghum.Va Bhuvane
Purnabramh. He Ale Bhuvar. (x2)
Dharm. Rakshanya Sati (x2)

Phula Phulanno Sugandh. Udharla } (x2)
Vimala Jalanno Saharsh. Usarla
Pada Laharinno Mangal. Var. Ta (x2)
Kal.Va Gramogrami (x2)

He Cha Sadguru Trailokyache } (x2)
Udh.Darak. Ya Chara Charanche
Ya Yogayan Chya Shri Yogeshvari (x2)
Mata Tribhuvan.Gami (x2)

Hota Yanchee Mangal. Darshan. } (x2)
Anandane Natel. Jivan.
Nandanavana Ya Surasuranchya (x2)
Hasavil. Antarayami (x2)

HASAT. ALI NIR.MAL. AI

Chorus:

Hasat. Ali Nir.mal. Ai (x2)
A smile on Her face, Mother Nirmala has come
Ghaluni Painjan. Payi, Ai (x2)
Wearing anklets at Her Lotus Feet

Navaratnantsa Mukut. Shiravar. (x2)
Her forehead adorned with a nine-diamond crown
Kanthi Shobhe Motihar. (x2)
And a pearl necklace shining at Her neck
Sundar. Majhi Nir.mal. Ai (x2)
How beautiful is my Mother!
Ghaluni Painjan. Payi, Ai (x2)
Wearing anklets at Her Lotus Feet

Zaripad.racha Kasuni Pitambar. (x2)
Her body bedecked with a golden bordered sari
Tzoli Lyali Buttedar. (x2)
And a blouse embroidered with golden designs
Sundar. Majhi Nir.mal. Ai (x2)
How beautiful is my Mother!
Ghaluni Painjan. Payi, Ai (x2)
Wearing anklets at Her Lotus Feet

Shiv. Bramha Vishnu Hi Sare (x2)
Shiva, Brahma and Vishnu Themselves
Dhyati Nishidini Munivar. Sare (x2)
Join with the sages for Her daily worship
Sundar. Majhi Nir.mal. Ai (x2)
How beautiful is my Mother!
Ghaluni Painjan. Payi, Ai (x2)
Wearing anklets at Her Lotus Feet

Sahaz Yogi Amhi Ashi Pahili (x2)
That's how we all Sahaja Yogis discovered our Mother
Sharan. Tiz.La Sar.Vahi Zai (x2)
At Her Lotus Feet we have all surrendered
Sundar. Majhi Nir.mal. Ai (x2)
How beautiful is my Mother!
Ghaluni Painjan. Payi, Ai (x2)
Wearing anklets at Her Lotus Feet

SAGUN. SAJIRE RUP. GOJIRE

Sagun. Sajire Rup. Gojire (x2)
Yuge Yuge Dis.Nar (x2)
Purvi Hote Ata Ahe (x2)
Pudhe Hi Te As.Nar (x2)

Dharane Dharuni Tuzhyach. Udari (x2)
Bhakt. Amhi Bas.Nar (x2)
Brahmarupachi Khun. Mulachi (x2)
Ai Tumha Pus.Nar (x2)

Jase Thevile Tasech. Rahu (x2)
Nahi Bare Rus.Nar (x2)
Aishavaryaze Bhavad. Yeta (x2)
Nahi Amhi Phas.Nar (x2)

Krama Kramane Hrudaya Mandiri (x2)
Rup. Tuzhe Thas.Nar (x2)
Thasalyavarati Sahaz. Yogi Amhi (x2)
Nishidini Has.Nar (x2)

YAHUNI MAGANE KAI., MATE

Yahuni Magane Kai., Mate (Chorus)
Yahuni Magane Kai.

Utsah Deyi Utsau Kar.Ni
Tuzi Prem.La Maya Mate
Yahuni Magane Kai.

Bhakti Dehi Bhaktasathi
Namito Tuzhe Paya Mate
Yahuni Magane Kai.

Janma Anek. Ghein. Parami
Bhagawatiche Gun.Gan.
Bhagawatiche Gun.Gan. Mate
Yahuni Magane Kai.

ADIMAYA

Chorus:

Hi Sahaz. Yog. Nauka
Bhavasagari Taraya
Hi Sahaz. Yog. Nauka
} (x2)

Sut.Le Aphat. Vare
Man. Taru Tyat. Vichare
Tya Vad.Latuniya
Netil Adimaya
} (x2)

Mada Moha Lobh. Sus.Ri
Kiti Dat.Khiti Vikhari
Te Duhkha. Shant.Vaya
Mantrik. Adimaya
} (x2)

Bhram. Bhov. Yat. Ad.Li
Nauka Pari Na Bud.Li
Dharuni Sukanu Hati
Bas.Lyat. Adishakti
} (x2)

Amhi Sar.Vahi Pravasi
Janar. Dur.Deshi
To Marg. Dakhvaya
Adhikari Adimaya
} (x2)

AMHI MATAJINCHYA CHAR.NASI ALO

(Shrirampur style)

Chorus:

Amhi Matajinchya Char.nasi Alo (x2)
As we have come to the Feet of Mother,
Chaitanya Sange Amrutat. Nhalo (x2 or x3) } (x2)
We have been bathed in the Nectar of Chaitnanya.

Janiv. Ti Jiva Kadhi Nahi Zhali (x2)
Such recognition has never before happened to the Spirit
Shakti Kundalini Sharir. Vyapili (x2) } (x2)
And as we come to Your Feet the power
of Kundalini drenches us completely
Char.nasi Yeta Jagrutis. Alo (x2)
By coming to Your Lotus Feet we got our realisation.

Ganesh. To Amha Nyanarjan. Dei (x2)
Shri Ganesha gives us the knowledge that
Mata Nirmala Hi Vishwachi Re Ai (x2) } (x2)
Mother Nirmala is the Mother of the Universe.
Adnyan Dur. Hota Anubhava Alo (x2)
We experience it as our ignorance disappears.

Brahmadev. Sange Vishnuchya Re Sange (x2)
Brahma and Vishnu tell us
Shaktivan. Amhi Bhagavati Ange (x2) } (x2)
that they are powerful with the Grace of Mother.
Guru Nam. Gheta Anahati Alo (x2)
As we recognise the Adi Guru Datattreya, we reach the Heart Chakra.

Shiv. Shakti Ram. Sita Bhakta Hanumant. (x2)
Shiva, His Power, Sita, Rama, and Hanumana all
Matechya ya Dhyani Amhi Shobhiwant. (x2) } (x2)
Bedeck the meditation upon our Mother.
Bhavamadhye Tyanchya Sahasrari Alo (x2)
As we recognise Them, we reach Sahasrara.

Krishna Radha Yeshu, Mary Amha Sange (x2)
Krishna, Radha, Jesus and Mary tell us that
Nam. Ghya Nirmal. Amhi Tumha Sange (x2) } (x2)
They will guide us if we take the name of Nirmala.
Sharan. Tyana Tsata Tujhya Bheti Alo (x2)
O Mother we have met You as we surrendered to Them.

Atma Shiv. Jyoti Dise Tujhya Dwari (x2)
We see the flame of the Spirit at Your threshold
Chaitanyache Tez. Antari Baheri (x2) } (x2)
And the brilliance of Chaitanya is within and without.
Sahasrara Mate Swarupi Mi-alo (x2)
As You pierce the Sahasrara, Mother, we become the Spirit.

UGHAD. SAHASTRAR. MATE

(Raga Yaman; Nasik Group - Anant Damle)

Chorus:
Premachi Shidori Agnya Chakra Wari (x2)
Ughad. Sahastrar. Mate (x4)

Nirmi Lesi Vishwa Jewha Jiwa Madhye Alo
Zanma Mrutyuchya Hya Pherya Madhye Sap.Dalo } (x2)
Tuzha Kherl. Zhala Mate
Pari Na Visawa (x2)
Ughad. Sahastrar. Mate (x4)

Tuzhya Charanasi Mate Jewha Amhi Alo
Krishna Swarup Pahun Tewha Mani Dang. Zhalo } (x2)
Dhyan.Madhye Muladhari
Shaktirup. Dewa (x2)
Ughad. Sahastrar. Mate (x4)

Tuzhya Krupe Nid.Rit. Shakti Urdhvamukhe Yei
Sat. Chakre Tichya Sparshe Jagrut. Ti Hoi } (x2)
Adnyasthani Yeta Mate
Ka Ga Visawa (x2)
Ughad. Sahastrar. Mate (x4)

Tej. Jewha Tya Shaktiche Ida Pingalat.
Thand. Thand. Chaitanyachya Lah.Ri Vahatat } (x2)
Sahastrar. Bhed. Name
Anantatw. Thewa (x2)
Ughad. Sahastrar. Mate (x4)

POWADA *('The Universe Sings')*

Pahile Naman. Ho Ganarayala (x2)
Let us sing first praise to Lord Ganesh,
Dusre Naman. Adishaktila (x2)
And secondly to praise the Adishakti,
Tisre Naman. Sahajayogala
And thirdly let us praise Sahaja Yoga!
Gau Ata Ra Povadyala .... Ra Ji, Ji, Ji
Now let us sing the Powada!

Ek Unishte Teis. Salala (x2)
In Nineteen Hundred Twenty Three,
Madhyapranti Chindavaryala (x2)
In Chhindwara, Madhya Pradesh,
Bhar. Dupari Barah Vajela
At noon precisely, twelve o'clock,
Adishaktiza Zanma Zhala .... Ra Ji, Ji, Ji
Adi Shakti took her birth!

Dhanya Mata Prasad.Rav. Pita (x2)
The great mother and father Prasadrav (Salve)
Atipunyavan. Ubhayata (x2)
Both are so much blessed,
Daivi Kanya Tyanchi Lalita
Because their goddess-daughter Lalita
Sakal. Vishwachi Ase Hi Shan. .... Ji, Ji, Ji
Is the Great Mother of the Universe.

Nir.Gunatuni Sagunant. (x2)
The formless took form,
Ali Adishakti Jag.Tat. (x2)
Adi Shakti came into this world.
Kaliyugat. Mata Ali
She came in the depth of Kali Yuga,
Nirmala Devi Mayabhorli .... Ra Ji, Ji, Ji
Mother Nirmala who is really innocent.

Dhanya Te Purvasukrut. (x2)
In past lives we were all great yogis.
Kundalini Zhali Jagrut. (x2)
That's why we have had Kundalini awakening.
Sat. Chakre Par. Karit.
As Kundalini passes through the seven chakras,
Ali Sarvanchya Sahasrarat. .... Ji, Ji, Ji
It rises into all men's Sahasrara.

Lehekure Amhi Adnyan. (x2)
We are all such little children,
Nase Amhala Kahi Dnyan. (x2)
We don't have any knowledge,
Ananya Bhave Sharan.
But as we surrender with all our heart, with our small brain,
Alpamati Kelevarnan. .... Ra Ji, Ji, Ji
We have tried to describe you.

Sahaz Yogane Hote Pragati (x2)
Through Sahaja Yoga we have made such progress!
Ghya Ho Ghya Ho Yachi Prachuti (x2)
Now, please, you experience Sahaja Yoga!
Divyatvachi Jeth. Prachuti
Fulfilled by miracles,
Tethe Kar. Majhe Ho Zulti .... Ra Ji, Ji, Ji
We bow to our Mother.

TUZHYA DARSHANE PAVAN. ZHALO

Chorus:
Tuzhya Darshane Pavan. Zhalo
Ure Na Mag.Ne Kahi
Ai Houn. Kese Utarai

Samyak. Je Je Didhala Maz.La
Satya Shivachya Sundar. Tela
Dyayache Maz. Hatun. Tuzhiya

Adnyani Mi Mati Mand. Mi
Ahambhat. Pari Hota Romi
Atma Paramatmyachi Shik.Wan
Pahat. Padate Nei

Salokhyane Jagj. Viharlo
Saridhye Tadatm. Pavalo
Sahaz. Yog. Var.Dan. Dile Tu
Trupt. Antari Ai

Ashirvach. Tav. Maj Sanga Ti
Sahastrari Tu Maya Bhag.Wati
Adishakti Tu Jiwa Shivachi
Vishwa Varadayi

You have to love everyone. Try to make everyone happy. That's why I like music because through music you can spread vibrations, it's a very good media of spreading vibrations, of loving vibrations. But those who are musicians have to be loving people.

Christmas Puja - 25.12.1997
Ganapatipule - India

KRUTARTH. PANDURANG.

Pavan. Zhali Chandra–bhaga
Chandrabhaga was pleased,
Krutarth. Pandurang. Oh– Krutarth. Pandurang.
Pandurang Shri Krishna was satisfied.

Chorus:
Harijan. Bheti Hari Rang.la (x2)
Hari (Shri Vishnu) is busy with the Harijan people
Pandari Zhali Dang., Oh—
Pandharpur people got lost in this Darshan
Pandari Zhali Dang.
Zhala Krutarth. Pandurang. (x2)
Pandurang (Shri Krishna) was satisfied.

Marnav.teche Darshan. Deun.
By granting the Darshan in human form
Chaitanyane Kan. Kan. Nhale } (x2)
The Chaitanya has drenched every particle.
Karlasavarati, Karlasavarati Navi Pataka
On top of the temple a new flag is unfurled
Tez. Nave Ale, Oh—
And shines with a new brightness.
Tez. Nave Ale
Mrudang. Navhata Navhatya Chiparlya (x2)
Mrudanga (drums) and bells kept silent
Navhate Az Abhang., Oh—
No bhajan was sung today.
Navhate Az Abhang.
Zhala Krutarth. Pandurang. (x2)
Pandurang (Shri Krishna) was satisfied.

Maharashtrachi Sant.malika
The heritage of the succession of Maharashtrian Saints
Thevun. Geli Ek. Mani } (x2)
Has really entered in each mind.
Paramparati, Paramparati Dnyaneshachi
The tradition of Dnyaneshwar
Yei Punya Uzaluni, Oh—
Is dawning again.
Yei Punya Uzaluni
Manamanatun. Ek. Dayarlu (x2)
Within each and every mind, the compassion
Pragate Shri Rang., Oh—
Of Shri Rang is appearing.
Pragate Shri Rang.
Zhala Krutarth. Pandurang. (x2)
Pandurang (Shri Krishna) was satisfied.

DEVI MALA

Kai Karu Bai Dhyas. Lag.La
Suchena Majhe Mala
Suchena Majhe Mala, Mala, Mala ...
Devi Mala Nad. Tujha Lag.La (x3)

Chorus:
Kai Karu Bai Dhyas. Lag.La
Suchena Majhe Mala
Suchena Majhe Mala, Mala, Mala ...
Chanda Mala Nad. Tujha Lag.La (x2)
Ai Mala Nad. Tujha Lag.La (x2)
Ambe Mala Nad. Tujha Lag.La (x2)

Kusumbachi Chorli Ambe Kashan. Bhijarli (x2)
Kai Karu Bai Dhyas. Lag.La
Suchena Majhe Mala
Suchena Majhe Mala
Devi Mala Dhyas. Tujha Lag.La (x3)

Jariche Lugade Kashan. Marlele (x2)
Daityana Lorlevile Ga Rati Bai (x2)
Ratnancha Chura Ambe Kashan. Vicharla (x2)
Jhanjecha Bhar. Padala Ga Rati Bai (x2)

Nau Khande Dhup., Nau Khande Kapur. (x2)
Kailasi Dhur. Gela Ga Rati Bai (x2)

ADIMAYA AMBABAI *('Pure Devotion' & 'Sahaj Unlimited')*

Adimaya Ambabai, Sarya Duniyechi Ai (x2)
Primordial Goddess of illusion, Mother Kundalini, Mother of the whole world
Tichya Eka Darshanat. Koti Janmachi Punyai
Being in Her attention for a brief moment brings blessings for millions of lifetimes
Ho, Ho, Ho ...

Chorus:
Adimaya Ambabai Sarya Duniyechi Ai (x2)
Primordial Goddess of illusion, Mother Kundalini, Mother of the whole world
Ude Ga Ambabai! Ai! Ude Ga Ambabai!
Rise O Mother Kundalini, rise

Sarya Charachari Tits. Jiva Sanjivani Dete (x2)
She is the life force of all creation, She is omnipresent
Tits. Saumhar. Saumhari
She is the Saviour and the Destroyer
Daitya Danav. Marite (x2)
She is the destroyer of all demons (rakshasas)
Tichya Chandirupa Ad. Zhar. Zal.Zal Vahi
Even in Her intimidating (fierce) form of Chandi, one finds tender Motherly love flowing like a waterfall
Ho, Ho, Ho ...

The following verses describe different incarnations of Shri Adi Shakti in Maharashtra such as Shri Mahalakshmi (Kolhapur), Shri Mahakali (Tuljapur);

Kshetr. Namavant. Ek., Nav. Kolhapur.
Tyatse Nav. Kolhapur. (x2)
One famous sacred place is known as Kolhapur
Aganit. Khambavari, Rahile Mandir.
Ubhe Rahile Mandir. (x2)
Where the temple is built with numerous columns and the Gods adorn the Devi (in the form of Mahalakshmi)
Nana Dev. Sabhovati Devi Madhomadh. Rahi
The Devi is in the center, surrounded by all the Gods
Ho, Ho, Ho ...

Tul.za Purichi Bhavani, Zanu Mula Adishakti ...
Zanu Mula Adishakti (x2)
The goddess Bhavani who incarnated at Tuljapur is verily the Adi Shakti
Ghor. Aghat. Prahar. Tine Pats.vile Poti
Tine Pats.vile Poti (x2)
In that incarnation She has had to endure intense attacks from demons (rakshasas) in order to protect Her devotees
Swata Taravi Bhaktana, Devi Taruniya Nei
She is the one that saves the devotees through difficulties, dangers and distress to give them salvation/deliverance
Ho, Ho, Ho ...

Amravatichi Devata, Shashwata Amar. ...
Ase Shashwata Amar. (x2)
The Goddess of Amravati (Captial city of Lord Indra) is eternal and always showers blessings
Ambe Zogait. Tine Mandiyele Ghar. ...
Ek. Mandiyele Ghar. (x2)
She established her auspicious house in the holy place of Ambejogai
Mumba Purichya Mandira Dan. Chaitanyatse Yei
You will definitely receive vibrations if you visit the temple of Mumbadevi (in Mumbai)
Ho,Ho,Ho ...

Koni Manati Chandika, Koni Manati Bhavani ...(x2)
Some call Her Chandika, some call Her Bhavani,
Durga Durgat. Yamai Amba Asur. Mardini ...
She is Durga and Amba, the destroyer of the demons
Kiti Rupe, Kiti Nave Pari Ek. Tej. Rahi
Although She can be described in many forms and with many names,
She remains the all powerful Goddess
Ho, Ho, Ho ...

GONDHARL. MANDILA *(Short Version)*

Gondharl. Mandila Aicha Gondharl. Mandila (Chorus)

Koni Ghagari Nachava
Kone Sumbhale Vajava
Koni Aila Borleva, Koni ... Mandava
He Gondharl. Mandila ...
Aj. Ghari Majhya Mata Ai (x2)
Ai Arud. Asnavar, Taki Nazar. Bhaktavar. (x2)
Kali Yogyanna Supar. (x2)
Mahishasur. Mardini Devi Mahakali Ali (x2)
Aj. Ghari Majhya Turleja Bhavani Ali (x2)
Borlavu Borlavu Sarv. Jevan. Bhi Borlavu (x2)
Tichya Gondharlala Yeu, Daha-Panch. Ghau Jeu (x2)
Vaiche Tu Gan.Pati Gondharla Ye (x2)
Sinhapurchya Mahadeva Tu Gondharla Ye (x2)
Gan.Kapurche Dattatreya Gondharla Ye (x2)
Paligav.Che Khanderaya Gondharla Ye (x2)
Avan.Gachi Yamai Tu Gondharla Ye (x2)
Kolhapurchi Mahalakshmi Tu Gondharla Ye (x2)
Tuljapurchi Tuljabhavani Gondharla Ye (x2)
Hradayaswamini Nirmal. Mata Tu Gondharla Ye (x2)
Landanpurchi Nirmal. Mata Gondharla Ye (x2)
Vishwa Vyasaki Nirmal. Mata Gondharla Ye (x2)
Ai Ude Ga Ambabai... (Repeat)

MATAJINCHE SWAPNA

(Nirmal Sangeet Sarita; 'Bandagi' & 'Anand Lahari')

Chorus:

Matajinche Swapna Sahaj. Sakarile } (x2)
Mother's dream of Sahaj has taken shape
Jam.la Ha Mela
As a result this assemblage has collected in Her Grace.
Owala Ho Owala, Vadhuvaras. Owala (x2)
The newly married people are showered with the auspicious blessings in the form of aarti.
Matajinche Swapna Sahaj. Sakarile
Jam.la Ha Mela

Nanda Saukhya Bhare Ashirvadilya Ai (x2)
'Dwell eternally in the bliss of marriage' — so saying, the Mother has blessed the newly-weds
Tumha Kami Nahi Swarganandat. Kahi (x2)
You will not have shortage of anything in the blissful paradise
Tyanchya Sanidhyat. Trigunit. Hoil Ha (x2)
Because your proximity to Mother will be more, therefore your happiness will double and multiply
Nir.Mal Anandacha Soharla, Premacha Soharla
This ritual will become the ritual of pure joy and happiness.

Dampatya Jivanat. Sukh.–Samruddhi Bhar. (x2)
Dukhe Hi Tumhi Nanda New York Na Nagpur (x2)
Adishaktila Alaya Pur.
Adishaktila Alaya Pur.
Dur. Ni Va Saungini
Soruni Kantharla (x2)

Nirbhey Valhava Nav. Jivnachi, } (x2)
Vadarl. Hoi Santh.
Premachi Hi Nadi Jila Ugam Na Ant. (x2)
Sahajat. Je Gharte (x2)
Tyala Bhiti Na Khant. (x2)
Jari Asel. To
Anubhavat. Kowala (x2)
Once you put your boat of married life in the ocean of maya, all storms will subside because of the power of Sahaj. This is such a river of love which has no beginning nor any end. Whatever occurs in Sahaj, that person will never have any fear or remorse, even if he is raw in experience.

Karu Sajari Mangalagaur. (x2) } (x2)
Jevha Lagel. Dohala
Sahajache Yetil Chimukle Pratinidhi
Mary Wa Gopala (x2)
Pan. Don. Pure Jast. Nako (x2)
Hoil Ghotala (x2)
Bhavishya De Maulichya Hati, Maulichya Hati
Bhaghya Dete Ji Sakala (x2)
We will celebrate the post-marriage ceremony, and when the symptoms of pregnancy come, tiny representatives of Sahaj will arrive. But two are enough or else there will be utter confusion. Put the future of your married life in the gracious Hands of Mother, Who takes care of everybody.

NAMO NAMO MARIA

(Shrirampur group)

Chorus:

Namo Namo Maria, Oh, Oh, Oh, Oh
'Salutations to You, Mary!
Namo Namo Maria, Dutacha Namaskar
The messenger's homage to You!
Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)
The son of God shall be born from Your womb!'

Sarv. Striyamadhye He Tuch. Jag.dhanya
'Exalted are You amongst women,
Dev.bap. Zhala He Tu Zhala Prasanna (x3)
For God the Father blessed You with His Darshan!'
Mariyene Kela, Oh, Oh, Oh, Oh
Mariyene Kela Dev. Putrancha Swikar
Thus Mary accepted the Son of God.
Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)

Yosefachya Mana Madhye Sanshay. Yei
Joseph came to doubt about Mary.
Nishkalank. Maria Ka Garbh.Vati Rahi (x3)
How could his most pure Mary be with child?
Dharm. Pani, Oh, Oh, Oh, Oh
Dharm. Pani Sod.nyacha Yojla Vichar
So confused did he become that he considered
breaking the Dharma of his engagement.
Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)

Swapni Yosefachya Yei Dev. Achadut.
But then an angel came to the dream of Joseph,
Nishkalank. Mariyes. Deu Nako Dosh. (x3)
And made him sure of Mary's perfect virtue,
Gunya Govindane, Oh, Oh, Oh, Oh
Gunya Govindane, Ha Nande Parivar
And henceforth they enjoyed a blissful marriage.
Tujhya Poti Janm. Ghei Prabhu Tar.nar (x2)

"The song is about Gabriel going to Maria, and He gives His salutations, and He tells Her the news, that She will be the Mother of the God's son. And then, H e says that You should not worry about it because God has chosen You, the person to create this great incarnation on this earth. And the third one they say that when She was satisfied, She accepted the Son of God... Beautiful song in Marathi, it's a Christian song, as he says, but it's also a Sahaja Yoga song."

H.H. SHRI MARIA MATAJI

SATVASHALI MAULI *(Shrirampur group)*

Chorus:
Tuch. Dili Varni, Varnit. God Boli (x2)
Pavan Jagamadhye Tuch. Ek. Zhali
Satvashali Mauli (x2)

Varn. Bhed. Arni Zat. Visuruni
Yeti Jhundi Lokanchya Duruni } (x2)
Manisha Manamadhye Sahaj. Yogini Keli (x2)
Pavan Jagamadhye Tuch. Ek. Zhali
Satvashali Mauli (x2)

Vruksh. Chaya Tuch. Ya Sagari
Papanche Ojhe Hote Bhari Shiri } (x2)
Harshacha Uday. Kundalinitun. Kela (x2)
Pavan Jagamadhye Tuch. Ek. Zhali
Satvashali Mauli (x2)

Jagamadhye Duhkhachi Sav.Li
Anandachi Sandhya Jaga Davili } (x2)
Mata Nirmalache Borl. Theva Dhyani (x2)
Pavan Jagamadhye Tuch. Ek. Zhali
Satvashali Mauli (x2)

"These are young boys from Shrirampur, who are Sahaja Yogis; and they have composed a beautiful bhajan, as they call it, and they are singing such a beautiful thing; it's a very beautiful poetry also. And they are doing it so well, you can see... these are all Sahaj Yogis, your brothers! May God bless them!"
H.H. SHRI NIRMALA DEVI

MAHUR GADAWARI
(Praise of Mahasaraswati)

Chorus:
Mahur Gadawari, Mahur Gadawari Ga Jujha Vas.
On the hill of Mahur (village close to Nagpur), O Goddess You stay
Bhakt. Yetil. Dar.Shanas.
Devotees all come to receive Your Darshan

Pive Patarl. Ga, Pive Patarl. Buttedar.
You wear a yellow sari with golden designs, } (x2)
Angi Chorli Hi Hirvigar.
And a blouse of an intensely green colour.
Pitambarachi Ga, Pitambarachi Khowuni Kas
Dressed with Pitambaras (yellow dhotis), } (x2)
Bhakt. Yetil. Dar.Shanas.
Devotees all come to receive Your Darshan
Bindi Bijwara Ga, Bindi Bijwara Bharli Shobhe

A golden jewel surmounts the bindi on Your forehead.
Kap. Varlya Ni Vel. Zhube } (x2)
And golden earrings hang from your ears.
Hichya Nathela Ga, Hichya Nathela Hir.Ve Ghos.
Your nose is adorned with a jewel of enormous green stones.
Bhakt. Yetil. Dar.Shanas.
Devotees all come to receive Your Darshan

Sari Thuahin Ga, Sari Thuahin Mohan. Marl. } (x2)
They garland You with a three stringed necklace of golden pearls,
Jodvya Masorlya Painzan. Charl.
They tie anklets to Your Feet and put rings to Your Toes.
Patta Sonyacha Ga, Patta Sonyacha Kamarela } (x2)
You wear a golden belt around your waist,
Ati Hir.Va Chuda Shobh.La
And the rows of green bangles at Your wrists shine beautifully.

Zayi Zuyichi Ga, Zayi Zuyichi Anali Pule } (x2)
They brought bunches of jasmine flowers,
Bhakt. Kunphiti Har. Ture
And made garlands and bouquets out of them
Har. Ghalite Ga, Har. Ghalite Ambe Tula } (x2)
O Goddes, let us garland You!
Bhakt. Yetil. Dar.Shanas.
Devotees all come to receive Your Darshan

Tula Basayla Ga, Tula Basayla Chandanatza Pat., } (x2)
You rest on a sandalwood seat,
Tula Jevayla Tzandiche Tat.
And eat from a silver plate.
Puran-Porline Ga, Puran-Porline Hi Bhojanala, } (x2)
You eat the sweet chapati
Mukhi Tambul Dete Tula
After Your meal they offer You “pan”

Mazhya Manichi Ga, Mazhya Manichi Manas. Puja, } (x2)
With all their devotion and love they worship You,
Preme Arpili Asht.bhuja
Out of love, they make this offering to the eight-handed Goddess:
Khana Nar.lachi Ga, Khana Nar.lachi Oti Tula, } (x2)
They offer a coconut and an embroidered silk cloth as 'Oti' (asking for blessings)
Bhakt. Yetil. Dar.shanas.
Devotees all come to receive Your Darshan

LAKSHMI ALI

Chorus:
Lakshmi Ali
Tichi Krupa Amhavar. Zhali } (x3)

Ratnakhachit. To Mukut. Shiravar. (x2)
Karni Kundale Tarl.Pit. Bhari (x2)
Nayan. Shobhati Te Vamalapari (x2)
Kum Kum Bharli Tichi Krupa Amhavar. Zhali

Induvadan. Bimbadhar. Sundar. (x2)
Kund.Rav. Sansmit. Ruchikar. (x2)
Bhakta Davi Abhay. Varad. Kar. (x2)
Sannidh Thevi Tichi Krupa Amhavar. Zhali

Kesh. Mokarle Khandhyavar Ti (x2)
Harit. Kanchuki Bhuja Shobhati (x2)
Savrit Pivle Pitambar. Niguli (x2)
Krupe Nyaharli Tichi Krupa Amhavar. Zhali

Swabhaktana Shakti Tine Dili (x2)
Chinta Geli Bhyali Nimali (x2)
Anande Hi Srushti Kondali (x2)
Khari Dipawali Tichi Krupa Amhavar Zhali

Sant. Madhujan. Gati Nachati (x2)
Owarluniya Mangal. Ar.Ti (x2)
Prasad. Mishtanna Nach. Ganati (x2)
Tahan. Bhuk. Nimali Tichi Krupa Amhavar. Zhali

Vaikunthichya Harichi Rani (x2)
Jagadamba Gurukrupa Rupini (x2)
Vase Manachya Murli Sadhani (x2)
Aji Ko Karlali Tichi Krupa Amhavar. Zhali

Hashya Charachar. Vyapun. Geli (x2)
Bhaktan Sathi Sagun. Jaharli (x2)
Digambarachya Dasa Kawali (x2)
Nijkar Nijkar Kamali Tichi Krup Amhavar. Zhali

MAULINE THOTHAVILE DAAR

(Nirmal Sangeet Sarita; 'Bandagi", 'Mauli 1' & 'Sahaj Unlimited')

Chorus:

Mauline Thothavile Daar (x2)
Mother has knocked on your door
Houni Za Ata Gadya Paar (x2)
Now friend, cross the ocean (of maya by getting your realisation)
Sahajachya Bandhanat. Chaitanya Laharincha (x2)
In the bandhan of Sahaj the Divine vibrations
Nirantar. Hoi Tuj.Var. Vaar.
Will be showered upon you incessantly
Houni Za Ata Gadya Paar (x2)

Chittachya Ashwala Lagam. De Manacha (x2)
Control the horse of your attention by applying the reins of your vibrated heart
Hoshil. Mag. Savayi Ghoreshwar
Then you will become an expert horseman
Houni Za Ata Gadya Paar (x2)

Bahya Drushtila Ata Tu At. Orhuni Ghe (x2)
Your attention which is drifting with your external sight should be pulled in for introspection
Swa Kar.Macha Ho Tu Sakshidar
So that you become a witness to your own deeds
Houni Za Ata Gadya Paar (x2)

Na Mi Gunhegar Na Tu Konacha Gunhegar (x2)
Neither am I guilty nor are you guilty of anything
Athanga Sahajala Bhar.ti Phar
Because the unending massive ocean of Sahaj has plenty of tide which can absorb all the guilt.
Houni Za Ata Gadya Paar (x2)

PARABRAHMHA DEVA

Rup. Ek. Name
Rup. Ek. Name, Tujhi Re Anant.

Chorus:
Parabrahmha Deva, Tula Dand.Vat.
Parabrahmha Deva, Deva, Tula Dand.Vat
Parabrahmha Deva, Tula Dand. Vat.

Kunaca Kanhaiya, Kunacha Govind. (x2)
Kuni Vishnu Bhajani Sada Rahi Gung. (x2)
Kuni Nilakant. Pujito Manat. (x2)

Kuni Ghalito Sak.De Vitthalasi, Vitthalasi (x2)
Kuni Arth. Vidya Prabhu Ragh.Vasi (x2)
Kunacha Vase To Datt. Chintanat. (x2)

Mazha Rom. Rom. Tujhya Nami Range (x2)
Tujhi Murt. Deva Nayani Tarange (x2)
Mala Pam.Rala Dei Dei Hat. (x2)

Vitthala Deva, Vitthala!!!
Rup. Ek. Name (x3)
Tujhi Re Anant.

LAHAR.LA SAHAZACHA PATAKA

(Nirmal Sangeet Sarita - 'Bandagi')

Chorus:

Lahar.La Sahazacha Pataka Lahar.La! (x2)
The flag of Sahaj is unfurled, the flag of Sahaj is flying high (in the cool breeze of vibration).
Shubh. Sandesh. Hya Pirhicha (x2)
The present generation is heralding this auspicious message
Bhavishyakarlala (x2)
To future generations.
Lahar.La Sahazacha Pataka Lahar.La! (x2)

Chanchal. Chitt. Ata Thahar.Le (x2)
The unsteady mind is steadied.
Sarv. Gavasale Ze Ze Har.Vale (x2)
(as a result) All that was lost is discovered and found.
Vatsalyane Prem. Ghas. Bhar.Vile (x2)
Motherhood has fed morsels of love.
Ale Balas. Sahazachya Barlala!
(As a result) The child of Sahaj has blossomed in puppy fat!

Shiv.Shakticha Vajr. Kadad.La (x2)
The Power of Shiva through Trishul has struck.
Saitani Sankalp. Ho Phas.La (x2)
(As a result) All of satan's evil determination has failed.
Bhut.Badhecha Manorath. Dhalala (x2)
The plans of ghosts and evil spirits have collapsed.
Shaktirup. Durgecha Prakop. Pragat.La!
Enraged, Durga has now manifested herself in all her power and strength.

Drushyatunahi Adrushya Ho Dis.Le (x2)
The invisible has been seen through the visible (Subtle was seen through gross).
Nayanatuni Bhay. Paar Vilopale (x2)
(As a result) The fear has totally vanished from the eyes.
Tejaswini Ma Swarup. Prakhar.Le (x2)
Radiant Mother's face has got enhanced in its glow.
Adishakticha Hach. Khara Drushtant. Ho Tharala!
Which has proved to be the true vision of Adi Shakti actualized.



araswati has a Veena in Her hand and that Veena is the primordial instrument which She plays like music, and music penetrates into the heart. You don't know how it goes into you and how it works out. That is how a person who is Sahaja Yogi should permeate - like music. There are so many qualities as I told you which cannot be described in one lecture. But one of the greatest quality of Her's is that She ends up into subtler things like the Mother Earth will end up into fragrance. Music will end up into melody like that whatever She creates ends up into something greater.

Shri Saraswati Puja - 13 January 1983 - Dhulia - India

BRAMHA SHODHILE, BRAMHAND. MIRLALE

(Raga Hansadwani; Nirmal Sangeet Sarita - 'Bandagi')

Chorus:

Bramha Shodhile, Bramhand. Mirlale
I was searching for Divine vibrations,
Ai, Tujhiya Dhami (x2)
Mother, on Your doorstep...
Janmojanmachi Punyayi Az. Ali Majhiya Kami
All the accumulated righteousness of many a birth has today been put to proper use,
Ai, Tujhiya Dhami (x2)
Mother, on Your doorstep...

Chitta Pari Mam. Je Je Didh.Le (x2)
Whatever I perceived through the medium of my attention
Jignyase Te Te Shodhiyale (x2)
I searched for it through my curiosity;
Abhav. Maz.La Tivr. Bhas.Ta (x2)
Not satisfied, when my sense of deprivation became acute
Dag.Dalahi Mi Pujiyale (x2)
I even worshipped the stone.
Gamya Agamya Sarv.Chi Kar.Le (x2)
The known and the unknown, all were understood
Bhar.Ta Pokarli Rikami...
as soon as the void within me was filled with Your Divine vibrations,
Ai, Tujhiya Dhami (x2)
Mother, on Your doorstep...

Anubhutine Chaitanyachya (x2)
On the basis of the experience of the Divine vibrations
Swahrudayi Tuz. Mi Sakshiyale (x2)
I witnessed Your Purity in my heart.
Dharm.Satwahin. Nashwar. Ahe (x2)
So-called man-made religion is essenceless and perishable
Devavin. Maz. He Karlale (x2)
Without the presence of God, this I understood.
Satw. Asatw. Sarv.Chi Kar.Le (x2)
The essence and the nonsense I could discriminate
Maz.La Antar.Yami...
Within my purified inner heart
Ai, Tujhiya Dhami (x2)
Mother, on Your doorstep...

Suptatun. Mazha Jagruti Gheta (x2)
Having achieved awakening from dormancy
Dhyanatach. Man. Sthiravale (x2)
My mind has steadied in meditation.
Unepan. Gele Adhikahi Gele (x2)
My negativity went and so did my over-activity,
Santulan. He Mi Acharile (x2)
And I developed a balanced conduct.
Yatn. Prayatn. Nishphal. Thar.Le (x2)
All attempted efforts proved futile

Vilopali Shri Char.Ni...
And have now vanished on Your Lotus Feet
Ai, Tujhiya Dhami (x2)
Mother, on Your doorsteps...

Tuch. Adi, Tuch. Anadi, (x2)
You are the beginning and You are the Eternal
Tu Bramhand., He Zaniyale (x2)
And You are the Universe, this I have realised.
Parivar.Tit. Mangal. Jivan. He (x2)
This transformed auspicious lifestyle
Krupet. Tujhiya Ubhariyale (x2)
I have replanted in Your Grace
Tav. Shaktine Kalp.Tarula (x2)
On this visionary tree of desire, through Your Divine Power,
De Yogache Pani...
Kindly pour this Water of Yoga
Ai, Tujhiya Dhami (x2)
Mother, on Your doorstep...

DEKHILA VANDILA

Dev. Dev. Kuni Pahila
Dev. Kona Sange Bolela
Matajinchya Rupa Madhye (x2)
Dekhila Vandila...
Dev. Dev. Kuni Pahila
Dev. Kona Sange Bolela

Amha Mulanche Karita Poshan. } (x2)
Dukha Pasun. Kari Sauravshan. }
Jinchya Krupene Mahapapancha (x2)
Parat. Phire Dalla...

Sagun. Rupane The Kruthvivar. } (x2)
Bhakt. Denya Abhaya Mod.Var. }
Jinchya Darshane Mahsukhancha (x2)
Ogh Khula Jhala...

Adishakti, Adi Janani } (x2)
Sahaj. Jag.Vi Ji Kundalini }
Marg. Prapticha Sahaj. Sulabhasa (x2)
Marg. Jine Davila...

MATAJI TUM.CHI DAYA

Mataji, Tum.Chi Daya, Amhas. Labhude
Shri Mataji, Tum.Chi Daya Amhas. Labhude
Tum.Chiya Jagat. Shanti,
Saukhya Labhude...

Chorus:
Mataji, Shri Mataji, Tum.Chi Daya.
Amhas. Labhude
Mataji Tum.Chi Daya Amhas. Labhude
Tum.Chiya Jagat. Shanti,
Saukhya Labhude...
Mataji, Shri Mataji, Tum.Chi Daya,
Amhas. Labhude

Jagat. Vatsala Kali Anahat. Bhumi Jahali (x2)
Karanyat.La Kumhar (x2)
Shakti Labhude...

Akrandan. Kariti Din. Swarth. Pari Daya Vihin. (x2)
Bhavanyas. Ha Kela (x2)
Paya Labhude...

Vivek. Sayyam. Dhir. Shraddha Karun. Apaar. (x2)
Sarv. Dharm. Ek. Bhav. (x2)
Mati Labhude...

Sat-Asat Sadaiv. Mishr.,
Kon. Shatru, Kon. Mitr. } (x2)
Nivadanitz. Karanyachi (x2)
Buddi Labhude...

MAHARASHTR. DESHA

('The Universe Sings')

Chorus:

Maharashtr. Desha Jagrut. Karuya Kavale Karun. (x2)
Let us awaken this country of Maharashtra singing poems
Jagruti Mohim. Hati Gheuya Vinamr. Houn.
We will carry out this work of awakening with complete surrender

Shri Gan.Raya Pranam. Amucha (x2)
We will bow to Shri Ganesha
Shuddh. Mata Dhyavi
Let us have pure wisdom
Adishaktila Pranam. Amucha
We will bow to Adi Shakti
Shuddh. Buddhi Dyavi
Let us have pure understanding
Sahaj Yogachi Vinanti Eka, Tumhi Yogijan.
Please listen to the Sahaja Yogis' request, you, saintly people
Jagruti Mohim. Hati Gheuya
We will carry out this work of awakening
Vinamr. Houn.
With complete surrender.

Kundalinila Jagruti Yeta (x2)
When Kundalini awakens
Brahmashakti Vah.te
Then the power of Brahma flows in our hand
Brahmashaktichya Krupa Prasade
With this power of Brahma bestowed on us
Asuri Shakti Jal.Te
The negative forces are burned away
Shuddh.Buddhicha Prasad. Karuya Nir.mal. Houn.
With the gift of pure wisdom we will become pure
Jagruti Mohim. Hati Gheuya
We will carry on this work of awakening
Vinamr. Houn.
With complete surrender.

Jyotimadhuni Jyot. Ujaluya (x2)
We will enlighten one candle after another
Prem. Bhav.ne Ne
With love in our hearts
Sahaj Yogachi Prarth.na Ata
We will pray for Sahaja Yoga
Shuddh. Bhav.ne Ne
With purity in our hearts
Adishaktiche Mantr. Phulavuya Jaagrut. Houn.
We will chant the mantras of Adi Shakti
Jagruti Mohim. Hati Gheuya
We will carry on this work of awakening
Vinamr. Houn.
With complete surrender

VAND.NA, VAND.NA

Devi Mata Tula

Chorus:
Vand.Na, Vand.Na
Devi Mata Tula } (x2)
Vand.Na, Vand.Na ...
Sahaj. Yogi Amha
Hasav. Nij. Nand.Na ...
Vand.Na, Vand.Na,
Devi Mata Tula
Vand.Na, Vand.Na ...

Atm.Bal. Jag.Le, Sahaj. Yogamule (x2)
Nir.Mala Mata Char.Ni Gyan. Tav. Labhale
Atm.Bal. Jag.Le, Sahaj. Yogamule
Nir.Mala Mata Char.Ni Gyan. Tav. Labhale
Shanti Mamata Mani, Labh.Li Prer.Na ...

Gun. Tuzhe Rekhita, Thamb.Li Lekh.Ni (x2)
Kirti Tav. Gaav.Ya, Stimit. Ho Ragini
Gun. Tuzhe Rekhita, Thamb.Li Lekh.Ni
Kirti Tav. Gaav.Ya, Stimit. Ho Ragini
Sahaj. Yogini Tu, Thor. Tav. Sadh.Na ...

Sahaj.Yogatali, Pragatichi Paule (x2)
Pahashi Kautuke, He Yashache Male
Sahaj.Yogatali, Pragatichi Paule
Pahashi Kautuke, He Yashache Male
Divya Ashish. Maj.La Tumhi Dya Punha ...

AMBE, DE MAZ. ASHIRVAD

Ambe, De Maz. Ashirvad. **(Chorus x3)**

Var.Dayini Tu, Vishw.Tarini (x2)
Shiv. Shankar. Tav.Nath.

Jagadamba Tu, Shakti Dayini (x2)
Mata, Amuchi Bhav.Bhay.Har.Ni (x2)
Dusht.Durjana Tu Samhari (x2)
Vandan. Tav. Char.Nas.

Asht.Bhuja Tu, Chamundeshvari (x2)
Ayi Bhavani, Tu Tul.Zhapuri (x2)
Renukatz. Tu, Mahuri Shikhari (x2)
Kari Maz. Si Sauvad

Durga, Tara Tuzhitz. Rupe (x2)
Dar.Shan. Matre Jalatil. Pape (x2)
Thak.Le Man. He, Ghe Bhav.Tape (x2)
Dhav Ata Nimishar.Tha

Santoshi Tu, Nij.Bhaktaprati (x2)
Anusuya Tu, Devi Mahasati (x2)
Panch.Prane Karuni Aar.Ti (x2)
Kamal.–Sut. Hrudayat.



TUJHYA PUJANI

(Raga Yaman; Nirmal Sangeet Sarita' - The Glow of Love')

Chorus:

Tujhya Pujani Archani Lin. Vhave
We are totally lost in prayer at Your Lotus Feet while doing Your Puja
Tujhe Nirmala Nam. Amhi Smarave } (x2)
Then we chant Your name Nirmala in all reverence.
Tujhe Nirmala Nam. Amhi Smarave

Tujhya Darshanala Amhi Roj. Yave
May we come for Your Darshan (to take a glimpse) daily
Tujhya Mandiri Git. Amhi Mhanave
May we sing Your praise in Your Temple
Tujhya Kirtani Ratri Ranguni Jave
We get totally drowned and involved while singing Your kirtan (narrative praise) in the night
Tujhe Nirmala Nam. Amhi Smarave
Then we chant Your name Nirmala in all reverence.

Amhala Visava Prapanchamadhye Tu (x2)
You provide us succour and relief from mundane happenings in our daily routine
Amha Pathirakhi Bhavishyamadhye Tu
We are assured that You are there to protect us in our future also
Amhala Visava Prapanchamadhye Tu
You provide us succour and relief from mundane happenings in our daily routine
Amha Pathirakhi Bhavishyamadhye Tu
We are assured that You are there to protect us in our future also
Tujhya Char.nache Amhi Das. Vhave
We wish to serve at Your Lotus Feet with all our dedication and devotion
Tujhe Nirmala Nam. Amhi Smarave
Then we chant Your name Nirmala in all reverence.

Tuva Davila Mukticha Marg. Amha
You have shown us the path of redemption and salvation
Tuva Davila Bhakticha Swarg. Amha } (x2)
You have also shown us the paradise through our devotion (Bhakti) towards You
Tujhya Kirtiche God.Ve Nity. Gave
May we always sing the sweet praise of Your glory and fame
Tujhe Nirmala Nam. Amhi Smarave
Then we chant Your name Nirmala in all reverence.

NAMAN. NIRMALA MATA

(Pune Yuva Shakti)

Bhuvari Ali, Adishakti Mata (x2)
Uddharanya Sarv. Jana (x2)
Rup. Ne Sajire, Nir.Mala Mata (x2)
Zag.vi Sacchidananda (x2)

Naman. Nirmala Mata,
Tumh. Naman. Nirmala Mata } (x4)

Sahastrakoti Suryache Tej. (x2)
Shobhatase Tumchya Vad.Na (x2)
Dhariyenya Sarv. Dev.Ta Tumhi (x2)
Namiti Tum.Chya Char.Na (x2)

Muladhari Yeta, Gajanan. Dev.Ta (x2)
Magu Nayan.Si Suj.Ta (x2)
Swadishthani Namuya Saraswati Brahma (x2)
Deyi Je Sarva Shudh. Vidya (x2)

Manipuri Vanduya Lakshmi Narayan. (x2)
Jagrut. Kari Je Dharma (x2)
Paar. Karaya Bhav.Sagarala (x2)
Vanduya Adigurudatta (x2)

Rudayi Smara Tya Sambh. Shivala(x2)
Zag.Vi Jo Atm.Tatwa (x2)
Anahati Rahe Durga Mata (x2)
Rakshiji Sarv. Lek.Ra (x2)

Radhakrushna Vanduya Vishuddhi Chakra (x2)
Vad.Vidya Samuhik.Ta (x2)
Kshamechya Haya Dev.Ta Yeshu Mary (x2)
Magu Nayanchi Kshama
Karu Sarvana Kshama

Sahastrari Vanduya Nir.Mala Mata (x2)
Deyi Je Sarva Sahaj.Yoga (x2)
Rag.Vi Tya Kundalini Sarv. Jananchya (x2)
Sod.Vi Tya Janmanchya Ferya (x2)

MATECHE GONDHARI

(Prakash Kote; 'Sahaj Unlimited')

Chorus:

Gondhari, Amhi Gondhari (x2)
We are the praisers of the Mother
Aiche Gondhari, Amhi Mateche Gondhari (x2)
We are the praisers of the Mother
Gondhari, Amhi Gondhari (x2)

Zhala Dharmacha Bazar., Uth.la Sarvacha–Azar. (x2)
The Dharma has lost its meaning, there was an epidemic of ego
Lakar Baghun. Bejar., Ayi Ali Dhartivar (x2)
The children became harassed, so the Mother came on the earth

Maya Ayichi Uthali, Doki Shatrunchi Phut.li (x2)
The love of the Mother manifested, the enemies were destroyed
Dori Papanchi Tut.li, Shakti Ali Dhartivar. (x2)
The end of the sins is approaching, the Shakti has come on the earth

Dil. Yogach. Avhan., Adva Padla Ho Saitan. (x2)
She challenged the devils with Her Yoga, and they were destroyed
Zhalo Bhaktit. Bebhan., Swarg Dis.la Dhartivar. (x2)
We have gotten lost in Her devotion, we saw the Heaven and the earth

Sthan. Devach. Janal., Adishaktila Manal. (x2)
We recognised God and we started adoring the Adi Shakti
Tichya Puj.La Bandhal., Divandi Pitli Gavbhar. (x2)
We worshipped Her and the whole village knew this

Gav Ultan. Ala Sara, Dhenya Aichya Bhandara (x2)
The whole village came back to us to take the blessings from Mother
Tin. Kela Ho Ishara, Ij. Ali Angavar. (x2)
She made a sign and all felt the love of God

Hit. Nahi Khel Khanduba, Kara Fakt. Toba Toba (x2)
In Sahaja Yoga, it is not wastage of life (like with false gurus)
Hit. Devashich Dharuba, Manda Tyachache Sansar. (x2)
Here we have direct relation with God Himself and one love to spread only His message

Nahi Sangat. Ata Phar., Je Al. Te Zhalat. Par. (x2)
I am not going to tell you more, those who came have got their realisation
Kara Bhakticha Bigar., Haya Ho Mokshacha Pagar. (x2)
You only have to have devotion and you will certainly get the Moksha (liberation).

GONDHAL. MANDILA *(Long Version)*

Mayetza Niz.Rup. Aitza Gondhal. Mandila
An. Gondhal. Mandila Na Deva Gondhalala Yav.

Ude Ga Ambabai, Ai Ude Ga Ambabai (x2)

E Moreshvar. Gana, Gondhala Yave
Vayitzya Ganapati, Gondhala Yave
Kolhapurchi Laksh.Mi, Punyachi Parvati
Sattarchi Mangalayi, Gondhala Yave
Gondhala Yave, Tumhi Gondhala Yave (x2)

Ruta Koy.Namai, Gondhala Yave
Tulzhapurchi Bhavani, Gondhala Yave
Patalnicha Bhairav Deva, Nashikchya Kalurama
Phaltanchya Rama, Tumhi Gondhala Yave
Gondhala Yave, Tumhi Gondhala Yave (x2)

Mhas.Vad Siddha, Gondhala Yave
Ratnagiri Jyotiba, Gondhala Yave
Karandi Yelobai, Kauthyanchi Yamabai
Junnarchi Shivabai, Gondhala Yave
Gondhala Yave, Tumhi Gondhala Yave (x2)

Vadi Ghoryachi Bolai, Gondhala Yave
E Satisamindara, Gondhala Yave
E Naw.Lath. Tarangala, Gondhala Yave
Bhartari Mata, Agachi Pita Na Ahilya, Sahilya
Bhaktanchya Gala
Tehtis Koti Deva Gondhala Yave
Gondhala Yave, Tumhi Gondhala Yave (x2)

Ude, Ude, Ude, Ude, Ude, Ude, Ude, Ude ... !

Ambabaichya Navan. Gondhul. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Aho Karan.-Karan. Amhi Gondhul. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave

Chorus:
Amhi Gondhali Gondhali (x2)
Aitze Gondhali Ho, Matetze Gondhali
Amhi Aitze Gondhali Ho, Mateze Gondhali
Ude, Ude, Ude, Ude, Ude, Ude, Ude, Ude ... !

Deva Karan. Bhakt. Karan. Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
E Kulaswamini Pujya Devata Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Tujhya Karan. Nam.La Lagun. Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave

(Chorus)

Dongaraichya Nava N. Ho Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Kulaswamichya Nava N. Ho Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Yamaichya Nava N. Ho Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave

(Chorus)

Tujhya Karan., Bhakt. Dhav.La Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Zuryazuryan. Rajya Karav. Gondhal. Mandila
Gondhal. Mandila Na Deva Gondhalala Yave
Tumha Karan. Namr. Ho Un. Gondhal. Mandila
Gondhal. Mandila Na Deva Gonghalala Yave

(Chorus)

PAYALA NAMAN.

Payala Naman. Ho Karito Vandan.
Payala Naman. Ho Payala Naman.
Tumhi Aika Ho Gunijan. Mi Karito Kathan.
Payala Naman. Ho Payala Naman. } (x2)

Are Ho ....

Payla Naman. Karuni Vandan.
Ida Manduna, Ida Devala
Ida Gavala, Ida Patlala
Ani-Ida Mandarila ...

Amhi Sang.To Naman. Tumhi Aika Ho Gunijan.
Payala Naman. Ho Payala Naman.
Amhi Karito Kathan. Tumhi Aika Ho Gunijan.
Payala Naman. Ho Payala Naman.

Vis. Katali Hara Amhi Ghet. Phule (x4)
Az. Ghaz. Gauri Var. Tzavari Dule (x2)
Vis. Katali Hara Amhi Ghet. Phule (x4)
Lahan. Mula Muli Zamuna Chimukali (x2)
Khel. Bhatukalitza Khelatan. Natali (x2)
Akalechya Chikhalat. Netr. Phule (x2)
Vis. Katali Hara Amhi Ghet. Phule (x4)

E Ganpati Ala Ann. Natzun. Gela, Ra
Ganpati Ala Ann. Natzun. Gela } (x2)
O Nat.Var. Par. Mang. Zala, Ra
Nat.Var. Par. Mang. Zala
E Ganpati Ala Ann. Natzun. Gela, Ra
Ganpati Ala Ann. Natzun. Gela } (x2)

Are Ho ...

Payala Naman. Ho Karito Vandan.
Payala Naman. Ho Payala Naman.
(Repeat)

JIVAN. HE TAV. CHAR.NI

Jivan. He Tav. Char.Ni, Mate Ar.Piyale (x4)

Tu Mata, Mi Balak. (x2)
Akshay. He Pale
Mate Tu Didh.Le

Tu Av.Ni Tuch. Gagan. (x2)
Tu Jivan. Tuch. Pavan. (x2)
Vyapuniyaa Sarv. Bhuvan. (x2)
Tishthasi Darshanule

Duritansi Dahak.Tu (x2)
Bhaktansi Shital. Tu (x2)
Tav. Jyoticha Teje (x2)
Vishwa He Prakashale

Saumya Tej. Hasya Vadan. (x2)
Antari Tav. Sapt. Bhuvan. (x2)
Ek. Asuni Tu Anek. (x2)
Charachara Vyarpiyale

Nav. Jivan. Tu Didh.Le (x2)
Sthiti Tinhi Palikadale (x2)
Dipasam. Mam Tanus (x2)
Mahadip. Ban.Vile

Tu Mata, Mi Balak. (x2)
Akshay. He Pale
Mate Tu Didh.Le

PRABHU MAZHA MALA JEVHA

(Marathi Hymn Book)

Chorus:

Prabhu Mazha Mala Jevha Base Gheun. Ekanti
When I am alone with my God (in meditation)
Kiti Varnu Mala Tevha Ghade Ji Ho Sukhaprapti
The Joy which I feel is beyond any description

Mala Pahi Prabhusange Duratma Tai Pale Duri
When I am in the company of God, all evils run away
Gale Samarthya Mohache Nure Koni Kuthe Vairi
All the ocean of illusion is vanished, nobody stands against me

Mala Bodhamrut. Paji Sada Dei Navi Trupti
Every time I experienced the Divine knowledge, I experienced the new satisfaction and Divine joy
Kuthe Chinta Kuthe Duhkhe Kshane Sari Laya Jati
All the moments of worries and sorrows vanish

Prabhu Sange Mile Jiva Nase Kothe Tashi Shanti
Nowhere can I get the place which I get by union with God almighty
Prabhu Mazha Swaye Niti Prabhu Mazha Swaye Priti
My God Himself is morality and love.



KADHI, KADHI

(Kabir)

Majitz. Hakk Maz.La (x2)
Yete Kadhi Kadhi
Majitz. Hakk Maz.La
Yete Kadhi Kadhi
Gar.Dit. Shoddh. Mazha(x2)
Ghete Kadhi Kadhi
Majitz. Hakk Maz.La
Yete Kadhi Kadhi
Gar.Dit. Shoddh. Mazha
Ghete Kadhi Kadhi

Andhar. Ved.Nancha (x2)
Ghela Lutun. Chandra } (x2)
Andhar. Ved.Nancha
Ghela Lutun. Chandra
Tzahul. Tzandanachi (x2)
Yete Kadhi Kadhi } (x2)
Gar.Dit. Shoddh. Mazha
Ghete Kadhi Kadhi

Awaz. Ha ... Awaz. ... Awaz. ...
Awaz. Ha Kunatza Alhe Kunitz Nahi (x2)
Hi Dhul Anganichi (x2)
Gate Kadhi Kadhi } (x2)
Gar.Dit. Shoddh. Mazha
Ghete Kadhi Kadhi

Parkya Gharat. Maja (x2)
Parkya Gharat. Mazhya Kaule Hi Sukhachi (x2)
Majetz. Dhuk. Ata (x2)
Has.Te Kadhi Kadhi } (x2)
Gar.Dit. Shoddh. Mazha
Ghete Kadhi Kadhi
Majitz. Hakk Maz.La
Yete Kadhi Kadhi

OMKAR. PRADHAN. RUPA GANESHANCHE

(Saint Tukaram; 'On the Path of Sahaj' & 'Music of Joy 2')

Chorus:

Omkar. Pradhan. Rupa Ganeshantse (x2)
Omkara is the principal form of Shri Ganesh
He Tinhi Devantse Jan Masthan. (x2)
The very birthplace of these three Gods
Omkar. Pradhan. Rupa Ganeshantse (x2)
Omkara is the principal form of Shri Ganesh

Akar. To Bramha, Ukara To Vishnu (x2)
Shri Brahmadeva resides in the 'A', Shri Vishnu in the 'U'
Makar. Mahesha Zaniyela
And Shri Shiva (Mahesh) in the 'M'

Aise Tinhi Deva, Jethuni Utpanna (x2)
All the three Gods were born
Toha Gajanan. Mayabapa
Out of Gajanana Mayabapa (Shri Ganesh).

Tuka Mhane Aisi, Ahe Ved.wani (x2)
Tukaram says: 'This is the work of the Vedas!
Pahavi Purani Vyasachiya
Search the Holy Scriptures of Vyasa!'



OMKAR. SWARUPA

(Saint Eknath; Raga: Bhairagi; Suresh Wadkar - 'Omkara Swarupa')

Omkar. Swarupa .... (x3)
Tuz. Namo (x3)
O Embodiment of Omkara, Salutations to You!

Chorus:
Omkar. Swarupa Sadguru Samartha (x2)
O Embodiment of Omkara, All-Powerful Sat-Guru
Anathachya Natha
Lord of all those who are helpless
Tuz. Namo (x5)

Namo May.bapa Guru Krupadhana
Salutations to You who are our Mother and Father, Treasure of Mercy and Grace!
Toriya Bandh.na Maya Moha } (x2)
You break the bindings of illusions and worldly temptations
Moh.jal. Mazhe Kon. Nir.shil.
Who will take me out of my weaknesses
Tuz.Vin. Dayala Sadgururaya (x2)
If not You, my compassionate Sat-Guru?
Tuz. Namo (x9)

Sadgururaya Mazha Anand.sagar.
My Sat-Guru is an ocean of joy and happiness
Trailokya Adhar. Gururav. (x3)
He is the Support of this universe and of the three worlds
Gururav. Swami Aseswayamprakash. (x2)
My Master, My Guru, He is the embodiment of Light
Jyapurhe Udas. Chandr. Ravi (x3)
In front of Him, even the sun and the moon appear as dull
Ravi, Shashi, Ag.Ni, Nen.tichya Rupa (x2)
He is Himself in the form of the sun and moon
Swatprakash. Rupa Nene Ved. (x3)
He is both the Light and the Vedas
Tuz. Namo
Swatprakash. Rupa Nene Ved., Tuz. Namo
Tuz. Namo (x3)

Eka Janardani Guru Parabramha (x2)
Eknath says: 'My Guru verily is Parabramha.
Tayatze Painam Sada Mukhi (x3)
His name always dwells in my mouth.'
Tuz. Namo
Tayatze Painam Sada Mukhi
Tuz. Namo (x3) Tuz. Namo (x ...)

Note: for poetic translation by Babamama, see Appendix.

TUZHE RUP. PAHUNIYA

(*Nirmal Sangeet Sarita - 'Glow of Love')*

Chorus:

Tuzhe Rup. Pahuniya (x2)
Seeing Your serene and majestic state,
Mi Dangg. Zhalo, Ai
We stand stunned and astonished.
Tuzhe Rup. Pahuniya, Mi Dangg. Zalo
Seeing Your serene and majestic state, we stand stunned and astonished.
Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)
Just by chanting Your name I am blessed.
Tuzhe Rup. Pahuniya

Tuch. Maulihi Amuchi, Tuzhya Savalit. Alo (x2)
You are our beloved Mother and we are protected by Your shadow from the scorches of sin and evil.
Tuzhya Chintani Mi Ranguni Samadist. Zhalo (x2)
By going into meditation I have risen above the conscious level and have thus achieved my samadhi.
Tuzhya Charanachi Dhul. Kapali Milyalo
Having come in such a state I applied the dust of Your Lotus Feet to my forehead as a gesture of my reverence to You.
Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)
Just by chanting Your name I am blessed.
Tuzhe Rup. Pahuniya

Nirmal Ase Rup. Zanu Prakashachi Jyot. (x2)
Your Divine appearance is as radiant as the glow which banishes darkness.
Niranandachi Tu An., Premachi Dor., Amhi Mot. (x2)
We are the containers getting filled in the well of Your Nirananda, pulled by the rope of love.
Hya, Arpanane Ai Zanu, Amrut. Mi Pyalo
With this surrender of dipping my container (body) in the Niranand I feel I am drinking nectar with every dip I take in Your well of everlasting joy.
Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)
Just by chanting Your name I am blessed.
Tuzhe Rup. Pahuniya

Kuni Mhane Lakshmi Tula, Kuni Mhane Saai (x2)
Some call You by the name of Lakshmi and some call You Sai (Sai Baba of Shirdi).
Kuni Mhane Saraswati, Amhi Mhanu Aai (x2)
Some call You Saraswati but we call You Mother.
Tuzhya Navane Ga Aai, Pavan. Mi Zhalo
I get sanctified and purified by chanting Your very name.
Tuzhe Nam. Gheta, Gheta, Mi Dhanya Zhalo (x2)
Just by chanting Your name I am blessed.

NIRMALA, KITI VARANAVI TUJHIGA STUTI

(Raga: Bhimpalasi, one of Shri Mataji's favourite Ragas
Nirmal Sangeet Sarita; 'Glow of Love' , 'Sahaj Unlimited' & 'Mauli 2')

Baba Mama, (March 1990): This is what the brother has written for the sister: "O Nirmala, my sister, how much should I praise You? Because You have given the human being the experience of God".

Chorus:

Nirmala, Kiti Varanavi Tujhi ga Stuti (x2)
Words are inadequate to describe all Your qualities and praise them
Man.Vala Detes., Man.Vala Detes. Devachi Anubhuti
You have given the experience of Divinity to mankind
Nirmala, Kiti Varanavi Tujhig. Stuti (x2)
Words are inadequate to describe all Your qualities and praise them

Murlicha Swarat. Tu, Hrud. Spandacha Layita Tu (x2)
I have experienced You in the notes of the flute, and in the rhythm of the heartbeat
Anandacha Sarit. Tu, Sagaracha Bhartit. Tu
You also exist in every moment of joy, You are present in the high tide of the ocean.

Prematsa Sapeksh. Tu, Dhar.matsa Apeksh. Tu (x2)
You are the One Who connects us to eternal love, You are the foundation of all religion
Kar.matse Mokshatsa Tu, Mar.matse Laksh. hi Tu
You are the salvation of all our deeds (You are the end of karma), You are the ultimate of all the essences.

Manav.teche Tatw. Tu, Nirgunantse Sattw. Tu (x2)
You are the principle behind all human value systems, You are the purity of the formless
Kartutwache Kartutwa Tu, Jivananche Astitwa Tu
You are the chivalry of the chivalrous* (You are the action behind all the duties we are bound to do), You are the very existence of life.

Sangeetatsa Sur. Tu, *(Solos, x...)* **Prematsa Mahapur. Tu** (x2)
You are the melody of the music, You are the overflow of the river of love.
Denyasathi Atur. Tu, Anandatsa Sagar. Tu
You are eager to give generously, You are the ocean of everlasting joy.
(You are the flood of love, which You are very anxious to share with others).

Kiti Varnavi Tujhi Ga Stuti (x...)
Words are inadequate to describe all Your qualities and praise them.

* This line given by Shri Mataji, March 1990.

ANDHAR. PHAR. AHE

(Kabir)

Pan.Ti Zapun. Theva (x2)
Andhar. Phar. Ahe (x2)

Thora Ujed. Theva (x2)

Chorus:
Andhar. Phar. Ahe (x2)

Ale Chahu Dishani (x2) } (x2)
Tufan. Vismrutiche
Tufan. Vismrutiche
Nati Zapun. Theva (x2)

Shishira Taya Divyat. (x2) } (x2)
He Godhatil. Shant.
He Godhatil. Shant.
Hrudaye Zapun. Theva (x2)

Karlya Dhagat. Viz. (x2) } (x2)
Ahe Punha Tapun.
Ahe Punha Tapun.
Gharati Zapun. Theva (x2)

Shodhat. Kasturichya (x2) } (x2)
Ahet. Paradhi He
Ahet. Paradhi He
Har.Ne Zapun. Theva (x2)

Wat.Til Par.Ke (x2) } (x2)
Aphulech. Shwas. Ata
Aphulech. Shwas. Ata
Hatat. Hat. Theva (x2)

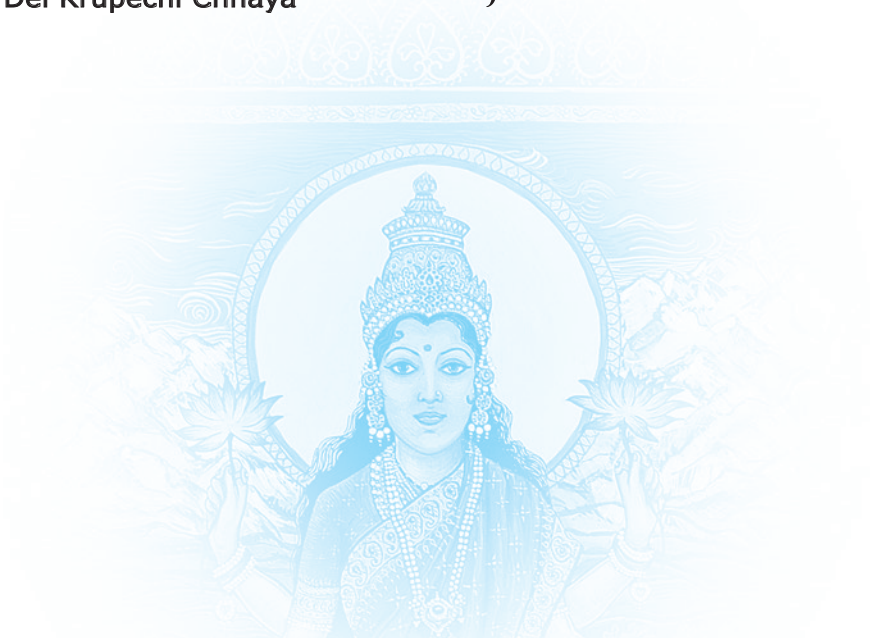
PRATHAM. TULA VANDITO

Pratham. Tula Vandito Krupala (x2)
Gajanana Gan.Raya ... (x2) (Chorus)
Pratham. Tula Vandito Krupala (x2)

Vighnavinashak. Gunijan.Palak.
Durit. Timir. Har.Ta } (x2)
Sukh.Karak. Tu Vitt.Vidarak.
Tuch. Tujhyasar.Kha } (x2)
Vakr.Tunda Bramhand.Nayaka
Vinayaka Karunaya } (x2)

Siddhivinayak. Tuch. Ananta
Shivatm. Dya Mangala } (x2)
Sindhur.Vadana Vidyadisha
Jyadipa Vatsala } (x2)
Divya Ishvara Sahayya Karave
Ha Bhav.Sindhu Laraya } (x2)

Gaj.Vadana Tav. Rup. Manohar.,
Shukrandan Shiv.Suta } (x2)
Chintamani Tu Asht.Vinayak.,
Sakalanchi Devata } (x2)
Riddhi-Siddhichya Varajyaya,
Dei Krupechi Chhaya } (x2)



GAJANANA SHRI GAN.RAYA

Chorus:

Gajanana Shri Gan.raya
O Gajanana (Elephant headed), Ganaraya (Lord of Ganas),
Adi Vandhu Tujh. Moraya } (x2)
Our first praise goes to You, Moraya!
Mangal. Murti Shri Gan.raya
Shri Ganaraya, auspicious Form,
Adi Vandhu Tujh. Moraya
Our first praise goes to You, Moraya!
Gajanana Shri Gan.raya
O Gajanana (Elephant headed), Ganaraya (Lord of Ganas),
Adi Vandhu Tujh. Moraya } (x2)
Our first praise goes to You, Moraya!

Sindhur. Chaichit. Dhavali Ang. (x2)
Your whole body is the colour of sindhur (coral red powder).
Chandan. Uthi Khul.Virang. Khul. Virang.
The sandalwood paste adding to Your beauty.
Baghata Manas. Hote Dang. Hote Dang.
After witnessing Your Form, O Lord, we get lost in ecstasy.
Jiv. Jad.La Charani Tujhiya
Our whole life we abandon at Your Lotus Feet.
Adi Vandhu Tujh. Moraya
Our first praise goes to You, Moraya!

Gauri Tanaya Bhal.chandra (x2)
Son of Gauri, Bhalachandra (wearing the moon as a crest jewel),
Deva Krupecha Tu Samudra, Tu Samudra
O God, You are the Ocean of Grace.
Var.Da Vinayak. Karun. Gara, Karun. Gara
O Vinayaka, Giver of blessings, Ocean of compassion,
Av.ghe Vigh.ne Nisi Vilaya
Please remove all obstacles!
Adi Vandhu Tujh. Moraya
Our first praise goes to You, Moraya!

GAN.NAYAKA SHUBH.DAYAKA

Chorus:
Gan.nayaka...
Gan.nayaka Shubh.dayaka
Yave Tumhi Giri Khandara
Sainyadhricha Hrudaya Madhye
Lenyadricha Ya Mandira
Gan.nayaka...

Shiv. Nericha Shiv. Shambhucha
Sahavas. Pavan. Labhala
Pukali Giri Tav. Mandiri
Ho Punya Sanchay. Avara
Giri Jatmaja...,
Giri Jatmaja Tav. Murti He
Sindhur. Char.chit. Sundara

Toduniya Bhav. Pash. He
Bhav. Talacha Gun.ha Tuni
Tapi Vaisale Bahu Kasht.le
Ka Viarth.te Yogi Muni
Bhakti Tujhi...,
Bhakti Tujhi Sukh.dayini
Sap.ka Uga Mag. Achara



ZULZUL VAHE

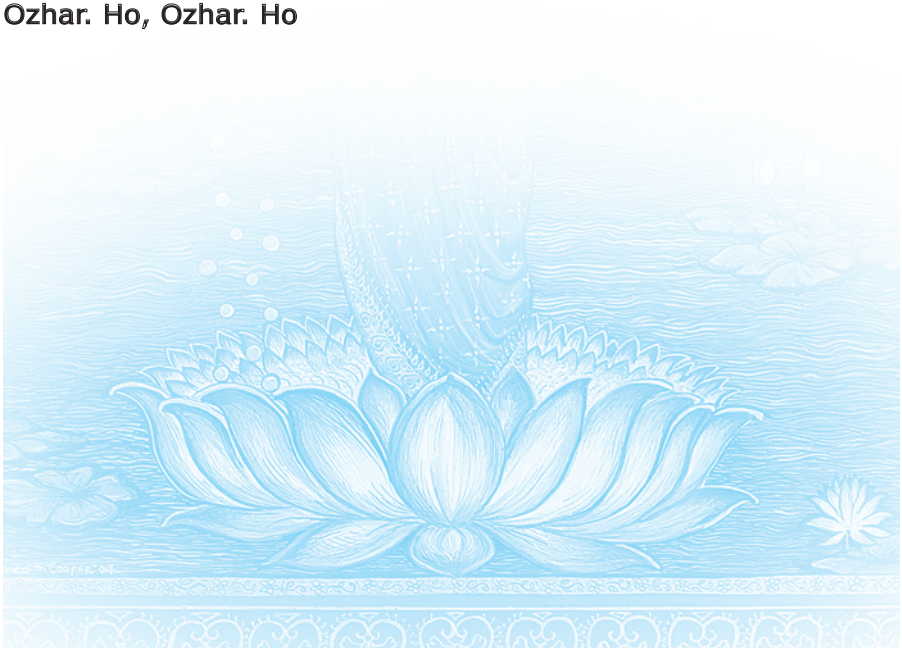
(Ganesha Bhajan)

Chorus:

Zulzul Vahe Punya Jarlatsa
Nir.zar. Ho, Nir.zar. Ho
Shri Vighneshwar. Sadhana Shubhankar.
Ozhar. Ho, Ozhar. Ho

Gan.Rayala Vigh.nasur. Ye
Sharan. Jite, Sharan. Jite } (x2)
Bhakta Janana Bhay. Davil. Ka
Maran. Tite, Maran. Tite
He Vigh.neshwar. Charan. Dayeche
Pazhar. Ho, Pazhar. Ho
Shri Vigh.neshwar. Sadhana Shubhankar.
Ozhar. Ho, Ozhar. Ho

Krushna Shirletsa Mushak. Dhave
Da– Rashi, Da– Rashi } (x2)
Taisha Par.te Bhaktancha
Sankat. Rashi, Sankat. Rashi
Bhovya Chirante Mandir. Hechir.
Sundar. Ho, Sundar. Ho
Shri Vighneshwar. Sadhana Shubhankar.
Ozhar. Ho, Ozhar. Ho



MARAN.TSE MELE

(Rev Narayan Waman Tilak; Marathi Hymn Book
Nirmal Sangeet Sarita - 'Atma Ki Chadar' - Sheet of Soul)

Chorus:

Maran.Tse Mele
Prabhu Mazhe Vijayi Zhale } (x3)

In the resurrection of Christ, death has suffered a humiliating defeat by its own death, and my Lord has emerged out victorious over death.

Pashchim. Nat.li, Purava Hi Nat.li (x2)

To celebrate the resurrection of the Lord, the whole Cosmos appears to be jubilant and have decked up to welcome the victorious Lord.

Var. Dutanchi Sainya Bhar.li (x2)

Likewise, even in Heaven, Angels have assembled like an army to accord their welcome to the resurrected.

Anuraga Madhye Priti Ram.li (x2)

Their belief and love in Christ is further accentuated by the Resurrection.

Maran.tse Rad.le Prabhu Mazhe Vijayi Zhale

Seeing all these celebrations, Death wept bitterly on its defeat.

Tav. Gar.tachi Hasu Lag.li (x2)

Everyone was in a mood of enjoyment and they were laughing merrily.

Nisar.va Ne Phule Udhalali (x2)

The nature also expresses its joy by showering the flowers all over.

Sant. Mahante Shire Lav Vili (x2)

Saints and Seers bow down in sheer reverence.

Bhakt.hi Nam.le Prabhu Mazhe Vijayi Zhale

Even the devotees bowed down in surrender, thus showing their devotion and faith in Jesus Christ.

Nav Balala Naman. Karu Ya (x2)

In resurrection, Christ was reborn and to this newborn we bow down and salute in reverence.

Nav.sumananchi Marl. Arpuya (x2)

By garlanding him with fresh flowers full of fragrance.

Gani Manohar. Tyas Gavuya (x2)

We will adulate him by singing his praises.

Hrudi Mam. Bas.le Prabhu Mazhe Vijayi Zhale

He has now created a permanent abode in my heart because of His glorious victory over death.

GURU TOTZ. MANAVI KHARA MAZHA

(Nirmal Sangeet Sarita - 'Worship')

Chorus:

Guru Totz. Manavi Khara Mazha (x2)
He only will be my true guru
Guru Zhotz. Banavil. Mam. Mazha (x2)
The One who makes me my own guru

P N R- S / S R G- R / G P S N S D G P-

Anant. Yugatza Mazha Sampala Shodh.
The seeking I was doing for infinite years has now come to an end
Sakal. Dharma Satwatza Mazh. Zhala Ha Bodh } (x2)
I have now attained the knowledge of the essence of the total religion
Lopavila Trah. Anik. Ha Krodh.
As a result the murmuring and the tempered ego has subsided
Dhyan. Maya Bhogashi Zhalo Abhog
As a result I have become detached from wealth, temptation and materialism.

P N R- S / S R G- R / G P S N S D G P N

Sakshat. Guru Dev. Guru Ek. Mev
In actuality guru is God since your guru has no equivalent.
He is ultimate, beyond comparison } (x2)
Guru Dnyan.punji Duji Nahi Thev.
The knowledge and the wisdom which guru gives
is the only wealth I have and none other
Guru Tutz. Vitthala Hari Tu Mahadev.
O Guru You are all pervading, You are my Vithal,
You are my Hari and also my Mahadev
Guru Charani Payi Vidya Satya Mev.
At Your Lotus Feet O Guru, I have attained the true knowledge.

P N R- S / S R G- R / G P S N S D G M-

Guru Vin. Jivan. He Khar.ka Varil Bij.
The life without the guru is as meaningless as the seed
lying on the rocky and infertile land } (x2)
Asuni Bhuvari Pari Puthe Na Ankurati
Even though such a seed is on the Mother Earth
it cannot sprout since the land is rocky and infertile
Guru Prem. Vrushti Ne Zail. Bhed
But one such seed and its land gets drenched by the incessant shower of love of the guru
(which is manifested in his concern for his disciple)
Guru Dnyan. Te Hoy. Pari Purnachi
Then the intensity, energy and potency of such a shower is so great, that even though the seed is on rocky land, it sprouts and thus the knowledge which the guru showers on his disciple becomes fruitful and worthy of the guru.

SHRI HANUMAN. STUTI

Chorus:

Anjanichya Suta, Tula Ramatza Var.dan.
O, Son of Anjani, You have the blessings of Rama
Ek. Mukhane Bola, Bola Jay Jay Hanuman. } (x2)
With one voice let us praise, Victory to Hanuman!

He Divya Tujhi Ram. Bhakti, Bhavya Tujhi Kay.
Your Body, as your devotion to Rama, both are huge
Bal. Pani Gela Kitu, Suryala Dharaya, Ha!(x2)
In Your childhood, You flew to catch the Sun
Are Hadar.li Hi Dhar.ni, Thar. Thar.le As.man.
Then Mother Earth trembled and sky quivered with fright
Ek. Mukhane Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

Lakshman. Ali Murcha, Laguniya Ban.
When Lakshman was unconscious, wounded by an arrow
He Dron.giri Sathi Raya, Kele Tu Udan.(x2)
To bring Dronagiri Mountain You flew
He Tal.hata Vara Ala, Gheuni Panch.pran.
You carried the very life of Lakshman on Your hand
Ek. Mukhana Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

He Sitamayi Shodhasati, Ghatalisa Lanka
In search of Sitaji You reached Lanka
Tithe Rama Namatsa Tu, Vaz.vila Danka, Re Danka(x2)
And there You started praising Rama's name in a loud voice
Are Daitya Khava Ale Sare, Pari Has.le Bibhishana
All the demons became angry, but Bibhishana (devotee of Rama) just laughed
Ek. Mukhana Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

Har. Tula Nav.ratnancha, Janakine Ghat.la
Janaki (Sitaji) gave You a necklace of nine pearls
Pahiles. Fodun. Moti, Rama Kothe At.la, Ha!(x2)
You started breaking the pearls one by one, looking for Rama
Are Ugh.duni Apuli Chati, Davile Prabhu Bhag.wan.
Then You opened Your chest to show that Rama was there in Your heart.
Ek. Mukhana Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

He Ale Kiti Gele Kiti, Sampale Bharara
So many have come and so many have gone.
Tujhya Pari Nawatsare, Azuni Darara, Ha!(x2)
But Your name is ever so powerful.
He Dhavat.ye Lav.kari, Amhi Zhalo Re Hairana
Please come quickly, as we are growing tired of fighting this negativity!
Ek. Mukhana Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

Dhanya Tujhe Ram.rajya, Dhanya Tujhi Seva
Your Kingdom of Shri Rama is great, Your service to him is also great.
Tujhe Bhakt. Amhi Sare, Gunavanta Deva, Ha!(x2)
We, Your devotees, are good people (Sahaja Yogis).
Bol. Kuni Gheto Tula, Pingalevara Aza
Today we are calling to You on our Pingala Nadi!
Ek. Mukhana Bola, Bola Jay Jay Hanuman.
With one voice let us praise, Victory to Hanuman!

Shri Ram. Lakshman. Janaki Jay Bol. Hanuman. Ki !

GURU EK. JAGI TRATA

Sukhanchya Kshanat. Vyathanchya Ghanat.
Ubha Pathishi Ek Adrushya Hat.

Chorus:
Guru Ek. Jagi Trata (x3)
Guru Dayasindhu Guru din Bandhu (x2)
Guru Janani Janm. Data

Ghanat.mat. Zanu Dip. Chet.vi (x2)
Tan.manat. Chaitanya Zag.vi (x2)
Kan.kanat. Zanu Pran. Dol.vi (x2)
Ze ho Arup. Tya Dei Rup. (x2)
Kari Murt. To Amruta

Guru Saman. Kuni Nahi Soyara (x2)
Guru Vin. Nahi Thara (x2)
Guru Nidhan. Guru Moksh. Asara (x2)
Dev. Daiv. Labhe Sadaiv. (x2)
Guru Charan. Labh. Hota

HE PREM. MURT. JAGI ALE

(Hymn by Rev. Narayan Waman Tilak;
Nirmal Sangeet Sarita - 'Mohobbat Ka Khazana')

Chorus:

He Prem. Murt. Jagi Ale (x2)
This Form of Love has incarnated on the earth.
Mam. Zhale, Man. Dhale (x2)
My mind exulted with joy
He sarv. Jagi Sanchar.le...
This love has now spread in the whole world.

Bal. Vadan. Tav. Baghuni Khrista (x2)
I see Lord Christ as an eternal Child.
Sakal. Durit. May. Zhale Asta (x2)
When the world was drowning into sins
Nav. Divya Rup. Jagi Lyale (x2)
The new Divine Form took birth on this earth.
Mam. Zhale, Man. Dhale (x2)
My mind exulted with joy
He Sarv. Jagi Sanchar.le...
This love has now spread In the whole world.

Manmath. Sakhaya Tujha Par.na (x2)
Oh. Embodiment of Love, as I sing Your lullaby
(Par.na is a song sung during the ceremony in which a new born baby is given his name)
Vadan.Vahile Tav. Sanstavana (x2)
I offer myself fully through this voice of mine.
He Sarv. Tula He Didh.le (x2)
I surrender everything at Your Lotus Feet.
Mam. Zhale, Man. Dhale (x2)
My mind exulted with joy
He Sarv. Jagi Sanchar.le...
This love has now spread in the whole world.

KESHAVA MADHAVA

('Music of Joy 3')

Chorus:

Keshava Madhava
O Keshava, O Madhava (Lord Krishna),
Tujhya Namat. Re God.wa (x2) } (x2)
There is so much sweetness in Your name.

Tujhya Sar.kha Tutz. Deva
No one equals You.
Tula Kunatsa Nahi Heva } (x2)
You have nothing to envy to anyone.
Veloveli Sankatatuni Tarisi Man.va
Every time we fell into calamities,You pulled us out of them, O Madhava.

Veda Houn. Bhakti Sathi
You are fond of devotion.
Gop. Gadyansaha Yamune Kathi } (x2)
With all Your friends Gopas and Gopis, on the banks of River Yamuna,
Nanda Gharicha Gayi Ha Kisi Gokuli Yadava
You grazed the cows of Nanda's house in Gokul.

Vir. Dhanurdhar. Partha Sathi
With the brave archer Arjun,
Chakri Sudhar.shan. Gheun. Hathi } (x2)
Taking the Sudarshan chakra in Your hand,
Rath. Hakuniya Pandavancha Pal.visi Kaurava
You became the charioteer of the Pandavas and made the Kauravas run for their lives!



HE GOVINDA

(Jagjit & Chittra Singh - 'Krishna Bhajans')

Sloka (Sanskrit):

Vancha Kalputaru Bhayesche
Like the celestial tree (Kalpataru) that fulfills all the desires
Kribasindhu Bhye-Evache
The ocean of divine grace, to those who are sinful and fallen
Patitnam Pawanebhyu Vaishnuve Bhyu
He is the Purifier. To that Vishnu
Namoh Namah
Salutations again and again

He Krishna Karuna Sindhur
O Krishna, Ocean of compassion
Deena Bandhu Jagatit Pate
Brother of the down-trodden, Father of the universe
Gopesh. Gopikakant.
Lord of the cow-herds, Beloved of the gopis (cow-girls)
Radhakant. Namostute
Salutations to the Beloved of Radha

Hariharinaam, Hariharinaam,
The name of Hari, the name of Hari
Hariharinaam He Kev.lam
Only the name of Hari
Kalo Nastjev. , Nastjev. , Nastjev. ,
In this kaliyuga, those who will die regardless
Gatiranyatha
Have no other path to their ascent than this

Chorus:

He Govind., He Gopal. (x2)
O Lord attained by pure speech the protector of cows (also sense organs)
He Dayal. Nam
O Compassionate Lord

Pran. Nath. Anath. Sakhe (x4)
The Lord of the life breath, the friend of those who have no-one
Din.dard. Nivas
Remover of their pain

He Somerath. Agamya Puran. (x4)
O unfathomable Ancient Lord Almighty
Mohamaya Ghal
The Remover of attachments and illusion

Andh. Kup. Mahabhayan. (x4)
The dark well (of ignorance, also could be the ocean of illusion) is extremely terrifying
Mataji Par. Utar
Mother please lift us out of that by the enlightenment

SHRI MATAJI VANDU TAV.CHAR.NA

(Raga Bhimpalasi; Bhajan from Australia for the 70th Birthday Celebrations of Shri Adi Shakti, Shri Mataji Nirmala Devi, Delhi, 21 March 1993; 'Music of Joy 1)

Chorus:

Shri Mataji Vandu Tav.char.na,
Shri Mataji, we bow to Your Lotus Feet
Nirmal he Vishwa apule
You've created this faultless creation
**Namavito he Shisha Amuche*
We have one request on this auspicious day Shri Mataji
Yoga tav.dila, Ashirvad. dya Amha
And You have also given us Sahaja Yoga to enjoy the life.
**Apulya Janm. dina, Ashirvad. dya Amha*
On Your birthday, Let Your holy presence be in out hearts
Vandu Tav.char.na
Please give us Your Blessings as we worship Your Lotus Feet.
Nirmal He Vishwa apule
Yoga tav. dila... Shri Mataji
*Apulya Janm. dina, Shri Mataji
On Your birthday, Shri Mataji,

Tuts. Majha Janani, Vinati tav. Amuchi
You are our Divine Mother
**Hya Shubhadini, Vinati tav. Amuchi*
On this auspicious day
Amuchya Hridayat. Raho
And we have a special request to You
Mangal. Murti hi Apuli
May Your auspicious presence be felt
Mangal. Murti hi Apuli
In our hearts all the time.

Amuche Jivan, Tav. Sevet Lago
Shri Mataji, we beg You that may our lives be spent in serving You and Your great work through Sahaja Yoga.
Janmo Janmi Heets. Icha
We have desired this for many lifetimes.
Aap.nachi Charan.ganga
May Your Lotus Feet, which are pure, auspicious and holy like the Ganges, and which emit endless Divine Vibrations,
Amuchya Sahasrari Raho
Reside in our Sahasraras.

* These lines to be sung on Shri Mataji's birthday.

SHRI GANESHA KINARYALA LAU

(based on performance at Alibag (fishing village) on 20/12/1990 'Music of Joy 3' &'Mauli 2')

Chorus:

Hya Deshachi Budaleli Nau (x2)
The boat of this country has lost it's direction/bearing
Shri Ganesha Kinaryala Lau (x2)
Shri Ganesha please steer it to the shore

Bhaktachya–Hakela Ubha Rah.si (x4)
You stand by Your devotees all the time
Sankat.kali Tu Dhau.ni Yeshi (x4)
In times of danger Your protection is immediate
N.ko Dhan. Dau.la–Tishi Maz. Hau (x2)
Please take away this greed and attachment to wealth and material possessions so that the right path can be revealed.
Shri Ganesha Kinaryala Lau (x2)
Shri Ganesha please steer our boat to the shore

Tufan. Vad.li Sut.La Vara (x4)
Our boat is on the water, the wind is blowing and a storm is brewing
Ithe Na Kunatsa Adhar. Mala (x4)
There is no-one around to help
Roj. Nighe Majya Mukhi Tuzhe Nau (x2)
We are Your devotees
Shri Ganesha Kinaryala Lau (x2)
Shri Ganesha please steer our boat to the shore

Sukh. Na Hi Kothe Ale Hya Sansari (x4)
O Shri Ganesha, there is no happiness in this world without You
Saumsaratsa Bhar. Sara Doyiwari (x4)
You are the support of the whole world
Tu Dakhav. Maz. Mala Gao (x2)
Please direct us to the village that is the Kingdom of God (Kingdom within/in my heart)
Shri Ganesha Kinaryala Lau (x2)
Shri Ganesha please steer our boat to the shore

Saunsari Pal.Na Hya Nau.ketsa (x4)
This boat can drift anywhere in the world
Adhar. Ahe Ha Jivanatsa (x4)
Shri Ganesha, our life is in your hands
Hya Vishwa–chya Hakela Tu Dhau (x2)
The universe is calling You, please come to our aid
Shri Ganesha Kinaryala Lau (x2)
Shri Ganesha please steer our boat to the shore

VRINDAVANI VENU

(Ajit Khadkhade)

Vrindavani Venu Vazhe (x4)
In Vrindavan, a sweet flute melody is heard.
Vrindavani Venu
In Vrindavan, a sweet flute...
Venu Kavanacha May. Vazhe (x2)
O Lord, You reside in this beautiful flute tune.
Venu Nade Govar.dhanu Gazhe (x2)
When this flute plays, the Mount Govardhan itself echoes with music.

Pucch. Pasaruni Mayur. Viraje (x2)
Its tail widely open, the peacock takes a seat.
Maz. Pahata Bhas.Ti Yadava Raze (x2)
Beholding the scene, I feel like the Yadhava King Himself sits on His throne.

Trun. Tzara Taru Visarali (x2)
Lost in this divine music, the cattle stops eating and stays still.
Gayi Vyaghra Eke Thayi Zhali (x2)
Cow and tiger, both join together and listen.
Pakshi Kule Nivant. Rahili (x2)
All birds stay still, ashamed of their own singing,
Vairabhava Samul. Visarali (x2)
Forgetting their petty quarrels.

Dhwani Manjul. Manjul. Umatati (x2)
A sweet flute melody is heard,
Vati Run. Zhun. Run. Zhun. Vazati (x2)
Rhythmed by the wind which sounds like the anklets.
Dev. Vimani Baisoni Stuti Gati (x2)
All Gods, mounted on their flying chariots, sing the praise of the Gokul Lord,
Bhanudasa Bhavali Prem. Bhakti (x2)
While I, Bhanu Das, got lost in devotion and love.
Prem. Bhakti, Prem. Bhakti
Devotion and love.
Venu Nade (x3) Govar.dhanu Gazhe (x2)
When this flute plays, the Mount Govardhan itself echoes with music.

MAVEN. NAYANI ANAND.

(Pune Yuva Shakti)

Chorus:

Maven. Nayani Anand. Hridayat. Satchitanand. (x2)
Anand. Kiti Ha Motha
Saukyaas. Khadhi Na Tota
Kana Kanaat.
Kana Kanaat. Nirmalanand. } (x2)
Hridayat. Satchitanand.
Maven. Nayani Anand. Hridayat. Satchitanand.

Sagunat. Mauli Ali, (Ah...) (x2)
Nirgunat. Janiv. Jidhali
Neej. Rupi Rangale Dhyan. } (x2)
Jad. Tech. Wate Chaitanya
Anand. Kiti Ha ...

Lobhas. He Nirmal. Rup. } (x2)
Satchitanand. Ghan. Charan.
Yogyanche Antim. Sthan. } (x2)
Mokshache Sakshat Rup.
Anand. Kiti Ha ...

Hridayat. Jaya Dhyayile (Ah...) (x2)
Chitat. Jaya Sathavile
Pahun. Rup. Te Dola } (x2)
Anand. Hridhayi Jagiyala
Anand. Kiti Ha ...

Dainya Dukh. Pap. Nashiyale (Ah...)(x2)
Mokshatse Dar. Ughade
Dhanya Zhali Amuch. Bhakti } (x2)
Sapadali Jeevan. Mukti
Anand. Kiti Ha ...

HE PRABHO

(Marathi Hymn Book)

Chorus:

He Prabho Tu Nyana Rupe
Kalpavruksha Lavile (x2)
Baharalya Shakha Tayanchya
Chintani Man. Rangile
Vishwa He Samavile

Ya Padasi Akalili, Surya Chandrachi Prabha (x2)
Bheduni Tya Brahmarandhra
Vyapile Awaghya Nabha (x2)
Manthuniya Sapt. Sindhu Jagan. Te Je Vyapile (x2)
Vishwa He Samavile

Sanskruti Gangogh. Vahe, Tyamadhe Awagawuni (x2)
Shodhanya Shiv. Saty. Sundar.
Divya Shraddha Ghewuni (x2)
Chalale Path. Sadhanecha, Guru Padate Paw.le (x2)
Vishwa He Samavile

Nyan. Rupa He Virata, Anu Anut. Tuj. Pahude (x2)
Shakti Yukti Namrata De
Sheel. Shubh. Sankalp.de (x2)
Atmanyane Nishchaye Man., Chetana May. Jah.le (x2)
Vishwa He Samavile



AVATARUNI MATE, KALIYUGI HYA

(Alibag Group)

Chorus:

Avataruni Mate, Kaliyugi Hya (x2)
Marg. Sahaja Dawila
Na Ayi Amha Sahaj Yog. Tumhi Dila (x2)

Bhondugirichya Bazari Hya } (x2)
Wali Navata Piditana Hya
Hat. Phironi Tav. Mayecha (x2)
Dnyan. Deep. Tewila
Na Ayi Amha Sahaj Yog. Tumhi Dila (x2)

Phirun. Dam.lo As.ta Jawali } (x2)
Olakh. Tyachi Na Dili Koni
Tumhi Satyatsa Marg. Da–uni (x2)
Antari Prakash. Dila
Na Ayi Amha ...

Dev. Devatanchi Sthane Dawili } (x2)
Jya Jya Chak.ri Vas.lelianchi
Mantra Ucharita Saptachakrantsa (x2)
Prakash. Antari Dila

Chaitanyalah.ri Vahu Lag.ta } (x2)
Garwa Mate Sharira Ala
Kundalini Mata Jagrut. Hota (x2)
Ananda Brahmandila

Dhar.ma Adhar.matsa Ghola Ghaluni } (x2)
Asuranhi Ha Khel. Mandila
Daya Kshama Shantitsa Sandesha Deuni (x2)
Vishwa Dharma Dila

Atmasakshatkar. Jagruti Deuni } (x2)
Par. Kele Tumhi Amhala
Bhagya Amutse Udaya Ale (x2)
Tavacharani Thawa Dila

DHYAN. TE RANGERLE SAHASRARA DWARI

(Sangli, 1985 - 'Music of Joy 2')

Dhyan. Te Rangerle Sahasrar. Dwari (x2)
Mukhi Naam. Gheta (x2) } (x2)
Nirmala Hi Tari
Dhyan. Te Rangerle Sahasrar. Dwari (x2)
O Mother we are enjoying our meditation in Sahasrara
Whenever we take Your name, You are always there to help us

Charani Tujhya Baisat. Mate, Man. Te Nivale (x2)
Sushumnachya Marge, (x2) } (x2)
Swarupachya Tiri...
When we are at Your Lotus Feet our attention is settled,
We are in the path of Sushumna and very close to Your Divine Form

Akar. Ukar. Makar. Te Bramha (x2)
Chaitanyatsa Garbh. (x2) } (x2)
Mooladhari Davi
AUM (Akar. Ukar. Makar.) expresses the Brahma (Divine),
The essence of these vibrations brings us to the doorway of Mooladhara.

Anandachya Urmi, Antari Baheri (x2)
Chaitanyachya Sagari (x2) } (x2)
Amhi Maru Dubi
There is immense joy within and all around
As we are immersed in the ocean of Vibrations.

Sahasrar. Bhed., Konhi Nahi Kela (x2)
Adishakti Nirmala (x2) } (x2)
Ata Karya K.ri
No one has opened the Sahastrara en masse,
But Shri Mataji is doing this Divine work now.

Yogiraj. Zhale, Sadhusant. Ale (x2)
Ayila Prarthile (x2) } (x2)
Adnya Chakrawari
Many great sages and saints have come before,
Trying to worship You through their Agnya Chakra (mental level)

Bal. Dhaw. Vegi, Nako Rahoo Duri (x2)
Swarup. Sakshat. (x2) } (x2)
Thujyats. Samori
We've tried everything; this childish attitude of running here and there should end
The time has come to see the Adi Shakti in Her Divine form

Premachi Hi Ganga, Chaitanyachya Sagari (x2)
Anant. Swarupi (x2) } (x2)
Vani Moun. Dh.ri
Like the Ganges, our river of vibrations merges into the ocean of Divine bliss
There is so much more to be said but no words can express it ...

TSALA CABELLA PUJELA

(Adapted from Ganesha bhajans 'Ranzan. Gawala'; Music od Joy)

Chorus:

Tsala Cabella Pujela Sajvu Sundar. Ma Nirmala (x2)
Mata Bhagavati Parvati Gauri Ganesha Vanduya (x2)

Let's go to Cabella for the puja, and let's decorate our beautiful Mother Nirmala.
Shri Mataji is Bhagawati and Parvati (the Mother of Shri Ganesha),
so let's worship Her in the form of Shri Gauri Ganesha.

Tripurasura ais. kope, Shiva shank.rala toke (x2)
Tripurasura ais. kope, Shiva shank.rala toke
Putra Ganapati Ganapati Rani Sahayala Dhawala (x2)

When Lord Shiva was challenged by the demon Tripurasura, his son,
Shri Ganesha, ran to the battlefield to help his father.

Tripuratsa nash. kela Gana Yetechi Raheela (x2)
Tripuratsa nash. kela Gana Yetechi Raheela
Daha Shundhantsa Shundhantsa (Aha)
Visa Hatantsa Shob.la (x2)

Shri Ganesha assumed a majestic and gigantic form with 10 trunks and
20 hands, and killed the demon tripurasura all by himself without the help
of his Ganas.

Rupa Devi Nirmalache amhi Pahu Sahasrarate (x2)
Rupa Devi Nirmalache amhi Pahu Sahasrarate
Amba Bhavani Janani Bhakta Tara Av.tar.lya (x2)

The most beautiful form of the Devi Nirmala we can realise through our
Sahasrara. The great Mother, who is Queen of Bhava (the giver of life to the
the universe) and who is the Highest,Compassionate Mother, has incarnated
to give realisation to her devotees and to save her children.



NASIK JOGAWA

(Dhananjay Dhumal & Nasik Sahaja Yogis - 'Viyayi Nirmal Sharade')

Chorus:

Jagadambetsa Jogawa magate
We ask for Self Realisation from Shri Jagadamba
Ayi Ambetsa Jogawa magate
We ask for Self Realisation from Shri Ambe
Ayi Nirmala Mahalakshmitsa Jogawa magate (x2)
We ask for Self Realisation from Shri Nirmala who is Mahalakshmi
Jagadambetsa Jogawa magate
Ayi Ambetsa Jogawa magate

Dur. saruni ahampana mal. mi ghalite
Discarding our 'I'ness (ego), we humbly surrender to You.
Antarangi shodhatsa Diva mi lavite
We are seeking to enlighten the lamp within.
Agnyanatsa kapur. Jaluni
Swayamprakash. Shodh.te
Burning the camphor of ignorance, we seek the light of the spirit within.
Jagadambetsa Jogawa magate....

Nyanachi sambal. Sambal. hati ghet.li
Taking the drum of knowledge in our hands (the poet is imagining he/she is in a musical band)
Nirmala ayichi div.ti mi pazal.li
We wish to spread this light of Shri Mataji everywhere
Kuwasanatsa pahad. Bhethun., Warila mi dzate
After conquering the mountain of ignorance/conditionings (the seven deadly sins),
We come to offer Puja at Your Holy Lotus Feet.
Jagadambetsa Jogawa magate....

Nirmala Mahadevi jhale mi nitsang.
Shri Nirmala, we have dissolved into You, O Mahadevi (the drop becomes the ocean)
Nartani kirtani jhale ho mi dang.
In this 'oneness', we are dancing and singing Your praises with abandon
Jhenda Sahaj Yogatsa mi mayene mir.vite
Full of love and joy, we are proud to wave this flag of Sahaja Yoga (of enlightenment).
Jagadambetsa Jogawa magate....

SAANG SAANG BHOLANATH

(This is based on a children's song sung innocently asking God to fulfill all their dreams. In the original song, the children are asking God (in full faith knowing he can do anything) to make it rain so they don't have to go to school. With the same innocence, we are asking God and Shri Mataji as Sahaja Yogis to fulfill these dreams of having a perfect world. 'Music of Joy')

Chorus:

Saang saang Bholanath, jag. sukhi howil kai?
Please tell me God (Shri Shiva) will this whole universe be happy?
Vishwa Nirmal Dharma madhye, Sahazi Moksha ghetil kai?
Will all the people take to Vishwa Nirmal Dharma and get their moksha?
Saang saang Bholanath, jag. sukhi howil kai?
Please tell me God (Shri Shiva) will this whole universe be happy?

Bholanath, sar.va sahaji jeetendriya hotil kai?
O God, will the Sahaja Yogis master the five senses?
Jaga madhye parameshwari shanti nandel kai?
Oh Lord, will heavenly peace dwell in the world?
Bholanath, Bholanath

Bholanath, atireki samool nasht. hotil kai?
O God, will terrorism be completely eradicated?
Bharat Pak deshan madhye ek.ta naan del kai?
Will there ever be unity between India and Pakistan?

Bholanath, Bholanath, kh.r.ts pauw sheel kai?
O God, would you please bless us and make this come true?
Jagat.le tante ladhe thamb. teel. kai?
Will all the fighting across the world cease?

Bholanath jaga madhye swarg. nandel kai?
O God, will there be heaven on earth one day?
Hindu Muslim Jew Christian ek.ts hotil kai?
Will the Hindus, Muslims, Jews and Christians live together in peace?

Bholanath dharma zat. nasht. hotil kai?
O God, will the systems of caste and religion that divide us, come to an end?
Vishwa Nirmal Dharma madhye Sahaji hotil kai?
Will all the people embrace Vishwa Nirmal Dharma and become Sahaja Yogis?

Bholanath sarvana, Jagruti milel kai?
O God, will the whole world get self realization
Sahaza madhye prasarat. gati ye-il kai?
Will Sahaja Yoga spread more rapidly around the world

Bholanath, Bholanath ase howil kai?
O God, will all these desires be fulfilled?
Nirmal Yogi Atma Ayi Char.ni rahil kai?
Will all the Sahaja Yogis be granted a place at the Lotus Feet of Mother?

JAI BOLA NIRMALA MATA KI

(Shrirampur Group)

Chorus:

Jai Bola, Jai Bola, Nirmala Mata Ki } (x2)
Hi Mata Ahe Amchya Vishwadharmachi
Vishwadharmachi, Maharashtrachi
Sahajyoganchi, Oh....

Kona Bhavani Kaya Jejuri (x2)
Kona Na Thawe Gada Shiv.Neri (x2)
Ani Marathe Aaja Visarale
Oh....
Ani Marathe Aaja Visarale
Lakh.Lakh.Ladhalya Tya Tal.Wari (x4)
Ya Matemadhe Veera Ujalale } (x2)
Tya Matene Parata Mhanawe
Desha Sathi Dhar.Masathi } (x2)
Balidan. Ho Jyani Kele
Oh.... Ah....

Jiva Shivanche Zadale Nate (x2)
Kona Na Kalale Kadhi Bhetale (x2)
Ayi Nirmala Putra Sahaja Yogi (x2)
Iti Haasacha Nabhi Ugawale (x2)
Sahiyadricha Kadhi Garazala
Ohh....

Sahiyadricha Kadhi Garazala
Tya Dagadani Parata Mhanawe (x4)
Punha Ekada Vishwamate Ne } (x2)
Ghar. Gharatuni Jan.Ma Yawe
Priya Apulya Ya Vishwala } (x2)
Lakh. Chiranjeeva Sahaj Yogi Dyawe
Oh.... Ah...

TUJHYA DAARASHI ALO, TUJHYA DARBARI ALO

(Music of Joy; airport farewell 14th April 2006)

Chorus:

Tujhya Daarashi alo, Tujhya Darbari alo
We have come to Your door, we have come to Your Royal Court,
Tujhya Charnashi alo, Nirmal mauli
We have come to Your Lotus Feet, Mother Nirmala
Tu Majhya Hrudayat., Mi Tujhya Najaret.
Mother You reside in my heart and I am so grateful that You have kept me in Your attention
Nirmal bhaktachi sauli
Mother, we are sitting under Your cooling shade
Tuts. Ayi, tuts. Sayi, Nirmal Mauli (x2)
You are my Mother, You are my Guru
Tujhya Darashi alo…..

Hrudi tujhya Amrit. bharale
Mother, Your heart is full of love and compassion
Nayni tujhya premal jivala
You have Motherly tenderness in Your eyes
Bhaktasathi Avatar. Ambe ha tuja (x2)
For Your children You have incarnated as Amba
Marishi tu Shatrula Katakshane
Mother, with a fiery glance You destroy Your enemies
Tarishi tu bhaktala Prema-naj.rene
And yet with a kind glance You save Your devotees

Suryachya tejat. tu vase
Mother, You reside in the power of the sun
Chandrachya kir.nat. tu
Mother, You reside in the moons cooling rays
Phulanchya sughandat. Sughanda tuja (x2)
Mother, You are the fragrance of flowers
Ritambhara Pragnya tu Bhaktanchya hrudi
You are verily the Mistress of the seasons (Ritambara Pragnya)
Prematsa sagar. Tu Chaitanya lahari
You reside in our hearts, You are the ocean of love and the waves of vibrations

HINDI SONGS





am only sorry that people have no sense of understanding this great music that is in our country. If they listen to this music they'll have no diseases, no heart attacks, nothing. This is absolutely Divine and people should take to it in such a way that it's a blessing of God that we have such great artists in our country existing. My heart pines to see such artists not being properly recognised, appreciated and worshipped. I am sure one day will come when they will go all over the world and play this beautiful praise of Saraswati.

India - Madras - 27th January - 1986

JAY GANESH., JAY GANESH.

(Noida - 'Nirmal Darbar part 1'; 'Music of Joy 1')

Chorus:

Jay Ganesh., Jay Ganesh., Jay Ganesh. Deva (x2)
Jay Lord Ganesh
Mata Teri Par.Vati Pita Mahadeva (x2)
Your Mother is Parvati, Your Father is Mahadeva
O Ganapati Deva, Ganapati Deva (x2)
O Jai Jai Ganapati Deva, Ganapati Deva (x2)

Andhan. Ko Ankh. Det. Kodan. Ko Kaya (x2)
You give sight to the blind, limbs to the crippled,
Banjhan. Ko Putra Det. Nirdhan. Ko Maya (x2)
You give sons to the childless, compassion to the poor
O Ganapati Deva, Ganapati Deva (x2)
O Jai Jai Ganapati Deva, Ganapati Deva (x2)

Paan Chadhau Phul Chadhau Aur Chadhau Mewa (x2)
People offer You leaves, flowers, dry fruits,
Laddhuon Ka Bhog. Lage Sant. Kare Sewa (x2)
laddu, Saints serve You
O Ganapati Deva, Ganapati Deva (x2)
O Jai Jai Ganapati Deva, Ganapati Deva (x2)

Ek. Danth. Devadant. Char. Bhujadari (x2)
Oh God, You are single-toothed, with four hands,
Mas.Tak. Sindhur Shobhe Chuhe Ki Sawari (x2)
the red sindoor suits Your forehead, and You are mounted on a humble mouse.
O Ganapati Deva, Ganapati Deva (x2)
O Jai Jai Ganapati Deva, Ganapati Deva (x2)

RAGHUPATI RAM

Raghupati Raghav. Raja Ram
Patita Pawan. Sita Ram } (x2)
Highest Lord, O greatest of kings, Shri Rama
Even bad people get blessings from Shri Sita and Shri Rama
Sita Ram Jay Sita Ram
Bhaj. Pyare Tu Sita Ram } (x2)
Victory to Shri Sita and Shri Rama!
We pray you sing with us the praises to Shri Sits and Shri Rama
Ishwar. Allah Tere Nam
Sab.Ko Samati De Bhag.Wan
Hindu God or Muslim God is all one
Please God, give blessings to everyone

AP.KO HAMARI KASAM

(Sanjay Talwar - 'Adi Shakti Poojan, Vol. 1')

Chorus:

Be Khabar Hoke Ab. Yu Na Jaiye (Chorus, x2, then aaa...)
Ap.Ko Hamari Kasam Laut. Aiye
Do not turn away without knowing the truth, we pray! You return.

Dal Dalo Me Hai Phase Anek. Jiv
Many are stuck in this quicksand of life.
Jan.Te Nahi, Ye Bat. Hai Ajib
How ironic that they are ignorant of it.
Jo Satya Hai Vo Kah Gaye Chiran.Jiv
The truth has been revealed time and again by the Seers.
Aj. Vahi Satya Jana Sajiv
It has dawned on us today.
Krupa Ho Shri Mataji Ki, Khud Ko Paiye
By the Grace of Mother, attain thyself.
Ap.Ko Hamari Kasam Laut. Aiye
We pray you return .....

Chhip Nashili Shaktiya Jahan. Me
Hidden Satanic forces surround us.
Sakshi Banke Inko Jan. Lijiye
Be a witness to their volatile existence.
Khair. Hai Isi Me Ap.Ki Huzur
Beware, in your own interest,
Atm.-Sakshatkar. Lijiye
Seek your Self-realisation.
Krupa Ho Shri Mataji Ki, Khud Ko Paiye
Ap.Ko Hamari Kasam Laut. Aiye

Zindegi Ke Ras.Te Ajib. Hai
The ways of life, being unpredictable,
Inme Is Tarah Chala Na Kijiye
Why continue life in the same monotonous style?
Sahaj. Me Utar Ke Dekhiye Huzur
Try Sahaj Yoga and
Kundalini Yog. Jan. Lijiye
Get the knowledge of your Kundalini
Krupa Ho Shri Mataji Ki, Khud Ko Paiye
Ap.Ko Hamari Kasam Laut. Aiye

Shri Mataji Ke Rup. Hi Anek. Hai
Shri Mataji has numerous forms.
Adi Shakti Unko Man. Lijiye
Consider Her as the Adi Shakti.
Ar.Ti Utariye Unki Huzur
Perform Her aarti,
Shraddha Rup. Dil Me Sthan. Dijiye
And with Devotion seat Her in your hearts.
Krupa Ho Shri Mataji Ki, Khud Ko Paiye
Ap.Ko Hamari Kasam Laut. Aiye

AJIB. DAS.TA HAI YE

(Sanjay Talwar)

Ajib. Das.Ta Hai Ye
Kaha Shuru, Kaha Khatam (Chorus, x2)
Ye Manzile Sahaj. Ki
Shri Mataji Se Sam Jhe Ham

La, La, La, La, La, La...

Ye Roshini Ke Sath. Kyu
Dhua Utha Chirag. Se
Ye Khwab. Dekh.Te The Ham
Ab Jag Pade Hai Khwab. Se (x2)

Swadiksha Ho Agar Hame
Gauri Ma Ko Pukar. Le
Ye Shakti Jag. Jaegi
Tab Nirvichar. Ham Bane (x2)

Sahaj Me, Par. Ho Ke Ham
Naya Jahan Basaege
Shri Mataji Ko Pake Ham
Samuhikta Me Aenge (x2)

Pukar.Te Hame Ke Ham
Ki Ma Ke Nur. Ho Gaye
Shri Mataji Ki Chaya Me
Swayam Me Lin. Ho Gaye (x2)

Na Gam Rahe Na Ho Khushi
Sabhi Se Mukt. Ho Gaye
Chaitanyata Me Rah Ke Ham
Sachchitanand. Ho Gaye (x2)

HAME MA SE PYAR. KIT. NA

(Sanjay Talwar - 'Adi Shakti Poojan Vol. 1')

Hame Ma Se Pyar. Kit.Na
Ye Ham Nahi Jan.Te
Magar Ji Nahi Sak.Te
Sahaj. Ke Bina
Hame Ma Se Pyar... } (x2, Chorus)

We know not how much we love our Divine Mother,
But we surely know we cannot live without Sahaj Yoga.

Sahaj. Jivan. Raz., Har. Jiv. Tatw. Ye
Zindegi Ke Jine Me
Sahaj. Ka Hi Khel. Hai
Na Hamne Dekha Tha, Na Tum Ise Jan.Te Ho
Yahi Chah.Te Hain, Ab.
Tum Bhi Samao
Niranand. Ke Is.
Mahautsavo Me } (x2)

Sahaj Yoga, the answer of life is its very essence, which neither you nor we were aware of.
But we sincerely hope that you too enter Paradise through these great opportune moments of life.

Adi Shakti Ma Hi Hai Adi Guru Ma
Para Shakti Ma Hi Hai Ma Hai Virat
Mas.tak Sabhi Jhuk.Te Hai
Sh.ri Charanan. Me
Kshitij. Si Barh.ti Shraddha Ki
Kaisi Sima Jane
Bane Bund. Sagar, To
Kya Git. Gae } (x2)

Mother, our Adi Shakti, our Adi Guru, Mother the Parashakti and Virat. We offer obeisance with bowed heads at Her feet. Just as our growing devotion is limitless, the merging of a drop in the ocean is beyond expression.

Madhy. Me Base, Sare Dev. Gan. Hai
Sato Shaktiya Hamari Ma Swarup. Hai
Ichca Prakat. Ho Jae
Sahaj. Jagruti Ho
Sabhi Chakr. Nir.mal. Hi
Niranjit. Viraje
Sabhi Pap. Dhul Jae
Sh.ri Char.no Me } (x2)

All Deities reside in our central channel. All our seven shaktis represent Mother's Divine power. By mere expression of our desire, we experience spontaneous awakening. All our chakras get cleared and fall into a Divine pattern, clearing the path to the Kingdom of Heaven, where all our sins are forgiven.

TERE HI GUN. GATE HAI

(Nasik Group - 108 Names of Shri Mataji)

Sharan.gat.ki Raksha Kar.ti
You always protect the one who is surrendered to You
Din. Dukhi Ke Sab. Dukh. Har.ti
You take away all the problems of the poor sorrowful people
Jay.janani Jay. Mata Bhavani
Victory to You oh Mother, oh Bhavani
Nirmala Devi Jay. Jay. Sukh.kar.ni
Mother Nirmala Victory to You, giver of happiness.

Tere Hi Gun. Gate Hai
We sing Your praise
Tujh.ko Nis.din. Dhyate Hai } (x2, Chorus)
We worship You every day
Teri Sharan. Me Aye Hai
We have surrendered at Your Lotus Feet
Tu Hai Sare Jagat. Ki Janani (x2)
You are the Mother of the whole universe

Tu Hai Shri Mata Nishchinta Garvita Lokatita
You are Shri Mata, ...
Tu Hai Nistula Nirmala Vandaru Janavatsala
Tu Hai Nirishwara Gambhira Nirantara Dharmadara
Tu Hai Nishkriya Niratyaya Bhaktipriya Nirakula

Teri Krupa Ho Jaye Ham Par
May Your grace shower on us
Tu Hai Sat Chit Ananda Rupini (x2)

Tu Hai Nirguna Niranjana Nishkalanka Chandika
Tu Hai Nirpaya Nirashraya Nirlepa Trigunatmika
Tu Hai Nishpap. Nirbhava Nishkala Nirupaplava
Tu Hai Nirmoha Nirmada Nirvikara Shamat Mika

Teri Krupa Ho Jaye Ham Par
Tu Hai Mahapatak.-Nashini (x2)

Tu Hai Maharatihi Gurumurtihi Shaswati Par.meshwari
Tu Hai Chitshaktihi Sudhamsrutihi Nirnasha Rakshakari
Tu Hai Vilasini Ekakini Vishnugranth. Vibhedini
Tu Hai Nirupadhihi Mahashaktihi Adishaktihi Shubhamkari

Teri Krupa Ho Jaye Ham Par
Tu Hai Sahaj. Yog. Dayini (x2)

Tu Hai Niradhara Nirakara Nityayauvana Padmasana
Tu Hai Nirahankara Nilachikura Sandrakaruna Nishkarana
Tu Hai Mahamaya Nihsamshaya Bhaktigamya Raviprakhya
Tu Hai Chandranibha Sukhyaradhya Swabhav.Madhura Sukh.Prada

Teri Krupa Ho Jaye Ham Par
Tu Hai Nitya Leela Vinodini (x2)

Tu Hai Par.modara Mahapuja Punyalabhya Vishw.rup.
Tu Hai Mahadevi Bhag.wati Shobhana Sul.bha-Gatihi
Tu Hai Pashahantri Par.shaktihi Par.manu Pavan.kritihi
Tu Hai Nishkama Nirvikalpa Vir.mata Vishvagrasa

Teri Krupa Ho Jaye Ham Par
Tu Hai Bhavani Vishwasakshini (x2)

Tu Hai Nir.badha Achintyarup. Akula Dhir.samarchita
Tu Hai Vishw. Garbha Nitya-Mukta Dev.karyasamudyata
Tu Hai Shri Sadashiv. Shri Maharadni Vimala Vijaya Niraga
Tu Hai Swastha Lajja Nishparigraha Mahati Pushtihi Yogada
Tu Hai Sharmadayini Nirmama Rakshaghni Nishparigraha

Teri Krupa Ho Jaye Ham Par
Tu Hai Varda Kshipra Prasadini (x2)

KYU JAE KAHA

Kyu Jae Kaha...

Kyu Jae Kaha (Chorus, x2)
Jab. Tu Hai Yaha, O Ma...

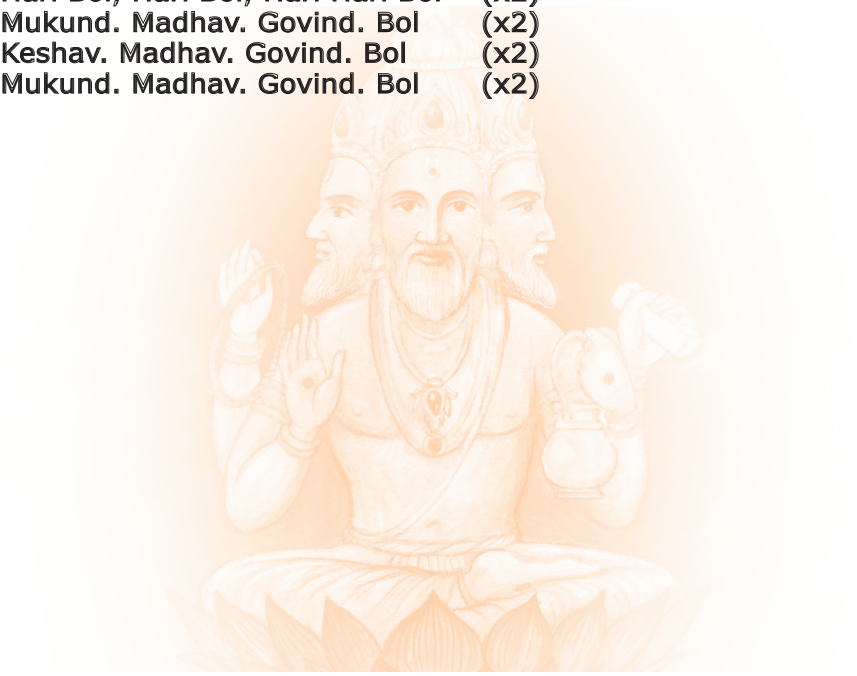
Manoharini Pranav. Rupini (x2)
Adi Anadi Sagun. Nir.Guni
Nir.Mala Devi Tu Hi Janani (x2)
Tujh. Me Sara Vishw. Sama, O Ma... (x2)

Vedonka Tu Rup. Manohar. (x2)
Rucha Mantra Ka Phal. Tu Sundar. } (x2)
Karm. Yog. Ka Kar.Ne Jagar. (x2)
Hradaya Basi Tu Adima, O Ma... (x2)

Sahaj. Yog. Tu Dhyan. Dharan. (x2)
Tu Sphurti Ki Divya Prerarn. } (x2)
Dnyan. Dan. Ki Tu Hai Pratima (x2)
Shadripu Ki Tu Hai Daya Kshama, O Ma... (x2)

HARI BOL

Hari Bol, Hari Bol, Hari Hari Bol (x2)
Mukund. Madhav. Govind. Bol (x2)
Keshav. Madhav. Govind. Bol (x2)
Mukund. Madhav. Govind. Bol (x2)



VISHW. NIRMAL DHARAM

Vishw. Nirmal Dharm Ki Ye Dara
Ban. Jayegi Sab. Ka Sahara (Chorus, x2)
Jaise Nabh. Me Subah Ka Ho Tara
Mit. Jata Hai Man. Ka Andhera

Shri Mataji Nirmala Devi
Sari Duniya Ki Hai Vo Janani } (x2)
Adi Shakti Janam. Leke Ai
Jagrut Karti Hai Jo Kundalini } (x2)
Ap.Na... Ya Sahaj. Yog. Jis. Ne (x2)
Paya Atmaka Us.Ne Ujiyara (x2)

Taswir Ma Ki Jo Sam.Ne Rakhega (x2)
Kum Kum Tilak Pe Nazar. Rakhega (x2)
Khyal. Jobhi Aye Apne Man. Me (x2)
Dhire Dhire Unhe Vo Khoega (x2)
Is Tarah... Dhyan Subah Sham. Karke (x2)
Mukti Paye Janam Na Dubara (x2)

Kundalini Hoti Hai Sharir. Me (x2)
Jagrut Karne Tu Rahna Dhyan. Me } (x2)
Ma Karegi Krupa Jo Bhi Aya
Sab. Chorke Uski Sharan. Me } (x2)
Thandi Lah.Ro Ko... Dekh.Na Karishma (x2)
Jab Bhi Tune Hai Ma Ko Pukara (x2)

Sat. Chakro Ke Hote Hai Swami (x2)
Dhyan. Ma Ka Tu Kar. Antaryami (x2)
Prasanna Ho Jayege Sare Swami (x2)
Na Rahegi Kisiki Gulami (x2)
Shaktiya Sari... Tujh.Ko Milegi (x2)
Khul. Jayega Sahastrar. Tera (x2)

DENEKO VAR.DAN.

('Pure Devotion')

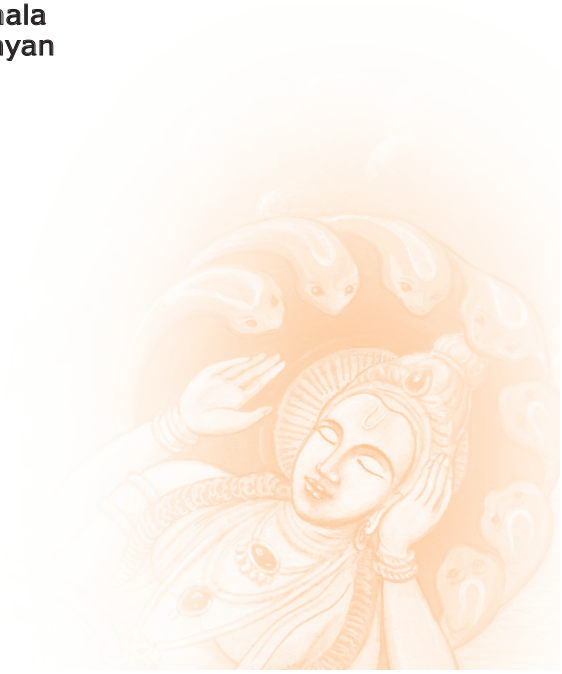
Dhyan. Rahe Kabhi Na Chod.Na (x2)
Sahaj. Dharan. Hai Dhyan.

Devi Nirmala Yaha Padhari (Chorus)
Deneko Var.Dan., Re
Yaha Padhari, Re, Dene Var.Dan., Re (x2)

Vimukt. Ham. Me Tore Hai Bandhan. } (x2)
Jat. Pat. Ke Rahe Na Lanchan. }
Tan. Man. Ar.Pit. Ham. Sab. Bhavik. (x2)
Vishwa Dharm. Ki Jyot. Jagane (x2)
Jivit. Panch. Pran

Hame Mili Hai Antahprer.Na } (x2)
Dhyan. Yog. Ki Divya Dhar.Na }
Vanchit. Hamari Puran. Kamana (x2)
Bin. Mange Hi De Devi
Hamare Bhag. Ka Dhyan

Sharan Agat. Ham Sare Balak. (x2)
Devi Ma Hai Palak. Chalak. (x2)
Disha Disha Me Gunj. Raha Hai (x2)
Devi Nirmala, Devi Nirmala
Shri Mata Hai Jag Ka Dhyan



SWAGAT. AGAT. SWAGATAM

Chorus:

Swagat. Agat. Swa-gatam (x2)
Welcome to Your arrival
Ham. Sab. Kar.te Swa-gatam (x2, Chorus)
We all welcome You

Aj. Hamare Bich. Padhare
Today You have come among us
Shri Mataji Ap. Hain Tare } (x2)
Shri Mataji You are the Saviour
Jhum-Jhumke, Jhum-Jhumke
Swaying all together
Kar.te Hain Gan } (x2)
we sing Your praise

Pujyavar. Mataji ke Dar.shan. Pakar
Having received the darshan of our respected Mother } (x2)
Kar.te Swagat. Dil. Se Gakar
We welcome Her, singing from our hearts
Prem Phulonki Mala Pah.Nate Hain Ham (x2)
We offer Her a garland of flowers of love

Nir.mala Ma Se Vinati Hamari
We pray to You Mother Nirmala } (x2)
Jivan. Sukh. Se Khar.de Bhari
please make our lives full of joy
Anand. Prem. Shanti Sada Hi Rahe (x2)
May joy, love and peace always reside within us.

DAR.SHAN. DEVO MA

Dar.Shan. Devo Ma Mahakali (Chorus)
O, O, Ao, Aoma Vagh.Vali, Vagh.Vali

Hai Tu Jagat. Janani Mahamayi
Sari Duniya Tunehi Banai

Bole Mile Vachan. Maiya Hoke Prasal.
Ao Upparvali Chute Kesh.Vali Vadh.Tani

Kahe Rajeshvari Kar.Jordi
Ao, Ao Bhavani Boli

Lagi Meri Lagan. Yake Joro Nayan.
Ao Bhakato Kare Rakh.Vali
Vadh.vati

JAY GANESH. JI KI MA AMBE

Jay. Ganesh. Ji Ki Ma Ambe (x2)
Victory to Amba, the Mother of Shri Ganesha Ji!
Jay. Jagadambe, Jay. Jagadambe
Victory to Jagadambe
Jay. Ganesh. Ji Ki Ma Ambe } (x2, Chorus)
Victory to Amba, the Mother of Shri Ganesha!

Jay. Maha Kundalini Tu Ambe (x2)
Victory to Maha-Kundalini, You, Ambe!

Jay. Vishnu Ki Lakshmi Tu Ambe (x2)

Jay. Brahma Ki Sarasvati Tu Ambe (x2)

Jay. Shivaji Ki Par.vati Tu Ambe (x2)

Jay. Rama Ki Sita Tu Ambe (x2)

Jay. Krishna Ki Radha Tu Ambe (x2)

Jay. Yeshu Ki Mary Tu Ambe (x2)

Jay. Sahastrar. Swamini Tu Ambe (x2)
She is the owner, the master, the ruler of the Sahasrara chakra.
Jay. Moksha Pradayini Tu Ambe (x2)
Sri Mataji not only grants us our liberation but at the same time gives us the power to share this gift with others.
Jay. Nirmal. Mata Tu Ambe (x2)
The immaculate great Mother.
Jay. Adishakti Tu Jagadambe (x2)
She is the Primordial Power of God.
The First Cause, the Creatrix of the universe.
Jay. Adi Maya Tu Jagadambe (x2)

Jay. Maha Maya Tu Jagadambe (x2)

Jay. Sarva Swarupini Tu Ambe (x2)

Jay. Triguna Swamini (x2)

Jay. Nirmal. Mata Jagadambe (x2)



e must know that the only way we can keep healthy is through our music, our talas, our dancing. This is the blessing of our ancient gurus and we should not try to go to these adhogatti people of the west and spoil ourselves. On the contrary, they will appreciate it. May God bless them all, and bless you all that you are appreciating it. It's tremendous. I have no words to express the greatest joy I have felt today, with this beautiful music rendering. May God bless you.

India - Madras - 27th January - 1986

KHOJE TU JISE (Urdu)

(Nirmal Sangeet Sarita -'Bandagi')

Chorus:

Khoje Tu Jise But.Khane Me Ya Kalisiyai Me
One whom you are searching for in the church or Congregation
Rah.Ta Hai Jo Hamesha Tere Dil Ke Dayere Me
Is One who actually resides within the orbit of your heart.

Paega Kya Use Bhat.Ke Gum. Rahiyo Me (x2)
How will you be able to find Him among the misguided and lost
Jo Soch.Te Hai Vo Milega (x2)
Mazahab. Ke Kohare Me
Who think that He is found in the mist of (so called) religion

Kaise Tu Dekh. Paega
Jab. Parakh. Nahi Nazaro Me } (x2)
How will you be able to see Him when your eyes lack discrimination
Jaha Sirf. Mah.Sus Kiya Hai (x2)
Use Dil Me Mahirone
Whereas the experts have only experienced Him in the heart.

Bag.Va Ko Jaise Sabhi Pyare Hai
Gulshan. Paristi Me } (x2)
Like the gardener loves everybody (be it thorn, dried leaves, dirt or flowers) while gardening.
Kya Bhala Kya Bura (x2)
Sabhi Pate Hai Ik.Lakh. Ke Maro Me
Whether good or bad, everyone will be attended to by people who are divinely sincere.

Neki Jitegi Badi Pe
Sahaj. Ke Chakkar Chal.Ne Se } (x2)
Good will triumph over evil, once the turbulent movement of Sahaj begins
Sada Gunj.Ti Hai Yahi Belos (x2)
Ma Ke Pukaro Me
This sound is echoing Belous in the Holy Mother's call

HAM.KO MAN. KI SHAKTI DENA

Ham.Ko Man. Ki Shakti Dena (Chorus)
Man. Vijya. Kare
Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare

Bhed. Bhav. Ap.Ne Dil. Se Saf. Kar. Sake
Dus.Ro Se Bhul. Ho To Maf. Kar. Sake
Jhut. Se Dare Rahe Sach. Kadam. Bare
Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare

Mushkile Pare To Ah.Mpar. It.na Karm. Kar.
Sath. De To Dharm. Ka, Chale To Dharm. Par.
Khud. Pai Hausla Rahe, Badhi Se Na Dare
Dus.Ro Ki Jay. Se Pahle, Khud. Ko Jay. Kare

GHANE GHANE JANG.LA *(Punjabi song)*

Chorus:

Ghane Ghane Jang.La, Vich Rehndi Mata Meriye
My Mother lives in the thick jungles on the mountain
Dekh.ne Da Sundar. Nazar. Ho (x2)
In the most beautiful scenery
Dekh.ne Da Sundar. Nazar. Mata Meriye (x2)
Dekh.ne Da Sundar. Nazar. Ho (x2)

Suha Suha Cholamata Ang. Me Viraje (x2)
O Mother You are looking so beautiful in red clothes!
Kesar. Tilak. Lagaya Ho (x2)
You have put a bindi of saffron on Your forehead.
Kesar. Tilak. Lagaya Mata Meriye (x2)
Kesar. Tilak. Lagaya Ho (x2)

Nange Nange Pair. Mata, Ak.Bar. Aya (x2)
The king Akbar himself came bare feet to see You
Sone Da Chatar. Chadhaya Ho (x2)
And offered You an umbrella of gold
Sone Da Chatar. Chadhaya Mata Meriye...

Pan. Supari Mata Dhwaja Naree-al. (x2)
The betel-leaf, the betel-nut, red cloth and a coconut are the things
Pailari Bhet. Chadhaee ho (x2)
we offer You with devotion in Your Puja.

Kiri kirni Mata Tera Bhavana banaya (x2)
Your house is made of flowers
Arjuna chaula chardaya ho (x2)
Arjuna himself offered a red shawl in devotion to You

Mandhir de Ase Pase Koyal Bole (x2)
On all sides of the temple the Indian cuckoos sing
Teri Ware Jay. Jay. Kara ho (x2)
Your Praise 'Jai!'

Chausath. Paudhi Mata Chadiya na Jave (x2)
Mother it is difficult to climb the sixty-fourth step
Dur. Te Jay. Jay. Kara ho (x2)
But still from afar I am doing Your 'Jai!'

Chaurisi lakha Mata Paudhi Chardhaye (x2)
8,400,000 steps (births) I have taken to come to You
Panjadara Bhuvana banaya ho (x2)
Through the five rivers (sense organs) of this house (body) that You have made

Janmo Janmo Te Mata Punye Laye (x2)
From many births we have gathered good deeds
Ta Tere Darshan. Paye Hain. (x2)
For this reason we are blessed to have sight of You

TERI JYOT JALE

Mata Nir.mala Devi, Mata Nir.mala Devi (x2)
Teri Jot. Jale Din. Rain
Mata Teri Jot. Jale Din. Rain. } (x2, Chorus)

Jo Bhi Teri Sharan. Me Aya
Us.ka Tap. Timir. Mitaya } (x2)
Yog. Kshem. Diya Ma (x4)

Tu Hi Sab. Kudh. Karnewali
Bera Par Laganevali } (x2)
Mata Bholi Bhali (x4)

Nis. Din. Teri Jyot Jalaye
Har. Dam. Tera Dip. Jalaye } (x2)
(Teri Shan Nirali)

Tumhi Meri Mata, Tumhi Mere Pita
Tumhi Mere Bandhu, Tumhi Mere Data } (x2)
Tum Bin Aur. Na Koi (x4)

SWAGATAM PARAM PUJYA MATA JI

Swagatam Swagatam Param Pujya Mata Ji
Mata Ji, Ap. Mangal. Dayini
Mata Ji, Ap. Shakti Dayini
Mata Ji, Ap. Vidya Dayini

Mata Ji, Ap. Vishwa Ki Ma Hain
Mata Ji, Ap. Hamari Ma Hain
Sewa Kar.Ne Ki Shakti Dijiye

Mata Ji, Ap. Sahaj. Yog. Dayini
Mata Ji, Ap. Sahastrar. Swamini
Mata Ji, Hame Shakti Dijiye

TERI JAY JAY KAR. HO

Nirmala Devi Ma, O Ma, O Ma...
Ganapatipule Me Ae Jo,
Vo Kabhi Khali Hath. Na Jae
Jay Ma...

Nirmala Devi Ma, Teri Jay Jay Kar. Ho (x2, Chorus)
Jay Jagadambe Ma, Teri Jay Jay Kar. Ho (x2)

Kit.Na Pavan. Hai Yah Darshan
Sab. Karte Tera Vandan } (x2)
O Ma... Devi Mata, Sab. Karte Tera Vandan
Mangal. Kar.Ni Mata,
O Bhava Bhaya Har.Ni Mata } (x2)
Tum. Dhyan. Dayini, Buddhi Dayini
Jay Jay Kar. Ho, Teri Jay Jay Kar. Ho

Jay Jay Ma, Jay Jay Ma...

Jo Ganapatipule Me Aya,
Us.Ne Jivan. Ka Sukh. Paya } (x2)
Ye Kaisi Teri Maya, Sab Kuch. Hai Maine Paya (x2)
Tera Darshan. Paya, Ma Tera Hi Gun. Gaya (x2)
Ma, Ma, Ma... Jay Jay Ma (x2)
Jagat. Janani, Jay. Amba Teri, Jay Jay Kar. Ho (x2)
Teri Jay Jay Kar. Ho

Jo Shri Dar.Shan. Ko Pae
Kabhi Khali Hath, Na Jae } (x2)
Jay Jay Ma...
Jo Shri Dar.Shan. Ko Pae
Kabhi Khali Hath. Na Jae } (x2)
Tum Ho Jagadambe Mata,
Mai Tere Hi Gun. Gata } (x2)
Tera Mera Natha, Hai Prem. Ka Ye Natha (x2)
Naye Sal. Ke Shubh. Aw Sarpar (x2)
Ashirvad. Do (x2)

BHAR. DE

(Nirmal Sangeet Sarita - 'Mirror of Sahaj')

Bhar.De It.Ni Bhakti, Ma... Mere Ang. Ang. Me (x2)
O Holy Mother, fill up my entire body with your pure and invigorating devotion
Jaise Ram. Ke Baj.Rang. Me, Ma (x2) (Chorus)
O Holy Mother, the devotion should be as the total surrender to Lord Rama
Baj.Rang. Me, Baj.Rang. Me...
Of Hanumana ....
Bhar.De It.Ni Bhakti, Ma... Mere Ang. Ang. Me

Bhar. De It.Ni Priti Ma
O Holy Mother, fill me up with ever abounding love
Jit.Na Pani Sagar. Me } (x3)
As much as the water contained in the unending ocean.
Kami Nahi Hogi Tabhi (x2)
Even them will not be reduced or lessened
Tanik Tere Pyar. Ke Sagar. Me...
Out of your storage of every flowing love.
Pyar. Ke Sagar. Me

Bhik. Tu It.Ni De De, Ma
O holy Mother, You give so much benevolence
Meri Maili Chadar. Me } (x3)
Even though I am soiled like a dirty sheet by the every day maya.
Dar.Pan. Har.Pal. (x2)
Grant me that your image should be permanently imprinted within me
Dekho Tere Sat. Sang. Me...
And that I always stay in the collectivity of saints.
Sat.Sang. Me...

Bhar.De Har. Ek. Bagh. Ko, Ma (x2)
O Holy Mother, fill up each and every garden
Pyar. Ke Phul. Kaliyo Se } (x2)
With the fragrance of love so that each flower and bud will emit the fragrance of love.
Mehak. Teri Hi Aegi Tab. (x3)
Such is the power of your love, that this fragrance would be overflowing
Sadak. Se Galiyo, Galiyo Se...
From the roads and lanes

Lagun. De Aisi, Mataji
Lagun. De Aisi
Lagun. De Aisi, Mataji
Jaise Raddha Ko Shyam. Se } (x2)
Shraddha De Aisi, Mataji
Jaise Shab.Ri Ko Ram Se, Shab.Ri Ko Ram... Se

QAWWALI: SAJ.DE KAR.NE JHUKE

(Baba Mama and Nirmal Sangeet Sarita - Short version)

Chorus:

Saj.De Kar.Ne Jhuke Taslim Hobhi Chuke
Abdiyat. Me Mere Rang. Bhar. Aenge
Itne Kayal Tere Pyar. Ke Ho Gaye
Ke Rihayi Milegi To Mar. Jaenge

Before we bowed down in reverence,
The salutations were already accepted.
Therefore, my devotion towards You would become Rich and colourful.
We have got so accustomed to Your love,
That if we are freed of it we shall die!

Thok.Re Darbadar Gam Aur Ruswaiya
Sab Simatkar Tere Rub.Ru Aye Hai
Pher. Li Gar Tune Ye Meh.Re Nazar
Tere Imadad Ko Ham Kaha Paenge

Having stumbled at every door,
And having collected a bundle of sorrows and sufferings,
We have now arrived face to face before You.
If You turn away Your benign gaze of compassion and mercy,
Where shall we find Your Divine help?

Sabz. Ye Anjuman Ye Hawa Jhum.Ti
Teri Belosi Me Aur Nikhar Aye Hai
Jab Tu Hi Tu Basi Hai Ye Dono Jaha
Ye Tare Bhi Saj.Do Me Jhuk Ayenge

The beautiful greenery, swaying in the gentle breeze,
Has enriched its qualities in Your purity and grace.
When You, and only You, are all-pervading in both the worlds,
Even the stars will come down to bow to You.

Chali Leh.Ro Pe Leh.Re Chaman Dar Chaman
Abid Pine Lage Hai Ye Abe-Hayat
Jab Iradat Ibadat Me Dhalne Lagi
To Belos., Sab. Paar. Ho Jayenge

Vibrations are flowing over the garden of humanity,
While the devotees have churned ambrosia out of these vibrations
And are drinking them in abandonment.
When the faith is being transformed into worship,
Then, “belos” everyone will become realized!

MUZ.RIM ADIL

(Nirmal Sangeet Sarita - 'Bandagi')

Chorus:

Muz.Rim Adil Ho Gaye Hai
Masum Katil Ho Gaye Hai
Sun.Kar. Log. Mayil Ho Gaye Hai
Kya Dilvale Aj. Bedil Ho Gaye Hai,
Bedil Ho Gaye Hai
Muz.Rim Adil Ho Gaye Hai

Criminals have become judges.
Innocents have become murderers.
Hearing this, people have become melancholy.
Have the large-hearted become today heartless?
Criminals have become judges.

Danishta Danisht Aj. Jahil Ho Gaye Hai (x2)
To Jahil Dekho Shane Mahfil Ho Gaye Hai } (x2)
Masahale Aur. Bhi Mushkil Ho Gaye Hai (x2)
Ariji The Vo Mushtakil Ho Gaye Hai,
Mushtakil Ho Gaye Hai

Knowingly, the knowledgeable have become uncouth,
While the uncouth have become the pride of society
The problems have become more complicated.
Those which were temporary have become permanent.

Na Mumkin Jab. Ki Hasil Ho Gaye Hai (x2)
Kya Yahi Ab. Ap.Ke Sahil Ho Gaye Hai } (x2)
Mar.Hale Aur. Bhi Mukammil Ho Gaye Hai (x2)
Irade Ap.Ke Dhayal Ho Gaye Hai,
Dhayal Ho Gaye Hai

While the impossible has been achieved,
Have these alone become your destinations?
Additional complex problems have further surfaced,
But your intentions have collapsed.

Insani Muzahab. Batil Ho Gaye Hai (x2)
Dekho Ruhani Sahaj. Me Shamil Ho Gaye Hai } (x2)
Nashamil Khud.Se Gafil Ho Gaye Hai (x2)
Sab Ye Dekh "Belos" Tiltil Ho Gaye Hai,
Tiltil Ho Gaye Hai

All man-made religions have become disproven.
See! All of them are now merged in the Divine Sahaj
The non-merged have become unaware of themselves.
Seeming all this, "belos" has become upset.

KHUD. KI KHUDI KO KHOKAR

(Nirmal Sangeet Sarita - 'Bandagi')

Chorus:

Khud. Ki Khudi Ko Khokar
Khud. Tu Khuda Me Khoeja } (x2)
Lafani Hai Vo Payeja
Jo Fani Hai Vo Khoeja

Losing your individual identity and ego,
You should get drowned in the identity of God.
In the process, attain what is imperishable,
And lose what is perishable.

Ye Jango Zabar, Ye Tango Hava
Ye Dush.Mani Sab. Khud. Ki Nakamiya } (x2)
Jo Tujh.Ko Tujh.Se Dur. Kare
Usi Khudi Ko Tu Mitayeja

All these world wars, tensions and animosity
Are failures purely attributable to ego.
The ego, which separates you from the divine identity must be destroyed.

Ye Dhan Daulat., Ye Shano Shaukat
Fanihai, Ye Rish.Te Mit.Te Jayenge } (x2)
Insa Ki Khidmat Ibadat. Hai
Is. Bandagi Ko Badhaeja

All the materialistic prosperity and the relative
Glory and grandeur are all perishable and mundane
Like the earthly relations which are transitory and ever changing.
While serving humanity is like the eternal worship of God
Which brotherhood should get propounded through your worship.

Jab. Mai Hi Tujh.Se Dur. Hui
To Jan.Le Ke Galiban. Tu Vali Hua } (x2)
Jannat. Ka Hoga Ilm. Tujhe
Tu Ap.Ni Hasti Ko Mitayeja

When the ego has deserted you,
Then, be assured that you would be like God himself.
The knowledge of bliss of Heaven will be unfolded on you.
As soon as you erase your ego-oriented self.

Na Soch. Samajh. Khudi Ke Bagair
Kya Maqsad. Hai Tera, Kaise Manzil. Payeja } (x2)
Har. Manzil. Hasil. Ayegi
"Belos" Qadam Uthaeja

Do not doubt or think as to what would be the purpose of your life without ego,
How would you reach your destination in its absence...
All goals will be automatically achieved, "belos"
When you march ahead in purity.

PUKAR. KAR, BULA RAHI

(Sanjay Talwar - 'Adi Shakti Poojan Vol 1')

Chorus:

Pukar. Kar, Bula Rahi
She calls you
Ma Kundalini Tumhe
Ma Kundalini beckons and calls you
Jo Shaktiya Tumhari Hai
Unhi Ko Kyu Na Pa Hi Lo
Come and attain your powers that lie dormant within
Pukar. Kar, Bula Rahi

Na Thi Khabar Hame Sahaj. Gyan. Ki
Unaware were we of Sahaja knowledge
Na Thi Fikar Hamare Utthan. Ki
Unconcerned were we about our ascent
Pari Nazar Jo At.Ma Pe Ap.Ni
No sooner we saw the light of our own spirit
Utha Sawal. Kyu Na Isko Jan. Le
It dawned, why not unfold this divine mystery?
(x2)

Koi Bhi Dosh. Ho Bhut. Kal. Ka
Whatever be our mistakes of the past
Kari Ho Galtiya Hazar., Tobhi Kya?
So what, if we have committed a thousand errors?
Jabhi Sabhi Ko Dil Se Maf. Kar Diya
No sooner we have forgiven all from our hearts,
Hui Krupa Ham Pe Adi Ma Ki
The Grace of Adi Ma will be bestowed on us.
(x2)

Diya Jalalo Ma Ki Tas.Vir. Pe
Light a candle before Mother's photograph
Pasare Hath. Kar Lo Dhyan. Ma Pe
With stretched hands meditate on Her
Chadhi Bali Jabhi Ahankar. Ki
No sooner we have surrendered our egos,
Hriday Me Lau Jalegi Ma Ke Pyar. Ki
The light of Her Love shall be kindled in our hearts.
(x2)

DURGA, ADISHAKTI

(Sanjay Talwar - 'Adi Shakti Poojan Vol. 2','Music of Joy 3')

Chorus:
Durga, Adishakti, Shri Mataji
Shri Mataji Nirmala Devi

Ma Krupa Se Jana Hai, Khud. Ko Hi Pana Hai
Through Your grace, Divine Mother, we know that what we seek lies within.
Ap.Ni Shuddh. Iccha Ko Param Shakti Me Samana Hai
By mere expression of pure Desire can we attain the Param Shakti.
Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)
Here-in lies our enlightenment and we now have the experience too.

Mel Hua Jab. At.Ma Ka, Ap.Se Tab. Paar Hue Ham
Nirvichar Aur. Nirvikalp. Bhi
Sahaj. Me Hi Ho Gaye
Ma Prem Tumhara Ye, Bah.Ta Ek Sagar. Hai
Ham. Bund. Bane, Is. Sagar. Ki
Ab. Sama Hi Jana Hai
Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)
Only then we knew what is Thoughtlessness and what is Doubtlessness. Divine Mother, all this is a vibrant flow of the ocean of your love. May we become a drop of this ocean, before the final merger?

Mahalakshmi, Mahasarasvati, Mahakali,
Trigunatmika Ma
Kundalini Ap. Hi Hai, Saj.De Kar.Te Ap.Ko Ham
Is. Yog. Mahan. Se Naya Janm. Mila Ham.Ko
Sab. Rog. Chute, Duhkh.-Dard. Mite
Sab.Ne Ise Pana Hai
Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)
Mother,You are Mahalaxmi, Mahakali and Mahasaraswati. You are Trigunatmika, the Kundalini within us – our salutations to Thee. Through this great Yoga we have had a new birth in this very life. With all our diseases gone and miseries shed, this yoga has come by Your Grace, as a gift for all.

Brahm Chaitanya Ka, Madhyam Ab.
Deh. Hamara Ho Gaya
Jhuth. Satya Aur. Pap. Punya Me
Bhed. Kit.Na Jan Gaye Ham
Is. Sthul. Rup. Me, Ham. Suksham Ko Paye
Nir.Vichar. Me Samar.Pan. Hokar.,
Sthul. Ko Pana Hai
Atm.-Bodh Ye Ap.Na Hai, Anubhav. Se Jana Hai (x2)
With our bodies as the media for the flow of Param Chaitanya, we are able to discern truth from untruth and good from evil. In this physical form, we are to become subtler and subtler, to know that only through surrender in thoughtlessness can we attain the Zero State.

HE MA! ADI KUNDALINI

(Sanjay Talwar - 'Adi Shakti Poojan Vol 2')

He Ma! Adi Kundalini Gauri Ma (Chorus)
Adishakti, Ma Jagadamba!
O Divine Mother! Adi Kundalini Gauri Ma!
Adi Shakti! Ma Jagadamba!

Karuna-Mayi Ma! Ki Hai Krupa Tune!
Yog. Sahaj. Lakar, Atam-Bodh. Diya } (x2)
O Merciful Mother, You have bestowed Your Grace upon us. With the Advent of Sahaj Yoga, You have given us Self-realisation, O Divine Mother.

Aham. Samar.Pan. Shri Charano Me Kiya
Chitanya Bahakar, Nav. Jivan. Hai Diya } (x2)
We surrender our ego at Your lotus feet. Through flow of cool vibrations, You have given us a new life. O Divine Mother!

Jivan. Gyan. Jo Ham.Ne Ekatr. Kiya
Daivi Gyan. Dekar, Bhram. Se Mukt. Kiya } (x2)
Till now we had accumulated our own knowledge of life. Through revelation of Divine Knowledge You have freed us from illusion. O Divine Mother

Pich.Le Kar.Mo Ke The Sanskar. Bhare
Atm.-Bodh. Se Hi Kshan. Me Dur. Hue } (x2)
All our past actions that we have stored as Samskaras in our brains, Through Realisation, they too have disappeared. O Divine Mother!
Adi Kundaline Gauri Ma! Shakti! Ma Jadadamba!

MATAJI KA RASHTRA

Pah.Le Bar. Aye Hai Ham. Yaha
Tobhi Bar.So Pah.Le Se
Jan.Te Hai Hindusthan. Ham! (x2)

Mataji Ka Yah. Rashtra Hai
Hamare Hruday. Me (Chorus)
Mataji Ka Maharashtra Hai
Hamare Hruday. Me
Ham. Hamare Hi Ghar. Aye } (x2)
Sabhi Khushiyo Se
Sabhi Khushiyo Se...

Suno Bhai!!!
Tum Is. Ganga Zarur. Jan.Te Ho (x2)
Sushumna Nadi Hai, Kundalini Ma (x2)
Mahalakshmi Tatw. Bah.Ta Hai Jaha (x2)
Bah.Ta Hai Jaha...

Suno Bahen!!!
Kya Tum. Swayambhu Nahi Pah.Chan.Ti (x2)
Rah.Ta Hai Jo Tumhare Andar. (x2)
Ganesh. Rup., Muladhar. Me (x2)
Muladhar. Me...

Suno Dost!!!
Kit.Na Sukh. Tumhare Sangit. Se! (x2)
Mere Atma Ko Mila, Mere Atma Ko (x2)
Jo Dhyan. Se Maine Pahle Kabhi Suna Tha (x2)
Kabhi Suna Tha...

Suno Log!!!
Tum. Is. Hindusthan. Kyu Nahi Ate? (x2)
Devi Ai Hai, Mangal. Desh. Me (x2)
Ye Hamari Mata, Ham Inke Hi Bachche (x2)
Ham Inke Hi Bachche...



o it must be in beats. First of all, the tune should be such that forms a melody. That's important because any tune anywhere, going anywhere, moving anywhere – you see this type of composition takes your mind from this to that, that to that. But if it's a melody you come back again on the sound, on the same point, again on the same theme. When you come back on the same theme it's something like your attention is on the spirit.

Music night before Sahasrara Day Puja
Vienna - 4th May - 1985

TUM. NE

Tum. Ne Mujhe Diya Hai...

Tum. Ne Mujhe Diya Hai Vishwa Sara (x2, Chorus)
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)
Tum. Ne Mujhe Diya Hai Vishwa Sara

Is. Duniya Par. ...
Is. Duniya Par. Tum. Ho Pyar. (x2)
Tum. Ho Pyar., Prem. Ki Dhara (x2)
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)

Man.Me Paida Kiye Hai...
Tum. Ne Paida Kiye Hai Phul Hazar. (x2)
Phul Hazar., Chakr. Sahasrar. (x2)
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)

Is. Duniya Par. ...
Is. Duniya Par. Tum. Ho Tara (x2)
Tum. Ho Tara, Ap.Na Hi Dwar. (x2)
To Kab. Samajhunga Ki Mai Hu Tumhara (x2)

ISI LIYE

(Sanjay Talwar - 'The Universe Sings', & 'Prerna')

Sat. Janam. Jo Punya Kiye Hai } (x2)
Saf. Lo Hue Sare
All the good actions done during these past seven births, have now given their fruits.

Chorus:

Is. Liye Mataji Ham. Ko } (x2)
Darshan. Hue, Tumhare
Therefore, O Mother, we have been blessed with Your Darshan!

Dukhiyo Ka Dukh. Dur. Kare Tu, } (x2)
You take away all the sorrows of those people who are sad,
Ma Nir.mal. Devi
O Mother Nirmala Devi.
Ham. Sab. Ka Up. Kar. Kare Tu, } (x2)
You are the Benevolent One Who grants us Realisation,
Shanti Sukh. Devi
O, Goddess of Peace and Joy.
Sab. Dharmo Ko Chor. Sharan. Me (x2) } (x2)
All the religions have come to Your Lotus Feet
Aye Sharan. Tihare
and have surrendered to You.

Aham Bhav. Ko Chor. Tumhare } (x2)
Having surrendered our egos,
Sharan. Sharan. Ata
Your shelter is now upon us.
Bhav.Sagar Ke Dukh.-Sukh. Se Vaha } (x2)
From all the illusion of the worldly happiness and sorrow
Purn. Paar. Hota
You have fully emerged us
Na Andhi Ho, Na Ho Tufa (x2) } (x2)
All storms and tempests of life are finished;
Sankat. Tal.hi Jaye
now all sorrows will be disolved.

Kundalini Ko Jagrut. Kar.Ke } (x2)
Having awakened this Kundalini
Mere Pap. Haro
please dissolve my sins.
Dekar. Mangal. Ashirvad. Tum } (x2)
Having given me auspicious blessings
Pavan. Mujhe Karo
please, make me pure.
Janam.-Maran. Ke Fere Mit. Gaye (x2)
The vicious circle of life and death is now broken
Khul Gae Bhag. Hamare
You have opened us the way for good fortune.

HE ADISHAKTI MA

(Anup Jalota - New Sahaja version, 'He Nirmala Ma' Hindi 98))

Chorus:

He Adishakti Ma, Nirmala Devi Ma
Agyan.ta se hame dur kar. de Ma } (x2)

Tu swar. ki Devi, Yeh sangeet. tujh. se
Har. shabd. tera hai, Har. geet. tujh. se } (x2)
Ham hai Akele, ham hai adhure (x2)
Teri Sharan. ham, hame pyar. de Ma

Muniyo ne samjhi, Guniyo ne jani
Vedo ki bhasha, purano ki bani } (x2)
Ham bhi to samjhe, ham bhi to jane (x2)
Vidya ka ham. ko adhikar. de Ma

TIRATH. KAHA JANA

Ucha, Ucha, Sab. Chale (x2)
Nicha Chale Na Koi } (x2)
Tul.Si Nicha Jo Chale (x2)
Sab.Se Ucha Ho...

Tirath. Kaha Jana, Mere Bhai (Chorus, x3)

Ghat. Me Ganga, Ghat. Me Jamuna,
Ghat. Me Saraswati Mayi, Hooo... } (x2)
Bahar. Sab. Jag. Patthar. Pani (x2)
Bhatak. Bhatak. Ghar. Ai

Din. Din. Bhat.Ka Rat. Jagaya,
Tab. Hi Nahi La Sayi, Hooo... } (x2)
Ek. Kamayi Kar. De, Bhai (x2)
To Is. Me Sab. Kuch. Ai

Man. Me Makka, Man. Me Kashi,
Man. Me Sare Duhayi, Hooo... } (x2)
Atam Ganga...
Atam Ganga Man. Man. Nhayi (x2)
To Janam.-Maran. Mit. Jayi

Rang. Rang. Ke Kapre Pah.Ne,
Darhi Muchh Utari, Hooo... } (x2)
Jata Barhayi Kabak. Lagayi (x2)
Ye Sab. Jag. Thag.Vayi

MA, TERI JAY. HO

(Composed by Shri Mataji in 1941 - Raga: Bahar - Taal: Jhap)

Chorus:

Ma, Teri Jay. Ho, Tera Hi Vijay. Ho
Victory be to You, O Mother India!
Tere Git. Se Aj. Jag. Ye Jivit. Ho
Let this world get alive today with Your song!
Ma, Teri Jay. Ho...
Victory be to You, O Mother India!

Tere Gaw Ke Khet. Bhi Ga Rahe Hai
Even the fields of Your villages are singing today
Tere Aj. Nagaro Me Jay Jay Ki Dhun. Hai
and from the towns the melody of Your victory is coming
Tumhe Dekh.Ke Ye Jagi Din. Duniya
By seeing You only, this unhappy world
Aur. Vo Ga Rahi Thi Ki...
Is also singing 'Victory to You!'

Jab Akho Me Asu Juba Pe The Chale (x2)
Even when we had tears in our eyes
Ye Dil Ga Raha Tha Ki...
our hearts were still singing 'Victory to You!'

Chitaye Hamari Gagan. Se Bhidi Thi (x2)
And even when the flames of the pyres were reaching the heights of the sky
Vaha Likh. Rahi Thi Ki...
they were writing there 'Victory to You, O Mother!'

Bolo Adishakti Nirmala Devi Ki Jay!!!

MATAJI...TUM. CHANDAN. HAM. PANI

Chorus:

Mataji...Tum. Chandan. Ham. Pani (x2)
Jaki Ang. Ang. Bas. Samani (x2)
Mataji...Tum. Chandan. Ham. Pani (x2)

Mataji... Tum Ghan.Ban. Ham. Mora (x2)
Jaise Chit. Vat. Chand. Chakora (x2)
Mataji...Tum. Dipak. Ham. Batti (x2)
Jaki Jyoti Badhe Din. Rati (x2)

Mataji...Tum Moti Ham. Dhaga (x2)
Jaise Sone Hi Milat. Suhaga (x2)
Mataji...Tum. Swami Ham. Dasa (x2)
Aisi Bhak.Ti Kar Rahe Dasa (x2)

MATAJI, BOLO!

Chorus:

Mataji, Mataji, Mataji, Bolo! } (x2)
Jay Jay Shri Mataji!
Mataji, Mataji Bolo! } (x2)
Jay Jay Shri Mataji!
Jay Jay Mataji! Shri Mataji! (x2)
Mataji, Mataji, Mataji, Bolo! } (x2)
Jay Jay Shri Mataji!

Jay Jesus. Jay Mary Mataji! } (x2)
Jay Jay Shri Mataji!
Adishakti Jag. Janani (x2) Dayarlu } (x2)
Krupavant Mauli!
Jay Jay Mataji! Shri Mataji! (x2)

Shwet Vastr Dharini Devata, } (x2)
Jay Jay Shri Mataji!
Jagat Karini, Dukh. Harini, } (x2)
Jay Jay Shri Mataji!

Bhakt Vatsale, Mahanmangale, } (x2)
Jay Jay Shri Mataji!
Saukhya Dayini, Mukti Dayini, } (x2)
Jay Jay Shri Mataji!

Bhav. Bhay. Harini, Shiv.Man Ramani, } (x2)
Jay Jay Shri Mataji!
Kshama Dayini, Krupa Dayini, } (x2)
Jay Jay Shri Mataji!

Adishakti Jag. Janani Dayarlu, } (x2)
Krupavant. Mauli!
Jay Jay Mataji! Shri Mataji! (x2)

Adishakti Jagat Janani, Parabrahma Swarup.,
Nirmala Mata ki .... JAY!

PINJ.RE WALI MUNIYA

(Nirmal Sangeet Sarita - 'Sajda – Devotion')

Chalat. Musafir. Moh. Liya Re
Pinj.Re Wali Muniya } (Chorus)

The Maina like soul (Adi Shakti) caged in a prison of pure heart has turned the human being.

Ur. Ur. Baithi Mul.Dhara Davariya Ma Ji (x4)
Holy Mother came flying (helping Kundalini ascend) and sat on the doorsteps of Mooladhara Chakra
Ganesh Ke Sab. Ras. ... (... Omkar, Shanmukh, Siddhi ...)
All essences & qualities of the deities & Gunas to do with that Chakra, like Shri Ganesha, the Omkara, the 6-faced God, the Powers, were collected by the soul and taken away in Divine sanctity

Ur. Ur. Baithi Swadisthan Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Swadisthana Chakra,
Ali Ke Sab. Ras. ... (... Vedo, Sangit, Kala ...)
all essences and qualities of the Deities and the Gunas to do with that Chakra like Ali, the Vedas, music, art, etc. were collected by the soul and taken away in Divine sanctity.

Ur. Ur. Baithi Nabhi Ke Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Nabhi Chakra,
Lakshmi Ke Sab. Ras. ... (... Hari, Dharma ...)
..... like Lakshmi, Hari, Dharma, etc. were collected by the soul .....

Ur. Ur. Baithi Bhav.Sagar Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Bhavasagar Chakra,
Guru Ke Sab. Ras. ... (... Nanak, Sai ...)
..... like Guru, Nanak, Sai, etc. were collected by the soul .....

Ur. Ur. Baithi Hriday Ke Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Hriday Chakra,
Durga Ke Sab. Ras. ...
(... Kali, Rama, Jan.ki, Karuna, Shambhu, Bhole, Anant ...)
... like Durga, Kali, Rama, Janaki, Karuna, Shambhu, Bhole, Anant, etc, were collected by the soul ..

Ur. Ur. Baithi Vishuddhi Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Vishuddhi Chakra,
Keshav Ke Sab. Ras. ... (... Radha, Murli, Raas ...)
..... like Keshav, Radha, Murli, Raas, etc. were collected by the soul .....

Ur. Ur. Baithi Agnya Ke Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Agnya Chakra,
Yeshu Ke Sab. Ras. ... (...Mariyam, Gautam, Mahavir, Jina...)
.... like Yeshu, Mariyam, Gautam, Mahavir, Jina, etc. were collected by the soul ....

Ur. Ur. Baithi Sahastrar Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Sahasrara Chakra,
Devi Ke Sab. Ras. ...
(...Shri, Mata, Moksh., Prabhu, Sangam, Nirmal...)
.... like Devi, Shri, Mata, Moksha, Prabhu, Sangam, Nirmal, etc. were collected by the soul ....

Ur. Ur. Baithi Sushumna Davariya Ma Ji (x4)
As soon as the Adi Shakti came flying and sat on the doorsteps of Sushumna Chakra,
Sahaj Ke Sab. Ras. ...
all essences .... like Sahaj, were collected by the soul .....

KRISHNA GOVIND.

(Nirmal Sangeet Sarita)

Chorus:

Krishna Govind. Govind. Gaya Karo (x2)
Sing every day the praise of Shri Krishna
Pyara Mohan Hriday Me Bithaya Karo (x2)
Establish Shri Krishna, Who is the Charming One, within your heart!
Krishna Govind. Govind. Gaya Karo (x2)

Lagaya Karo Dhyan. Chit. Me Samakar
Keep your attention inside and meditate on Shri Krishna
Bhaga Man. Kahi Phir. Lawo Jamakar } (x2)
If the attention goes outside then bring it again back inside
Bate Santo Ki Us.Ko Padhaya Karo...
Read the writings of the saints

Koi Kah.Te Hai Bhag.Van. Khate Nahi
Someone says that God doesn't eat anything
Shabari Ki Tarah Koi Khilate Nahi } (x2)
But no-one tries to give food to Him with love and devotion like Shabari gave food to Shri Rama
Yad. Nir.mal Ki Dil. Me Basaya Karo...
One should always keep remembrance of Shri Mataji Nirmala Devi in the heart

Mukh.Se Gaya Karo, Man Rangaya Karo
Sing about Shri Krishna and try to colour yourself with the devotion for Shri Krishna
Rang Me Nhaya Karo, Tan Dulaya Karo } (x2)
Have a shower in devotion for Shri Krishna and clean your negativities by that shower of devotion
Kahta Tuk.Rya Charan.Raj Lutaya Karo...
The poet Tukrya Das says that we should always try to be in the Lotus Feet of Shri Krishna

Govind. Bolo Hari Gopal. Bolo! (x4)
Radha Raman. Hari Gopal. Bolo! (x4)
Gopal. Bolo Hari Gopal. Bolo! (x4) } (x.....)
Govind. Govind. Govind. Bolo! (x4)

DURGATI HAR.NI DURGA AMBE

(Purushotamdas & Anup Jalota - Italy 1988 - 'Music of Joy 2')

Durgati Har.Ni Durga Ambe! ***[Sahasrara Swamini Durga Ambe]***
Oh Mother You are the saviour, Durga and the Sacred Mother
Ambe He Ma Ambe Ma!
Oh Mother Amba!

Chorus:
Durgati Har.Ni Durga Ambe (x2)
Oh Mother You are the saviour, Durga and the Sacred Mother
Teri Jayjaykar. Ho (x3)
We pay our salutations to You
Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho)

Bhav. Bhay. Har.Ni Bhavani Ambe
Mother You are the destroyer of all the fears, You are the Queen of Shri Shiva
Char.No Me Namaskar. Ho, Teri } (x2)
We bow at Your Lotus Feet
Char.No Me Namaskar. Ho

Teri Hi Abhase Ma Jyoti. Suraj. Chandr. Sitare
The sun, the moon, the stars, they all are enlightened because of Your glow and beauty } (x2)
Teri Hi Ma Shakti Lekar. Khade Hue Hai Sare
Because of all Your powers, they exist in this world
Sukh.Dayi Ho, Srushti Sari (x2)
May all the world become full of joy
Hal.Ka Dukh. Ka Bhar. Ho (x2)
Please give joy to all the sad people because only You are the giver of joy
Teri Jayjaykar. Ho
We pay our salutations to You
Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho

He Mahadevi, He Kalyani ... Kalyani ...
Oh Great Goddess, You are the benefactress
He Mahadevi, He Kalyani,
Dushto Ka Samhar. Karo
Please kill all the devils and bad people
Mangal.May Var.Dan Do Maiya, } (x2)
Mother give us the auspicious blessings
Bhav. Se Beda Par. Karo, Ma
Take us away from the illusions
Bhav. Se Beda Par. Karo
Bhav. Bhakti Me Sharanan. Ae (x2)
We have come to Your Lotus Feet and with our devotions
Bin.ti Ma Swikar. Karo (x2)
Please accept our prayers
Teri Jayjaykar. Ho
We pay our salutations to You
Teri Jayjaykar. Ho, Ma Teri Jayjaykar. Ho

ZINDAGI GAR.

(Nirmal Sangeet Sarita - 'Sajda – Devotion')

Zindagi Gar. Sangit. Hai To ...
Zindagi Gar. Sangit. Hai To
Sahaj. Us.Ki Sar.Gam Hai
If life is music, then Sahaj is the notation of that music.
Zindagi Gar. Lay. Hai To
Sahaj. Us.Ki Sam. Hai
If life is rhythm, then Sahaj is the first beat of the rhythm cycle.
Zindagi Gar. Sukh. Hai To
Sahaj. Abe Jam.Jam. Hai
If life is dry like a drought (Mecca), then Sahaj is like the never ending holy water of the well in Mecca.
Zindagi Gar. Dukh. Hai To (x2)
Sahaj. Ilaje Gam. Hai
If life is grief and sadness, then Sahaj is the treatment (therapy) of that grief.

Chorus:
Zindagi Gar. Bandagi Hai To
Sahaj. Us.Ka Pujan. Hai
If life is devotion, then Sahaj is its worship.
Zindagi Gar. Puja Hai To
Sahaj. Us.Ka Samiran. Hai
If life is worship, then Sahaj is its meditation.
Zindagi Gar. Samiran. Hai To
Sahaj. Us.Ka Samarpan. Hai
If life is meditation, then Sahaj is its surrender.
Zindagi Gar. Samarpan. Hai To (x2)
Sahaj. Us.Ka Puran. Hai
If life is surrender, then Sahaj is its compilation.

Zindagi Gar. Gardish. Hai To
Sahaj. Us.Ka Mas.Kan. Hai
If life is a cycle of misfortune, then Sahaj is the terminus of that cycle.
Zindagi Gar. Ankhe Hai To
Sahaj. Us.Ki Pal.Kan. Hai
If life represents the eyes, then Sahaj is the eye-lashes protecting the eyes.
Sa sa ni dha ni ni dha pa Dha dha pa ga pa pa ga pa dha ni
Sa sa ni dha ni ni dha pa Dha dha pa ga pa pa ga re sa re

Jhuk. Gayi Ankhe To Haya Ban Gayi
If the eyes are brought down, they mean bashfulness.
Mor. Li Ankhe To Ada Ban Gayi
If you turn your eyes, it signifies a gesture experiencing your feelings.
Pher. Li Ankhe To Kaja Ban Gayi
If the eyes are closed permanently, then that signifies death.
Uth. Gayi Ankhe To Duva Ban Gayi
If the eyes are raised looking to the skies, then it becomes a prayer.
Bol. Uthi Ankhe To Sada Ban Gayi
If the eyes sparkle, they appear as though they are speaking or emitting sound from within them.

Zindagi Gar. Ankhe Hai To
Sahaj. Us.Ki Pal.Kan. Hai
If life represents the eyes, then Sahaj is the eye-lashes protecting the eyes.
Zindagi Gar. Zindadili Hai To
Sahaj. Us.Ki Dhar.Kan. Hai
If life is a pulsating heart with cheer and joy, then Sahaj is its heartbeat.
Zindagi Gar. Raks. Hai To (x2)
Sahaj. Us.Ki Lach.Kan. Hai
If life is a dance, then Sahaj is the flexibility (jerk) and grace of the dancer.

Zindagi Gar. Barge Gul. Hai To
Sahaj. Us.Ki Shab.Nam. Hai
If life is the petal of a flower, then Sahaj is the morning dew which makes it look refreshing and full of chaitanya
Zindagi Gar. Dhalta Suraj Hai To
Sahaj. Ubhar.Ti Kiran. Hai
If life is the setting sun, then Sahaj is the ray of the rising sun.
Zindagi Gar. Parisha Hai To
Sahaj Ilaje Ul.Jhan. Hai
If life is distressed and scattered like a puzzle, then Sahaj is the solution to the riddle of life.
Zindagi Gar. Ayyari Hai To (x2)
Sahaj. Us.Ki Saukan. Hai
If life is fraud/deception and cheating, then Sahaj is its better relation.

Zindagi Siyayi Rat. Hai To
Sahaj. Mahe Anjum. Hai
If life is a black (dark) night, then Sahaj is like the moon and stars lighting up the sky.
Zindagi Gar. Maya Hai To
Sahaj. Khali Se Ar.Ma Se
If life is materialism or Maya, then Sahaj is the pure desire which takes you away from maya.
Zindagi Gar. Abodana Hai To
Sahaj. Us.Ka Khir.Man. Hai
If life is water and food of every day, then Sahaj is its harvest.
Zindagi Gar. Ruherva Hai To (x2)
Sahaj.Us.Ki Damkhan Hai
If life is the flowing spirit (the soul), then Sahaj is its primordial energy.

Zindagi Gar. Behoshi Hai To
Sahaj. Us.Ka Ausan. Hai
If life is a state of unconsciousness, then Sahaj is the medium by which you are consciously aware of the happening around you.
Zindagi Gar. Bar.Badi Hai To
Sahaj. Us.Ki Kad.Gan. Hai
If life is destruction, then Sahaj is its prevention.
Zindagi Gar. Beshkimat. Hai To
Sahaj. Us.Ka Pas.Ba Hai
If life is precious, then Sahaj is the guardian and protector of life.
Zindagi Gar. Nagina Hai To (x2)
Sahaj. Dure-E-Makanun Hai
If life is a jewel, then Sahaj is a priceless jewel.

AP.NE HRIDAY KE

(Sanjay Talwar - 'Roohani Roshni' & 'Puhar')

Chorus:

Ap.Ne Hriday Ke Sare Dwar. Khol
Open all doors of your heart,
Prem. Dayini Ma Ki Ho Kripa An.Mol
and receive Mother's unlimited love, through Her Divine Grace.

Ap.Ne Hriday Ke Sare Dwar. Khol
Open all doors of your heart,
Prem. Dayini Ma Ki Ho Kripa An.Mol **(Chorus)**
Prem. Dayini Ma Ki Ho Kripa An.Mol **(x3)**
And receive Mother's unlimited love, through Her Divine Grace.

Nir.mal. Ma Ko Jis.Ne Jana
Us.Ka Hi Hit. Hone Wala } **(x2)**
He who has recognized the pure Mother shall surely benefit.
Jivan. Me Am.Rit Ras. Ghol.
Churn the Divine Nectar in your life,
Prem. Dayini Ma Ki Ho Kripa An.Mol
And receive Mother's unlimited love, through Her Divine Grace.

Jaag. Baware! Khud. Ko Jaan ...
Jaag. Baware! Khud. Ko Jaan!
Wake Up! O lost one. Know thyself.
Ap.Ne Hi Shakti Peh.Chaan!
Realise your own powers within.
Jagrit. Kar.Ke, Vo Path. Khol **(x2)**
Through awakening, open the central path,
Niranand. Niranand. Jhare An.Mol
So that blissful joy is sprinkled within.

Soyi Atma Me Swanand. Jaga
The joy of the self has awakened in the sleeping soul. } **(x2)**
Bramhanand. Ka Raag. Samaya
The eternal being's joyous tune has penetrated its core.
Lilanand. Me Jivan. Tol **(x2)**
Weigh your life's qualities, through this joyful play.
Niranand. Niranand. Jhare An.Mol
Blissful joy will be sprinkled within.

YE KARISHMA (JANAM. SE JIVAN.)

(Sanjay Talwar - 'Roohani Roshni')

Janam. Se Jivan. Pana, Sukshm. An.Honi Hai ...
To be born realized is a subtle, unusual happening.

Janam. Se Jivan. Pana,
Sukshm. An.Honi Hai } (x2)
To be born realized is a subtle, unusual happening.
Aham. Se Bana Hai Kaisa,
Adambar. Maya Ka } (x2, Chorus)
From the ego has emanated the falsehood of illusion.
Sahaj. Ka Lagam Chitt. Nirodh. Kar. Dega (x2)
The reins of Sahaj will control the attention.
Dekho Sahaj. Yog. Ka Ye Karishma,
Behold! This charisma of Sahaj Yoga.
Ye Karishma, Ye Karishma!..

Dharm. Mar.Tando Ne,
Dharm. Ko Kuchal Diya Hai (x2)
The so-called religious intelligence have crushed the very concept of religion.
Is. Kaal. Me, To Dharm. Hi,
Paripakw. Pakhand. Hai (x2)
In these times, religion has become an established hypocrisy.
Aatm. Tatw., Ye Paakhand. Hi
Chaak Kar. Dega (x2)
The concept of the spirit will put an end to such hypocrisy.
Dekho Sahaj. Yog. Ka Ye Karishma,
Behold! This charisma of Sahaj Yoga.
Ye Karishma, Ye Karishma!..

Chaitanya Ka Abhas,
Mana An.Honi Hai (x2)
To feel Divine vibrations is a near impossibility
Yehi Sa-Vikalp,
Shankamai Samadhi Hai (x2)
Such strong determination of the doubting one appears like a samadhi.
Saburi Me, Shankit.-Chitt.,
Nirvikalp. Kar. Dega (x2)
In collectivity, the doubting attention will establish doubtlessness.
Dekho Sahaj. Yog. Ke Ye Karishma,
Behold! This charisma of Sahaj Yoga.
Ye Karishma, Ye Karishma!..

HAR. PAL. VICHARO ME

(Sanjay Talwar - 'Roohani Roshni' & 'Puhar')

Har. Pal. Vicharo Me Vichar. Ti
Adi Ma Vo Ap. Hai
Every moment You penetrate my thoughts, O Adi Ma!
Ab. Yaha, To Ab Vaha,
Mujhe Bhas. Ti Hi Ap. Hai
Here and there, I see You everywhere.

} (x2, Chorus)

Duriyo Me Ap. Hai ...
Duriyo Me Ap. Hai,
Naz.Dikiyo Me Ap. Hai
In distances and in proximity, You are everywhere.
Mere Hriday Me Baith. Kar,
Meri Khudi Ka Nap. Hai
Seated in my heart, You are the measure of my self.

Nanha Sa Kat.Ra Ban Nazara ...
Nanha Sa Kat.Ra Ban Nazara,
Kar. Raha Hu Ap.Ka
Like a speck, I am view You.
Kat.Re Ki Mai Hai Mit. Gayi
Bas Ap Hi Ab Ap Hai
Minus the ego, I can now see You and You alone.

Na Rahi Bulbul Na Raha..
Na Rahi Bulbul Na Raha
Hai Vo Kafas Ka Shorgul
Neither ignorance nor the mundane has prominence in my life,
ever since light has permeated the core of my heart.
Lkha te Jigar Raushan Hua
Vo Raushani Hi Ap Hai
Because I know You are that light.

TERE CHAR.NA DE DETH. *(Punjabi Song)*

Chorus:

Tere Char.Na De Deth. Van. Ganga Bage
Nale Jyoti Jage Sheravaliye! } (x2, Chorus)

The river Ganga flows beneath Your feet, which are illuminated with light

Tu Hi Shakti Ambe Papi Tharthar Kampe
Nale Mafi Mage Sheravaliye! } (x2)

You are the strength and the sinners shiver with fear, and they also ask for forgiveness

Tere Chunni Nu Lava Kinari, Ma Kinari (x2)
Tenu Pujegi Duniya Sari, Ma Sari (x2)

I decorated Your shawl with a beautiful border. The whole world worships You!

Tere Chunni Nu Lava Mai King.Ri, Ma King.Ri (x2)
Tenu Pujagi Sari Zindagi, Ma Zindagi (x2)

I decorate Your shawl with a border. I'll worship You all my life. Mother You are strength.

Tere Mukuta Nu Lava Mai Hire, Ma Hire (x2)
Thandi Thandi Pavan. Bage Sire, Ma Sire (x2)

I like to decorate Your crown with jewels, and feel the cool breeze flowing out of our head

Tere Sire Nu Lava Mai Mukuta, Ma Mukuta (x2)
Tere Char.Na Vich Sis Sara Jhuk.Ta, Ma Jhuk.Ta (x2)

I like to put this crown on Your head, and I like to place my head on Your Feet

Tere Hatho Nu Lava Mai Mehendi, Ma Mehendi (x2)
Thandi Hava Hatha Vich. Bah.Di, Ma Bah.Di (x2)

I like to decorate Your hands with henna, and feel the cool breeze blowing out of our hands

Tenu Pau Mai Sone Di Churi, Ma Churi (x2)
Dekho Chaitan Di Lahare Uri, Ma Uri (x2)

I like to put gold bangles on You, and feel the waves of Chaitanya!

Teri Ug.Li Nu Pau Anguthi, Ma Anguthi (x2)
Sare Badha Sada Layi Chhuti, Ma Chhuti (x2)

I like to put a ring on Your finger, and all the negativity will be removed forever!

Tere Paira Nu Pau Mai Payal, Ma Payal (x2)
Tu Hai Meri Kashti Di Sayal, Ma Sayal (x2)

I like to put an anklet on Your Feet, You are the answer to all my questions

Tere Mathe Nu Lava Mai Bindi, Ma Bindi (x2)
Duja Janam. Saju Tu De Di, Ma De Di (x2)

I like to put Bindi on Your forehead. You are the One Who has given us our new birth

Tenu Pau Mai Jari Di Sari, Ma Sari (x2)
Uthi Shakti Sushumna Nadi, Ma Nadi (x2)

I like to give You a brocade sari. The Shakti rises in the Sushumna nadi!

Tenu Bhog. Lagava Mithayi, Ma Mithayi (x2)
Janam Maran Te De De Rihayi, Ma Rihayi (x2)

I like to offer You sweets. You are the One Who grants Salvation from the cycle of birth and death.

Tenu Bhog. Lagava Mai Chane, Ma Chane (x2)
Tu Biraje Sabhi De Mane, Ma Mane (x2)
I like to offer You chana. May You reside in everybody's heart.

Teri Gau Mai Mangal. Ar.Ti, Ma Ar.ti (x2)
Apne Bhakta Nu Tu Hi Savar.Ti, Ma Savar.ti (x2)
I like to sing Your aarti. You look after the well-being of Your devotees.

BITANA ARSA-E-JIST *(Urdu Song)*

Bitana Arsa-E-Jist. Tu Fizul. Din. Gin
Do not just waste the span of your life by counting the days in futility.
Pirole Bache Lamha-E-Moti
Entwine the remaining precious pearl like moments
Sahaj. Me Pal.Chhin (Chorus)
In Sahaj at every opportunity or moment.
Bitana Arsa-E-Jist. Tu Fizul. Din. Gin

Suna Hai Ki Daura-E-Zindagi Hoti Hai Bas. Char. Din (x2)
It is said that the extent of life is only four days.
Char. Din ...
Kya Pata Tujh.Ko Bulava Bekhabar
Ajaye Kis. Din
You do not know when you may be summoned, unaware on which day.

Bitese Lekar Tajur.Ba Baki Kar. Gil. Me Tad. Fin (x2)
From the past only extricate experience, and the rest you bury in the absorbing Mother Earth.
Tad. Fin ...
Har. Tanaffas. Agaze Hi Hal. Me Guj.Ri Sase Na Gin (x2)
Because every breath you breathe is heralding the present, hence why indulge in the wasteful activity of living in the past?

Ayinaye Dil Me Kashf. Le Utar. Tas.Vir. Akse Din (x2)
Having taken your realization through your pure heart, then bring out through this mirror of the heart, the reflection of God.
Akse Din ...
Ye Hakikat. Ruhani Meh.Sus. Kar. Le
Nahi Hai Tal. Kwin
This actuality is Divine experience, and not a mere sermon or instruction.

Ul.Jha Hua Tu Uljhano Me Hoga Mus.Tar Aur. Gam.Gin (x2)
You are completely engulfed by the various complex problem of life which always make you depressed and grief stricken.
Gam. Gin ...
Tavv.Kul Ki Tavv.Ko Me Tanha Khare Hai
In great expectations and hope that you will join him in the worship of God,
(so that you are redeemed of all your problems)
"Belos." Tujh.Bin
Belous is standing all by himself without you.

AP.NE DIL ME

(Nirmal Sangeet Sarita - 'Glow of Love')

Chorus:

Ap.Ne Dil Me Sahaj. Ko Basaya Karo (x2)
Let the Sahaj settle in your heart
Rachaita Ki Tum. Rach.Na Rachaya Karo (x2)
Let the Creator's creation be created again in you (you should have your re-birth)
Ap.Ne Dil Me Sahaj. Ko Basaya Karo (x2)

Pah.Le Dhyan. Dharo Chit. Kabhu Karo
First be in meditation (dhyan) then take command of your attention (Chitta).
Kundalini Tum Ap.Ni Jagaya Karo } (x2)
Then awaken your kundalini.
Thand. Chaitanya Swayam Bahaya Karo
Then allow the cool vibration (chaitanya) to flow through you.

Muldhara Se Khili, Sahastrar Pe Khuli
Kundalini, which initiated its flow on the Mooladhara,
blossomed at Sahasrara in its full glory
Nirmalta Se Sushumna Me Bah.Ti Chali } (x2)
It started flowing with all its purity in the Sushumna
Adi Shakti Ko Aise Ubhara Karo
In this way you should glorify and enhance the grace and valour of the Adi Shakti

Shuddh. Ichha Karo, Sakshi Rup. Dharo
Only hanker for pure desire and be a witness to the happenings around you.
Bhavsagar Moh. Ka Aise Paar. Karo } (x2)
Thus row across the bhavasagar of temptation and maya
Niranand. Ka Kshitij. Tum Badhaya Karo
And in the process let the horizon of unending joy be expanded and extended.

Aye Sant. Kai, Uljhan Bharti Gayi
Many saints took birth on this earth, but the confusion kept growing.
Samjha Pae Koi Na Prabhu Ya Sayi } (x2)
Nobody could explain about God and the Saints.
Sacche Sayi Ko Sahaj. Me Paya Karo
In Sahaj one can find real Saints.

Nirmal tum bolo Sahaji, Nirmal tum bolo...
Mataji, Mataji, Mataji bolo...

RAPANI BAN (A TUJH.KO DIKHAU)

(Sanjay Talwar - 'Prerna')

A Tujh.Ko Dikhau Nayi Duniya Ka Nazara
Andha Parhe Lang.Ra Chale } (x2)
Rahat. Divana Pa Jae
Come, let me show you a scene from the new world,
where the blind can see, the lame walk, and the aimless find direction.

Dekha Jallad. Ko ...
Dekha Jallad. Ko Tauhid. Me Dhalte Hue (x2)
We have seen the cruel, merging with the oneness of God.
Dekha Bazaru Tabiyat. Ruhani Bante Hue
We have seen debased temperaments, become Divine.
Dekha Bah.Ki Khudi Ko Bandagi Me Jhuk.Te Hue (x2)
We have seen the aimless ego, become devotional.
Dekha Tute Dilo Ko Pyar. Me Khilte Hue (x2)
We have seen broken hearts, blossoming in love.
Kar. Dur. Bharam. Ap.Na Hai Ye Vakt. Kayama (x2)
Arise from your illusions, this is the Day of Judgement.
Do Zakh.Me Tu Aa Jaega Gar. Abhi Na Jana
Hell awaits those, who still do not understand.

Rapani Ban, Rapani Ban, Rapani Ban, (x2) (Chorus)
Become Saintly .....
Roohani Ban
Become spiritual .....
Roohani Ban, Roohani Ban, Roohani Ban,
Rapani Ban

Jaise Phul. Kamal. Me Badalta Hai
Just as any flower can become a lotus, the sun reflects moonlight.
Suraj. Chand Ni Ugalta Hai
To us, even the moon appears unblemished.
Nishkalank. Chand. Ko Dekha Hai
Such is the sight of paradise, we have seen.
Ye Vo Jannat. Ka Nazara Hai
Come, let me show you a scene from the new world.
Ankho Se Ham.Ne Dekha Hai

Dekha Akash. Me Tas.Vir. Ko Saj.Te Hue (x2)
We have seen the Divine image, reflecting in the sky.
Dekha Char.No Me Dev.Tao Ko Jhuk.Te Hue
We have seen the Devas, in obeisance to the Divine feet.
Dekha Mata Ko Devi Rup. Me Saj.Te Hue (x2)
We have seen Mother, adorned as the Devi,
Pak.Khaish. Me Chaitanya Ko Bah.Te Hue (x2)
And pure desire, flow as Divine Vibrations.
Ab. Der. Na Kar. Hasile Maksad Ko Pahi Le
Without further delay, achieve the goal that is now within your reach.
Yahi Vakt.Ta Tayaggur Hai Ise Aj. Kho Na De
This is the time for change, do not waste it.

Murakh. To Satya Se Bhagega
The stupid will always turn away
Niranand. Se Mukh. To Morega
From truth and blissful joy.
Andho Ko Diya Dikhane Me
It can take a lifetime
Ik. Umr. Lagegi Ye Roshan
Roshan, to show the light
Bhat.Ko Ko Rah. Pe Lane Me
Of spirituality to fools.

AYA HU DAR.BAR. TUMHARE

(Nirmal Sangeet Sarita - 'Worship')

Aya Hu Dar.Bar. Tumhare (x2)
Bahut. Janam. Ka Bhula Bhat. Ka (x2, Chorus)
Lag.Vale Prabhu Charan. Saha, Re

Nir.mal Nam. Patit. Pavan. Hai (x2)
Bahu Dis.Gavat. Sab. Saha Jan. Hai (x2)
Is Amrut Se Pavan Hone (x2)
Le Le Shri Ma Charam Tihare

Dhan. Nahi Mangu, Mangu Na Satta (x2)
Dhunde Pathik Tere Pyar Ka Rasta
Nahi Mangu Vishayan. Ki Mamata
Dhan. Nahi Mangu, Mangu Na Satta
Nirmal Chhao Ki Thandi
Le Le Shri Ma Charan Tihare

Bhag. Bare Tum. Se Man. Laga (x2)
Antar Atma Tab Se Jaga (x2)
Sahaji Kahe Sun. Aej. Hamare (x2)
Le Le Shri Ma Charan Tihare

HASILE MAKSAD.

(Nirmal Sangeet Sarita - 'Sajda – Devotion')

Hasile Maksad. Hai Gul Ka
But. Hi Ki Kadambosi Ke Bad } (x2)

The ultimate object of existence of the flower, nature's most beautiful fragrant gift to mankind, is achieved after it is offered as a floral tribute on the lotus feet of the Divine.

Daura-E-Manzil Me Jate (Chorus)
Kuch.Le Kayi Hokar Yah Bar.Bad

However, during this journey to its ultimate destination,
Many get trampled under the merciless feet of the monster, and thus get destroyed before reaching their destination.

Hasile Maksad. Hai Gul Ka
But. Hi Ki Kadambosi Ke Bad } (x2)

Bekar. Hai Yah Samandar,
Pyase Ki Pyas. Bujha Nahi Sak.Ta Hai Sailab } (x2)

This enormous and vast ocean (maya) is futile and worthless,
Since like the flood, it does not have the potency to quench the thirst of the thirsty.

Kat.Ra-E-Ab Vaha Moti Hoga
Dakhile Sadab Hone Ke Bad } (x2)

A drop of water (ordinary soul) will turn into a pearl (worth and beauty) there,
After entering into a shell (a protective cover of love and blessings).

Patthar Khuda Kya Ho Jata Hai
Me Gerua Rang. Charh.Ne Ke Bad } (x2)

Can a stone achieve the status of God, just because it is coated with saffron colour?

Dil. Yah Mandir Ho Jata Hai
Belosi Me Dhone Ke Bad } (x2)

This heart becomes a temple after it is washed with devotion.

Fizul. Hai Zik.Re Khuda
Pabandi-E-Dairo Haram Rakh.Ne Ke Bad } (x2)

It is a wasted and futile exercise to take the name of God,
After observing the rituals practiced by the temples and mosques which are so anti-God.

Mukhatib Us.Se Hoga Ma Ke
Pyar. Me Bandh.Ne Ke Bad } (x2)

On the contrary, you will remain in the proximity of God if you tie yourself in the eternal and divine love of Mother.

Hindu, Mus.Lim, Sikh. Me, "Belos", Kya Milega
Insan. Ke Bat.Ne Ke Bad } (x2)

What will you get "Belous", when human being which is the creation of God (in his own image) is fragmented by the society into Hindu, Muslim, Sikh etc.?

Sahaj. Ka Sona, Sona Rahega
Tuk. Re Bhi Hone Ke Bad } (x2)

However, the gold of Sahaj will remain gold, even if it is fragmented, or broken into pieces. Similarly even though you are fragmented by the society, yet the Sahaj in you which is like gold, will not reduce and will help you to become whole from your fragmented condition.

QAWWALI: SAJ.DE KAR.NE JHUKE

(Long version - Nirmal Sangeet Sarita — 'Sajda – Devotion')

Chhor.Kar Ap.Ne Rab. Ko Dar. Mat.Bar (x2)
Ham Agar. Jaenge To ... Kidhar Jaenge
Har Taraf. Us.Ke Jal.Ve Hai Bikh.Re Hue
Jis Taraf. Bhi Lekar Nazar. Jaenge ...

Rahim Razzak. Reh.Man Ya Khuda (x2)
Rab. Ke Bande, Ye Nam Khud.Garzi Me Lete Hai
Aaaa ... Ram. Radha Raghunath. Ramaiyya
Ye Bhag.Wan. Ke Nam Bhakt. Ap.Ni Marzi Se Lete Hai
Mataji Ka Nam Sahaji Le Lekar (x2)
Ap.Na Jivan Ji Lete Hai
Dil. Ki Taraf. Gar.Dan Jhukakar
Saj.De Kar Lete Hai ... (x2)

Saj.De Kar.Ne Jhuke Taslim Hobhi Chuke
Abdiyat. Me Mere Rang. Bhar. Aenge
Itne Kayal Tere Pyar. Ke Ho Gaye
Ke Rihayi Milegi To Mar. Jaenge

Thok.Re Darbadar Gam Aur Rus.Waiya ...

Bole Kazine Na Parhe Namaz. To
Rus.Vayi Hogi } (x2)
Bole Pandit Na Gaye Mandir To Rusvayi Hogi (x2)
Bole Ustad Bagair "Tuition" Ki
Na Parhayi Hogi } (x2)
Bole Samdhi Bagair Dahej Ke Na Sagayi Hogi (x2)
Bole Biwi Ne Dudh. Jald. Na Laye To
Vaha "Line" Hogi } (x2)
Bole Pulis. Bagair Rishvat Ke Na Likhayi Hogi (x2)
Bole Ayin Jo Khilayega Uski Hi
Sun.Vayi Hogi } (x2)
Bole Malik. Makan Pagri Do To Kiyami Hogi (x2)
Bole "Conductor" Na "Line" Lagaye To
Na Rawani Hogi } (x2)
Bole Vyapari Bin Milavat Na Kamayi Hogi (x2)
Bole "Leader" Do "Vote" Sab Gam Se
Tabhi Rihayi Hogi } (x2)
Abadi Barhne Par Kuchh. Bhi Na Pabandi Hogi (x2)

Aur. Kuchh. Bolne Par. Bhi Na
Manayi Hogi } (x2)
Garibi, Bukh_Aur Bekhari Ki Tab
Tarakki Hogi } (x2)

Thok.Re Darbadar Gam Aur Rus.Waiya
Sab Simatkar Tere Rub.Ru Aye Hai
Pher. Li Gar Tune Ye Meh.Re Nazar
Tere Imadad Ko Ham Kaha Paenge

Hai Tere Hi Raham Chhut. Dah.Ro Haram
Jaha Vas.Te Nahi Hai Kari Mo Dharam
Jab Tere Hi Karam Ban Gaye Ab Dharam
Har Bharam Se Ham Bahar Nikal Aenge

Sabz. Ye Anjuman Ye Hawa Jhum.Ti
Teri Belosi Me Aur Nikhar Aye Hai
Jab Tu Hi Tu Basi Hai Ye Dono Jaha ...

Shabnam Ki Nami Hai Tu, Dil Me Jamkar Jami Hai Tu
Dushmano Pe Chattano Si Tani Hai Tu
Mahke Bade Saba Ki Ravani Hai Tu
Bulbul Ki Chahak Hai Tu, Har Gul Ki Mahek Hai Tu
Jine Ka Maksad. Hai Tu, Jalwa-E-Jamal Hai Tu
Tu Hi As.Ma Hai Aur Ye Usfak. Bhi Hai Tu (x2)
Misal Tu, Jalal. Tu, Tariki Mashal. Tu
Har Sawali Ke Sawal. Ka Jawab. Hai Tu (x2)
Har Jawabi Ke Jawab. Ka Sawal. Hai Tu (x2)
Tu Hi Murshid, Tu Hi Musa, Tu Hi Maryam, Tu Hi Isa
Tu Hi Dhan Hai, Tu Hi Paisa, Batado Koi Tere Jaisa
Tu Hi Pyar Moh.Bbat Hai Tu, Anjum Aur Meh.Iab Hai Tu
Jo Na Dhale Vo Aftab Hai Tu, Har Mausam Ka Sharab. Hai Tu

Sabz. Ye Anjuman Ye Hawa Jhum.Ti
Teri Belosi Me Aur Nikhar Aye Hai

Jab Tu Hi Tu Basi Hai Ye Dono Jaha
Ye Tare Bhi Saj.Do Me Jhuk Ayenge

Chali Leh.Ro Pe Leh.Re Chaman Dar Chaman
Abid Pine Lage Hai Ye Abe-Hayat
Jab Iradat Ibadat Me Dhalne Lagi
To Belos., Sab. Paar. Ho Jayenge

(See Hindi 17 for partial translation)

NAMOSTUTE BHAGAVATI SHRI MATAJI

Namostute Bhagawati Shri Mataji
Moksh. Pradayini Nir.mala Ma (Chorus)
Ki Jay. Ho, Jay. Ho ...
Namostute Bhagawati Shri Mataji

Ham. Balak. Tere Anjan
Satya-Satya Ki De Pen.Chan } (x2)
Varadanast. Se Pae Pran (x2)
Brahmarandhrachhedini
Tumhari Jay. Ho, Jay.Ho ...

Tumhi Mata Pita Hamari
Tum. Hame Prano Se Pyari } (x2)
Samarpit. Hai Tere Charano Par (x2)
Adishakti Bhagawati
Tumhari Jay. Ho, Jay.Ho ...

Tum. Hi Vishwa Ki Raksha Kar.Ti
Tum. Ho Sakshat Parashakti } (x2)
Paramatmase Hame Milao (x2)
Parabrahmha Swarupini
Tumhari Jay. Ho, Jay Ho ...

KOI DAR.BAR. NAHI

Ma, Dar.Bar. Hazaro Dekhe Hai (x3)
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Pyar. Hazaro Dekhe Hai (x3)
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)
Tere Dar.Sa Koi Dar.Bar. Nahi (x4)

Ma, Har. Phul. Me Tune Rang. Bhara (x3)
Har. Gul. Me Hai Teri Khush.Bu (x2)
Jis. Gul. Me Teri Khush.Bu Ni Na No (x2)
Aisa To Koi Gul.Zar. Nahi (x4)
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Suraj. Chand. Sitare Sab. (x3)
Ma, Teri Jyot. Jagate Hai (x2)
Sansar. Me Teri Maya Hai (x2)
Jis.Ka Koi Par.Var. Nahi (x4)
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)

Ma, Duniya Valo Se Kya Mangu (x4)
Duniya Khud Ap. Bhikhari Hai (x2)
Tere Age Hath. Pasara Hai (x2)
Tu Karti Kabhi In.Kar. Nahi (x4)
Tere Pyaar. Sa Koi Pyaar. Nahi (x4)
Tere Dar. Sa Koi Dar.Bar. Nahi (x4)



NAMAMI SHRI GAN.RAJ. DAYAL.

(Raga: Bhoopali; 'Pure devotion')

Chorus:

Namami Shri Gan.Raj. Dayal. (x2)
We bow to You, Compassionate Ganesha!
Karat. Ho Bhakt. Naka Pratipal. (x2)
Verily You are the Protector and Supporter of devotees
Namami Shri Gan.Raj. Dayal. (x2)
We bow to You, Compassionate Ganesha!

Nishidina Dhyan. Dhare Jo Prani
The one who meditates every day
Hare Sakal. Bhav. Jal. } (x2)
You free him from these worldly temptations
Janam.-Maran. Se Hot. Nirala
He who watches the cycle of birth and death as a witness
Nahi Lag.Ti Kar. Mal.
Obtains ultimate liberation from his Karmas

Lambodar. Gaj.Vadan. Manohar.
O round-bellied God, with Your lovely elephant head
Galephulo Ki Mal. } (x2)
You wear a fragrant garland of flowers around Your neck
Ridhisidhi Chamar. Dulave
Wealth and Knowledge both stand at Your disposal
Shobhatase Dur.Har.
A red coloured garland decorates You

Mushak. Vahan. Trishul. Pareshudhar.
A mouse is Your vehicle, You who hold the trident & hatchet } (x2)
Chandan. Jhanak. Vishal
The mark on his forehead made of sandalwood paste
is huge and very beautiful
Bramhadip. Sab. Dhyavat. Tum Ko
Bramhadeva Himself worships You
Ar.ji Tuk.rya Bal.
Thus speaks Tukarya Daas (saint from Nagpur)

SHRI MA KE UJAALO

(Deepak Verma - 'Ujalay')

Chorus:

Shri Ma Ke Ujalo, Nir.mal. Ma Ke Ujaalo (x2)
Shri Mother's brightness, Mother Nirmala's brightness...
Ankho Me Simat. Ao, Andhero Ko Nikaalo (x2, Chorus)
Please come in my eyes and dispel all the Darkness!
Shri Ma Ke Ujalo, Nir.mal. Ma Ke Ujaalo (x2)
Shri Mother's brightness, Mother Nirmala's brightness...

Jab. Sahaj. Me Aye Hai To Ham. Ek. Hue Hai (x2)
When we came into Sahaj, we got our integration.
Ras.Te Pe Tere Chalke Sabhi Nek. Hue Hai (x2)
Following Your path, we thus became pure people.
Har. Pag. Pe Sambhala Hai To Age Bhi Sambhalo (x2)
At every moment You protected us; please never stop that protection

Bar.So Se Tumhe Dil Ki Nazar. Dhundh. Rahi Hai (x2)
From ages, the eyes of my heart were looking for You.
Jis. Ghar Me Basi Ho, Vahi Ghar. Dhundh. Rahi Hai (x2)
The place where You reside, that is what they were searching.
Ab. Karke Krupa Ma Mujhe Anchal Me Chhupa Lo (x2)
Having now bestowed You Grace, please grab me in Your arms!

Duniya Ka Ajab. Hal. Hai Insan. Ke Hatho (x2)
This worlds poor condition is only the fault of people.
Aisa To Na Hoga Kabhi Shaitan. Ke Hatho (x2)
The devil himself would not have done such bad work.
Ab. Chaaho To Akash. Pe Dharti Ko Uthalo (x2)
If only they would wish it, those people could bring Heaven on this earth!



t is my nature to be one with music. It's not necessary to understand all the intricacies and all that ˆ but if you are in thoughtless awareness, the joy which was created by the artists starts flowing through your being and you can really enjoy the music.

Shri Mataji, India Tour 1992

HAME TRUPTI DE

(Raga Malkauns)

Chorus:

Hame Trupti De, Ma
Hame Trupti De } (x2)
Bund. Ki Jo Prasann.Ta Hi Sagar. Me (x2)
Ham. Pe Bhar. De ...

Kaam. Krodh. Moh. Lobh. Hai Dushman. Ap.Ne (x2)
In. Sab. Ko Janam Diya_Ahamkar. Hi Ne (x2)
Ap.Ke Putro Ko Shanti Hi Chahiye (x2)
Hame Vinay. De ...

Is. Duniya Me Kai Dhundh.Te Hai Saubhagya Ko (x2)
Kai Safalta Ko, Naam. Ko, Prasiddhi Ko (x2)
Par. Niraanand. Paya, Ap.Ke Baccho Ne (x2)
Hame Bhakti De ...

Jag. Vale Kah Rahe The Ki Prabhu Vishw. Me Nahi (x2)
Ishwar Bina Jaldi Duniya Mar. Jaegi (x2)
Kit.Ni Asha Di Hai Ap. Ne Jag. Aake (x2)
Hame Raksha De ...

HAR. DESH. ME TU

(by Saint Tukdya Daas - Deepak Verma – 'Bhakti')

Har. Desh. Me Tu, Har. Bhesh. Me Tu	(x2, Chorus)
Tere Naam. Anek. Tu Ek. Hi Hai	(x2)
Teri Rang. Bhumi Yah. Vishw. Bhara	(x2)
Sab. Khel. Me, Mel. Me Tu Hi To Hai	(x2)
Sagar. Se Utha Badal. Ban.Ke	(x2)
Badal. Se Phata Jal. Ho Kar.Ke	(x2)
Phir. Nahar. Bana Nadiya Gahari	(x2)
Tere Bhinna Prakar. Tu Ek. Hi Hai	(x2)
Chhoti Se Bhi Anu Par.Maanu Bana	(x2)
Sab. Jiv. Jagat. Ka Rup. Liya	(x2)
Kahi Parvat. Vruksha Vishaal. Bana	(x2)
Saundarya Tera Tu Ek. Hi Hai	(x2)
Yah. Divya Dikhaya Hai Jis.Ne	(x2)
Vah. Hai Guru Dev. Ki Purn. Daya	(x2)
Tuk.Dya Kahe Koi Na Aur. Dikha	(x2)
Bas. Mai Aur. Tu Sab. Ek. Hi Hai	(x2)

JAY... GAN.PATI VANDAN. GAN.NAYAK

(Deepak Verma - 'Shraddha - Devotion')

Chorus:
Jay Gan.pati, Jay Gan.nayak..
Jay Ganesh, Jay Ganesh.. } (x2)

Jay... Gan.pati Vandan. Gan.nayak. (x2)
Teri chhavi ati sundar. Sukh. dayak. (x2, Chorus)
Jay... Gan.pati Vandan. Gan.nayak. (x2)

Tu Char. Bhujadhari
Mastak. Sinduri Rup. Nirala
Hai Mushak. Vahan. Tero,
Tu Hi Jag. Ka Rakh.Vala
Teri Sundar. Murat. Man. Me,
Tu Palak. Siddhi Vinayak.

Man. Mandir. Ka Andhiyara,
Tere Nam. Se Ho Ujiyara
Tere Nam. Ki Jyot. Jali To,
Man. Me Beh.Ti Sukh. Dhara
Tero Saumiran. Har. Pujan. Me,
Sab. Se Peh.Le Phal. Dayak.

Tere Nam. Ko Jis.Ne Dhaya,
Us. Par Reh.Ti Sukh. Chhaya
Mere Rom.-Rom. Antar. Me,
Ik. Tera Rup. Samaya
Tere Mahima Tu Hi Jane,
Shiv. Parvati Ke Balak.

JAY GANESH. GAN.NAATH. DAYANIDHI

Chorus:

Jay Ganesh. Gan.Naath. Dayanidhi (x2)
Charan. Sharan. Ham Lage Tihari (x2)
Vigh.Neshwar. He Naath. Krupanidhi (x2)
Sakal. Vighan. Karo Dur. Hamare
Jay Ganesh. Gan.Naath. Dayanidhi

Jo Bhi Dhyave Nam. Tumhara (x2)
Us.Ka Tum.Ne Kaaj. Savara (x2)
Mangal.Kari,
Mangal.Kari Naath. Kalanidhi (x2)
Bhav. Bhaktise Tum.Ko Pukare

Karunamaey Gaj.Vadan. Vinayak. (x2)
Paramanand. Param.Sukh.Dayak. (x2)
He Siddheshwar.,
He Siddheshwar. He Vidyanidhi (x2)
Har. Mushkil Se Tu Hi Ubhare

Rishi Muni Yogi Sab. Aradhe (x2)
Nam. Tihara Jo Bhi Sadhe (x2)
He Shiv.Nandan.,
He Shiv.Nandan. Dev.Sudhanidhi (x2)
Sharanagat. Ke Kaj. Savare

QAWWALI: NA TO CHAL.KE NA GHATE

(O Mother, let my cup of joy be filled)
(Nirmal Sangeet Sarita 'Glow of Love'; 'Anand Lahari')

Solo:

Mile Logoko, Gam se phur.sat. (x2)
If people could get free from their sorrows and worries,
To su nau mai Ap.na Afesana
Then I could narrate them the story I have to tell
Hairat. hai ke, Koi rind. Nahi (x2)
Surprising it is to see that not a single person drinks
(the poet is referring to the seeker in pursuit of pure joy and everlasting happiness)
Kab.se khula pada hai
Ish.rat. ka mai khana
Even though the wine of pure joy and everlasting peace is being distributed openly
at the tavern opened by Shri Mataji!
Talaph na hoto kisi dar.se kuchh. Nahi hai Milta (x2)
If one does not seek, he may try any door, Nothing will he receive.
Agar. talaph. hai To, Dono Jahan se, Sab. Kuchh. hai Milta (x2)
But if he is a seeker, from this whole world, He is bound to get everything he desires.

Chorus:

Na to Chal.ke na ghate jam me ish.rat. kabhi (x2)
The glass of wine which symbolises my cup of fulfilment of pure joy and peace should neither spill nor recede. It should always be full up to the brim. It should not spill because of overjoy nor should it recede because of sorrow or grief.
Aise tabajjo ka talabh. gaar. hu (x2)
The poet is desirous (talabgaar) of such an attention (tawajjo). He desires you to develop such attention which would not allow you to be overjoyed or get depressed but should remain undisturbed in any eventuality
Muhabat ki ye lav na bhadake na-a bhuje (x2)
Likewise the glow of love which is kindled within you should neither go ablaze or extinguish. The poet desires that your love be so detached that it should not flicker because of day to day mundane happenings but should remain as a pleasant glow enough to give you light within
(Aise) Munnavar ta bajjo ka talabh. gaar. hu (x3)
I am desirous of such bright (munabbar) hope
Na to Chal.ke na ghate jam me ish.rat. kabhi (x2)

Na rahe dukh. ke aaso na rahe dardo gam
(Oh Shri Mataji) let it happen that there remain
neither tears of sorrow nor the pain of grief
Khushi se aise rahajani ka talabh. gaar. hu (x3) } (x2)
I am desirous of such robbery at the hands of happiness and joy. (The poet desires that joy and happiness should rob away all the sorrow , grief, tears and unhappiness so that all the grief is wiped away and only joy remains.)
Ho jaye naf.rat. ko naf.rat. se hi naf.rat. (x2)
May the hatred start hating itself (The poet desires that hatred should suffer such humiliation and embarrassment that it should start hating itself)
Aise pashemani ka talabh.gaar. hu (x2)
I am desirous of such an event.
Na to Chal.ke na ghate...

Mah.ke pyar hi pyar har. jeesm. se
The aroma of love should carry its fragrance through everybody
Dil ki aisi dhah.kan. ka talabh.gaar. hu mai
I am desirous of such pulsating and love giving heart
Aisi dil ki dhad.kan. ka talabh.gaar. hu mai
Dil ki aisi dhah.kan. ka talabh.gaar. hu mai (x2)
Havas. khud.ne paki jaha pe hu meh.rum
Where greed and selfishness are totally prohibited
Aisi hi mas.kan. ka talabh.gaar. hu
I am desirous of such a habitat
Na to Chal.ke na ghate...

Ufak. jis.ki hadh. ho aas.ma jis.ki kad.ho
The ones whose limit is the horizon and whose height is the sky
Aise aala Sahajika talabh.gaar. hu mai (x3) (x2)
I am desirous of such supreme Sahajis
Ibadat. ma budh. ki begar.ze yaani Belous
The worship of God should be selfless like the Belous
Aise khudh.nisari ka talabh.gaar. hu
I am desirous of such selfless surrender
Na to Chal.ke na ghate...

NIRMALAM KEVALAM GNYAN. MURTI

Jayanti Mangalakali Bhadrakali Krupalini
Durga Kshama Shivadhatri
Swaha Sada Namostute ...

Nirmalam Kevalam Gnyan. Murti (x2, Chorus)
Sakal. Jagat. Paripalini Mata (x2)
Sarv. Jagat. Kirti ...
Nirmalam Kevalam Gnyan. Murti (x2)

Bramh. Swarupini Adi Narayani (x2)
Devi Bhavani Asur. Nashini
Kamal. Nayan. Shanti Murti (x3)

Mata Devi Kasht. Nivarini (x2)
Durga Bhavani Bhav. Bhay. Harini
Mata Se Karenge Priti (x3)

Mata Maheshwari Jagat. Ki Janani (x2)
Sakal. Siddhi Adishakti Mata
Sab. Ke Dukho Ko Har.Ti (x3)

SAINYA NIKAS. GAYE

(Kabir)

Sainya Nikas. Gaye
Mai Na Lari Thi (x2) } (x2, Chorus)

Na Kachhu Boli, Na Kachhu Chali (x2)
Nayana Jhukake
Chup.Ke Khari } (x2)

Meri Gar Na Na Mano, Saheli Se Puchho (x2)
Chadar. Oruke
Palanga Pari } (x2)

Rang. Mahel. Ke, Das. Dar.Vaze (x2)
Jane Kaun.Si
Khir.Ki Khuli } (x2)

Kahat. Kamal, Kabira Ki Beti (x2)

AWAZ UTHAENGE

(Original version from Marathi Hymn Book. See also p. 62)

Chorus:
Awaz Uthaenge, Ham Saz Bajaenge
Hai Yeshu Mahan Ap.Na, Ye Git. Sunaenge

Sansar. Ki Sundar.Ta Me, Hai Rup. To Tera Hi
In. Chand. Sitaro Me Hai Ash.Ka To Tera Hi
Mahima Ki Teri Bate Ham Sab.Ko Bataenge
Hai Yeshu Mahan Ap.Na ...

Dil. Tera Khajana Hai, Ek. Pak. Mohabbat. Ka
Thah. Pa Na Saka Koi Sagar. Hai Tu Ulfatka
Ham Teri Mohabbat. Se Dil Ap.Ne Sajaenge
Hai Yeshu Mahan Ap.Na ...

Na Dekh. Saka Ham.Ko, Tu Pap. Ke Sagar. Me
Aur. Ban.Ke Manush. Aya Akash. Se Sagar. Me
Mukti Ka Tu Data Hai Duniya Ko Bataenge
Hai Yeshu Mahan Ap.Na ...

MA HAM PE KRUPA KAR.NA

(Deepak Verma - 'Ujalay')

Ma Ham Pe Krupa Kar.Na
Ma Ham Pe Daya Kar.Na } (x2, Chorus)

Mother please keep Your grace on us. Mother please have Your compassion and kindness on us

Vaikunth. To Yahi Hai (x2)
Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

Dhun. Denge Rag. Ban.Kar.Vina Ki Tar. Ban.Kar.

We will try to find out the joy of the spirit through divine music (sound of the Veena string)

Bas. Jao Shri Ma Nir.Mal
Hiriday Me Pyar. Ban.Kar. (x2)

O Mother Nirmala please reside in our hearts. Please come in my heart in the form of love

Har. Ragini Ki Dhun. Par.
Swar. Ban.Ke Utha Kar.Na (x2)

On every note of music, the voice becomes a message of love.

Ham Paar. Ho Gaye Hai Le Kar.Ke Sahaj. Bhakti

We have become realised by taking to Sahaj devotion.

Ap.Ni Sharan. Me Rakh.Na
Ma Nir.Mal Adishakti (x2)

Let me always remain in Your shelter, O Mother Nirmala, Primordial Power!

Ban. Sahastrar. Dhara (x2)
Prano Me Baha Kar.Na

By becoming a river in the Sahasrara, let Your Divine Vibrations flow!

Vaikunth. To Yahi Hai (x2)
Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

Nachenge Mor. Ban.Kar. Ma Nir.mal. Tere Dware

We will dance as if becoming peacocks, O Mother Nirmala, at Your doorstep

Ma Nir.mal. Chhayi Rah.Na
Ban.Kar. Ke Megh. Kale (x2)

O, Mother please surround us by assuming the form of black clouds (which will bring the peacocks in to dance)

Amrit. Ki Dhar. Ban.Kar. (x2)
Pyaso Pe Daya Kar.Na

By becoming a flow of Ambrosia, please shower Your grace on the thirsty souls.

Vaikunth. To Yahi Hai (x2)
Hiriday Me Raha Kar.Na

The heaven is on this earth for us, if You are in our hearts

MA NIR.MAL. PYAR. KA SAGAR. HAI

(Miss Nirmal Kanta; Deepak Verma - 'Ujalay')

Ma Nir.mal. Pyar. Ka Sagar. Hai
Mother Nirmala is the ocean of love
Ham Is.Me Dub.Te Jate Hai } (x2, Chorus)

We everyday feel that we are going deeper and deeper in Her ocean of Love

Ham. Nav. Sahaj. Ki Charh. Baithe (x2)
Now we are in a boat of Sahaja Yoga
Bhavasagar. Ko Tar. Jate Hai
So that we can easily go out from the ocean of illusion
Ma Nir.mal. Pyar. Ka Sagar. Hai } (x2)
Mother Nirmala is the ocean of love
Ham Is.Me Dub.Te Jate Hai
We everyday feel that we are going deeper and deeper in Her ocean of Love

Bholepan. Me Aa Kar.Ke } (x2) } (x2)
When we become innocent
Ganesh Tatw. Ko Pate Hai
Then the powers of Ganesh are awakened in us
Chaitanya Me Rah.Te Hue
We are in the vibrations
Ham Sacchidanand. Ho Jate Hai (x2))
We become the true joy and love of God

Shuddh. Vidya Ko Pa Kar.Ke } (x2) } (x2)
We get the pure knowledge of God
Bramh.Tatw. Ko Dhyate Hai
when we meditate on the chakra of Shri Brahma
Is Gyan. Ke Sagar. Me Dube
In this ocean of knowledge
Ham. Swayam. Guru Ho Jate Hai (x2)
We become our own guru

Nirvichar. Me Aa Kar.Ke } (x2) } (x2)
When we are thoughtless
Paramanand. Pate Hai
We get the joy of the Divine
Na Gam. Hi Rahe Na Khushi Rahe
At this stage there is no sadness, no happiness
Ham. Bandhan. Mukt.Ho Jate Hai (x2)
We become free from all these things

Samuhik.Ta Me Aa Kar.Ke } (x2) } (x2)
In the atmosphere of collectivity
Shri Mataji Ko Dhyate Hai
We meditate on Shri Mataji
Mahan. Ma Ke Charano Me
On the Lotus Feet of our great Mother
Ham. Khud. Ko Samar.Pit. Pate Hai (x2)
We feel completely dedicated to Shri Mataji

Ham. Tan. Man. Se Ma Ke Hokar } (x2) } (x2)
We become completely dedicated
to Shri Mataji with mind and body
Khud. Ap.Ne Ko Ma Me Khokar
We forget ourselves in front of Mother
Ham. Nur. Hai Shri Ma Nir.mal. Ke
We are the resemblance of Shri Mataji
Ham. Swayam. Lin. Ho Jate Hai (x2)
And our attention goes inside ourselves and not on the outwardly artificial world.

E SARVARE (QAWWALI)

Khuda Ka Nur, Tujh. Me Hu Bahu Hai (x2)
Khuda Pin.Ha Magar Tu Ruh Baruh Hai (x2)
Teri Az.Mat. Ka Andaza Ho Kisko
Khuda Hai Aur Khuda Ke Bad. Tu Hai

E Sarvare Duniya Hoti (x2)
Teri Nirali Shan. Hai

Dar. Hai Tera Rash.Ke Haram (x2)
Chaih.Ra Tera Kur. An. Hai

Tujhe Soch.Na Muhabbat, Tujhe Dekh.Na Ibadat
Yahi Meri Bandagi Hai, Mai Karu Teri Talavat.
Aka Chaih.Ra Tera Kur. An. Hai
Kali Kamali Vale Aka Chaih.Ra Tera Kur. An. Hai

Kaunain. Me Tu Vade Khuda Arfauwala
Kaunain. Ke Har. Goshe Me Hai Tujh. Se Ujala
Kur. An. Ko Ham Parte Hai Az.Raye Akidat.
Kur. An. Tujhe Parta Hai E Sainyade Wala
Mere Kali Kamali Vale Aka Chaih.Ra Tera

Khat. Me Rasul MuKh.Ta Hai Gul
Nabiyo Ka Tu Sultan. Hai
Surat Teri Us.Me Azal, Tujh. Pe Jaha Kur.Ban. Hai

Mang.To Ka Aka, Rakh. Bharm
Kar. De Karam Shahe Umang
Dukhiyo Ki Mush.Kil Tal.Na, Tere Liye Asan. Hai

Miraj. Ka Dula Hai Tu
Khali Ke Ghar Pahuncha Hai Tu
Tu Hai Habide Ki Biriya, Tu Arsh. Ka Meh.Man. Hai

Dar. Se Tere Babastegi, Dono Jaha Ki Baih.Tari
Nisbat Teri Ya Mustafa, Iman. Ki Pahunchan. Hai

E Sarvare Duniya Hoti Teri Nirali Shan. Hai...

AWAZ UTHAYENGE

(Original tune from Marathi Hymn Book)
(Nirmal Sangeet Sarita - 'Worship'; 'Anand Lahari')

Chorus:

Awaz Uthayenge, Ham. Saaz. Bajayenge
We shall raise the voice, we shall play the instruments in gaiety and in total abundance
Hai Mata Mahan Ap.Ni, Yah. Geet Sunayenge
Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.
(Hai Yeshu Mahan Ap.Na, Yah. Geet Sunayenge)*
(We will sing the greatness of our Jesus)

Chaitanya Bahe Jaha Tak.Ma
Wherever the vibrations flow, Mother
Hai Rup. Tumhara Hi
It represents Your form.
Hai Nirakar. Phir.Bhi
Though formless,
Hai Swarup. Thumhara Hi } (x2)
Yet it characterises Your boundless and omnipresent and enigmatic form
Ye Shakti Rup. Tumhara
This enigmatic form (Shaktirup, means the form of the primordial energy)
Ham. Sab.Ko Dikhayenge
We shall show to the entire world.
Hai Mata Mahan Ap.Ni Yah. Geet Sunayenge
Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.

An.Mol. Khazana Ban.Gaya
My heart has become a priceless treasure
Dil. Teri Mohabat. Se
Because it is blessed with Your love.
Parivar.Tit. Har.Shit. Ban.Gaya
It is totally transformed and has become
the habitat of eternal bliss and joy
Ye Teri Ulphat. Se } (x2)
This transformation was only possible because of Your love.
Pratibha Ki Teri Bate
We shall sing and announce the glory and grandeur
Ham. Sab.Ko Sunayenge
Of Your Divine personality to one and all.
Hai Mata Mahan Ap.Ni Yah. Geet Sunayenge
Our Divine Mother is great and powerful, so we shall sing heralding Her arrival.

*(*This line sung at Christmas and Easter Pujas.)*



he depths that you feel in the poets, in the great musicians becomes their own nature. When they talk, when they walk, any rapport with them, you can feel the depth of their spirit....

How can you live in a place, in any place without any sound? You want to have a soundless area then why God has given you ears? See He has given you the ears to enjoy the music of his rhythm and that you can only feel when you become a realised soul..

Chiswick England, 10 July 1984

JAGO SAVERA AYA HAI *(108 Names of Shri Mataji)*

(Noida Group - 'Ujalay')

Chorus:

Jago Savera Aya Hai, Mata Ne Jagaya Hai (x2, Chorus)
O seeker, it is the dawn of the Golden Age, and Shri Mataji has awakened you!
Sahasra Kamal. Dal. Nir.mal. Mata
Seated in the throne in the pericarp of the thousand-petalled lotus, Shri Mataji
Ne Dar.Bar. Lagaya Hai
Is waiting for you in Her court.
Jago Savera Aya Hai, Mata Ne Jagaya Hai (x2)
O seeker, it is the dawn of the Golden Age, and Shri Mataji has awakened you!

Shri Mataji (Jai Mataji), Shri Maharadni, (...)
Devkarya Samudyata, Hai Mata Akula, Vishnugranthi Vibhedini,
Hai Mata Bhavani, Ma Bhaktipriya,
Ma Bhaktigamya, Ma Sharmadayini, Devi Niradhara,
Hai Mata Niranjana, Mata Nirlepa, Mahashakti Nirmala,
Ma Nish.kalanka, Hai Mata Nitya,
Ma Nirakara, Ma Nirakula

Mata Nirguna Nir.mal. Ma Me (x2)
Poora nirakar. Samaya Hai
Within Mother Nirguna Nirmala lies the whole Formless!

Hai Mata Nishkala, Mata Nishkama,
Ma Nirupaplava, Hai Nityamukta, Ma Nirvikara,
Ma Nirashraya, Mata Nirantara, Ma Nish.kar.na,
Ma Nirupadhi, Ma Nirishwara, Hai Mata Niraga,
Hai Mata Nirmada, Hai Mata Nishchinta,
Hai Nir.hankara, Mata Nirmoha, Hai Mata Nirmama,
Devi Nishpapa

Hai Nisamshaya Devi Ma (x2)
Tune Sara Vishwa Jagaya Hai
O Mother, Goddess Nisamshaya, by You only the whole world was awakened!

Hai Mata Nirbhava, Mata Nirvikalpa, Hai Nirabadha,
Hai Ma Nirnasha, Mata Nish.kriya, Hai Nishparigriha,
Mata Nistula, Ma Nil.chikura, Devi Nirapaya,
Devi Niratyaya, Janani Sukh.prada, Ma Sandrakaruna,
Mata Mahadevi, Ma Mahapujya, Mahapatak Nashini,
Hai Mahashakti, Hai Mahamaya

Ap.Ke Karan. Maharati (x2)
Out of Your greatest bliss, O Shri Maharati,
Manav. Ne Khud. Ko Paya Hai
the humans have realised their Spirit!

Hai Vishwarupa, Ma Pad.masana, Mata Bhag.vati,
Ma Rakshakari, Hai Rakshasaghni, Ma Parameshwari,
Hai Nityayauvana, Hai Punyalabhya, Hai Achintyarupa,
Devi Parashakti, Ma Gurumurti, Hai Adishakti,
Ma Devi Yogada, Hai Ekakini, Hai Sukharadhya,
Shobhana Mata, Sul.bhagati, Sat Chit Ananda, Ananda Rupini

Hai Devi Lajja Ji Tune (x2)
O Goddess Devi Lajja, by You only
Moksha Ka Raah. Dikhaya Hai
This path of Salvation was revealed!

Mata Shubhakari, Hai Mata Chandika,
Ma Trigunatmika, Hai Mata Mahati, Ma Pran.Rupini,
Mata Par.Manu, Ma Pash.Hantri, Hai Vir.Mata,
Mata Gambhira, Hai Devi Garvita, Hai Kshipra Prasadini,
Hai Sudhashruti, Hai Dharmadhara,
Hai Vishwagrasa, Meri Mata Swastha, Swabav. Madhura,
Hai Dhir. Samarchita, Ma Paramodara

Hai Mata Shashwati Devi (x2)
O Mother, Goddess Shashwati, by Your grace
Tune Sab.Ko Paar. Lagaya Hai
everyone got their enlightenment!

Ma Lokatita, Hai Shamatmika, Hai Lila Vinodini,
Ma Shri Sadashiv. , Ma Pushtih Devi,
Ma Chandranibha, Hai Raviprakhya, Hai Pavan.Kriti,
Ma Vishwagarbha, Hai Chittashakti,
Ma Vishwasakshini, Ma Vimala Devi, Ma Var.Da Devi,
Hai Mata Vilasini, Hai Mata Vijaya, Ma Vishwa Nirmala,
Ma Dharma Dayini, Sahajyog. Dayini

Vandaru Jan. Vatsala (x2)
O Goddess Vandaru Janavatsala, by You only
Tune Moksh. Ka Path. Dikh. Laya Hai
the path of liberation was shown!

MAHAMAYA MAHAKALI, JAY SHERAWALI

(Noida Group - 'Nirmal Darbar 2' & 'Music of Joy 1')

Chorus:

Mahamaya Mahakali, Jay Sherawali } (x2)
You are the supreme creator of illusions even to the greatest of God,
You are the seed energy of God's desire, You are the one who resides on the lion
Bhavani Nir.mala Ma
You are the queen of Bhava who is Shri Shiva
Nir.mal. Ma, Nir.mal. Ma (x4)
Mahamaya Mahakali...

Naam. Nirmala Shak.ti Data (x2)
Your name is Nirmala and You are the giver of powers
(he) Mata-Pita aur. Sakha Vidhata (x2)
You are our Mother Father and friend and You are the one who decides everybody's luck
(he) Shakti Data maya Sakha Vidhata (x2)
(he) Sakha Vidhata maya Shakti Data (x2)
Kare santo ki Rakh.wali, Jay Sherawali
You are the saviour of Your devotees
Bhavani Nir.mala Ma

Sara Vishw. tere gun.gae (x2)
All the world is singing Your praise
(he) Prem. pake Shraddha Suman. Chadhae (x2)
and offering You the flowers of their devotion.
(he) Tere gun. gae Maya Suman. Chadhae (x2)
(he) Suman. Chadhae Maya tere gun. gae (x2)
(Bane) Satya Sadh.na ke paali, Jay Sherawali
We all have become the devotees of Truth
Bhavani Nir.mala Ma

(Ham.) Charan. Kamal. ki bane Khada-u (x2)
We all get a place in Your Lotus Feet
(he) Ghirinit. Bhav. mite jag. Maha-u (x2)
Nobody hates each other in this world
(he) Bane Khadau maya mite jag. Maha-u (x2)
(he) Mite jag. Maha-u maya bane_ Khadau (x2)
Is. jag. Gul.shan. ki mali, Jay Sherawali
All the earth is like a garden and Sahaja Yogis are the flowers
and You are the one who is taking care of these flowers with love.
Bhavani Nir.mala Ma

(Bane) Hamari Manzil. tere dwara (x2)
Your love is our main goal
(he) Tera ashra Maya Satya Sahara (x2)
You give the shelter to everybody
(he) Tera ik. dwara Maya Satya Sahara (x2)
(he) Satya Sahara Maya tera ik. dwara (x2)
Ab. tu hi tu prit. pali, Jay Sherawali
Now only You are the saviour of the world.
Bhavani Nir.mala Ma

MAAT. MERI PAT. RAKHIYO SADA

(Traditional; new words by Hemlata)

Chorus:
Maat. Meri Pat. Rakhiyo Sada Shri Mataji (x2)
Ham. Tere Dware Pe Hai Aae, Haans. Lagakar
Daya Kar Maat. Daya Kar (x2)
Hai Aye Haans. Lagakar
Maat. Meri Hoo, Maat. Meri

Kundalini Maiya Sahaj. Jagae (x2)
Janam.-Janam. Ke Paap. Mithae (x2)
Mera Bhi Beda Paar. Laga Shri Mataji
Ham. Tere Charano Me Hai Aae, Haans. Lagakar

Rut.Ba Nirala Tune Hak. Se Ye Paya (x2)
Tere Bhok.To Ne Tujhe Shakti Bataya (x2)
Kah.Te Hai Ma Tu Hai Jagadamba Sherawali
Jay Ho !!!
Kah.Te Hai Ma Tu Hai Jagadamba Sherawali
Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Maa The Parmrug. Mad. Ka Tita (x2)
Rakh.Ti Hai Maiya Dhyan. Sabhi Ka (x2)
Maat. Bhavani Tu Hai Jagadamba Meri Maata (x2)
Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Jay Ho !!! Jay Ho !!!

Ho Gaye Ham To Maiya Tere Diwane (x2)
Kuchh. Nahi Jane Ham. Maharani
Kuchh. Nahi Jane Ham. Agyani
Ham To Ye Jane Tu Hai Jagadamba Sherawali
Ham. Tere Dar. Pe Hai Aae, Haans. Lagakar

Koi Nahi Mera Tere Siwa Meri Mata
Tu Hi Mera Bida Paar. Laga Meri Mata
Ham. Tere Charano Pe Hai Aae, Haans. Lagakar

Jay Mata Di !!! Jay Mata Di !!!

MATA, O MATA

(Ravindra Jain - 'Music of Joy 2')

Chorus:

Mata, O Mata
Ham. Tera Kare Jag.rata } (x2)

Mother, O Mother! **We do Jagrata to You (keeping awake the whole night and singing Your honour)**

Nirmala Mata Ka Shubh. Aag.man
Hame Pagal Banata

The arrival of Shri Nirmala Mata makes us completely mad in expectancy!

Hai... Mata, O Mata

Tu Hi Durga, Tu Hi Kali
You are Durga, You are Kali,
Tu Hi Chandi Bhavani
You are Chandi Bhavani
Ma Nirmala Ki Jay Bolo, Jay Bolo! } (x2)
Let us say Nirmala Ma ki jai!

Dush.man. Chal.ko Chal.ne Wali
You are destroying the plans of our foes
Bhak.to Ki Kalyani
You are taking care of the benevolence of Your devotees
Ma Nirmala Ki Jay Bolo, Jay Bolo!
Let us say Nirmala Ma ki jai!
Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho (x2)
Let us sway and dance all together
Maiya Ke Charano Ko Choom.-Choom. Nacho (x2)
And, in our dance, let us kiss the Holy Feet of our Mother
Mata, O Mata
Mother, O Mother!
Tera Rup. In Nain. Ko Bhata } (x2)
Your beautiful Darshan is pleasing to our eyes

Laal. Chunariya, Laal. Hi Naina
You have a red shawl (Chunariya) to cover Your head and shoulders
Laal. Hi Charan. Rangati
You have a red bindi on Your forehead, red kumkum on Your feet
Ma Nirmala Ki Jay Bolo, Jay Bolo! } (x2)
Let us say Nirmala Ma ki jai!

Laal. Rang. Ke Phulo Wali Mala Maiya Ko Bhati
The garland (Maala) made of red flowers suits You well
Ma Nirmala Ki Jay Bolo, Jay Bolo!
Let us say Nirmala Ma ki jai!
Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho (x2)
Let us sway and dance all together
Maiya Ke Charano Ko Choom.-Choom. Nacho (x2)
And, in our dance, let us kiss the Holy Feet of our Mother
Mata, O Mata
Mother, O Mother!
Tere Namo Ki Lambi Hai Gatha } (x2)
There is a long story of Your names!

Koi Puje Asht.bhuja, Koi
Some people are worshipping You as the Goddess with eight arms
Puje Das.bhuj.wali
and some as the Devi with ten arms
Ma Nirmala Ki Jay Bolo, Jay Bolo!
Let us say Nirmala Ma ki jai!
} (x2)

Jit.ne Sawali Ut.ni Hi Bahe
Whatever the Sawalis ("Questioners" — devotees who have lots of questions and expectations) may ask as answers and blessings,
Koi Gaya Na Khali
None of them goes empty-handed from Your door-step.
Ma Nirmala Ki Jay Bolo, Jay Bolo!
Let us say Nirmala Ma ki jai!

Jhum.-Jhum. Nacho, Re Jhum.-Jhum. Nacho (x2)
Let us sway and dance all together
Maiya Ke Charano Ko Choom.-Choom. Nacho (x2)
And, in our dance, let us kiss the Holy Feet of our Mother

Mata O Mata
Mother, O Mother!
Tera Laal., Teri Sewa Me Gata
Your children are singing at Your Lotus Feet.
} (x2)



VISHWAVANDITA

(Raga: Kirwani; Ravindra Jain & Hemlata; 'Sahaja Dhara 1' & 'Music of Joy 2')

Introduction

Sar.va Mangala Mangalye Shive Sarvartha Sadhike ◉ Sharanye Tryambake Gauri Narayani Namostute ◉ Bramarupé Sadanande Paramananda Swarupini ◉ Riddhi Siddhi Prade Devi Narayani Namostute ◉ Sharanagat Dinartha Paritrana Parayane ◉ Saravasvarthi Hare Devi Narayani Namostute

Vishwavandita Nirmala Mata
Oh Mother Nirmala, You are the one to whom the whole world offers prayers
Sarwapujita Nirmala Mata
Oh Mother Nirmala,You are the one who is worshipped everywhere
Brahmaswarupini, Yoganirupini
The one who is in the form of Brahma, the giver of Yoga
Shubhadam Varadam Namo Namah
Giver of auspiciousness, benevolence and boons, we bow to You

(Chorus)

Jagat. Janani Nirmala
Mother of the whole world, giver of birth to everybody,
Mulaprakriti Akhileshwar.ki
You are behind the whole Nature created by God
Nitya Satya Sanatana
You are all the time everywhere, ever fresh, You are the truth
Parashakti Parameshwar.ki
You are from the beginning to the end the Power of God Almighty.
Vishwadharini, Mangalakarini
You are the one who supports the whole world & takes care of the benevolence of Her devotees
Shubhadam Varadam Namo Namah
Giver of auspiciousness, benevolence and boons, we bow to You.

Sahaj. Yogini Nirmala
Oh Mother Nirmala, giver of Sahaja Yoga
Nirashraya Sarveshwari
The one who gives refuge to everybody and the Goddess of all
Prem.murti Bhaktavatsala
The one who is of the form of love, affectionate and loving to her devotees
Snehamayi Mateshwari
Our loving Mother
Bhakti Pradayini, Mukti Pradayini
You are the giver of bhakti (devotion), You are the giver of salvation
Shubhadam Varadam Namo Namah
Giver of auspiciousness, benevolence and boons, we bow to You

Pragat. Saguna Nirguna
You are in the form of Saguna (with all Gunas), and in the form of Nirguna (beyond Gunas)
Riddhi Siddhi ki dhatri hai
You are the giver of right rituals and siddhis (powers)
Saumya Sarala Mahamaya
You are soft, simple, natural, always in balance and You are Mahamaya (supreme illusion)
Patanjali Gunpatri hai
You are the One described in Patanjali (Yoga)
Ghat. ghat. vasini, Atmavikasini
Living in every particle, nourishing our Atma and Kundalini
Shubhadam Varadam Namo Namah
Giver of auspiciousness, benevolence and boons, we bow to You.

SAHAJ. YOGINI

(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')

Chorus:

Sahaj. Yogini, Sahaj. Dayini
You are the Sahaj Yogini and also the One
Who has offered us this Sahaja Yoga
Sahaj. Gun. Ur.Dharini } (x2)
You have all the qualities of a Sahaj Yogini and You set an example

Sneha Salila Nirmala
Shri Nirmala Ma is Love and bashful Modesty
Mateshwari Dukh. Harini } (x2)
She is the Master of all and the remover of all pain and sorrow

Sahaj. Atmanand.
Sahaj gives bliss to our inner being (Spirit)
Paramanand. Sukh. Vistarini } (x2)
and also it is the highest pleasure

Shakti Rupa, Vishwa Rupa
Shri Mataji is the strength and assumes the form of the universe
Mata Vishwadharini
She is the One Who maintains or sustains the whole universe

Sab. Manorath. Purn. Karati
She fulfills all our hopes and desires
Sakal. Sukh. Sancharini } (x2)
She gives us complete Peace

Kshamashila Dayani,
and makes us feel restful
Agh.Nashini, Bhav.Tarini
She has the Power to destroy a mountain and She helps one to cross the flood and get Salvation

Chetana Jagrut. Kare
She is the One Who enlightens the consciousness
Atmanubhuti Prasarini } (x2)
She resides within our Spirit

Shaktidatri, Muktidatri
She generously gives one the Power and also the Salvation
Vighnabadha Tarini
She removes all obstacles or barriers from one's path

Snigdha Hasini, Madhur. Bhashini
She has a loving smile and a sweet and pleasant speech
Agam.Nigam. Vicharini } (x2)
Her ways and Her ideas are inconceivable or impenetrable

Swavalambini, Swabhimanini
She is selfreliant and maintains selfrespect
Mat.Sechchhacharini
One bows at Her holy Feet

Har. Sahaj.Yogi Se, Sharanagat. Se
She treats every Sahaj Yogi
Sam.Vyav.Harini
with sympathy and alike
Prarth.Navin, Yach.Navin
She is our new Queen, with new ways
Jagat. Jan. Up.Karini
She is the One who is assisting this whole world

} (x2)

Sahaj. Ka Sandesh. Lekar.
With the message of Sahaj
Akhil.Vishwa Viharini
She has spread it in the whole world
Tarkayukti, Pramanayukta
She has the highest skill
Yog.Par. Adhikarini
And She is the Authority of Yoga

} (x2)

MAM.TA MAYI

(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')

Chorus:

Mam.Ta Mayi ... Ma Durgasi Lage
Compassionate Mother like Shri Durga
Sakshat. Lakshmi Ki ... Pratimasi Lage
Verily you are Shri Laxmi's image
Oh..., Bole Tumhari Vina Si Lage
Oh..., your words sound like the Vina

Yug. Ke Jagane Ko, Padhari Nir.mal. Ma
To awaken the eras, arrived Nir.mal. Ma
Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma
Very Simple and loving, our Nir.mal. Ma

Sadhaka Jano Ki, Sadhana Murti Hai
For the seekers, (She is the) form of Penance
Aaradhako Ki, Aaradhana Murti Hai
For the Worshipers, (She is the) form of the Puja
Santo Ki Yog.Dharati, Har. Aasha Purn. Karati (x2)
(She is the) Motherland of the saints, who fulfills (their) hopes (desires)
Oh..., Nir.Vajya Prem. Ki Ganga Si Lage
Oh..., (She is like the river) Shri Ganga, of unconditional love
Sab. Ke Milane Ko, Padhari Nir.mal. Ma
To unite all, arrived Shri Nir.mal. Ma
Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma
Very Simple and loving, our Nir.mal. Ma

Jivan. Jo Dhanya Kare, Vo Dhanya Swarupa Hai
(She is the) one who fulfills the life, The Divine form of fulfillment
Man. Chetan. Se Bhare, Chaitanya Swarupa Hai
(She is the) one who enlightens the mind, She is the Divine form of vibrations
Aadhyatmik. Divya Jyoti, Dar.Shan. Se Trupti Hoti (x2)
(She is the) Spiritual radiant flame, who's Dar.shan.(glimpse) gives complete contentment
Oh..., Mangal. Mayi Ki Upamasi Lage
Oh..., most honorable auspicious One
Shobha Badhane Ko, Padhari Nir.mal. Ma
You came to beautify, O Nirmala Ma
Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma
Very simple and loving, our Nir.mal. Ma

Bhat.Ke Hue Jag.Ko, Nayi Rah. Dikhayi Hai
To the world that has lost its way, you have shown the new path
Dhar.Mandhata Sari, Mata Ne Mitayi Hai
Mother has removed all blind faith
Dware Pe Jo Bhi Aaye, Riddhi Pae, Siddhi Pae (x2)
Whoever comes to Her door receives the Riddhi and Siddhi (spiritual achievements and powers)
Oh..., Bhav.Sagar. Me Naiyyasi Lage
Oh..., you are like a boat on the ocean of illusion
Mukti Dilane Ko, Padhari Nir.mal. Ma
To give realisation, arrived Nir.mal. Ma
Bari Bholi Si Pyari Si, Hamari Nir.mal. Ma
Very simple and loving, our Nir.mal. Ma

JAB. SE HAM SAHAJ YOGI BANE

(Ravindra Jain and Hemlata - 'Sahaja Dhara 1')

Chorus:

Jab. Se Ham, Jab. Se Ham
Since we , Since we
Jab. Se Ham Sahaj Yogi Bane (x2)
Since we became Sahaja Yogis
Sacche Sukh. Ka Gyan. Hua,
We got the knowledge of the true happiness
Jivan. Ek. Var.Dan. Hua
Life has become a Divine Blessing
Jab. Se Ham, Jab. Se Ham
Since we , Since we
Jab. Se Ham Sahaj Yogi Bane (x2)
Since we became Sahaja Yogis

Sahaj. Yog. Ki, Sahaj. Shakti
The spontanious power of Sahaja Yoga
Aisa Jadu Kar. Gayi } (x2)
Has brought miraculous (magical) change
Bhed. Ke Saato Chakr. Kundalini
Passing through the charkas Kundalini
Saat. Samandar. Tar. Gayi } (x2)
Has crossed the seven seas
Kitak. Kamal. Saman. Hua,
The insect has become like a lotus
Jivan. Ek. Var.Dan. Hua
Life has become a divine blessing

Are Jis. Milan. Ke Karan
Since we met with Shri Mataji
Sur. Ho Utha Adhira
The melodie has become eager
Suno Jis Mahamilan. Ne
(Attention!) this great divine union
Rach. Gaya Daas. Kabira
Has been written by Kabir
Raaj.Sukh. Chhor.Ke Sare,
Sacrificing all the royal luxuries
Diwani Ho Gayi Mira
Mira immersed into bakti

Sahaj. Hame Nir.mal. Ma Ne,
Nir.mal. Ma has given us
Diya Us. Milan Ka Hira
The diamond of Sahaja Yoga
Mahavir. Aur. Buddha Ne Gae,
Mahavira and Buddha have sung
Nirakar. Ke Git.
The song of the Formless
Sant. Mile Purab. Paschim Ke,
Saints from East and West
Jo Purane Mit.
Who were friends for many life times
Vishwa Milan. Aasan. Hua
The universal Union became easier
Jivan. Ek. Var.Dan. Hua
Life has become a divine blessing

Sahaj. Yog. Hai Sahaj. Jivan.
Sahaja Yoga is spontaneous life ...
Baat. Samajh. Ye Aa Gayi
Now I've realised
} (x2)
Sulabh Ho Gaya durlabh. Aatma
It is now easy to know the spirit
Ap.Ni Manzil Paa Gayi
We've achieved our destiny
Ap.Ne Par. Abhimaan. Hua
I felt proud of myself
Jivan. Ek. Var.Dan. Hua
Life has become a divine blessing

VIN.TI SUNIYE *(Composed by Shri Mataji in July 1992)*

(Nirmal Sangeet Sarita - 'Nirmal Prem')

Chorus:

Vin.ti Suniye Adi Shakti Meri (x2)
Oh Adi Shakti, pleas listen to my request
Pujan. ka adhikar. dijiye (x2)
Please give me the authority to do Your Puja
Sharanagat. hai hriday. pujari
Your worshipper is surrendered to You from the heart.

Guru charanan. ki lagi lagan. hai (x2)
Now we have got the divine attachment
to the Lotus Feet of our Guru
Tav. charanan. me utara swarg. hai (x2)
All the heavens have come down at Your Lotus Feet
Parmeshwar. hai mangal. kari (x2)
God is giving the welfare to His devotees
Khoye sadak. par. utari
She gives realisation to those who are lost

Preet. bahe avirat. nayanan. se (x2)
Oh Mother, the love is flowing continuously from Your eyes
He hridayeshwari bhava bhaya bhanjan. (x2)
Oh Victorious Mother, please destroy all our fears
Ma aisi shubh. shakti dijiye (x2)
Oh Mother give us that auspicious power
Sab. me jage anand. vihari
by which in everyone this spirit will be awakened

Aur. kahu kya antar.yami (x2)
Oh Mother, what more can I say because
You are Antarayami (the One who knows everything)
Atma bodh. anubhuti ki datri (x2)
You are the Giver of the self-realisation and the self knowledge
Adi Guru guruon ki Mata (x2)
You are the Mother of all the Gurus and Primordial Gurus
Is. vineet. ko gurupad. dijiye
Please give the status of Guru to Your humble devotees.

JAY. JAY. JANANI SHRI GANESH. KI

(Nirmal Sangeet Sarita - 'Atma Ki Chadar' - Sheet of Soul)

Chorus:

Jay. Jay. Janani Shri Ganesh. Ki (x2)
Victory, Victory Oh Mother of Shri Ganesha
Pratibha Parameshwar. Paresh. Ki (x2)
You are the intellect power ot God almighty
Jay. Jay. Janani Shri Ganesh. Ki (x2)
Victory, Victory Oh Mother of Shri Ganesha

Jay. Gaj. Vadan. Shadanan. Mata
Oh Mother You are in the form of Gajanana, with hundreds of faces
Jay. Jay. Jay. Jay. Nirmala Mata } (x2)
Victory! Mother Nirmala
Dhyan. Dan. Ki Sundar. Pratima (x2)
You are the beautiful image of meditation and compassion
Bani Vahini Shubh. Sandesh. Ki (x2)
You are the giver of auspicious messages

Jay. Adishakti Mata Nirmala
Victory! Adishakti Mother Nirmala!
Jay. Jay. Jay. Jay. Bhakt. Vatsala } (x2)
Victory, Victory to the One who is intensely compassionate to Her devotees
Bhakti Dan. Do Bhakti Gamya (x2)
Please give us devotion, because You can be only realized by devotion
Kariye Krupa Nir.mal. Ganesh. Ki (x2)
Keep the grace of Shri Ganesha on us

He Jagadambe Mata Bhavani
Oh Mother of the universe, Oh Mother Bhavani
Shuddh. Vidya Tav. Charanan. Jani } (x2)
We came to know the pure knowledge in Your lotus feet
Moksh. Dan. Do Moksh. Pradayini (x2)
You are the giver of salvation, so please give us the moksha
Tu Vilasini Bhav. Kalesh. Ki (x2)
You are the destroyer of fears and distresses

Savinay. Binati Suniye Hamari
Please listen to my prayers
Ma Nir.mala Bholi Ati Pyari } (x2)
Mother Nirmala is very innocent and very sweet
Man. Antar. Me Jyoti Jala Do (x2)
please enlighten my heart
Chandranibha Jyoti Dinesh. Ki (x2)
You are luminous like the moon and light of Shri Chandra

NIR.GUN. NIR.MAL. NISH.PAPA MA

(Noida - 'Ujalay')

Chorus:

Nir.gun. Nir.mal. Nish.papa Ma (x2)
O Mother Who are Immaculate and beyond qualities and sin
Hai hir.day ki ye abhilasa Ma (x2)
Please accept my earnest desire
Bahe man. se Prem. Ras. Dhaare, Ras. Dhaare
That all hearts flow with the nectar of Your Love
Jay. Bole Asht. Bhavani ki (x2)
Let us sing in praise of Asht Bhavani!

Agyani Pandit. bana diye, (x2)
Those who had no knowledge
have now become Pandits (experts),
Ma ne bujh.te dipak. jala diye, (x2)
Mother has enlightened the lamps which were fading away
Ki Mam.ta ki Bauchhaare, Bauchhaare
She showered them with Her Motherly Love
Jay. Bole Asht. Bhavani ki (x2)
Let us sing in praise of Asht.Bhavani!

Ma ne soyi Shakti jagayi hai, (x2)
Mother has awakened a dormant Power
Am.rit. ki Dhaar. Bahayi hai, (x2)
She has let a stream of Ambrosia flow.
Kar. diya bhedan. Sahasraare, Sahasraare
She has pierced through our Sahastrar
Jay. Bole Asht. Bhavani ki (x2)
Let us sing in praise of Asht.Bhavani!

Ma sharan. charan. Raj. payi hai, (x2)
We have received the pollen of our Mothers Lotus Feet
Ghat. bich. Ma Chhavi Samayi hai, (x2)
She is filling our heart with Her Presence.
Hua Nir.bal. ka uddhaare, uddhaare
She has resurrected us out of our weaknesses.
Jay. Bole Asht. Bhavani ki (x2)
Let us sing in praise of Asht.Bhavani!

Chaitanya Anand. suhana hai, (x2)
We are overwhelmed by the Joy of the vibrations.
Yah. shubh. sandesh. batana hai, (x2)
This auspicious message we should now spread it.
Kare pratigya nar. naare, nar. naare
Let us now make this vow!
Jay. Bole Asht. Bhavani ki (x2)
Let us sing in praise of Asht.Bhavani!

RANG. DE JHINI

(Nirmal Sangeet Sarita - 'Worship')

Chorus:

Rang. De Jhini Hari, Ma Ke Rang. Me Kaya (x2)
Please colour my body (kaya) in the green colour (rang) which is the colour of my Holy Mother
Rang. Na De Ise. Chanchal. Man. Ko (x2)
Let my body not be adorned
Ap.Ne Rang. Me Maya ...
by the hideous colour of materialism
Rang. De Jhini Hari, Ma Ke Rang. Me Kaya (x2)
Please colour my body in the green colour which is the colour of my Holy Mother.

Kale Pile Rango Ka Maila Ye Jag. Sara
This world is full of dirt and filth represented by black and yellow colour
Is. Duniya Ke Sab. Rango Se
Your colour is however distinct and unique
Tera Hai Rang. Nyara } (x2)
as compared with other worldly colours
Sahaj. Ko Laga Hai Rang. Ye Tera (x2)
The Sahaj movement is now totally drenched in Your colour which is so deep and long lasting,
Koi Utar. Na Paya ...
that nobody is able to remove this colour from Sahaja.

Ham Kya Jane Bhakti Rang. Me
Oh! Mother we are incapable of knowing as to what colour
Man Kaise Rang. Paye
our soul will take in your Devotion.
Rang. Jayega Us. Rang. Me Tu } (x2)
It will definitely take the colour
Jo Vo Rang. Charhaye
which you put on it (because of its receptibility to you)
Tum. Nir.mal. Ho Ham. Par. Kar.Na (x2)
You are Pure therefore we request You to colour us
Nir.mal. Rang. Ki Chhaya ...
also in Your shade (chhaya) of purity (nirmal)

Tere Rang. Me Aise Range Ham
We are coloured so deep and complete in Your colour
Duja Rang. Na Lage
that no other colour will reflect through us
Tum Bin. Koi Nazar. Na Aae } (x2)
We are unable to see (nazar) anything but You through these eyes,
In. Naino Ke Aage
because You are beyond and about all perceiving.
Jal. Ko Sthal. Ko Sare Jagat. Ko (x2)
You have (because of Your divinity) made not only water (jal) and land (sthal)
Ranga Rang Banaya ...
but the whole universe very colourful.

JAGO KUNDALINI MA

(Sanjay Talwar - 'Roohani Roshni')

Chorus:

Jago Kundalini Ma
Awaken, Mother Kundalini!
Karo Sab Pe Krupa } (x2)
Bestow Your Grace upon all
Sahastrar. Me Aake (x2)
With Your ascent to the Sahastrara
Chhu Hi Lenge Vo Ham Aas. Man
We shall reach the Heavenly heights

Mooladhar. Me Tum Baithi Ho Ma
Seated in the Mooladhar O Mother
Sadiyo Se Tum Soyi Hui } (x2)
You have been sleeping through ages.
Ichchha Hui Pale Tujh.Ko (x2)
We now long for You
Hasil Ho Tum, Jago Kundalini Ma
You are attainable. Awaken Mother Kundalini!

Sama ja=o Ma majja me abhi
Penetrate the spinal chord O Mother!
Sabhi Chakr. Tum Niranjit. Karo } (x2)
Purify all the chakras
Ganesha Swayam Puje Tujh.Ko (x2)
Shri Ganesha Himself worships You
Sharan. Me Teri, Jago Kundalini Ma
In full surrendering. Awaken Mother Kundalini!

Soyi At.ma Me Prakash Bharo
Shed light on the sleeping soul
Jo Bikh.Re Hai Chitt. Ekatrit. Karo } (x2)
Unite the shattered attention
Tabhi Dur. Honge Andhere (x2)
Only then shall the darkness vanish
Roshani Me Teri, Jago Kundalini Ma
In your light Awaken Mother Kundalini!

PYAR. BHARE *(Nirmal Sangeet Sarita - 'Worship')*

Chorus:

Pyar. Bhare Ye Do Nir.mal. Nain.
Behold these beautiful pure eyes (full of benevolence and compassion, expressing Mothers love),

Jin.Se Mila Ye Amrit. Mai Chain.
which have provided us eternal security and comfort.

Koi Jane Na Is. Pyar. Ki Gah. Rayi
Nobody knows the depth of the love and compassion they emit through their radiance

In. Ankho Ki Gah. Rayi
so also nobody has been able to fathom the depth of the eyes.

Pyar. Bhare Ye Do Nir.mal. Nain.
Behold these beautiful pure eyes.

Jhil. Kahu Par. Us.Ko Bhi Hai Tal
I can see the serenity and calm of the lake in the eyes but the two are not comparable since the lake has a bottom, while the qualities in these eyes are perennial.

In.Ke Aage Saagar. Bhi Ozal
Even the deep ocean appears shallow as compared to the depth of these eyes.

Surya Prakash. Bhi Ho Jaye Ojhal
Even the dazzling sunlight appears dim and hazy compared to the radiance & glory of these eyes.

Tulna Se Bhi Upar. Uth.Gaya
These eyes are beyond similes and beyond comparison: they are Divinely 'beyond and above all'.

In. Naino Ka Sthal
therefore how can they be compared with any other creation of God?

Jaise Sarita Sagar.Me Jaye Ghul
When the flowing river goes and meets the sea it loses its identity and is identified with the sea.

Nir.mal. Mangal.Ta Me Gaye Ham Ghul
Similarly when we Sahaja Yogis are blessed by these divine eyes we are totally submerged and drenched in the purity and the auspiciousness ever flowing from these beautiful eyes and lose our individualistic identity, and become collectively aware

Bhut. Bhavishya Ki Chinta Gae Ham Bhul
We don't worry any more about the past and the future,

Sugandh. Maya Is. Chet.Na Se
This vibratory awaneness is full of fragrance as though we Sahaja Yogis have risen to full glory

Nikh.Re Hai Ye Phul
and emitting the fragrance of collective awareness through our blossoming (it is blossom time)

Aansu Jharjhar Bah. Nikale
These eyes have manifold qualities, sometimes these eyes shed tears

Anukampa Jab. Jati Gata Ban
when the cloud of compassion built within bursts and is unable to contain itself within the eyes.

Sun.Lo Inhi Nayano Se Kabhi
While at the appropriate occassion the same eyes

Nit.Kari Mithe Sache Khare Bain
transform and become benevolent and preach us to be righteous and pure beings

Jivan. Ka Sab. Sattw. Hai In. Me (x2)
These eyes have so many qualities that the poet feels

Khud. Ko Kar.Do Purn. Samarpan.
that it contains all the essence & purpose of your being, i.e. your life (there the poet says that you should bow down before these life–giving eyes with all reverence and faith).

Sab.Kuch Luta Do Pane Ko
And you should sacrifice all your worldly possessions to be able to get the priceless treasure of love

Jah.Pyar Ka An.Mol. Dhan
contained in these immaculate and pure eyes.

MAIYA TERE CHARANO KI

(Yamuna Nagar / Noida; Nirmal Darbar 1; 'Mauli 2')

Chorus:

Maiya Tere Charano ki (x2)
O Mother, from Your Lotus Feet
Yadi dhul. jo mil. Jaye
Even if I could get a particle of dust
Sach. keh.ta hu Nir.mal. Ma (x2)
Then verily, O Mother Nirmala.
Tak.dir. badal. Jaye,
My life will be transformed
Maiya Tere Charano ki (x2)
O Mother, from Your Lotus Feet

Ye man. bhada chanchal. hai
Mother, this mind of mine is very restless
Kaise Tera dhyan. karu } (x2)
How can I meditate on You?
Jit.na ise sam.jhaun
The more I try to discipline it
Jit.na ise behela-un
The more I try to trick it
Ut.na hi machal. Jaye
The more restless it becomes.

Sun.te hai Teri reh.mat.
We have heard of Your Compassion ...
Din.rat. bar.s.ti hai } (x2)
...Showering day and night.
Ek. bund. jo mil. jaye (x2)
By getting just a drop of that Compassion
Dil. ki Kali khil. Jaye
The bud of the heart blossoms!

Naj.ro se girana na
Chahe kit.ni saja dena } (x2)
You may give me all the punishment You want
But let me not be drawn away from Your attention
Naj.ro se jo gir. jaye (x2)
The ones who fall
Mus.kil. hi sambhal. Paye
Have great difficulties in coming up.

Maiya is. jivan. ki
O Mother, in this life of mine
Bas. it.ni tamanna hai } (x2)
There is just one desire:
Tum. samine ho meh.re (x2)
That You are always there in front of me
Mera jivan. hi sambhal. Jaye
My life will then be complete

SHANKAR BHOLE BHALE (SHIVA STUTTI)

('Music of Joy 1'; Deepak Verma 'Samarpan - Surrender')

Introduction:

Lalat.Pe Hai Chandra Ma (x2)
Chandra. Ma (x2)
Jata Me Gangadhar. Hai (x2)
Gangadhar. Hai (x2)
Lalat.Pe Hai Chandra Ma (x2)
Jata Me Gangadhar. Hai (x2)
Chadi Hai Bhasma Ang. Pe
Gale Me Sarpahar. Hai

O Lord Shiva, the moon is shining on Your forehead. Your hair is tied as a Jata (coils) on top of Your head. A small stream of the River Ganges is flowing from this Jata. Your body is covered with incense powder and other Divine ointments.

Nava Rahe Hai Shesh.Dev.
Sar Tumhari Bhakti Me
Hai Koti Surya Ka Prakash
Shiv Tumhari Shakti Mein (x3)

Shesha (the Serpent God) is coiled around Your neck like a garland. In His devotion to You, Shesha is doing a joyful dance by rhythmically swaying His head from side to side. The power of Your Shakti (Shiv Shakti) is illuminating Your Being as well as the cosmos with the radiance of a thousand suns.

Chorus:

Shankar. Bhole Bhale, Shela Bihari, Tripurari
Teri Leela Prabhu Sab.Se Hai Nyari

O Lord Shankara (Shiva), the innocent one, You reside in the mountains in the abode Tripurari. Your Divine play (Leela) is the most spectacular and is beyond any comparison.

Sab.Devo Me Mahadev. Tu, Tuch. Sa Koi Na Duja (x2)
Bhakti Bhav.Se Sab. Kar.Te Hai,
Bhag.Van. Teri Puja (x2)
Shiv.Ji Tera To Hai (x2)
Rup. Nirala, Bhola Bhala
Teri Chavi Pe Sabhi Hai Balihari

Lord, You are unparalleled and the greatest among all Gods. The whole cosmos worships You with total devotion. O Lord Shiva, everyone is enchanted by Your form which is unique in splendour, innocence and purity.

Sagar. Manth. Ke Sabhi Dev.Ta, Am.rit. Par. Lal. Chaye (x2)
Tum Abhayankar. Vish.Ko Pekar. , Neel.Kanth. Kah.Laye (x2)
Neel.Kanth. Kah.Laye
Jo Bhi Aya Shambho (x2)
Sharan. Tihari, Dukh.Hari
Uski Naiya Tune Par. Utari

When the ocean was churned, Amruta as well as deadly poisons came out of it. Everyone desired to have the Amruta but You drank the poison for the benevolence of the whole cosmos. This gave Your throat a blue colour and You were called Neelakantha meaning the One with the blue throat. O Lord, whoever surrenders unto You is freed from all misery and is liberated from the ocean of illusion.

He Shiv.Shankar. Jaha Bhi Tera, Dam. Dam. Dam.Ru Baje
He..... Shiv.Shankar. , He Pralayankar.
He Shiv.Shankar, He Pralayankar, Ah.....
He Shiv.Shankar. Jaha Bhi Tera, Dam. Dam. Dam.Ru Baje
Dhar.Ke Nana Rup. Tere Gana
Sang. Sang. Tere Nache, Sang. Sang. Tere Nache
Tera Kisi Ne Bhi (x2)
Bhed. Na Paya, Kaisi Maya, Bha-i Tujh. Ko To Nandi Ki Sawari
O Lord, whenever Your Damru (drum) resounds the sound of dam dam dam, all the Gannas assume their forms and dance with You. O Lord of Destruction (Pralayankar), no-one has been able to fathom the depth of Your Being, as everyone is in an ocean of illusion. Still You are so humble that You like to have just a bull (Nandi) as Your vehicle.

JANAM. DIN AYO

(Nirmal Sangeet Sarita - 'Atma Ki Chadar')

Chorus:
Janam. din. ayo, Adishakti ka
Adi Shakti's birthday has come!
Smaran. din. ayo, Nirmal. bhakti ka } (x2)
The day of recollection of Divine devotion has come!

Chahu dis. dekho anand. chhayo (x2)
Behold! The joy is spreading in all four directions!
Dharti ambar. jhum.ke gayo (x2)
Earth and sky, both are swaying and singing
Aya hai rang masti ka...
The colour of Joy has spread everywhere

Sab gae ham mangal gan
Let us all sing the auspicious hymns } (x2)
Ma Charano me kare pranam
And let us all prostrate at the Lotus Feet of Mother
Ashish. mange bhakti ka (x2)
We shall ask for the blessings of devotion
Ashish. mange mukti ka (x2)
We shall ask for the blessings of liberation

Ma ki Mahima hai ye ap.rampar (x2)
Mother's Glory is boundless
Ma krupa se khule hai dar (x2)
Through Mother's grace, the gate has opened
Darshan. dwara shakti ka...
Her Darshan opens the way to our powers

Indradhanushya ki ghata chhayi gagan. hai (x2)
A multitude of rainbows has covered the sky
Niranand. me Sahaji magan. hai (x2)
The Sahajis are drowned in Niranand (pure joy)
Swagat. kar.te Adishakti ka (x2) Adishakti ka...
With folded hands, they all welcome the Adi Shakti

AJ. KE DIN *(Sanjay Talwar)*

Jab. rat. dhale subaha ke liye (x2)
When night vanishes into morning
Ho nayi kiran. Ma... aj. ke din
May the new sun rays shine. O Mother, on this very day
Khushiya bhar. de har.pal. ke liye (x2)
Kindly fill our hearts with Joy for every moment in our life!
Ruk. jae samay Ma... aj. ke din
Let the time stop on this very day!

Chorus:
Aj. ke din., Ma, Aj. ke din (x3)
On this very day. O Mother, on this very day!
Aj. ke din., ye janam. ke din
On this very day, on this birthday!

In. pyar. bhari ankho ke liye
For these eyes which are filled with Love
Ho sama suhana... aj. ke din
Let this time be for rejoicement, this very day!
Aj. ke din., Ma, aj. ke din (x2)
On this very day, O Mother, on this very day!
In. pyar. bhari ankho ke liye
For these eyes which are filled with Love
Ho sama suhana... aj. ke din
Let this time be for rejoicement, this very day!
Har. pushp. khile mus.kan. liye (x2)
Each flower is blooming with a smile.
Bani yad. rahe Ma... aj. ke din
May the memories of this very day last forever!

Aye hai Tere Darshan. ke liye
We have all come for Your Darshan
Mile ek Jhalak. Ma... aj. ke din
So please, Mother, bestow Your Glance upon us on this very day!
Aj. ke din., Ma, aj. ke din (x2)
On this very day, O Mother, on this very day!
Aye hai Tere Darshan. ke liye
We have all come for Your Darshan
Mile ek Jhalak. Ma... aj. ke din
So please, Mother, bestow Your Glance upon us on this very day!
Lae phul. hai ham ar.pan. ke liye (x2)
We have come with flowers as an offering.
Kare sparsh. Charan. Ma... aj. ke din
Let us worship Your Lotus Feet on this very day!

Ayi ho Ma ham. sab. ke liye
You have come for our sake, O Mother
Bas. ek bahane... aj. ke din
Taking this very day as a pretext!
Aj. ke din., Ma, aj. ke din (x2)
On this very day, O Mother, on this very day!
Ayi ho Ma ham. sab. ke liye

You have come for our sake, O Mother
Bas. ek. bahane... aj. ke din
Taking this very day as a pretext!
Bahe prem. hriday se jaha ke liye (x2)
Your heart is flowing with Love for the whole universe.
Barhe Yog. Sahaj. Ma... aj. ke din
Let Sahaja Yoga prosper on this very day!

MATAJI QAWWALI

(from 'Allah Hu', Nusrat Fateh Ali Khan - 'Music of Joy 1')

Alap: *(First part sung to Ah...)*

Maale Kul-Mulk., Lashari Ka Lahu (x2)
Wah. Dahu..., La Elaha Illahu (x2)
Shams. Tab.rez. , Gar. Kwuda-Talaband,
Kwush.bu Kha, La Elaha, Illahu.

All gods reside within Shri Mataji and thus we can say that God is one, and for all the Sahaja Yogis it is the Goddess Shri Mataji Nirmala Devi.

Mataji–ji–ji, Mataji–ji–ji
Mataji, Mataji, Mataji (x3)

Chorus:
Mataji, Mataji, Mataji (x3)

Ye Zamin Jab. Na Thi, Ye Jaha Jab. Natha (x2)
Chand. Suraj. Na The, Aas.ma Jab. Natha (x2)
Ra-Ze Haqq. Bhi Kisi Par. Aya Jab. Natha (x2)
Tab.na Tha Kuch. Yaha (x2)
Tha Magar. Tu Hi Tu, Mataji...

When there was no earth, no world, no sun, no moon, no sky, the truth of God and Chaitanya was not known. At that time there was nothing but pure consciousness in the form of Chaitanya. And that was You, Shri Mataji.

Interlude: *(some of the 108 names of Shri Mataji)*

Mataji, Adi Shakti, Nirmala Devi, Prana Rupini,

Primal Power, first cause. Pure, spotless. Of the form of Divine breath of life.

Kshipra Prasadini, Maharatih, Maharadni, Sahaj Yog Dayini

Who showers grace on Her devotees. The greatest bliss. Great empress. Grants spontaneous Self-Realisation.

Niskala (Niskala), Nistula (...), Nishkalanka, Nirupaplava,

Indivisible, complete. Unequalled. Faultless brilliance. Indestructible.

Nirguna, Nirvikalpa, Nirishwara

Attributeless. Without mental activities. Supreme.

Mahadevi, Mahashakti, Sharma Dayini, Parameshwari,

Greatest of Goddesses. Greatest power. Giver of happiness. The ultimate ruler.

Sudha Shrutih, Pavana Kritih, Shri Vilasini, Adi Ma...

Ambrosial stream of bliss. Sacred form. The universe is Her place; She opens/closes the way to Self-Realisation.

Pahunche Meraj. Me Arsh. Tak. Mustafa (x2)
Jab. Na Ma Bud. Bande Men Parda Raha (x2)
Tab Mala-Ik. Ne Haz.rat. Se Jhuk. Kar Kaha (x2)
Sari Makh. Luq. Men (x2)
Haqq. Numa Tu Hi Tu, Mataji...

When the Prophet Mohammad made a trip to Heaven, there was no difference between Himself and God Almighty. All the angels bowed to Him and sang His glory: that in the whole universe, You are the Truth. Then Shri Mataji, we worship You in the form of Shri Mohammad.

Interlude:

Khal. ke Khul hai Tu, is me kya guft.gu (x2)
Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)
You are the Supreme Creator, how could it be denied?
You are the One, the only One! How could it be denied?

Hindu ye samajh.te hai hassanam me kuchh. hai (x2)
Mus.lim ye samajh.te hai Haram me kuchh. hai
Ye dono galat hai ap.ni kaj.vahimi se
Ham to yahi samajh.te hai ki mast...
Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)
Hindus see You in their idols. Muslims see You in the Ka'aba. Both of them have a limited view.
As for us, we just believe that You are the One, the only One! How could it be denied?

Masjid mandir gurdware me teri lagan hai teri puja
Tu hi Tu hai, aur. koi na duja
Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)
In mosque, temple and gurudwara, You are the One that is worshipped. You and no other!
You are the One, the only One! How could it be denied?

Mandir. me tu, Haram me tu, arsh me tu, zamin me tu
Jiski pahunch jaha talak uske liye vahi me Tu
Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)
In the temple, in the Ka'aba, in the heavens, on this earth,
For each seeker, You are there, as far as he can reach!
You are the One, the only One! How could it be denied?

Sab hai jab ashik Tumhare Nam. ke
Kyu ye jag.re hai rahim aur raam. ke
Tu hi Tu, Tu hi Tu, is me kya guft.gu (x...)
When each one worships Your Name, why do Muslims and Hindus fight?
You are the One, the only One! How could it be denied?

Khal.ke Kul Hai Tu, Is Me Kya Guft.gu (x2)
Sare Alam Ko Hai Teri Hi Just.ju (x2)
Teri Jalwagari Hai Ala Char. Su (x2)
Ya Sharika-Lahu (x2)
Male Kul Mulk. Tu, Mataji...
You are the completeness of the whole creation. This is the universal truth. The whole cosmos is trying to understand You, and everyone is worshipping You through meditation and devotion. Your glory is sung everywhere, You are the complete God.

La Ilaha Teri Shan. Ya Wah.dahu (x2)
Tu Khayal O Tajassus, Tu Hi Ar.zu (x2)
Ankh. Ki Raush.ni, Dil Ki Awaz. Tu(x2)
Tha Bhi Tu, Hai Bhi Tu (x2)
Hoga Bhi Tu Hi Tu, Mataji...
O God, Your glory is fathomless. You are always in our thoughts, in our imagination, and to reach Your real form is our humble desire. You are the light of our eyes, and You are the sound of our heart. Whatever has been, is, and will be — in this universe — is nothing but You, O Great Goddess, Adi Shakti.

NIRMALA MA KAHIYE

(Music of Joy)

Nirmala Ma, Nirmala Ma, Nirmala Ma, Kahiye (x2)
Jahi Vidhi Rakhe Ma, Tahi Vidhi Rahiye (x2)
Nirmala Ma, Nirmala Ma, Nirmala Ma, Kahiye (x2)
Sing the praise of Mother Nirmala!
In whichever way She keeps You, remain that way!

Asha Ek. Matajiki Duji Asha Chod. De (x2)
Nata Ek. Devima Se, Duja Nata Tod. De (x2)
Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye (x2)
Swarth. Ras. Tyag. Pyare, Prem. Ras. Pagiye (x2)
Our only hope is to be with Mother. Leave all other desires.
The Mother Goddess is your only relation. Forget all other attachments.
Through Sahaj, colour your very being with the colour of purity.
Abandon your selfish moods and take only to Love.

Puja Ek. Matajiki Duji Puja Chod. De (x2)
Nata Ek. Chidanand. Se, Duja Nata Tod.De (x2)
Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye (x2)
Aham Bhav. Tyag. Pyare, Bal. Rup. Angiye (x2)
Worship only Shri Mataji. Leave all other adorations.
Consciousness and bliss are your only relations. Forget all other attachments.
Through Sahaj, colour your very being with the colour of purity.
Abandon this ego of yours and attain the childhood within.

Laksh. Ek. Nirmala Rup. Duja Laksh. Chod. De (x2)
Satya Ek. Nirmala Dharma, Asatya Ko Chod. De (x2)
Sahaj. Sang. Nirmala Rang., Ang. Ang. Rangiye (x2)
Nashwar. Moha Tyag Pyare, Akshay Pad. Angiye (x2)
Our only aim is to reach the form of Purity. Forget all other purposes.
The only true religion is Vishwa Nirmala Dharma. Give up all untruth.
Through Sahaj, colour your very being with the colour of purity.
Leave now your unending greed, friend, and attain the eternal status.

SARE JAG ME TERI DHUM

(Simple - 'Chaitanya Dhara 2')

Chorus:

Sare jag me teri dhum, Adishakti Ma! (x8)
Your fame is over the whole world, O Adi Shakti!

Ate bare bare Maharaje
The greatest of kings
Teri shan sabhi ko saje } (x2) (Chorus)
Are overpowered by Your majesty!
Mathe pyari Bindiya saje. Koi!
A beautiful bindi decorates Your forehead.
Koi laute na mehrum, Adishakti Ma! (x2)
From You no-one returns empty-handed, O Mother Adi Shakti!

Nirmal Darbar me jo bhi ae (x4)
Whoever comes to Your Pure Court
Muse mangi murade pae (x4)
Sees all his desires fulfilled
Jo bhi Sahaj Yog me aya
Whoever came in Sahaja Yoga
Usne jivan safal banaya } (x2)
Has achieved the goal of life
Maaka bhed nahi hai paya. Koi!
No-one could ever understand Your form of Mahamaya!

Tere Dar.bar. ki kya shaan. hai (x4)
How glorious is Your Court!
Hanuman. khare dar.baan. hai (x4)
Hanuman Himself is its doorkeeper
Tere Nam ko jisne dhyaya
Whoever takes Your name
Tumne bighra kam banaya } (x2)
Has seen the end of all his troubles.
Kali Yug me Teri Maya. Koi!
Your Illusion pervades this Kali Yuga

Bramha Vish.nu hai Tumko Manate (x4)
Bramha and Vishnu Themselves try to please You
Shankar ji hai dhyan. lagate (x4)
Shankar-ji meditates upon You
Tu hi Nirmal, Tu Mahamaya
You are Nirmala, You are Mahamaya
Nirmal Nam hai jag me chhaya } (x2)
The name of Nirmala is flowing throughout the world
Sara jag Charno me aya. Koi!
The whole world has come to Your Lotus Feet

Sare Vishwa ko Sahaji banaya (x4)
You turned the whole world Sahaj
Ma Tune sara Bramhand. rachaya (x4)
O Mother, You are the Creatrix of this vast universe.
Suraj chanda tujhe bhi chhaye
Even the sun and the moon provide shade for You. } (x2)
Sare dekh. dekh. reh jaye
Everyone is lost in deep contemplation
Sare Tera dhyan lagaye. Koi!
Everyone meditates upon You.

Sab se sundar hai Nirmal nagariya (x4)
The cities of Nirmala are the most beautiful of all
Har. Sahaji pe Ma ki nazariya (x4)
Our Mother's glance is on each Sahaja Yogi.
Man mandir me karo basera
Mother, please reside in this temple of our hearts } (x2)
Chute janam-maran ka phera
Please break this cycle of birth and death
Dale Charno me ham dera. Koi!
And let us make our abode at Your Lotus Feet, O Mother.

JAGO HE JAGADAMBE

(Deepak Verma - 'Shradha')

Jago he Jag.dambe, jago he Jwala
Awaken, O Jagadambe! Awaken, O Jwala!
Jago he Dur.ge Ma, jago Brij.pala
Awaken, O Mother Durga, O Brijpala!
Jago, Ma jago! Jago, jago, Ma jago
Awaken, O Mother!

Jago dilo ke andhkar. ko mita do (x2)
Awaken and dispel the darkness from our hearts } (x2)
Bhat.ke huo ko maiya Roshini dikha do (x2)
Mother, please show Your Light to those who have gone astray
Ap.ni hi jyoti ka kar.ke ujala (x2)
By kindling the lamp of Your Brightness

Sara zamana hua jyoti ka Divana (x2)
The whole world is drenched in Your Divine Light } (x2)
Maiya ham Charano me mange thikana (x2)
O Mother, we beg for a place at Your Lotus Feet
Jis pe Teri nazar maiya uska bol.bala (x2)
The one who is under Your attention receives all fame

Sher. pe savar. Mat. Asht.bhujadhari (x2)
The Mother who is mounted on a tiger is Goddess Ashtbhujadhari } (x2)
Dushto ki kal maiya bhakto ki rakhvali (x2)
She slays all the evil and protects Her devotees
Naino me tez. Tere gale mund. mala (x2)
There is power in Your glance, O Mother, and a beautiful necklace decorates Your throat.

JAGME SUNDAR HAI DONAM

Jagme Sundar Hai Donam
Chahe Krishn. Kaho ya Ram.
Bolo Ram. Ram. Ram.
Bolo Shyam. Shyam. Shyam.

Makan brij me ek churave
Ek bher kil nike kave
Prem. bav.se bare anoke
Dono ke he kam
Chahe Krishn. kaho ya Ram. ....

Ek kans papi ko mare
Ek dusht ravan sam hare
Dono deen ke dukh harat hai
Dono bal ke dam
Chahe Krishn. kaho ya Ram. ....

Ek Radhika ke sang raje
Ek Janaki sang bhi raje
Chahe Sita Ram. kaho

SITA RAM

(Ravindra Jain and Hemlata)

O Mangal bhavan amangel Hari (x2)
Dravau dashrath Ajit ... dashrath ...
Ram sia Ram sia Ram jai jai Ram (x3)

Gera jia bin deha nadi bin bhai
Kaise anath purush bin nari
Ram sia Ram sia Ram jai jai Ram (x3)

Gung aghate sahhi kir kaise
Khalke vachan sunt sah jaise
Ram sia Ram sia Ram jai jai Ram (x3)

Jinke jihe per satya sane hm ...
Sathie milke kachu sandhate hm ...
Ram sia Ram sia Ram jai jai Ram (x3)

Kaho kaho lage nam badhie e....
Ram n sakhie nam gun Gaie ...
Ram sia Ram sia Ram jai jai Ram (x3)

Zache rahe bhavana jaise ...
Prabhu ko rathi dache bin jaise
Ram sia Ram sia Ram jai jai Ram (x3)

Uthi Apane Ram ko ...
Rijh bharo k. chege
Udato sidho chabh hi chate pade jo bija

Batana japra jag jana Kalki ki Bhai
Bramha samana
Ram sia Ram sia Ram jai jai Ram (x3)

Koie hai choi jo Ram jo rachalei Ma
Ko pari badava jana
Ram sia Ram sia Ram jai jai Ram (x3)

Hari her ... Hari her
O har her ka charita ati Pavan
Madhur taras ati Pavan
Sunea binanti pas bueal buerie
Ram sia Ram sia Ram jai jai Ram (x3)

BUDDHAM SHARANAM GACHAMI

Chorus:

Buddham Sharanam Gachami (x2)
May I surrender to enlightement
Dhamam Sharanam Gachami
Surrender to Dharma
Sangam Sharanam Gachami
Surrender to the collectivity
Shri Ma Sharanam Gachami (x2)
Surrender to Shri Mataji

Ghabaraya jab man amamol (aah...)
Hridaya ho uthe davha dol (oh...)
Ghabaraya jab man amamol aur
Hridaya ho uthe davha dol
Jab manav tu muchsa bol

Jab ashanti ka rag uthe } (x2)
Lal lahu ka rag uthe
Insan ki wo aag uthe
Man.v me Ma pashu jag uthe
Dharathi ki kaya kampe
Amber jag mag utha saya
Jab manav tu muchsa bol

Jab duniya sa payr uthe (x2) (aah...)
Nafrat ki diwar uthe
Ma ki Mamta pera giroin
Bate ki Talwar uthe
Dharti ki kaya kape
Amber jag mag uthe gaya
Jab manav Tu muchsa bol

Dur kiya jisane jan man ka wakul
Man ka andhi yara
Gisaki yak kiran ko chukere chamak

Uthaya jagsara
Dip satya ka sada jale daya
Ahinsa bada chale such shanti ki
Chayama jan man gan ka prem bane
Bharat Ma Bhagwan Buddha ka unhe
Ghar ghar mantra anmol
Jab man.v Tu muchsa bol
Buddham Sharanam Gachami
Jab manav Tu muchsa bol

BOLO ADI SHAKTI SHRI MATAJI

(Simple - 'Chaitanya Dhara 1'; 'Sahaj Unlimited')

Chorus:

Bolo Adi Shakti Shri Mataji, Shri Nirmala Devi Ki Jai
Salutations to the Adishakti Mataji Shri Nirmala Devi
Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai } (x2)
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali
Maha Lakshmi Ki Jai, Maha Saraswati Ki Jai Maha Kali Ki Jai !
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali
Bolo Adi Shakti...

Ma Bhakti Priya... , Ma Nishka Ma (x2)
O Mother, You are The One who loves devotion and who is beyond all actions
Hay Nirguna Ma... , Nishpapa Ma (x2)
O Mother, You are beyond all Gunas and beyond all sins
Sara Brahmand. Hai Jisme Racha Nirmal Ki Jai (x2)
Salutations to You, O Mother, who has created this whole universe
Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

Ma Nishkala... , Ma Nirmala (x2)
O Mother, You are beyond all creativity and You are spotless, blemishless
Shri Mataji... , Nirantara (x2)
Shri Mataji, You are relentless
Brahma Vishnu Shiv. Shakti Ma Nirmal. Ki Jai (x2)
Salutations to You, O Mother, who encompasses the powers of Shri Brahma
Shri Vishnu and Shri Shiva
Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

Ma Nirlepa... , Niranjana (x2)
O Mother, nothing can smear You and You are the giver of unlimited blessings (of delight)
Mahadevi Ma... , Hai Mahamana (x2)
O Mother, You are the Goddess of Goddesses, You are the one with the greatest heart
Sukh. Kar.ta Ma, Dukh. Harta Ma Kal.ki Ki Jai (x2)
Salutations, O Mother, You are Shri Kalki, who is the giver of joy and You remove all misery
Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

Mahamaya Ma... , Jag. Janani Ma (x2)
O Mother, You are the supreme illusion, You are the Mother of the universe
Shubh. Kar.ni Ma... , Dukh. Harini Ma (x2)
O Mother, You provide bliss and abolish all hardships
Bolo Vishwa Dharini Sahaj. Dayini Ma Ki Jai (x2)
Salutations to You, O Mother, who sustains the universe and gives everyone their realisation
Maha Lakshmi, Maha Saraswati, Maha Kali Ki Jai (JAI!)
Salutations to Shri Mahalakshmi, Mahasaraswati and Shri Mahakali

JISME SURAT SHRI MA KI

(Simple - 'Chaitanya Dhara 1')

(Each line is repeated twice)

Chorus:

Jisme surat Shri Ma ki na aaye nazar
Ab mujhe aisa darpan nahin chaahiye
Gand jisme bhari ho ahankar. ki
Woh dikhave ka tika nahin chaahiye

Chorr kar is zamane ki Ranginiyan
A gaya hun me Ma Tere Darbar par
Sirf Bhakti se matlab he mere liye
Koi Duniya ka Bandhan nahin chaahiye

Me jahan bhi Tumhe dekhon ao nazar
Meri aankhon ko baksho Ma woh roshni
Sirf iske Siva aur kuchh bhi nahin
Koi jeevan ka sadhan nahin chaahiye

Maine darbar me Tere Choo-ke Charan
Faisla kar liya hai Samajh soch kar
Satya ki khak mil jaye mere liye
Jhoothi duniya ka kanchan nahin chaahiye

Sadhuon ne jo puchha dili mazra
Ek Sah.ji ne un sadhuon se kaha
Shanti ka Pujari hun mere liye
Dusht logon ka darshan nahin chaahiye

RAM. NAM. RATH. THE RAHO

Ram. nam. rath. the raho
Jab. tak. gat. me Pran.
Kabhi tho deen dayaal ke bhanak pade gi kam

Chorus:
Tere man me Ram. tan me Ram
Rom. rom. me Ram. re
Ram. sumir. le dhyan. laga le
Chod jat ke kam re
Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.

Maya me Tu ulja ulja dardar pul udae (x2)
Ab kyun karta man bari jab Maya sath chudae (x2)
Din do peetha dono roop me daljaye na sham re
Bolo Ram. bolo Ram. bolo Ram. Ram. Ram. (x2)
Tere man me Ram. tan me Ram.

Tan ke beethar panch lutere dal rahe he Tera (x2)
Kam krodh madh lob mogh ne rujko kaisa Tera (x2)
Bul gaya Tu Ram. ratan mula pooja ka kam re
Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.
Tere man me Ram. tan me Ram.

Bach ban peetha kel kel me bari javani soya (Alap)
Bach ban peetha kel kel me bari javani soya
Dekh buda pa ab kyun soche kya paya kya koya (x2)
Der nahi he abhi bande lele uska nam.re
Bolo Ram. bolo Ram. bolo Ram. Ram. Ram.

Bolo Ram. Sita Ram. ...
Bolo Shyam Radhe Shyam
Tere man me Ram. tan me Ram. .....

SHRI JAGADAMBE AYI RE

(Noida; 'Mauli 1' & Sahaj Unlimited')

Chorus:

Shri Jagadambe ayi re, Meri Nirmala Ma (Ayi) (x2)
Shri Jagadamba has arrived! My Immaculate Mother had arrived!
Mere jag. uthe bhag. seer. pay charan-kamal. ki chau
My great good fortune is awakened! Her lotus feet adorn my sahasrara!
Sare jag. me padi badhayi re
The whole world joins in the joy of Her arrival!
Meri Nirmala Ma
My Mother Nirmala
(Ayi) Shri Jagadambe ayi re, Meri Nirmala Ma (x2)
Shri Jagadamba has arrived! My Immaculate Mother has arrived!

Ma ki Shakti hai bal.shali (x2)
Mother's might is all-powerful;
(Ye) Nirmala Devi Sherawali (x2)
Mother Nirmala, rider of the tiger.
Is. dar. pay na rahe koyi khali (x2)
No one who comes to Her door leaves empty-handed.
(Ye) Jag.gul.shan. ki hai rak.hawali (x2)
She is the Protector of all creation.
Janani hai Janma dayini, Sahaja Yoga Dharm. Dayini
Mother gives rebirth and Sahaja Yoga truths,
Hriday me na khushi samayi re, Meri Nirmala Ma
Blessing my heart with profound joy. Oh Mother Nirmala.

Manau rach.na me Ma ka ansh. para hai (x2)
Mankind, created with Mother's love,
Rat.no ka bhandar. bhara hai (x2)
Contains Her precious powers.
Manav. me ahankar. bhara hai (x2)
But mankind is full of ego,
Ap.ni Shakti se dur. khada hai (x2)
Divorcing itself from its own powers.
Peedith. narak. me bhayi, Par. kare Nirmala mayi
Mother Nirmala grants realisation even to those suffering in hell.
Devi par.marth. ko ayi re, Meri Nirmala Ma
She has arrived for the salvation of all mankind, my Mother Nirmala.

Bhagya ude hu-a bhayi tera (x2)
The fortunes off all are rising
Jagadambe ka lag. gaya fera (x2)
as Shri Jagadamba takes us into Her protection.
Chit. chinta ka katega ghera (x2)
Illusions and worries that circle the mind disappear.
Swarg. banega jivan. tera (x2)
Know that your life will become heavenly.
Sache dil se dhyan. karle, Mataji ka man. Karle
Meditate with humility in a pure heart
Roohani avaz. he ayi re, Meri Nirmala Ma
for your spirit is calling you. Oh Mother Nirmala.

Jab. jab. hani howe dharam. ki (x2)
Whenever dharma declines,
Nar. bhoole shakti antar.man. ki (x2)
And humanity forgets its inner powers,
Tab. shak.ti jagrut. ho Brahm. ki (x2)
The Shakti of the Eternal Spirit
Kare stapith. moorti sat.karam ki (x2)
Establishes the essence of all Truth.
Karm. dayini Vishwa Nirmala, Dharm. dayini Maat. Garvita
The Universal Mother, the Great Doer, proudly granting Dharma,
Man me alokik jyoti jalaee re, Meri Nirmala Ma
Has blessed my heart with Divine Enlightenment. Oh Mother Nirmala.

CHUK CHUK CHUK CHUK

(Kishore Chaturvedi - 'Bhajan Dhara')

Chuk Chuk Chuk Chuk. rail chalee hai Jeevan ki (x3)
Hasna rona, jagna sona, khona pana sathie hai dukh-sukh
Chuk chuk... (x2)

Choti-choti see bato se moti-moti khabron tak (x2) } (x2)
Yeh gadi le jayagee hamko Ma ki god se kabro tak
Sabo chilattey rah jayangey Ruk-ruk-ruk-ruk-ruk
Chuk chuk... (x2)

Saman bandh ke rakh lo lekin } (x2) } (x2)
Choron se hoshiyar raho
Jane kab chalna padh jaye chalney ko tyaar raho
Jane kab seetie baj jaye...
Jane kab seetie baj jaye, signal jaye jhuk
Chuk chuk... (x2)

Raat aur din is rail ke dibbey } (x2) } (x2)
Aur sanson ka engine hai
Umar hai is gadhi ke pahiye aur chita station hai
Jaisey do patri hai vaisey saatha chaley dukh-sukh
Chuk chuk... (x2)
Pap aur punya ki gathri bandhey satya } (x2) } (x2)
Nagar ko jana hai
Jeevan nagari chodh kar hamko Nirmal Nagari aana hai
Yeh bhi soch lo hamne kya kya maal kiya hai book
Chuk chuk... (x2)

Rail chalee hai jeevan ki (x3)

Note: for "Adi Shakti Ma" which was on p. 93, see "Sare Jag Me Teri Dhum", p. 83

You are very spontaneous, like your Mother. It all comes there, isn't it, just comes, that's it, just comes. Allow it. See, don't think too much, don't, don't try to plan too much. It will be there, you'll see that. Everything. Everything works out. Have faith in yourself. Just works out. It's all there, but it's not so clear-cut you see, because it must have a beautiful mystery. Must have a mystery. Whatever happens it must have a beautiful mystery behind it. So suddenly you find something, you see, and then you feel ah, it's a surprise, pleasant surprise. That's what it is. That's how you'll feel the Divine trying to bless you, make you happy, to give you ideas, to do things for you. It is the Divine that will work it out. And you'll be suddenly, you see, surprised with great joy. Allow it to work out. Don't think yourself. Just allow it to work out. It works out very well. All right?

Australia - Melbourne - 16th March - 1985.

VANDHANA

Chorus:
Vandhana vandhana
Sab karo vandhana
Shri Mataji ki sab karo vandhana } (x2)
La la la la ...

Jin ko puje hai ravi
Charo aur unki chavi } (x2)
Chandra Maa ki chandhani
Karte hai vandhana

Dharti tarasti sparsha ko
Sagar ka karan pao to } (x2)
Adi Shakti Shri Mataji ki
Kar rahe sab vandhana

Maa prano mein hai
Har saaso mein hai } (x2)
Aisi Maa ki Dhayana mein
Kar rahe sab vandhana

NIRMAL DHAM (TERE CHARAN. KAMAL.)

(Nirmal Sangeet Sarita - 'Nirmal Dham')

Chorus:
Tere Charan.kamal. me Rehnevalo me Likh.le Mera Nam (x2)
May my name be added to the one of those who are seeking refuge at Thy Lotus Feet,
Ye Hai Sukh. Shanti Ka Dham (x2)
For this is the heavenly abode of Joy eternal and Peace,
Nirmal Dham, Nirmal Dham, re (x2)
The abode of Divinity and Purity.

Aya Tha Shraddha Suman. Charhane Dale Jholi Me
I had come to offer the flowers of pure faith at the Lotus Feet of Our Mother,
Ma Se Paunga Mai Kuchh. Dan. Bhi Dalu Jhole Me
Expecting to be rewarded for my offering,
Saumya Prakash. Chet.na Dekhi (x2)
But I found myself overwhelmed by the pleasant Chaitanya,
Jaise Bhor.ki Lali Me
Radiating like a rising sun.
Swar.pan. Kar.ke Bola Mai (x2)
Surrendering myself to Her, I humbly requested
Kuchh. Na Dalu Jholi Me
That no reward should be given,
Nir.peksh. Yahi Bhakti Kutir Hai Chaitanya Ka Aisa Dham
As I realised that worship can only exist through selfless Surrender to the Lotus Feet of Shri Mataji, the very abode of Chaitanya.

Ar.pit. Hai Tan.man. Dhan. Ap.na (x2)
I totally surrender my mind, body and wealth
Charan. Nahi Ye Swar.ga Ki Rach.na
To the Lotus Feet of Mother, as There lies my Paradise.
Vast.vik. Hai Nahi Ye Kal.pana
This is not imagination, but actualization of the Divine Truth, the ultimate reality.
Aise Dham. Ki Kare Kyu Tul.na
Why should we then compare this abode with any existing shrine?
Mandir. Masjid. Gurudware Ka Ab Nahi Koi Kam
As it is, all these temples, churches and gurudwaras have now become redundant.

Agni Kund. Hai Ahamkar. Ka (x2)
At the Lotus Feet of Mother, I have been able to burn my ego,
Jatil. Mere Hi Bhut. Kal. Ka
My past and all my negativity.
Jab. Se Bana Bhikshuk. Is. Dwar. Ka (x2)
Ever since I have become a resident of this Heaven,
Bhavishya Ujwal. Sahaj. Pyar. Ka
My future, through Sahaj Love, has become very bright and full of promises.
Yahi Hai Makha Yahi Karbala Ganga Jamuna Charo Dham
For here verily lie the Mecca, Medina, the Ganges, the Yamuna and all four Shrines.

Charanamrut. Se Pawan. Kar. Do (x2)
With the Nectar flowing from Your Lotus Feet, Oh Mother, please sanctify my life,
Nirmal.may. Ye Jivan. Kar. Do
And give it its real purpose by making it wholesome truthful and pure.
Anu Renu Me Chaitanya Bhar. Do (x2)
Fill all the animate and inanimate with Your Divine Vibrations,
Kitabo Me Nahi Gyan. Vah. De Do
And give us the Pure Divine Knowledge that cannot be found in the Holy Scriptures,
Yahi Hai Gita Ved. Yahi Hai Yahi "Bible" Kuran
For I verily read and understand epics like Geeta, the Vedas, the Bible or the Koran by a mere glance at Your Lotus Feet.

MOHABBAT KA KHAZANA

(Nirmal Sangeet Sarita - 'Mohobbat Ka Khazana')

Chorus:

Kaam. Jiska Fakat.ye Daulat. dil ki Lutana Hai
What a delightful task it is to freely distribute Love, this treasure of the heart!
Mohabbat Ka Khazana Bhi Kya Khub Khazana Hai
Such a treasure will never diminish by that, but will grow evermore.

Kud.rat. Jo Hazara Karishma Dikhati Hai
Nature in its splendour produces many miracles which manifest in many ways.
Vo Bhi To Ek. Tharha Se Insa Ko Mohabbat Batana Hai
This gesture of Nature is by itself a token of Love for human beings.

Shabnam Se Moti Bad-E-Saba Ki Taz.Gi Gulo Ki Mehek
The dew-drop which shines like a pearl, the morning breeze which carries with it
The ever-refreshing fragrance of flowers,
Kaenat. Ke Ziyafat. Ka Ye Ek. Dilchasp. Bahana Hai
This again is an interesting excuse of Nature showing its hospitality to the human beings
on one pretext or the other.

Har. Pat. Me Har. Kali Me Chhipa Paegame Mohabbat. Hai
Every leaf, every bud has a hidden message of love and beckoning in its nature.
Har. Pankhuri Ke Labho Pe Ul.fat. Ka Ye Tarana Hai
Even the rustling of the petals and the leaves is like a song of love.

Kya Duniya Ne Samjha Hai, Kya Logo Ne Jana Hai
What does this world, these people believe we are?
Ham. Khak Nashino Ke Thokar Me Dekho Zamana Hai
Even though we are humble, we are not meek or cowardly. We can rise to any occasion
because to us Love is an energy and not merely our emotional expression.

Har Pak. Rishte Ki Buniyad. Mohabbat Hai
The foundation of every pure and divine relation is love.
Ma Bachhe Ka Atul Bandhan Us.ka Hi Ek Namuna Hai
One such glowing example is the permanent bond of love between mother and child.

Kya Chiz Mohabbat. Hai, Duniya Na Samajh. Payi
The world is experiencing love at a mundane level only and has therefore not really understood
the deeper and ultimate meaning and purpose of love.
Yu Kah.Ne Ko To Gar.dish. Me Sadiyo Se Zamana Hai
Even though it has been in a turmoil for many a years now.

Ye Labz-E-Mohabbat Ka Ad.na Sa Fasana Hai
The story of love in a nutshell is as follows:
Simte To Dile Ashik Feleh To Samana Hai
When shrunk to the barest minimal, it is symbolised in the heart of the lover,
but when it expands to its full potential, it is capable of engulfing the whole universe in its fold.

Fizul. Vo Hai Dino Dharam, Jaha Mohabbat. Basti Nahi
All the religions and places of worship are useless if there is no love in them,
Jis. Dil Me Mohabbat. Hai Vahi Jo Uska Tikhana Hai
Because God only resides in such hearts where there is love.

Pat.var Mohabbat. Ki Hatho Me Rahe Har.dam
The only equipment you need to have is the oar of love,
Duniya Bhi Tapero Se Gar Sakine Ko Bajana Hai
By which alone you can navigate through the turbulent sea
of deceit and fraud that you see in the world.

Ye Ishk. Ruhani Ab Zarurat Ban Gayi Ad.Mi Ki
This divine love has now become the need of the day for all human beings,
particularly in the world of strife, hatred, suspicion and deceit,
Ik Bat Yehi To Mujh.Ko Belos Batana Hai
And as such, this is the only message Belos wants to give to the world.

AP.NI PANAAH. MEIN HAME RAKH. NA

('Music of Joy 2')

Shri Mataji: "This is a song from a film and is sung by a little boy, a very beautiful film as well as this boy acted very well…and it says that 'O God keep me in your protection all the time'. 'Panaah' is protection. But it's a very beautiful song, I hope you all like it."

(Evening before Shri Ganesha Puja, Cabella 1996)

Chorus:

Ap.ni panaah. mein hame rakh.na…
Sikhe ham. nek. rah. par chal.na } (x2)

Mother, please keep us in Your protection all the time,
and with Your guidance may we live a balanced and righteous life.

Kaam. krodh. lobh., moha matsar
Aur ahankar. se, ham.ko bachana } (x2)

Please, O Mother, protect us from the six great enemies of mankind (which are):
lust (Kaam), anger (krodh), greed (lobh), attachment (moha),
hatred (matsar), and ego (ahankara).

Maya me gir ja-un na Mata (x2)

Mother, please protect us from falling into Maya (illusion),

Ananya bhakti de, Sahaji banana… Oh Oh

And kindly grant us the Ananya Bhakti (in our devotion, may we see You
in all our thoughts and actions, and be guided by You).
And please make us Sahaja instruments.

Ap.ni nigah. me hame rakh.na….

Please keep us within Your Divine Attention and Protection.

Ap.ni panaah. mein hame rakh.na

Shama-van. koyi, tujh. sa nahi Ma
He Parameshwari, He Shubhakari } (x2)

There's no one greater than You, O Goddess, in forgiving us.
Glory to You who is the Greatest Goddess (Parameshwari),
and who is the embodiment of beneficence (Shubhakari) for all Her devotees.

Nya-n. kar.ma, Bhakti de Devi (x2)

O Goddess, please give us pure knowledge, righteous deeds and devotion

Ma char.no Ak-shay. pad. dena… Oh-Oh

O Devi, please grant us an eternal place at Your Lotus Feet.

Karuna ki chav. me hame rakh.na

Please keep us in the cooling shade of your compassion.

Ap.ni panaah. mein hame rakh.na

HE NIRMALA MA *('Music of Joy 1'; &'Mauli 2')*

Chorus:

He Nirmala Ma, He Nirmala Ma
O Nirmala Ma,
Tera pyar. moksha ka Anand. hai Ma
Your unbounded love is the bliss of complete fulfilment of moksha.

Tu swar ki Devi, Ye sangeet. tujh. se
You are the Goddess of music, and this song,
Har shabd. tera hai Har. geet. tujh. se } (x2)
all its words and the tune, comes from You.
Ham paar Sahaj. me, teri krupa se
Only with Your compassion we become paar in Sahaj.
Nirmala Vidya ka vardan. de ma
Please grant us the boon of Shri Nirmala Vidya.

Devo ne sam.jhi, Muniyo ne jani
Devas and great sages understand the language
Chaitan ki bhasha, Purano ki vani } (x2)
of vibrations and the great prophesies of the Puranas.
Sadhak. ye sam.jhe, Manav ye jane
May the seekers of Truth understand, may humanity realise
Ye Anamol. ghadiya, ye Avatar. tera
these precious moments and Your great incarnation.

Tu Adi Shakti, Sahasrar viraji
You are the Adi Shakti seated on the cosmic Sahasrara
Chaitan lutati, Saty.yuga jagati } (x2)
showering Chaitanya and heralding the beginning of Satya Yuga.
Vishwa ki Janani, tu Mahadevi
You are the Mother of the universe and you are the Mahadevi.
Tere Putra banne ki Patrata de Ma
Mother please grant us all the qualities and virtues
by which we can be Your children in reality.

PREMSE BOLO

Chorus:
Mataji Mataji Ye Hai, Sukh-Dukh Dayhi Nam (x2)
Premse Bolo Jai Mataji (x2)
Dilse Bolo Jai Mataji (x2)
Jorse Bolo Jai Mataji (x2)
Ban.De Hai Jo Bigade Kam

Ye Sansar. Hai Dukhka Sagar
Sab.Ko Ye Kar.Na He Paar
Mataji Ke Nam. Mantra Se (x2)
Sab.Ko Miljata Adha

Kali Yuga Me Avah He Dekho
Adi Shakti Avatar
Yehi Thirth Hai
Yeh Mandire Hai
Yehi Hai Charo Dham

Bula Rahi Kundalini Tuo Bhulja Dukh There (x2)
Andhakhar Me Atmaghyanka Diya Tej.Karle (x2)
Mataji Ke Rup. Me Aye (x2)
Mahomad. Jesus. Aur Ram (x2)

Mataji Mataji Ye Hai, Sukh-Dukh Dayhi Nam (x6 to finish)

PURVA-ISE

(Nirmal Sangeet Sarita - 'Glow of Love')

Chorus:
Purva-Ise Sugandh. Chali } (x2)
Maheki Maheki Ye Mand. Chali

Prakruti Ko Mukti Me, Nahelate Chali (x2)
Jaise Shab. Nam Dhoy Hriday. Ki Kali

Ham Mukta Khade
Cheh.tan. Path. Per (x2) } (x2)
Niranand. Me Hai
Vileen. Tat. Per (x2)
Hai Tar. Chidi Ganjan. Faili (x2)
Nir.mal. Ma Ki Kripa Hui

Nishank. Hue
Han Chet. Gaye (x2) } (x2)
Sam. Pan. Se
Unnat. Hai Bhaye (x2)
Ahankar. Ki Ik. Bhi Na Chali (x2)
Nir.mal. Ma Ki Kripa Hui

Na Piche Ki Ham.Ko
Sudh. Hi Rahi (x2) } (x2)
Na Aagay Ki Ko-i
Khoj. Rahi (x2)
Murat. Me Prabhu Chabi Dhali (x2)
Nir.mal. Ma Ki Kripa Hui

Jo Kal Ke Chale
Ab Bhi Hai Chale (x2) } (x2)
Cab Pahu Chen Ge
Jo Aj. Chale (x2)
Na Chal. Ke Bhi Manzil. Pa Li (x2)
Nir.mal. Ma Ki Kripa Hui

Puran. Se
Sampurna Bano (x2) } (x2)
Saguna Se
Nir.guna Bano (x2)
Hai Suksh. Me Anubhuti Pa Li (x2)
Nir.mal. Ma Ki Kripa Hui

Raj.ni Ke Aachal
Se Nik.li Lalati (x2)
Amirt. Me Hai
Sudha Milati (x2)
Tum Badhte Chalo
Akshay Aachal. Me (x2)
Nir.mal. Ma Hai
Tumhe Bulati (x2)
Vriksha Hai Ma Tum. Ho Dali (x2)
Nir.mal. Ma Ki Kripa Hui

JAI HE, JAI HE, JAI HE DEVI

(Raga: Shankara - Pune Yuva Shakti)

Chorus:

Jai He, Jai He, Jai He Devi } (x2)
Victory to You O Mother
Moksh. Pradayini Nirmal. Ma
Shri Mataji, You are the giver of salvation
Jai He
Victory to You, O Mother

Sarva Mangal. Karini } (x2)
O Mother You are the one who makes everything auspicious
Sahaj. Yoga Pradayini
O Mother You are the giver of Sahaja Yoga

Sarva Manav. Vasini } (x2)
O Mother You are the one who resides in every human being
Sakshatkar. Pradayini
O Mother You are the giver of Self Realisation
Prasanna Vadana, Divya Tejasa
O Mother You are the glorious face of divine illuminance
Mahan Mangala Nirmal. Ma
You shower great auspiciousness Shri Nirmala Ma

Sarva Vyadhi Nivarini } (x2)
O Mother You are the remover of all problems
Sarva Manav. Tarini
O Mother You are the One who grants emancipation to all human beings

Sarva Rakshasa Mardini } (x2)
O Mother You are the Destroyer of all negativity (Rakshasas)
Sarva Dev.Ta Dharini
O Mother You are the embodiment of all the Deities
Vishwakarini, Vishwadharini
O Mother You are the one who creates and sustains the entire Universe
Vishwarakshini Nirmal. Ma
You are the protector of the Universe, Shri Nirmala Ma

Sadashiv. Hridaye Swamini } (x2)
O Mother, You are the Ruler of the heart of Shri Sadashiva
Sadashiv. Hridaye Dharini
O Mother, You are the heart of Shri Sadashiva

Sarva Swarupa Sar.Veshi } (x2)
O Mother, You are all the forms and omnipresent
Sarva Mantra Swarupini
O Mother, You are in the form of all Mantras
Sarv.Vyapini Sarva Sakshini
O Mother, You are the all encompassing witness
Sarva Shasini Nirmal. Ma
The Divine Ruler, Shri Nirmala Ma

Putra Vatsala Kalyani
O benevolent Mother, You love all Your children
Maha Patak. Nashini } (x2)
O Mother, You are the Destroyer of even the greatest of sins
Yoga Kshema Vivardhini
O Mother, You are the Giver of Yoga and well being
Niranand. Pradayini } (x2)
O Mother, You are the Giver of eternal joy
Maharupa Mahapujya
O Mother, You are the All pervading Divine being, one who is worshipped by everyone
Adimata Nirmal. Ma
Eternal Mother, Shri Nirmala Ma

Jai Mahalakshmi Nirmal. Ma, Jai Mahakali Nirmal. Ma (x2)
Victory to our Immaculate Mother, who is Shri Mahalakshmi and Shri Mahakali
Jai Mahasaraswati Nirmal. Ma Adhya Shakti Nirmal. Ma (x2)
Victory to our Immaculate Mother, who is Shri Mahasaraswati
And who is the Primordial energy who created everything



NAMAN. KARE BARAMBAR SHRI MATAJI

(Raga: Durga - Dr Mathur - Delhi Yuva Shakti)

Chorus:

Naman. Kare Barambar Shri Mataji
We bow to you Shri Mataji again and again
Gaye Mil. Jayjaykar Shri Mataji } (x2)
We all sing your glory together

Sagar. De Woh Anand. Hilore (x2)
The ocean ripples with Joy
Bahat. Sugandh. Bayar Shri Mataji (x2)
The fragrant breeze is flowing, O Mother

Bhumi Devi De Pushpa Prem. Se (x2)
Mother Earth is giving the flowers with love
Swagat. Hehu Nyochhar Shri Mataji (x2)
They are being offered in the welcome of Shri Mataji

Chaudishi Gunjat. Mangal. Shehnai (x2)
All directions echo with the auspicious sound of the Shehnai
Ambar. Gulalan Phag Shri Mataji (x2)
The sky is full of joyful colours (like in Holi), Shri Mataji

Anant. Ashish. Se Jholi Bhar.Di (x2)
You have filled us with infinite blessings
Kripa Param. Apar Shri Mataji (x2)
Shri Mataji your compassion is immense

Charan. Kamal. Me Ashray Sada (x2)
We always find refuge at Your Lotus Feet
Jharat. Chaitanya Puhar Shri Mataji (x2)
Showering a spray of vibrations, Shri Mataji

Bali Bali Jawat. Sakal. Sahaj. Jana (x2)
All the Sahaja Yogis are overjoyed
Dhanya Dhanya Ham.Re Bhag Shri Mataji (x2)
How blessed and fortunate we are, Shri Mataji

At.Ke Bhat.Ke Janako Tare (x2)
To all the lost people, You grant salvation
Diyo Ad.Bhut. Adhikar Shri Mataji (x2)
You have given us this extraordinary power (to give realisation), Shri Mataji

Shraddha Bhakti Badhe Nirantar. (x2)
O Mother, our faith and devotion increase every day
Badhe Sahaj. Parivar Shri Mataji (x2)
And so does the family of Sahaja Yoga, Shri Mataji

Saba Jag. Ho Jaye Par. Shri Mataji (x2)
May the whole world get its realisation
Gad. Gad. Sab. Bali Har Shri Mataji (x2)
With overjoyed hearts, we totally dedicate ourselves to You, Shri Mataji

JAY JAY JAY SHRI NIRMAL. MA

(Delhi Yuva Shakti)

Chorus:

Jay Jay Jay Shri Nirmal. Ma
Hail to Shri Nirmala Ma
Leeladhar. Shri Nirmal. Ma
The Illusive Shri Nirmala Ma
} (x2)

Shant. Sagar. In. Charano Me (x2)
There is an ocean of Peace in Your Lotus Feet
Shar.Na Gati De Nirmal. Ma
Please give me protection Shri Nirmala Ma
Jay Jay Jay...
Hail.....

He Sarwavyapk Anand. Sagar. (x2)
O Omnipresent ocean of Joy
Prem. Bhav. De Nirmal. Ma
Please give me the feeling of Love Shri Nirmala Ma
Sakshi Swarup. De Nirmal. Ma
Please make me a witness Shri Nirmala Ma

He Sarvagyan Shanti Sagar. (x2)
O all knowledgeable Ocean of Peace
Kshama Bhav. De Nirmal. Ma
Please give me the sense of forgiveness, O Nirmala Ma
Nirvichar. De Nirmal. Ma
Please give me thoughtless awareness, O Nirmala Ma

Sarva Swarupa Shakti Sagar. (x2)
O Forms of all forms, Ocean of Power
Tejasvita De Nirmal. Ma
Please illuminate my being O Nirmal Ma
Shar.Nagati De Nirmal. Ma
Please give me protection O Nirmal Ma

He Param Shant. Karuna Sagar. (x2)
O Immensely Peaceful Ocean of compassion
Bhakti Bhav. De Nirmal. Ma
Please give me the sense of Bhakti O Nirmal Ma
Atma Swarup. De Nirmal. Ma
Please make me the Spirit, O Nirmal Ma

He Karuna May. Chaitanya Sagar. (x2)
O Compassionate Ocean of Vibrations
Dharaye Ham. Nirmal. Ma, Ham. Dharaye Shri Nirmal. Ma
Ananya Bhav. De Nirmal. Ma
Please make me one with You, O Nirmala Ma

SAHAJA BINA KOI NA UTARA PAR.

(Nirmal Sangeet Sarita - 'Mirror of Sahaj'; 'Anand Lahari')

Chorus:

Sahaj. Bina Koi Na Utara Par. (x2)
Without the help of Sahaj, nobody will be able to cross the ocean of Maya and meet the Divine.

Kyon Ghadiyan Jivan. Ki Khota (x2)
Why are you wasting precious moments of your life in futile pursuits?

Mat. Kar. Pag.Le Soch. Vichar. (x2)
Oh madman, do not ponder or think any more.

Nir.mal. Se Tu Kar. Le Pyar.
Mataji Se Kar. Le Pyar
Take your self-realisation, so that you could love Shri Mataji, who is the embodiment of purity.

Sahaj. Bina Koi Na Utara Par. (x2)

Asha Onke Sap.Ne Sajaye
Kam. Na Tere Aye (x2)
Sundar. Jo Har. Mahel. Banaye
Mati Me Mil. Jaye (x2)
Sath.Na Kuchh. Bhi Jata Murakh.
Yahi Dhara Rahai Jata Murakh.
Joda Dhan. Jo Apar.
You have till now wasted your time dreaming of building castles, oblivious to the fact that all this is of no real worth to you. Whatever you have achieved in the material sense by building ornamental places is again worthless, because all this materialistic wealth will be totally ruined by the passage of time. O fool, you should know that nothing that is materialistic will go with you. Every worldly achievement and all the wealth will compulsorily be left behind when you make the final journey.

Dur. Hate Gi Sari Chinta
Dhiraj. Man. Me Dhar.Le (x2)
Dekar. Dori Hath. Shri Make
Tu Ik. Nishchayya Kar.Le (x2)
Pap. Nivarenge Sab. Tere
Kaj. Savarenge Sab. Tere
Pyari Nirmal. Ma
All your worries will wither away if you become a patient seeker of God. To be so you should totally surrender by handing over the string of your life to the Holy Mother, and become resolute and firm in your surrender. In Her benevolence and compassion, She will redeem you from all your sins and will also glorify you and your work.

VISHWA NIRMALA DHARM

(Tune of 'Ragupati Raghav. Raj. Ram')

Adi Shakti Sat Guru Mata Mahan
The Supreme Mother Is The Primordial Energy which Is The True Guru
Dharam Dayini Nirmala Ma } (x2)
The immaculate Mother Is The Source Of All Religion

Vishwa Dharm Jai Nirmala Dharm
Victory To The Immaculate Religion, the Universal Religion.
Vishwa Nirmala Dharm Mahan } (x2)
Vishwa Nirmala Dharm Is Supreme.

Nirmala Devi Hai Mahan-Nam
Nirmala Devi Is The Supreme Mantra Of This Religion
Sab.Ko Sahaj Yoga De Bhag.Van
Sahaja Yoga Has Come As A Blessing From God.

JAI RADHA MADHAV.

(Jagjit & Chittra Singh - 'Krishna Bhajans'; 'Mauli 2')

Chorus:

Jai Radha Madhav.
Hail to Shri Madhav.
Who is the beloved of shri Radha } (x3)
Jai Kunj. Bi Hari
Hail to the one who plays His Leela in the garden

Jai Gopi Jana Vallabha
Hail to the one who is the beloved
of all the gopas and gopis } (x3)
Jai Gir.Var. Dhari
Hail to the one who is holding up the mountain on his finger

Yeshoda Nandan. Braja Jan. Ranjan. (x8)
Son of Yeshoda, Divine Entertainer of the people of Braj village
Yamuna Tir. Van. Chari
You are the one who roams in the forest near the shores of the river Yamuna

You must yourself create the music, that's the point. Jazz that is created by others cannot come up to the point. But you can create the jazz yourself, yourself a symphony. You can create it. Why not?

Australia - Perth - 28th February - 1985

KRISHNA JINKA NAM. HAI

(Jagjit & Chittra Singh - 'Krishna Bhajans'; 'Anand Lahari')

Chorus:

Krishna Jinka Nam. Hai
The One whose name is Krishna
Gokul. Jinka Dham. Hai
The One whose abode is Gokul
Aise Shri Bhag.Van. Ko (x2)
To such a Lord
Varamvar. Pranam. Hai (x2)
We bow to thee, again and again

Yeshoda Jinki Maiya Hai
The One whose mother Is Yashoda
Nand. Ji Bapaya Hai
And Nand Is the father
Aise Shri Gopal. Ko (x2)
To such Gopal (the protector of the cows)
Varamvar. Pranam. Hai (x2)
We bow to thee, again and again

Lut. Lut. Kaji Makhan. Khayo
The one who naughtily steals the butter to feast upon
Bal. Bal. Sang Dhenu Charayo
Who, along with little children, takes the cows for grazing
Aise Leela Dham. Ko (x2)
To such a creator of the Great Play
Varamvar. Pranam. Hai (x2)
We bow to thee, again and again

Drupad. Suta Ko Laj. Bachayo
The One who protected the dignity of Draupadi
Rahase Gajako Phanda Churayo
He rescued an elephant on the way
Aise Kripa Dham. Ko (x2)
To such benevolent Lord
Varamvar. Pranam. Hai (x2)
We bow to thee, again and again

JAI AMBE KUNDALINI MA

(Ragas Marva & Purya Danashri - Nirmal Sangeet Sarita - 'Mirror of Sahaj')

Chorus:

Jai Ambe Kundalini Ma (x2)
Sun. Le Ganesha Pukaar. (x2)
Oh glorified Godess Ambe. Oh Mother of primordial energy,
Please listen to the beckoning call of Shri Ganesha on your doorstep.

Patit. Udharan. Shakti Thihari (x2)
Honge Hum Sab. Paar.
Uplifting the downtrodden is only within your Divine powers
Through which we all will achieve self-realisation.

Adimaya Adi Shakti Tu
Sab. Chakro Ke Chakra Varti Tu } (x2)
Oh primordial Maya, Oh Primordial energy,
You are the Master and the Majestic Queen of all the Chakras.

Mamata Ki Hai Murat. Tu Ma (x2)
Daya Prem. Apaar.
You are also the embodiment of motherly love,
Compassion and pure vibrations.

Ma Bhavani Bhav. Bhaya Harini
He Aparna Asura Mardini } (x2)
O Mother Bhavani, the redeemer of fear, You are like a lotus,
And yet You are the destroyer of all negativity which is like a demon.

Chala Bhavar. Me Tere Sahare (x2)
Ab Tu Par. Utaar.
Surrendering myself to your Supreme power, I am getting into the whirlpool of Maya,
From which You alone can redeem me, and take me safely to the other shore.

Mangal. May. Var.Dayini Tu Hai
Bhakta Vatsal. Kripasindhu Hai } (x2)
You are auspiciousness personified and the bestower of blessings, grantor of wishes,
You have the Motherly benevolence and attention on Your devotee and You are the River of mercy.

Chaitanya Se Tere Jagrut. Hoke (x2)
Hoga Sab.Ka Udhaar.
Because of your vibrant vibrations, we are all awakened out of our dormancy and are lit within,
Which salvation has redeemed us from all our negativity.

QAWWALI

(Mausi — Shri Mataji's sister - Guru Puja 1991)

Pyar. Ka Daria Hai Yaha (x2)
Rahaman Ka Rahanuma Hai Yaha (x2)
Pyar. Ka Daria Hai Yaha

Pyar. Ka Daria Hai Yaha
Rahaman Ka Rahanuma Hai Yaha

Bhatake Rahi Ki Manzil Hai Yaha (x2)
Bhatake Rahi Ki...

Bhatake Rahi Ki Manzil Hai Yaha
Aise Ma Ka Darbar Hai Yaha (x2)
Aise Ma Ka...

Aise Ma Ka Darbar Hai Yaha

Yahan Sahaj. Ki Maifil Jami (x3)
Jab. Kundalini Jag. Uthi (x2)
Jab. Kundalini Jag. Uthi (x2)
Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini...

Kundalini...

Jab. Kundalini Jag. Uthi (x2)
Yahan Sahaj. Ki Maifil Jami (x2)

Kabhie Gafalat. Mein Soye The Hum (x2)
Kabhie Gafalat. Mein (Ma Pa Dha Ni Sa,
Ma Pa Dha Ni Sa, Ma Pa Dha Ni)
Gafalat. Mein Soye The Hum
Kabhie Gafalat. Mein Soye The Hum
Soye The Hum

Jab. Sahaj. Ka Danka Baja (x2)
Jab. Sahaj. Ka Danka Baja... (Solo)
Jab. Sahaj. Ka Danka Baja... (Chorus follows)

Jo Aya So Par. Hua (x2)
Jo Aya So Par. Hua (x2)
Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini Jag. Uthi (x2)
Yahan Sahaj. Ki Maifil Jami (x2)

Nasha Hume Tha Jab. Khudgarajika (x2)
Na Chain. Tha Na Manaka Meet. Tha
Na Chain.Tha...

Kaliyug. Ke Ik. Masihane (x2)
Masiha...

Kaliyug. Ke Ik. Masihane

Jab. Dil. Ka Saj. Chheda (x2)
Saj. Chheda (x2)

Tab. Dil Ka Sukun. Paya

Tab. Dil Ka Sukun. Paya (x2)
Jo Aya So Par. Hua (x2)
Jo Aya So Par. Hua (x2)
Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini Jag. Uthi
Jab. Kundalini Jag. Uthi
Yahan Sahaj. Ki Maifil Jami (x2)

Kabhie Mandir Me Jate The Hum (x2)
Kabhie Mandir Me Jate The Hum (x2)
Kabhie Mandir Me Jate...

Masjid Me Jate The Hum
Kabhie Masjid Me Jate The Hum
Kabhie Girje Me Gate The Hum (x2)
Gate The Hum

Sabhie Sahaj Mein Ek. Hua (x2)
Jo Aya So Par. Hua (x2)
Jo Aya So Par. Hua
Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini Jag. Uthi (x2)
Jab. Kundalini Jag. Uthi
Yahan Sahaj. Ki Maifil Jami (x2)

Vedon Se Kya Pana Hai Jab. (x2)
Upanishadon Ka Sar. Mile Jab. (x2)

Ek. Sadvipra Bahudha Vadati (x2)
Isi Prashnaka Jawab. Nirmal. (x2)

Mahavira Siddhartha Ke Pravachan. (x2)
Dnyanraj Aur. Kabir. Nanak. (x2)

Sabhie Panthoka Samyak. Darshan. (x2)

Samyak. Darshan.

Sabhie Panthoka Samyak. Darshan.
Samyak. Darshan. (x2)
Shri Ma Ke Deedar Me Paya

Shri Ma Ke Deedar Me Paya...
Shri Ma Ke Deedar Me Paya...

Jo Aya So Par. Hua
Jo Aya So Par. Hua
Yahan Sahaj. Ki Maifil Jami (x2)
Jab Kundalini Jag. Uthi
Jab Kundalini Jag. Uthi

Yahan Sahaj. Ki Maifil Jami (x2)
Ab Bida Lenese Pahale (x2)
Ab Bida Lenese (x2)
Ab Bida Lenese Pahale
Kuchha Araj. Karate Hai (x2)
Ab Bida Lenese Pahale (x2)

Ab Bida Lenese Pahale
Kuchha Araj. Karate Hai (x2)

Mabud. Ke Is. Milap. Mein (x2)
Guru Nirmal. Ki Ibadat. Mein (x2)

Ashish. Milien, Ashish. Milien (x2)
Ashish. Milien, Ashish. Milien (x2)

Tabhie Naiyya Sahil. Pahunche... (Solo)
TAbhie Naiyya Sahil. Pahunche... (Chorus follows)

Jo Aye So Par. Huye (x2)
Jo Aye So Par. Huye (x2)
Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini Jag.Uthi (x4)
Jab. Kundalini...

Jab. Kundalini Jag.Uthi (x2)

Yahan Sahaj. Ki Maifil Jami (x2)
Jab. Kundalini Jag.Uthi (x2)
Jab. Kundalini Jag.Uthi (x2)
Yahan Sahaj. Ki Maifil Jami (x2)
Yahan Sahaj. Ki (x2)
Yahan Sahaj. Ki Maifil Jami

TERA DAR.SHANA CHAHATE HAI

(Noida - 'Nirmal Darbar 3')

Chorus:

Tera Dar.Shana Chahate Hai
O Nir.mal. Meri Ma } (x4)

He Jaga Janani Sankat. Harani
Dar.Shana De Ik.Bar } (x2)

Tera Dar.Shana Chahate Hai
O Nir.mal. Meri Ma } (x4)

Har. Dar. Pe Jaakar. Dekha (Ha Dekha, Ha Dekha)
Ghanti Baja Baja Kar. Dekha (Ha Dekha, Ha Dekha)
Chit. Naha Naha Kar. Dekha (Ha Dekha, Ha Dekha)
Sabkuch Luta Luta Ka. Dekha (Ha Dekha, Ha Dekha)
Kahibhi Man. Ko Chain. Mihe Na
Manka Kamal. Hi Bhi Khile Na
Sach Hai Tera Dar.Bar

Kundalini Jagrut. Kar.Do (Ha Kar.Do, Ha Kar.Do)
Man Ko Ander.Ja Milado (Milado, Milado)
Kundalini Jagrut. Kar.Do
Man Ke Ander. Jyot. Jalado
Khola Ter. Sahastrar

Man Se Andakar. Mitado (Mitado, Mitado)
Hamko Sachchi Raha Dikhado (Dikhado, Dikhado) } (x2)
Sach Hai Tera Dar. Bar

Is. Jag.Ne Mujh.Ko Roka (Ha Roka, Ha Roka)
Tere Sharan. Me Ma Rukungga (Rukungga, Rukungga) } (x2)
Tere Se Beda Par

BRIJ. SE AYI - Holi Song

(Nirmal Sangeet Sarita - 'Mirror of Sahaj')

Chorus:

Brij. Se Ayi Masti Me (x2)
Sahaji Ki Ye Toli (x2)

The poet imagines that a group of Sahejis have come from the abode of Lord Krishna (i.e. Brij) in full force and in total abandonment and jubilation

Krishna Rup. Me Maiya Se
Kanaihya Ke Rup. Me, Maiya Se
Khelane Rangin. Holi (x2)

In the guise and rupa of Krishna they have come to play a very colourful and joyous Holi with the Holy Mother

Abhir. Gulal. Kya Lal. Mila (x2)
Rango Se Bhari Hai Jholi (x2)

The Sahejis have brought with them a bag full of auspicious colours to brighten the colourful festival.

Dhol. Manjire Pe Jhum.Kar (x2)
Gopiya Bajaye Tali (x2)

The swinging and dancing female playmates (gopis/devotees) clap on the pulsating rhythm of the Indian drums

Pyari. Dular. Hai Rang. Ma Ka (x2)
Hai Pyari Pyari Bholi (x2)

Love and doting and over caring are some of the colours which She plays Holi with the Sahaja Yogis and accepts their devotions towards Her by speaking to them in a very sweet and gentle manner

Dahni Rang. Ka Ghagara Hai (x2)
Hare Rang. Ki Choli (x2)

While playing such Holi, She is wearing a very ornate and beautiful petticoat of light green shade and matching colourful blouse thus making the occasion very festive and colourful

Lalo Ko Tere De De Ma (x2)
Teri Amar. Ye Lali (x2)

Please give to Your children, O Holy Mother, the immortal radiance of vitality and energy which is ever transmitting from Your Divine being.

Lage Ho Lalum.Lalum. Lal (x2)
Holi Ho Ya Diwali (x2)

So eventually Your children become eternally radiant and vibrant and be reflections of Your colourful Divine personality, be it Holi or Diwali.

AYI SINGHA PE SAWAR. MAIYA

('Music of Joy II')

Chorus:

Ayi Singha Pe Sawar. Maiya Odhe Chunari (x4)
Odhe Chunari O Maiya, Odhe Chunari (x2)
Ayi Singha Pe Sawar. Maiya Odhe Chunari (x4)
Behold the mother riding the lion and adorned with the chunari (scarf)

Adishakti Hai Mata Bhavani Jai Dur. Ge Mahakali (x2)
O Mother, Adi Shakti, Bhavani, Shir Durga and Shri Mahakali, Praise be to You.
Bade Bade Rakshas Samhari Ranchan Di Mat.wali (x2)
O Mother, You who strike terror in the battlefield,
have destroyed the most powerful rakshasas.
Karde Bhakto Ka Udhar. Maiya Odhe Chunari (x4)
Please redeem Your devotees (bhaktas).

Mahishasur.sa Maha Bali Devon Ko Khub. Sataya (x2)
Mahishasura, the most evil raksha, tormented even the Devas
Cheen Liya Indrasan Aur. Devon Ko Mar. Bhagaya (x2)
He managed to wrest the throne of Indra, and the Devas had to retreat
Kari Devone Pukar. Maiya Raksha Tu Kari (x4)
In one voice, the heartfelt appeal of the Devas reached the Goddess.

Durga Ka Avatar. Liya Zat Mahishasura Samhari (x2)
In that instant, the Goddess took the form of Shri Durga, and vanquished Mahishasura
Dur. Kiya Devon Ka Sankat. Leela Teri Nyari (x2)
O Mother, amazing is Your leela (play),
that You have freed the Devas from their worries
Kiya Devon Ka Udhar. Maiya Odhe Chunari (x4)
O Mother, the One adorned with the chunari (scarf),
You have truly redeemed the Devas.

Nirmal. Mata Mata Bhavani Adi Shakti Shri Kundalini (x2)
O Immaculate Mother, Shri Bhavani, Shri Adi Shakti, Shri Kundalini
Jag.-Andhakar Mitanewali Jot. Jagane Wali (x2)
You are the one who removes darkness of the entire universe through enlightenment
Man. Me Jyoti Jagane Wali
By enlightening the mind
Tere Charano Me Aya Maiya Moksha Pane Ko (x4)
We have assembled at Your Lotus Feet to receive the blessings of eternal liberation (moksha).

SAHAJ. KI DHARAOUN KA *(Sanjay Talwar - 'Sahaj Sadhana')*

Chorus:

Sahaj. Ki Dharaoun Ka Hum
Amrit. Pite Hai (x2)
We drink the nectar of the flowing vibrations of Sahaj.
Jai Shri Devi, Jai Shri Mata
Keh.-Keh. Kar. Hum. Jite Hai } (x2)
In every breath we say: Jai Shri Devi! Jai Shri Mataji!

Akash Se Aao Ya Dharti Se
Hame Uthaati Ho (x2)
Come from the Heaven or the earth, O Devi! You have certainly lifted us.
Hriday Me Baith Mahadevi
Having entered our hearts, O Mahadevi!
Mahalakshmi Keh.Lati Ho (x2)
That's how we have known you, O Mahalaxmi!
Chaitanya Ki Bar.Kha Ko (x2)
Jaise Ham Pite Hai (x2)
We stand honoured in the shower of your vibrations.
Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar. Ham Jite Hai (x2)
In every breath we say: Jai Shri Devi! Jai Shri Mataji!

Jai Shiva, Jai Shiva, Ga Rahe
Ye Hriday Ka Kaval Saja Rahe } (x2)
As we chant: Jai Shiva! Jai Shiva! The lotuses of our hearts are adorned.
Atma Bodh. Hi, Shiv Ka Man. Hai
"Self-realisation marks the true recognition of Lord Shiva.
At.Ma Hai Ham, Ye Atma Gyan. Hai } (x2)
"We are the spirit" is the true knowledge of the spirit.
At.Ma Me Dosh. Kabhie Ma Rahe
"The spirit is totally devoid of any guilt".
Neel. Kanth. Swar Madhur Ga Rahe
Thus sings Lord Shiva, the Neelkantha, in sweet melodies.
Shankar Mahadevi Ga Rahe
And as Lord Shankara, the Mahadeva sings,
Ye Hriday Ka Kaval Saja Rahe
The lotuses of our hearts are adorned
(Chorus)

Yogi Jan.To Par. Hue
Now, with the saints being realized,
Jag. Ko Ma Ab. Par. Karo (x2)
Oh Mother! We pray for the emancipation of the whole world.
Kaliyug. Me Rah.Te Sare
May all living beings of this Kaliyuga,
Sab. Ke Av.Gun. Maf.Karo (x2)
Be forgiven for their ignorant misdeeds.
Charano Ka Ashray Lekar (x2)
Under the protection of your Divine feet,
Ansoo Nahin Pite Hai (x2)
We no longer take refuge behind tears.
Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar.Ham Jite Hai (x2)

Jai Shiva, Jai Shiva, Ga Rahe
Ye Hriday Ka Kaval Saja Rahe } (x2)
Shri Mataji Swayam, Devi Rup. Me
Kaiee Bar. Janm. Le, Rakshatm. Rah. De } (x2)
The Devi Herself, having come in the form of Shri Mataji, has taken many births, to show us the protective of ascent.
Tandav. Nritya Kar Bata Rahe
Jo Dusht. He, Unhe Swade Mita Rahe *(Thunder)*
Lord Shiva, in his dance (tandav nritya) has shown the destruction of evil forces (a pointer towards introspection).
Bholenath. Banke Vish Pi Rahe
Aur. Ganga Him Ki Baha Rahe
Lord Shiva, the bholenath (the innocent one), drinks the veil poison (of negativity). Yet from him emerges the flow of the Ganga (the divine water of love and compassion).
(Chorus)

Baso Hriday Me Ma Tum. Ab.
Akshay Pad. Ka Dan. Karo (x2)
Reside in our hearts, Oh Mother! Grant us the "akshay" state (when our powers are so activated that our mere presence brings auspiciousness).
Nanhe Hatho Se Mange
Sthitya Pragya Var.Dan. Karo (x2)
With our little hands spread out, we seek the state of absolute zero.
Sahaj. Yog. Ko Pakar (x2)
Dukh. Dard. Se Rite He (x2)
Having achieved Sahaj Yoga, we are now beyond grief and sorrow.
Jai Shri Devi, Jai Shri Mata, Keh.-Keh. Kar. Ham Jite Hai (x2)
In every breath we say: Jai Shri Devi! Jai Shri Mataji!

Jai Shiva, Jai Shiva, Ga Rahe
Ye Hriday Ka Kaval Saja Rahe } (x2)
As we chant: Jai Shiva! Jai Shiva! The lotuses of our hearts are adorned.
Hriday Me Sat. Chakr. Ke
Jo Bandhan. He
Paridhi He Bana Rahe
Ye Dharm. Dhan. He } (x2)
The auras of the seven chakras around the hearts, have formed a protective circumference, providing the boundaries of our dharmas (our true wealth).
Sab.Ke An.Hat. Me Saman Rahe
Shri Parvati Ki Shaktiyan Luta Rahe
Residing in every anhat (heart chakra) Lord Shiva stands as an embodiment of Shri Parvati's powers.
Shankar Mahadev. Ga Rahe
Ye Hriday Ka Kaval Saja Rahe
And as Lord Shankara, The Mahadevi sings, The lotuses of our hearts are adorned.
(Chorus)

TERI BINDIYA PYARI LAGE MA

(Deepak Verma - 'Nirmal Jyoti')

Chorus:

Teri Bindiya Pyari Lage Ma
Ise Dekhata Jaoun
Man. Aur. Kahin Na Jaye Ma
Is. Dekhata Jaoun } (x2)

Is. Bindiya Me Brahma Chupa Hai } (x2)
Chanda Ki Shitalta Hai
Gagan Ko Is.Me Dekhun } (x2)
Me Taroun Ko Utara Paoun

Yahan Vahan Nahi Dole Man., Ye } (x2)
Bindiya Pe Ja Tikata Hai
Chaitan Lehero Ki Thandak., Me } (x2)
Is. Bindiya Ma Paoun

Roohani Chamak Ankhon Me Aye } (x2)
Man Ko Mere Hai Bhaye
Sab. Vedon Ka Sar. Katha } (x2)
Geeta Ki Is.Me Paoun

AYA MATA KA PUJAN DINAYA

('Music of Joy 2')

Chorus:

Shraddha bhakti nyana karam. sab
Ma char.no me rak.do

Let's all surrender all our Devotion, our Faith, all the Knowledge we have acquired in this lifetime,
All our Actions, All our Karmas, and everything else, at the Lotus Feet of Shri Mataji.

Shiva Shakti rupi Mata Bhavani
Tav. char.no me sharan. do
Ma tav.char.no me sharan. do (x2)

O Goddess, in the form of Shri Shiva Shakti and Shri Bhavani,
Please grants us a place at Your Lotus Feet unto eternity.

Aya Mata ka Pujan dinaya
Shivaratri ka anand. chaya } (x2)

The great and auspicious day to worship our Holy Mother has come
And the whole atmosphere is filled with the joy of Shivaratri.

Maharadni bhakti priya kima heema
Sakal Brahmand. gaye } (x2)

All the three worlds, all the Gods and Goddesses and Yogis sing the glory of the Great Goddess
Who is the Great Empress of this Universe (Maharadni).

Vishwa Kundalini jagrut. karata
Ma Nirmal Kehelaye } (x2)

This Great Mahamaya is known as Shri Mataji Nirmala Devi. O Sahaja Yogis, brothers and sisters,

Nirananda dayini Mukti dayini
Ma Nirmal ko sawaro

On this Puja day, let us decorate our Mother who is the giver of Nirananda (the joy of Sahastrara)
And Who also gives us Mukti (the Salvation).

Ma Trigunatmika, He Mata Ambika
Teri jay jay kar. ho, Ma *(x3: 1:Men, 2:Ladies, 3:All)*

Glory to You, O Mother, In the form of Trigunatmika and Shri Ambika.

Adishakti Ma Kal.ki ka Paavan
Avatar. kaliyug samhare } (x2)

This Holy (Paavan) incarnation of Shri Adi Shakti in the form of Shri Kalki
In its compassion, has come to end the Kali Yuga.

Sahaj. Yog. ki Ma-ta Akula
Nav.yug Satyayug jagaye } (x2)

The Mother of Sahaja Yoga, Shri Akula, is heralding a new age in the form of Satya Yuga.

He Nyana dayini Bhakti dayini
Ma Nirmal ko sawaro

On this Puja day, let us decorate our Mother
Who gives us the greatest Divine knowledge and the devotion itself.

He Nitya Mukta Shamatmika
He Mahadevi jaya ho *(x3: 1:Men, 2:Ladies; 3:All)*

O Mother, in the form of Nitya Mukta (Eternally Free) Shamatmika (the Goddess of Forgiveness)
And Shri Maha Devi (the Greatest Goddess) GLORY BE TO YOU!

DAM DAM DAM DAM DAM.RU BAJE

(108 names of Shri Shiva - Music of Joy)

Chorus:

Dam dam dam dam dam.ru baje, dam.ru baje
Are Bhole nath. Shiva shambhu nache
Are Gauri nath. Shiva shambhu nache

The whole atmosphere is filled with joy when the whole creation is witnessing Shri Shiva dance with the Dam.ru (Shri Shiva's drum) in His hand, and the vibrations resounding in the form of 'Dam dam dam...'

Ghan ghan ghan ghan ghan ta baje (x2)
Adi Ma ko dekh. Kundalini jage
Jagan Ma ko dekh. Sahasrara jage

The devotees of the Goddess Shri Adi Shakti Nirmala Devi are also ecstatic with joy witnessing Shri Shiva dance to His Dam.ru and the Great Goddess offering unending joy and Blessings through Her very pleasing and radiant countenance. The bells in the temple of all Sahaja Yogis hearts are resounding 'Ghan ghan ghan...' in the glory of Shri Shiva Shakti, and while the joy has permeated all the worlds Shri Kundalini Ma (wanting to share the divine experience of Shri Shiva Shakti leela) rises to Sahasrara.

Dam dam dam dam dam.ru baje, dam.ru baje
Are Bhole nath. Shiva shambhu nache
Are Gauri nath. Shiva shambhu nache

Shri Shiva rupi Ma, Bolo Jai Shri Mataji *(Pure)*
Shri Shankar rupi Ma, Bolo... *(Compassionate)*
Shri Sway-ambu Ma, Bolo... *(Born out of Himself)*
Shri Pashu-pati Ma, Bolo... *(Lord and protector of animals)*
Shri Kshama-Kshetra Ma, Bolo... *(Field of forgiveness)*
Shri Priya-bhakta Ma, Bolo... *(Favourite of the devotees)*
Shri Kama-deva Ma, Bolo... *(God of love)*
Shri Sadhu-sadhya Ma, Bolo... *(Achieved easily by the saintly)*
Shri Hrtpund-dari-kasi-na, *(Occupying the lotus of the heart)*
Shri Jaga-dhitai-sin Ma, Bolo... *(Well wisher of the Universe)*
Shri Vyaghra-komala Ma, Bolo... *(Tender to the tiger)*
Shri Vatsal rupi Ma, Bolo... *(Beloved)*
Shri Deva-sura-guru, Bolo... *(Preceptor of the Gods and of the Asuras)*
Shri Shambhu rupi Ma, Bolo... *(Bestower of blessings)*
Shri Loko-tara-sukha-laya, *(Abode of the most excellent happiness)*
Shri Sarva-saha Ma, Bolo... *(Bearer of everything)*
Shri Svad-hrta Ma, Bolo... *(Self supported)*
Shri Eka-nayaka Ma, Bolo... *(Sole Lord)*
Shri Vat-sala Ma, Bolo... *(The darling of the Goddess)*
Shri Shubada rupi Ma, Bolo... *(Bestower of auspiciousness)*
Shri Sarva-sattva-avalam-bana, *(Supporter of all living beings)*
Shri Savari-pati Ma, Bolo... *(Lord of the night)*
(Chorus)

Shri Varada rupi Ma, Bolo... *(Bestower of boons)*
Shri Vayu-vahana Ma, Bolo... *(Having the wind of vibrations as vehicle)*
Shri Kaman-dalu-dhara, Bolo... *(Holding water-pot)*
Shri Nadish-wara Ma, Bolo... *(Lord of the rivers)*
Shri Prasad-asva Ma, Bolo.. *(Lord of the wind)*
Shri Sukha-nila Ma, Bolo... *(Pleasing wind)*
Shri Naga-bhushana Ma, Bolo... *(Having serpents for His ornaments)*
Shri Kailash-shikha-vasin, Bolo... *(Residing on the top of Mount Kailash)*
Shri Trilo-chana Ma, Bolo... *(Three eyed)*
Shri Pinak-pani Ma, Bolo... *(Holding the mighty bow)*
Shri Shramana rupi Ma, Bolo... *(Ascetic)*
Shri Achel-eshwara Ma, Bolo... *(Lord of the mountain)*
Shri Vyaghra-chara-mam-bara, *(Wearing the tiger hide)*
Shri Unmat-tesha Ma, Bolo... *(Having the guise of a mad one)*
Shri Preta-charin Ma, Bolo... *(Going about surrounded by bhoots)*
Shri Hara rupi Ma, Bolo... *(Destroyer)*
Shri Rudra rupi Ma, Bolo... *(Fierce)*
Shri Bhima-para-krama, Bolo... *(Of terrible exploits)*
Shri Natesh-wara Ma, Bolo... *(Lord of the dance)*
Shri Nataraj rupi Ma, Bolo... *(King of the dance)*
(Chorus)

Shri Ishwar rupi Ma, Bolo... *(The Lord of spiritual reality)*
Shri Param-Shiva Ma, Bolo... *(The Great Shri Shiva)*
Shri Param-atma Ma, Bolo... *(The Soul of the Cosmos)*
Shri Paramesh-wara ma, Bolo... *(The Supreme Lord)*
Shri Viresh-wara Ma, Bolo... *(The Lord of heroes)*
Shri Sarvesh-wara Ma, Bolo... *(The Lord of All)*
Shri Kamesh-wara Ma, Bolo... *(The Lord of Love)*
Shri Vishwa-sakshin Ma, Bolo... *(The Witness of the Universe)*
Shri Nityan-tara Ma, Bolo... *(Ever dancing)*
Shri Sarva-vasa Ma, Bolo... *(Abode of All)*
Shri Maha-yogi Ma, Bolo... *(The Great Yogi)*
Shri Sada-yogi Ma, Bolo... *(Primordial, Immutable Yogi)*
Shri Sada-Shiva Ma, Bolo... *(God the Almighty)*
Shri Atma rupi Ma, Bolo... *(The Self)*
Shri Ananda rupi Ma, Bolo... *(The Joy)*
Shri Chandra-mauli Ma, Bolo... *(With the moon for His crest jewel)*
Shri Mahesh-wara Ma, Bolo... *(The Great Lord)*
Shri Sudha-pati Ma, Bolo... *(Lord of nectar)*
Shri Amrut-apa Ma, Bolo... *(Drinker of nectar)*
Shri Amruta-maya Ma, Bolo... *(Full of nectar)*
Shri Pranat-atmaka Ma, Bolo... *(Soul of the devotee)*
Shri Purush rupi Ma, Bolo... *(Divine spiritual Being)*
(Chorus)

Shri Pracchan rupi Ma, Bolo... *(Hidden one)*
Shri Sukshma rupi Ma, Bolo... *(Very subtle)*
Shri Karni-kara-priya, Bolo... *(Fond of the pericarp of the Lotus)*
Shri Kavi rupi Ma, Bolo... *(The poet)*
Shri Amogh-adanda Ma, Bolo... *(Of never failing punishment)*
Shri Nila-kanta Ma, Bolo... *(With a blue throat)*
Shri Jatin rupi Ma, Bolo... *(Having matted hair)*
Shri Pushpa-lochan Ma, Bolo... *(Having flowery eyes)*
Shri Dhyana-dhara Ma, Bolo... *(The object of meditation)*
Shri Brahman-dharta Ma, Bolo... *(The Heart of the Universe)*
Shri Kamash-asan Ma, Bolo... *(Chastiser of Manmatha)*
Shri Jita-kama Ma, Bolo... *(Conqueror of lust)*
Shri Jiten-driya Ma, Bo]o... *(Conqueror of the sense organs)*
Shri Atin-driya Ma, Bolo... *(Beyond the scope of the sense organs)*
Shri Nakshtra-malin Ma, Bolo... *(Having a garland of stars)*
Shri Anad-yanta Ma, Bolo... *(Having neither beginning nor end)*
Shri Atma-yoni Ma, Bolo... *(The origin of the Self)*
Shri Nabho-yoni Ma, Bolo... *(The origin of the firmament)*
Shri Karuna-sagara Ma, Bolo... *(Ocean of mercy)*
Shri Shulin rupi Ma, Bolo... *(Owner of the trident)*
Shri Mahesh-vasa Ma, Bolo... *(Having a great bow)*
Shri Nishkal-anka Ma, Bolo... *(Spotless)*
(Chorus)

Shri Nitya-sundara Ma, Bolo... *(Ever beautiful)*
Shri Ardha-nara-narish-wara, *(Whose other half is Shri Parvati)*
Shri Uma-pati Ma, Bolo... *(The Lord of the Mother)*
Shri Ra-sada Ma, Bolo... *(The bestower of sweetness)*
Shri Ugra rupi Ma, Bolo... *(Frightful)*
Shri Maha-kala Ma, Bolo... *(The Great destroyer)*
Shri Kala-kala Ma, Bolo... *(The destroyer of death)*
Shri Vyagra-dhurya Ma, Bolo.. *(The Leader of the nature of the tiger)*
Shri Shatru-prama-thin, Bolo... *(The suppressor of enemies)*
Shri Sarva-charya Ma, Bolo... *(Preceptor of all)*
Shri Sama rupi Ma, Bolo... *(Equanimous)*
Shri Atma-prasanna Ma, Bolo... *(Contented Soul)*
Shri Nara-naray-ana-priya, *(Fond of Nara and Narayana: Shri Shesha and Shri Vishnu)*
Shri Ra-sagnya rupi, Bolo.. *(The knower of the taste)*
Shri Bhakti-kaya Ma, Bolo... *(Whose body is devotion)*
Shri Loka-vira-grani, Bolo... *(The leader of the heroes of the world)*
Shri Chiran-tara Ma, Bolo... *(Eternal life)*
Shri Vishwam-baresh-wara, Bolo... *(Lord of the Earth)*
Shri Navat-mana Ma, Bolo... *(Born again soul)*
Shri Nava-Je-rusa-lemesh-wara, *(Lord of the New Jerusalem)*
Shri Adi Nirmal-atma, Bolo... *(The Primordial Self of Shri Mataji)*
Shri Sahaja Yogi-priya, Bolo... *(Fond of Sahaja Yogis)* (Chorus)

SHIVA BHOLA BHANDARI,

(Raga Shankara)

(This is a bhajan praising the innocence of Shri Shiva, which is why he is often referred to as 'Bhola Bhandari', meaning one who is a great embodiment of innocence.)

Chorus:

Shiv. Bhola Bhandari, Sadhu Bhola Bhandari
Sai Bhola Bhandari, Shiv. Bhola Bhandari
Shiv. Bhola...., Shiv. Bhola.....

The Great Lord Shiva who is a Great Sage is the embodiment of innocence.

Bhas.masur. ne kari tapasya var. deena tripurari
Jis.ke seer. par. hath. lagave bhasma howe sansari
Shiv. Bhola...., Shiv. Bhola.....

A rakshasa called Bhasmasur performed penances to please Lord Shiva. In turn he received a boon from Lord Shiva that whoever's head Bhasmasur puts his hand on, that living being will turn to ashes instantly.

Shiv. ke seer. par. hath. dharan. ke man. me dushta vichari
Bhage phirat. chahudish. shankar. laga daitya dar. bhari
Girija rup. dhar. Harihar. bole, bat. asur. se pyari....
Jo tu muj.ko nach. dikhawe, ho-u nar. tumhari
Shiv. Bhola...., Shiv. Bhola.....

On receiving the boon, the rakshasa had an ill thought of testing the boon on Lord Shiva. So Lord Shiva was running helplessly in all directions to escape from Bhasmasur. Seeing this, Lord Vishnu (Harihar) turned himself into a very enticing woman, and said to Bhasmasur that if he danced well, he could win her.

Nach. karat. ap.ne seer. par. dhar. bhasma bhayu matihari
Brahmanand. dete jo hi mange, Shiv. bhaktan. Hitakari
Shiv. Bhola...., Shiv. Bhola.....

While dancing (as per Shri Vishnu's trick) Bhasmasur put his hand on top of his own head and got destroyed. Lord Shiva, who is very easy to please, who also gives Brahmanand (Joy of Brahma), fulfils all the desires of His devotees.

Shiv. Bhola Bhandari, Sai Bhola Bhandari (x2)
Shiv. Bhola Bhandari, Sadhu Bhola Bhandari (x2)
Shiv. Bhola...., Shiv. Bhola.....

BOLO SHIVA SHIVA SHAMBHU BAM BAM BAM

('Music of Joy 2')

Chorus:

Bolo Shiv. Shiv. Shambhu bam bam bam (x4)
Are gao re, ye nam har.dam, ye nam har.dam
Jab.tak. hai bhayi dam me dam, bhayi dam me dam
Bolo Shiv. Shiv. Shambhu bam bam bam (x4)

Let's all take the name of Lord Shiva and remember his powers all the time.

He Pralayankar., bheem. Bhayankar.
He Prabhu Shankar. swami (x2)
He Vishveshwar. He Parameshwar.
Ishwar. Antar.yami (x2)
Ye dhun. hai...., uttam anupam, uttam anupam,
Sare jag. ke yahi peeta param, yahi peeta param

O God who brings Pralay (the total destruction of the creation), who is very powerful and also can be very terrible, O Lord Shankar, You govern us. You are the whole cosmos. You are the Greatest Lord, and one who knows everything subtle and gross within us. You are the Father of this whole world.

Shiv. akam. hai, Dayadham. hai,
Shiv.kanam. hai Saiyam (x2)
Shiv.ji hai Mukti, Shiv.ji hai Shakti
Shiv.ji hai Bhakti ka Sangam (x2)
Shiv.mahima mat. sam.jo kam, mat. sam.jo kam,
Mit. jayenge duniya ke gam, duniya ke gam

Lord Shiva is the eternal witness. He is the embodiment of compassion. Lord Shiva is also known for His patience and self control. Shivji is the salvation. Shivji is the Shakti, and also Shivji is the essence of devotion. No one should underestimate the Glory of Lord Shiva.

CHELLO SAHEJI, CHELLO

(Noida)

Chorus:

Chello Saheji, Chello ek. bar. le chello
Hame Nirmal. maiya ke Dar.bar. le chello
All the Sahajis please come and take all of us at once to Shri Mataji's Darbar (Palace/Court)

Dekhana he hamko Shri Mataji ka kelere
We want to see the Divine play of Shri Mataji,
Jyoti jagi jiski bina bati bina tel.re
That there is light even without any cotton wick (bati) or oil (telre).
Jukh.ta he jaha sansar. le chello
Where all the world bow down to Her.
Hame Nirmal. maiya ke Dar.bar. le chello
Come Sahajis let us go to the palace of Mother Nirmala

Dik.lado Nar.gol. jaha jaga dola ta
Show us that Divine place called Nargol where
Pahilibar. Ma ne jaha Sahasrara khola ta
the Mother (Shri Adishakti) opened the Sahasrara,
Hu-we jaha Ma ke chamatkar. le chello
Where all the Divine miracles happened.
Hame Nirmal. maiya ke Dar.bar. le chello
Come Sahajis let us go to the palace of Mother Nirmala

Chind.wara jake dekhu bhoomi Avatar. ki
Let us immediately go and see the place (bhoomi) of birth
Jisi gharme jan.mi Nirmal. maiya sansar.ki
where the Divine Mother took Her Avatar (incarnation)
Beheti he jaha Ganga dhar. le chello
Where the Ganga of Divine Vibrations is flowing
Hame Nirmal. maiya ke Dar.bar. le chello
Come Sahajis let us go to the palace of Mother Nirmala

Ganapatipule jaha teert.kar nazar. he
Lets go to Ganapatipule which is the Sahaja pilgrim place,
Sahaj. ki wo nag.ri jaha jhoome jagi sara he
The village where the whole world dances with joy
Khool.ta he jaha Sahasrara le chello
and where the Sahasrara of the world opens up.
Hame Nirmal. maiya ke Dar.bar. le chello
Come Sahajis let us go to the palace of Mother Nirmala

ADI SHAKTI MERI NIRMALA MATA

(Music from qawwali: 'Ganj-E-Shakar', by Nusrat Fateh Ali Khan)

Chorus:

Adi Shakti Meri Nirmala Mata (x2)
Sahasrara Swamini Nirmala Mata (x2)
Jai ShivaShakti Mata, Jai MahaDevi Mata (x2)
Sab. jag. ga-ye-, Jay jay Nirmal. Mata
Adi Shakti Meri Nirmala Mata (x2)

The Primordial Goddess (Shri Adi Shakti) has incarnated as Shri Nirmala Mata
She is the Empress of the Sahasrara.
We praise the Goddess in the form of Shri ShivaShakti and Shri MahaDevi.
All the world is singing the glory of Shri Mrmala Mata.

Sab. Sahaji puje Mataji (x2)
Yogada, Vatsala, Nirma Ma he
Sab. Sahaji puje Mataji (x2)

All the Sahaja Yogis are doing Puja to Shri Mataji.
She has given us Yoga, and She looks after Her children.

Har dil me basti Nirmala Ma (x2)
Leela Vino-dini Ma he... Adi Shakti!
Sab. Sahaji puje Mataji (x2) (*etc...*)

She resides in all the hearts. She is the enjoyer of Her divine play.

Verse 1:

Jab. bhi andhera jag. par. chaya
Parameshwari ne, Jag. ko bachaya
Vedo ne aur. Purano ne
Jai Jagadamba Ghosh. karaya
Sab. Pujan. kar. Ma Nitya ka (x2)
Akula, Nirbhava, Devi Ma hai
Adi Shakti!, Sab. Sahaji...

Whenever darkness descended upon the earth,
The Supreme Goddess saved the world.
All the Vedas and all the great scriptures of the world
Sing eternal glory to Shri Jagadamba for Her victory over negativity.
Everyone is worshipping the Eternal Goddess
Who is Akula (beyond all dimensions) and Nirbhava (unborn).

Verse 2:

Vishwa rupa, Jagako bana-ya-
Kal.ki rupa, paa-r. lagaya
ParaShakti ka, Maha Puja ka
Gambhira ka koyi, Bhed. na paya
Sab. dhyan. kare Ma Nirmal. ka (x2)
Moksha Pradayini Ma- he—
Adi Shakti!, Sab. Sahaji...

Shri Mataji, who is the embodiment of the whole universe, manifested the creation.
She is the incarnation of Shri Kalki, and She has given Self Realisation to all the seekers of truth.
She is the Ultimate Power, and She is the Highest Goddess to be worshipped.
But She has so much fathomless depth (which is beyond space and time) that no one has understood Her completely.
Everyone meditates upon Ma Nirmala, because She is the one who gives moksha to everyone.

Verse 3:

Ma Shub. kari he Pashahantri
Pad.masana Ma, Shri Chittashakti
Devi- Mata he Shri Pushti-
Swasta Laja- Jai Parashakti
Sab. Pujan. kar. Ma Vimala ka (x2)
Sahaj Yog dayini– Ma hai–
Adi Shakti!, Sab. Sahaji...

Shri Mataji is Beneficent, She is the one who destroys all the bonds of maya.
She is seated in the lotuses (the Chakras), and She dispels all ignorance and confusion.
She is the Mother Goddess, and She is the Divine nourishment in the form of vibrations.
She is bashful modesty, Complete in Herself, Who establishes Herself in Her devotees.
Everyone is worshipping Her in their heart.
She is most pure, and She has given Sahaja Yoga to the world.

Verse 4:

Ma Shashwati hai, Achintya Rupa
Ekakini Ma, Prem. Swarupa
Vandaru Jan. Vatsala Ma
Bhagawa-ti- Jai Guru Murti Ma
Sab. Pujan. kar. Ma Var.da ka (x2)
Kshipra Prasa-dini Ma he
Adi Shakti!, Sab. Sahaji...

Shri Mataji is Eternal, Ever present, and She is beyond the reach of thought.
She is alone and She is the embodiment of the Purest form of love.
Shri Mataji cuts the knot of maya, and so She is worshipped as the Highest Guru by one and all, including the Gods.
Everyone is worshipping Shri Mataji who showers grace on Her devotees, and in Her compassion She fulfills every desire.

HE DAYANIDHE

(Raga Shiva nat Bhairav - Music of Joy; 'Mauli 2')

Chorus:

He Dayanidhe
O Compassionate One,
Karuna nidhe
O Merciful One,
He Shiva swaroop. Nirmal
Shri Nirmala, You are Sakshat Shri Shiva.
Atmane Shiva sudhe
The river of compassion flows from my heart.

Atmalinga Bholenath.
You are the pure spirit, You are the ocean of forgiveness,
Bhal.chandra Tum
And You are the One who bears the moon on your forehead.
Neel.kanth. Aap. hi,
Praise to the Blue Throated One,
Himalaya Nivasi
Who resides in the Himalayas.

Poojan. ka Adikar. do
Please allow us to do Your Pooja.
Ham ap.ke vinit. hai
Nat. Bhairava Kal.nath
We are surrendered to the one who is the Lord of Dance and Art,
and the Lord of Time.

NIR.MAL MA KE CHAR.NO MEIN
(Noida)

Chorus:

Man. Ho ja diwana re
We should get immersed in
Nir.mal Ma ke Char.no mein
The lotus Feet of Nirmala Ma

Asht. Sidh. Nav.nidh. ki hai dati
You are the giver of eight powers
Deeno ke bigare kaj. Banati
You solve people's problems
Sara jhuk.ta zamana re
The whole world bows down
Nir.mal Ma ke Char.no mein
At Mother Nirmala's Holy Feet

Sahaj Yog. Mein jo bji aate
Who ever comes to Sahaj,
Un. Ke dukh. Nikat. Nahi aate
all their problems get dissolved
Sabsi dhyan. Lagana re
Please place your attention, devotion
Nir.mal. Ma ke Char.no mein
At Mother Nirmala's Holy Feet

Kal.yug. main Av.tar. hai Ma ka
Mother you have come as an incarnation in this era of Kali Yuga
Jivan. Dena kam.hai Ma ka
Mother you are the giver of life
Meri binati sunana re
Mother, please hear my prayers
Nir.mal. Ma ke Char.no mein
Offered at Your Holy Lotus Feet

Kundalini Nirmal.hai Mata
Mother kundalini is pure
Sahaj. Yog. Ki Nir.mal. data
Mother Nirmala you are the giver of Sahaja Yoga
Sara jhuk.ta zamana re
The whole world bows at Your
Nir.mal. Ma ke Char.no mein
Holy Feet Mother

He Ma, He Ma, Bolo Ma, He Ma
(all of you) O mother! O Mother! Say O Mother! O Mother!
Man. Ho ja diwana re
All of you should get immersed in
Nir.mal. Ma ke Char.no mein
The Lotus Feet of Nirmala Ma

ADI SHAKTI MATAJI NIRMALA MA *(Music of Joy)*

Chorus:

Adi Shakti Mataji Nirmala Ma (x2)
Hail to Shri Mataji Nirmala Devi our Divine Mother
Parashakti Mataji Nirmala Ma (x2) *
Hail to Shri Nirmala Ma, our Immaculate Mother who has ultimate power
Sahaja Yoga Dayini Nirmala Ma (x2)
Hail to Shri Nirmala Ma who has given Sahaja Yoga to the world
Moksha Pradayini Nirmala Ma (x2)
Hail to Shri Nirmala Ma who grants salvation

*[**Pranaam. Janam din Mata Nirmala Ma (x2)**]
Shri Mataji, we humbly bow down on the occasion of Your Birthday
* This line to be sung on Shri Mataji's Birthday

Ganeshji ki Mataji Nirmala Ma (x2)
Hail to Shri Mataji, immaculate Mother of Shri Ganesh
Devi Dev.ta Gaye Nirmala Ma (x2)
All the Gods and Goddesses are singing Her praise
Sahaja Yogi ki pyari Nirmala Ma (x2)
Shri Nirmala Ma, loving Mother of the Sahaja Yogis
Parashakti Mataji Nirmala Ma (x2)

Krupa Kijiye Mata Nirmala Ma (x2)
Mother Nirmala please bless us
Bhakti dijiye Mata Nirmala Ma (x2)
Mother Nirmala please give us with devotion
Shakti dijiye Mata Nirmala Ma (x2)
Mother Nirmala please give us strength
Parashakti Mataji Nirmala Ma (x2)

Chaitanya ko bar.sa-o Nirmala Ma (x2)
Mother Nirmala please shower us with Your vibrations
Pap. ka Vinash karo Nirmala Ma (x2)
Mother Nirmala, please destroy all our sins
Dil.me Sahaji ke padhare Ma (x2)
O Mother, please take Your seat in the hearts of all Sahaja Yogis
Parashakti Mataji Nirmala Ma (x2)

Krupa sindhu sagar. Nirmala Ma (x2)
Mother Nirmala You are the ocean of compassion
Sahaja Atma Prakash. Nirmala Ma (x2)
Mother Nirmala You are the light of the eternal spirit
Ahankar. mardini Nirmala Ma (x2)
Mother, You are the one who destroys all ego
Parashakti Mataji Nirmala Ma (x2)

Shar.na gat. ki rakshini Nirmala Ma (x2)
Mother, You protect the ones who surrender to You
Bhakto ko abhay dani Nirmala Ma (x2)
Mother Nirmala You grant devotees the power of fearlessness
Chaitanya ki Rakh.wali Nirmala Ma (x2)
Mother Nirmala You are The Guardian of Chaitanya
Parashakti Mataji Nirmala Ma (x2)

NAAM RAT. LE TU MA KA NAAM RAT.LE

(Noida - 'Nirmal Darbar 3')

Chorus:

Naam rat. le tu Ma ka naam rat. le (x2)
Recite again and again the name of Shri Nirmala
Paap. Tere kat. jayenge naam rat. le (x2)
And all your sins will be destroyed

Mat gar.v. kare kaya ka (x4)
Why are you so proud of your body?
Mat gar.v. kare kaya ka (x2)
Kaya to mati hu jayegi naam rat. le (x2)
It will eventually be part of mother earth (upon your death)

Mat gar.v. kare maya ka (x4)
Why are you so proud of your wealth?
Mat gar.v. kare maya ka (x2)
Maya to chor le jayenge naam rat. le (x2)
The thieves will rob you of your wealth

Mat gar.v. kare yaro ka (x4)
Why are you so proud of your friends ?
Mat gar.v. kare yaro ka (x2)
Mittarto dokha de jayenge naam rat. le (x2)
They will betray you one day

Mat gar.v. kare kumbe ka (x4)
Why are you so proud of your relatives ?
Mat gar.v. kare kumbe ka (x2)
Kumba to nyara ho jayega naam rat. le (x2)
They will leave you stranded

Mat gar.v. kare lad.ko ka (x4)
Why are you so proud of your sons?
Mat gar.v. kare lad.ko ka (x2)
Tuj. me bhi his. batayenge naam rat.le (x2)
Upon your death, they will fight for your wealth and you!

Bas. gar.v. kare tu Nirmal. Ma ka (x4)
Only be proud of your Mother Nirmala
Bas. gar.v. kare tu Ambe Ma ka (x2)
Only be proud of your Mother Amba
Bas. gar.v. kare tu Dur.ge Ma ka (x4)
Only be proud of your Mother Durga
Bas. gar.v. kare tu Nirmal. Ma ka (x2)
Only be proud of your Mother Nirmala
Andhere dil.ke hat. jayenge naam rat. le (x2)
And the darkness of your heart will disappear

BOLO SHIVA SHAMBHU SHIVA SHANKARA

(Music of Joy; 'Music of Joy 3' & 'Mauli 2')

Chorus:

Bolo Shiva Shambhu Shiva Shankara (x2)
Let us take the name of Shri Shiva, The bestower of blessings
Nirmal Ma me samaye Shiva Shankara (x2)
Who resides in Shri Mataji Nirmala Devi
Bolo Shiva Shambhu Shiva Shankara (x2)
Let us take the name of Shri Shiva
Sahaj Yogi ke pyare Shiva Shankara (x2)
Shri Shiva Shankara who is beloved of all Sahaja Yogis

Dil.me samaye tum. Hara Shiva Shankara (x2)
Shri Shiva, who is the destroyer, who is pure, who is compassionate
At–ma– jyoti Saman (x2)
Shri Shiva, who resides in our hearts as the flame of the eternal spirit
Nirmal Shiva, Shiva, Ugra Shankar. he (x2)
Shri Shiva, who resides in Shri Mataji in the frightfull form of Ugra
Sahaji ka pranaam. swikaro (x2)
Please accept our salutations.

Nilakantha Shankara Mahayogi Shankara (x2)
Shri Mataji, who has a blue throat (Neelakantha), who is the Great Yogi
Sahaj Yogi Bhakti priya (x2)
And who is fond of the devotion of Her bhaktas (devotees)
Sada Shiv. varada– Shankar. he (x2)
Shri Mataji, who is God Almighty and the giver of all blessings
Sahaji ka pranaam. swikaro (x2)
Please accept our salutations.

Daya karo Sahaji par. Nirmal Shankara (x2)
O merciful and Immaculate One, please bless all the Sahaja Yogis
Atma anubhuti pradan (x2)
Please give us the experience of our spirit
Umaji ke pyare Shiva Shankar. he (x2)
Shri Shiva, who is beloved by His consort, Shri Umaji
Sahaji ka pranaam. swikaro (x2)
Please accept our salutations.

AYI DIWALI *(Nirmal Band — France - 'Chaitanya Ananda')*

Chorus:

Ayi ayi ayi, Aaj Diwali hai ye a-yi
The day of Diwali has arrived
Aise shubhaw.sar par hum, Puje Mahalakshmi
On this auspicious occasion allow us to workship Shri Mahalaxmi
Sabhi Dev. Devata Aap. hi ko Puje
All the Gods and Godesses worship you O Devi
Nir.mala Ma, O Maiya Nir.mala Ma
O Shri Nirmala Ma, O Mother Nirmala
O Chind.wara wali Ma-halakshmi Mataji (x2)
O Mahalaxmi Mataji Goddess of Chindwara

He Mahalakshmi Ma Gauri- tu ap.ni aap. hai joh.ri
O Mother Gauri Mahalaxmi, You are Your own appraisor
Teri kimat. tu hi jane- tu bura bhala pehechane
You are the only one who can comprehend Your greatness and know what is good and bad
Ye kehe din. aur rate- teri likhna jaye bate
You have complete control over time (day and night), words are not enough to express Your greatness
Koi mane yana mane- ham. Bhakt. tere diwane (x2)
Regardless of anybody's acceptance, we are Your devotees and extremely fond of you
Tere- paw. sari duniya pakha-rati, Ah....
The whole world is falling at Your Lotus Feet

He krupa shali Mahalakshmi- he Bhagyadati Bhagawati
The bestoyer of blessings, O Mother Mahalaxmi, the giver of good fortune, O Bhagawati
Meri suna ye binanti- mera chola rang. Basanti
Please heed my prayers and envelop me in Your Divine hue (spring colours)
He dukh. bhanjan sukh.dati- hame sukh. dena din.rati
O the Destroyer of all sorrows and Giver of all joy, please give us complete satisfaction day and night
Jo teri Mahima gaye- mukh. Mange murade paye (x2)
The one who sings your praise gets all his desires fulfilled
Har. aankh. teri aur- ni ha-rati (Ah..)
Everyone is looking at You with complete adoration

He Mahakali Mahashakti- hame dede aisi bhakti
O Mother Mahakali, Mahashakti please give us devotion
He jag. Janani Mahamaya- hai tuhi dhup aur. Chhaya
O Mother of the universe Shri Mahamaya, You are light and shade
Tu Am.rut. jal Avinashi- tu an.mit. puran. Mashi
You are the nectar, You are indestructible and You are the everlasting full moon night
Sab. Kar.ke dur. Andhere- hame baksho ne- sawere (x2)
Please remove all darkness and give us enlightenment
Tu to bhak.to ki bigari sambha-l.ti (Ah...)
You look after Your devotees

He Dhan. Dati Dhan. Lakshmi, He Dayawan. Gajalakshmi
O Mother Lakshmi and giver of wealth, O merciful, Majestic Mother
He Vishnupriya Vaishnavi - He Sahaj. Yog. Dayini
O Vishnupriya (beloved of Shri Vishnu), Vaishnavi (wife of Shri Vishnu), giver of Sahaja Yoga
Ye Suraj. Chand Sitare- sab. Tere hi gun. Gati
The Sun, the Moon and the stars are all singing Your praise
Tu shanti roopi shantini- hame dena Vishwashanti (x2)
O Devi in the form of peace, please give us a peaceful world
Tu to Chaitanya ki Ganga baha-ti (Ah...)
You are the source of flowing vibrations

ALLAH HU

(Sabri Brothers version)

Alap:
Rubai:
It.da la illaha il Allah (x2)
Intaha la ilaha il Allah (x2)
Zingadi, zindagi, zindagi karame patala
Tu nazar aiya muje,
Jami kardi apani hasti Tu nazar aiya muje

(Tu) Khaliqe kul hai tu, is.me kya guft.gu (x3, 1/2)

Girah:
O..., Jap hudi baikara insa sini kal jati hai
Me hudi alame bala tukh.bara lati he
Sana to bal teri jis.rat tu nazar. jati he
Khus noko te dhukh. khud.rat teri ya dati he ti

Khaliqe kul hai tu, is.me kya guft. gu (x2, 1/2)
You are the Creator of all, without doubt.
Khaliqe kul hai, khaliqe, khaliqe kul hai tu,
Khaliqe kul hai tu, is.me

Sare alam ko hai, teri hi just. ju
Tere jalmenigah home hai char.su
Teri jalwagari hai aiya char.su
La sharika lahu maliqe mulk. tu
Your glory is sung is sung everywhere, You are the complete God.

Chorus:
Mataji, Mataji, Mataji, Mataji (1st time slow and then repeat fast)

La sharika lahu, maliqe mulk. tu (repeat)

(Chorus)
La illaha teri shan. ya wah. dahu
O God, Your glory is fathomless.
Tu khayal oh tajassus tu hi ar.zu
You are always in our thoughts, in our imagination, and to reach Your real form is our humble desire.
Akh.ki raush.ni dil ke awaz. tu
You are the light of the eyes and the sound of the heart.
Tu hai sharabsha nazadike dard al ulu

(Chorus)
Tu hai sharabsha nazadike dard al ulu (repeat)

Maika jagara hi kya, is.me kya guft.gu (x2)
Jho bhi tha khuda ne us.ko nahi ah manu (x2)
There is no denial, no dissension. Only those who surrender completely are rewarded with Grace.
Tere jalmenigah home hai char.su (x6)
Hai, koyi nahi hai fakar tu hi tu
You are the only one. There is no one else.

(Chorus, fast)
Koyi nahi hai fakar tu hi tu

(Hai) tu hi tu, tu hi tu, tu hi tu, tu hi tu, Mere Mata / Tere Allah
Oh, hai mere Allah, tu hi tu, tu hi tu

Girah:
Tu ke fakar. bakare ne ki ya
Mere siva, koyi nahi
Me hi me hoo, isjahame, tu soorat koyi nahi

Jabna maime tar hudi
Te laya de asama bune
Hai ludi jalkar juri, tardat me kim asabune

Hos do hagdi, are jabada
Tardo jis.me zar rume
Kug-lukha, kug-bisa, kugbik gaya, asabume

Rehe gayi arte fakar tu
Maime shunale keh leye
Le gaya, nakdar foone, jurki banane keh leye

Zar buke so te sejis.dam, tarte gabhara ne lagi (3)
Me ke dadare bas tu hi tu ki sada ae lagi

(He) tu hi tu, tu hi tu, tu hi tu, tu hi tu, Mere Mata / Tu hi Allah
Hai, Koyi nahi hai fakar tu hi tu

(Chorus, fast)
Dai nate do arnam ka ik. az. tu
When the human being escapes love of self.
Sab.ka anja mutoo sab.ka awaz. tu
Submission elevates him to a higher plane.
Me habib fakar me tu me ki awaz. tu
Whenever I look at the artistry of Your creation,
Nagme nagme me tu saaz. me saaz. Tu
I am reminded of Your complete power.

(Chorus, fast)
Mataji, Mataji, Mataji, Mataji, Mataji

MAN KUNTO ALI MAULA

(Qaul Tarana - Amir Kusrau)

Alap - Rubai:

Ali imane manostho manam gulame Ali (x2)
Hajar jane girami fidhae name Ali

Ahai man kunto maula (repeat with improvisation)
Fahaz. Ali, Un (RGRS GPDP) **Maula** (repeat)

Dara dile dara dile dare daani Jai Mataji (repeat)
Ham tum tanananana tananana re (repeat with improvisation)
Ham tum tanananana tananana re
Yalalala yalalala yalalala re

Ahai man. kunto (repeat with improvisation)
Man kunto Ali maula (repeat with improvisation)
Man kunto Ali Ali maula (repeat with improvisation)

Ali imane manostho manam gulame Ali (x2)
Hajar jane girami fidhae name Ali

Maula Ali Maula (repeat with improvisation)
Ali Ali Dam Ali (x4)

Maula Ali Maula, Maula Ali Maula (repeat higher pitch)
Ham tum tanananana tananana re (repeat and in higher pitch)
Dara dile dara dile dare daani

Ahai Man. kunto Maula

Ahai man. kunto (x2)
Ahai man. kunto maula

MOHAMMED, KALI KAMALI YA WALE

(Sabri Brothers)

Mehe boob. ho tum Allah ke (x2)
Tori ada pe main korban huu
More kali kamali ya wale (x3)
Mehe boob ho tum Allah ke (x2)
Tori ada pe main korban huu

Partial Translation:
The wish that keeps me alive is You.
The world we live in is You.
Oh beloved one of Allah,
You have come to show us the way,
The right way,
The way of peace,
Of love,
Of humanity,
The way to God.

Chorus:
More kali kamali ya wale (x2)
(O) more kali kamali ya wale (x2)
(Hai) more kali kamali ya wale (x2)
Mohammed, kali kamali ya wale (x3)

Harkar jogi bankar aya (x2) (Allah..)
Harkar jogi bankar aya (x2)
Seeda rasta sabako dikhaya (x2)
Prema ka danka tumine bajaya (x2)
Allah hoo ka naguma sunaya (x5) (Allah...)
Pyare ho Allah ke (x2)
Tori ada pe main korban huu

Mat. Bhari aake moh.ni soorat. (x2)
Mat. Bhari aake moh.ni soorat. (x3)
Kale keshu dil.kas. kaya mat. (x2)
Sar.se patak. rehemat. rehemat. (x2)
Dekhi ke sarpar taje naboo wat. (x2)
Oh, dekhi ke sarpar taje naboo wat.
Jhuk gai duniya wale (x2)
Tori ada pe main korban huu

Char.no me sar. dhar.te aye (x2)
Tera kalma bar.te aye (x2)
(oh) Tera kalma bar.te aye
Kaap. te aye dhar.te aye (x2)
Hak.ki puja kar.te aye (x3)
Dair. Kalisa wali (x2)
Tori ada pe main korban huu

Aya pur.pat. khurd. bari se (x2)
Hoke manuwar. nur. kisi se (x3)
Bhate hui jit. reele ali se (x2)
Bhate hui jit. reele ali se (x3)
Le gaya tumko far.she jami se (x2)
Arshe maula wale (x2)
Tori ada pe main korban huu

VAISHNAV JAN TO

(One of Mahatma Gandhi's favourite bhajans - By Narsimh Mehta)

Vaishnav Jan To Tene Kahiye Je
Pid Parayi Jane Re
He who knows the troubles of others is a true "Vaishnav" (by which the poet implies the perfect human being...)
Par-Duhkhe Upakar Kare Toye
Man Abhiman Na Ane Re
He brings happiness to others but still does neither feels proud about it nor needs to be thanked
Vaishnav Jan To Tene Kahiye Je ...

Sakarl Lok Man Sahune Vande
He worships everybody in the world.
Ninda Na Kare Keni Re
He does not criticize anybody.
Vach Kachh Man Nishcharl Rakhe
Dhan-Dhan Janani Teni Re
His mother is indeed great who keeps his mind and his tongue under control.
Vaishnav Jan To Tene Kahiye Je ...

Sam-drishti ne trishna tyagi
He is fair to one and all. He does not covet anything.
Par-Stri Jene Mat Re
Another man's wife is like his mother to him.
Jihva Thaki Asatya Na Bole
No falsehood escapes his tongue.
Par-Dhan Nav Jhali Hath Re
He does not touch another's gold.
Vaishnav Jan To Tene Kahiye Je ...

Moh-Maya Vyape Nahi Jene
He is not affected by attraction to earthly goods.
Dridh Vairagya Jena Man Man Re
His is a firm ascetic by mind.
Ram Nam Sun Tarli Lagi
Sakarl Tirath Tena Tan Man Re
All the holy pilgrimages are in his body.
Vaishnav Jan To Tene Kahiye Je ...

Van-Lobhi Ne Kapat-Rahit Chhe
He is not greedy. He is devoid of any trickery.
Kam-Krodh Nivarya Re
He has conquered lust and anger.
Bhane Narasaiyyo Tenun Darshan Karta
Narsaiyyo (the poet Narsimh Mehta) sings that just seeing him
Kurl Ekoter Taraya Re
rescues 71 generations from the cycle of life and death.
Vaishnav Jan To Tene Kahiye Je ...

ALI ALI ALI MAULA ALI ALI (QAWWALI)

(Nirmal sangeet Sarita - 'Atma Ki Chadar; 'Mauli 2')

Kata:

Jang. me Hindu kahe te he Baj.rang. bali
The Hindus jump in the war by taking the name of the Bajarangbali
(source of inspiration, Divine strength and courage)

Razm.me Musulma kahe te he Ya Ali
In the holy war the Muslims shout Ya Ali, since the name symbolises valour, courage and Divine strength.

Dono hi namo me jab. rawa he (x2)
The poet says: As both the names convey and provide

Joshe khuda ka pai gam
The Divine inspiration,

Sahaji ke jang.me koi kahe baj.rang. bali
Therefore in the war of Sahaj (against negativity and evil)

To koy kahe Ya Ali
Some take the name of Baj.rangbali while others take the name of Ali

Chorus:

Ali Ali Ali Maula Ali Ali (x2)
The Qawwali begins with the chanting of the name of Ali

Mataji milane ham.ko sang.le chali
Shri Mataji is explaining the real meaning of Ali to the seeker
(She initiates the seeker by taking him along with Her to meet Ali)

Tha umr. bhar [zind.gi se gila (x3)]
The seeker had a life long complaint with the lifestyle he was leading

Raha gir mila [rahebar. na mila (x3)]
He had other seekers with him but no guide who could guide him to achieve self realisation.

Rahe zan mila rehe nu Ma na mila (x2)
There were a lot of bandits and plunderers who were eager to plunder his possessions but there was no one to lead him in the right direction

Rahemat. he Ma ki hame raheman na mila
It is in Her gracious kindness that the seeker is able to see the ultimate God

Tar.ke khuda [ki thi puri taiyari (x3)]
The seeker being disillusioned was in complete readiness to give up his belief in God.

Dekh. ke [dar weshi ki aiyari (x3)]
Seeing the fraudulent behaviour of the priests and custodians of religion.

Uth.gay. thi tawak kul se ae tabari (x2)
In view of the fraud perpetrated by the spiritual leaders, the seeker had lost faith in his devotion

Gani mat. Mataji ne hi zind.gi ubhari
It is through the saving grace of Shri Mataji that the seeker's life has been redeemed.

Kaha Mataji ne [tujhe maula dikadu (x3)]
Having redeemed the life of the seeker, She assures him of showing him God almighty.
Tujhe me [tera insan jila du (x3)]
She further assures that she would revive the soul of the seeker within him which is dormant.
Buniya di hak.ka tujhe sila du (x2)
She also assures of aprising the seeker of the fundamental right of taking self realisation
Chani jo kar.bala me wo jaam pila du
Shri Mataji assures the seeker that she will make him like Ali symbolically, by giving him the goblet of the Divine spirit which was manifested in Ali's readiness to sacrifice his own sons (Hassan and Hussain) in Karbala.

Kata:
Chal ban [tu mera ham safar (x3)]
In order to achieve the above She beckons the seeker to become Her co traveller.
Roshan kar [ap.ni raha guzar (x3)]
She advises that the seeker must remove the darkness within
in order to be able to walk to his goal of meeting Ali.
Rahate ruh.ki [tujhe ar.zu (x3)]
While your desires are seeking the comfort of your soul,
Khuda kya he ye [teri jiust. jiu (x3)]
What is God? is the seeker's perpetual quest.
Roshan kaha he teri ye ruh
Since your soul is not enlightened
Kara he hala ke ti rub. rhu
Even though you are in the close proximity of God and virtually knocking on the doors of his kingdom.
Kaise me dikhau [tujhe tera nabi (x3)]
How can Shri Mataji show the seeker the God he is seeking,
Siya ye duba [khud.se aj. nabi (x3)]
When the seeker is plunged in darkness and is not able to see his own identity
An.war ho kar bhi tujhe dikha he kabhi
Even though God is self luminous and emitting light,
yet the seeker is not able to see Him because the seeker is not enlightened
Anko ka par.da khata kar. dek. tum abhi
Shri Mataji advises that unless the seeker removes the curtain of doubt and lack of surrender,
the seeker will not be able to see the Divine.

Kata:
Kar kash.te khudi ka belos Kundalini
Shri Mataji finally advises the seeker to get his Self Realisation
by the purest form of energy known as Kundalini.
Dekh. uruj ap.ne hastika zarie Kundalini
The seeker can see the ascent and growth of his inner being with the help of his Kundalini.
Pahe chan khud. ko tu ruhani roshni
Then the seeker will be able to know himself within
because of the Divine enlightenment he will achieve.
Dikhe ga tujh.ko tujh.me Ali
Is Roshni se (x2)
The seeker will be able to see the Ali hidden within himself through the Divine light of Kundalini.

HAZIR HAIN

(Sabri Brothers)

Hazir Hai, Hazir Hai, Hazir Hai Ham
We are present! We are present!
Charano me tere Ma hazir hai ham
Oh Mother, we are present at Your Lotus Feet
Labeck. Allah houma labecka. labecka. (x2)
We humbly submit ourselves to You, O Allah
La sharika lack. labeck
You are unique, the one and only
Inale hamda vanya amata (x2)
We worship Thee
Lack. val mulk la sharik. lack
In your entire Kingdom there is no-one like You

Laya te hamdo sana tere siva koyi nahi (x2)
Sunde vala asi yonki il teja koyi nahi (x2)
Do butoko jo banade na khuda koyi nahi (x2)
Jolia par.de jo sunkar mukta ha koyi nahi (x2)
Ha siva tere siva (x2)
Tere siva koyi nahi
Ha siva tere siva tere siva koyi nahi
Tar. he dar mal bhi hamare (x2)
Aur. aurdha he bhi hadim

Eh do arnam ke nighe va e ali muk-e-habi (x2)
Yard. teri dil navado zik.ra tera dil pardi (x2)
Rango kush. do kush. no ilmo nur. tuj. se e must. ni (x2)
Had. nahi jis.ki wo hai bakshish teri rabeck hadi (x2)
Or karam fera karam (x2)
Or karam fera khudaya (x2)
Bemisalo benazir
Or karam fera khudaya bemisalo benazir
Tere he dar mal ar gaye hai (x2)
Dali be likh. ful karam

Ye safar hajkar safar big.re banata hai nasi (x2)
Ye safar rakh.no pulko halik se galkar hai kari (x2) *Allah*
Ye safar yani marizo se mular kar.te tabi (x2)
Ho mulkar tar se agar har far dhikar me danasi (x4)
Ye do ar mano kade ho kar mahar par-e-adi (x2)
Ho gulame Mustafa me (x4)
Na-hu apana bhi natar

Hazir hai hazir hai hazir hai ham
Charano me tere Ma hazir hai ham
Oh Mother, we are present at Your Lotus Feet

ADI SHAKTI MATAJI

(Simple)

Chorus:

Adi Shakti Mataji Tere Charano me aya hu mein
Adi Shakti Shri Mataji I have come to your Lotus Feet
Shyam Savere Gun. Tere gaon Tera hi jaya hu mein
Morning and evening I sing Your praise
Shri Ma Tere hi jaya hu mein
Shri Mataji I have received second birth from You

Tu Adi Shakti Sahastrar viraje
You are Adi Shakti who resides in Sahasrara
Hathon me Veena mukut. sarpe saje (Aaa...)
You have a Vina in Your Hands and a crown on Your Head

Tu hi Bhavani, Tu Mahamaya
You are Bhavani, You are Mahamaya
Tujhe me hi sara Vishwa sa maya (Aaa...)
You have the whole universe in You

Tu hi Sada Shiva Antar.yami
You are Sadha Shiva and You are all knowledge
Devi Devon ki Tum.hi ho Swami (Aaa...)
You are the supreme God of all the Gods and Godesses

Mate ki bindiya Man. ko lubhaye
Mother, one glance of the Kumkum on your forehead gives us joy
Char.no me Tere Sahaji ho aye (Aaa...)



VANDE MATARAM

(Bankim Chandra Chatterjee - 1874; 'Pure Devotion')
(For poetic translation, see Appendix)

Chorus:

Vande Mataram, Vande Mataram
Salutations to Mother India
Suj.lam Suf.lam Malayej. sheet.lam
Water, fruits, mountains, coolness from Himalayas,
Shashya Sham.lam Mataram
Dark, rich, fertile soil.
Vande Mataram
Salutations to Mother India

Shubr.jotsna phul.kit. Yamini
Splendour of white moon which adorns the night
Phuly. kusumeet. Drum.dala Shobhini
Bedecked with trees full of blooming flowers
Suhasini Sum.dhur. bhashini
Beautiful smile, voice is sweet,
Sukh.dam var.dam Mataram
Bestower of happiness and boons.
Vande Mataram

Sapt. koti kanth. kal. kal. Ninad. kar.le
Who will call you weak?
Dwi sapt. koti bujeyee Dhrut. khar. kal.vale
When 70 million voices take your name?
Ab.la kayeeno Maaeto bole
140 million inspired hands, dreaded by the enemies
Bahu bal. dharini Namami tarini
The one who is mighty, we bow to the saviour,
Ripu dala varini Mataram
The destroyer of the enemies.
Vande Mataram

Tumi Vidya Tumi Dhar.mam
You are the knowledge, You are the dharma,
Tumi hrudi tumi Mar.mam } (x2)
You are the love, You are the essence of everything.
Twam hi pranah Sharire Bahute
You are the life of our body,
Tumi Ma Shakti
You are the power of our hands.
Hrudaye tumi Ma Bhakti (x2)
You reside in our hearts as bhakti.
Tomari pratima gadi mandire mandire
Your image is present everywhere, in temples etc.
Vande Mataram

Twam hi Durga dajh. praharan. dharini
You are Durga, the one who holds the ten weapons,
Kamala kamal. dal. viharini
And dwells in the lotus as Shri Lakshmi.
Vani vidya dayini
You bestow knowledge (and give voice to that knowledge).
Namami twam namami kamalam
Salutations to You, Salutations to Shri Lakshmi,
Amala atulam Suj.lam suf.lam Mataram
The pure one, incomparable, the one with waters, fruits, etc.
Vande Mataram

Shyamalam saralam susmitam bhushitam
The one dark in colour, innocent, with beautiful smile,
Dharanim Bharanim Mataram Mataram
These are Her ornaments. You are Mother Earth.



SHIVA SHANKAR. BHOLE BHALE

Shiva Shankar. Bhole Bhale (x2)
Voto bhakton ke rakh. Vale (x2)

Parvati ji sang. Hai jin.ke (x2)
Tino lo ko ke raja hai vo (x2)
Voto bhasma ra mane vale (x2)
Voto bhakton ke rakh. Vale (x2)

Natho ke vo nath. Hai swami (x2)
Sab. Kucha jane antara yami (x2)
Voto Kailash pe rehene-vale (x2)
Voto bhakton ke rakh. Vale (x2)

Seer. Pe jin.ke Ganga so he (x2)
Tino loko ke man.ko dohe (x2)
Voto bhasma ra mane vale (x2)
Voto bhakton ke rakh. Vale (x2)

JAI JAI BOLO NIRMAL GANESH. KI

(Song for Shri Ganesha Puja, 2005 - Music of Joy)

Chorus:

Jai Jai bolo Nirmal Ganesh. Ki
Victory to Shri Nirmal Ganesha
Jai Jai bolo Shiv. Nandan ki
Victory to the son of Lord Shiva
Jai Jai bolo Ashthavinaya ki
Victory to Ashtavinayaka
Shri Mataji Nirmala Devi
Victory to Shri Mataji Nirmala Devi

(x2)

Abodhita dena sab. Saha-ji ko
Lord Ganesha, please give us innocence
Nirmal bhakti dena sab.ko
Lord Ganesha, please give us devotion
Shri Ganeshaji ki punya bhoomi par *
In this land of Shri Ganesha
Ek.ta ki Shakti sab.ko
Please grant us the power of collectivity

Ma ke Char.no pe ham. Leen. ho
Let us surrender to the Lotus Feet of our Mother
Ma ke Char.no ki ham dhul ho
Let us be the dust of Thy Holy Feet
Ma ke Prem. bhakti geet. ga kaar
Let all the Sahaja Yogis be intoxicated with Divine Joy
Sab.—Sahaji jhum. ho
Singing the praise of Shri Nirmala Mata

Ma ki Adnya sar. ankho paar
Let us be ever ready to obey our Mother
Aisi Shakti dena ham. ko
Please grant us this power
Rudraji ki Punya Param Shakti se
Let the power of Shri Rudra
Agyaan. ka nash. karo
Destroy all ignorance

* Change this line according to your country, e.g. for USA:
Radha Krishnaji ki punya bhoomi par
In this land of Shri Radha Krishna

TUZ. NAMO, TUZ. NAMO

(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me" - In the Mother's Protection)

Chorus:

He Bhavani Bhagavati Ma Tuz. Namo, Tuz. Namo (x2)
Shri Bhavani, Queen of Bhava i.e. Shiva; giver of life to the whole universe,
Shri Bhagavati, Power of God; the one who embodies the Six basic attributes of God,
Salutations to thee, Salutations to thee.

He Dayani Adi Shakti Ma Tuz. Namo, Tuz. Namo (x2)
Shri Dayani, ever compassionate, Shri Adi Shakti, salutations to thee, salutations to thee

He Jagatananda Karini
Shri Jagatanadna karini, the one who is the cause of the total bliss of the universe

He Bhavabaya Bhanjan. Harini
Shri Bhavabaya Bhanjan Harini, the one who destroys the sorrows of the devotees

Tuz. Namo, Tuz. Namo
Salutations to thee, salutations to thee

He Adi Shakti Ma Bramha Swarupa
Shri Adishakti, all pervading, who resides in all universes

He Anupa Ma, He Ma Anupa
Shri Anupama, the consort of Lord Shiva, Shri Ma Anupa, the ever compassionate

Tuz. Namo, Tuz. Namo
Salutations to thee, salutations to thee

He Sandra Karuna He Ma Sukha Pradha
Shri Sandra Karuna, the one who is intensely compassionate to her devotees, Shri

He Mangala Karini He Mav. R.dha
Shri Mangal Karini, the one who is giver of auspiciousness, Shri Mavradha, the one who has Divine sweetness in Her voice

Tuz. Namo, Tuz. Namo
Salutations to thee, salutations to thee

HE MAN GURU SHARAN. ME RAHI O

(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me")

Chorus:

He man Guru Sharan. me rahi O, rahi O
O my heart, please stay under the Guru's Protection
He man Ma ki Sharan. Me rahi O rahi O
O my heart, please stay under the Mother's Protection
Har. Pal. Nir.mala Nir.mala kahi O (x2)
Please say Nirmala Nirmala every moment
He man Guru Sharan. me rahi O, rahi O
O my heart, please stay under the Guru's Protection
He man Ma ki Sharan. Me rahi O rahi o
O my heart, please stay under the Mother's Protection

Guru hamari Adishakti (x2)
My Guru is the Adishakti
Karale he man. in.ki bhakti (x2)
O my heart, please do Her Bhakti
In. ke hi guna gaye oh... (x2)
Please sing Her praises only...

Guru hot. He gyan. Ki punji (x2)
The Guru is the treasure of the knowledge
Moksha dwar. Ki he vo kunji (x2)
She holds the key to the door to Moksha (Salvation)
Char.n.n. p.r. ful. W.hi oh... (x2)
Let me be that flower at Her Lotus Feet

Guru hamari prem.ka sagar (x2)
Our Guru is the ocean of love
Bhar.le bande ap.ni gag.r. (x2)
Come on people, fill up your vessel (pot)
Anand. Me hi rahi oh... (x2)
Always stay in that joyous state

Guru hot. He nath. Anath. (x2)
Guru is Lord of all those who have no one
In. Char.no me rak.de Mata (x2)
Please Mother, keep me in Your Attention
Ashish. In. ka pahi oh... (x2)
And receive Your blessings

Kar.de kishti Ma ke h.wale (x2)
Surrender the journey of life to Mother
Swast. Swash. Ma ap. Sambhale (x2)
Mother, only You look after our health and spiritual well-being
In. p.r. kripa kar. Jahi oh... (x2)
Please look after all of us

Kar.le bin.ti Ma Nir.mal. se (x2)
Let us make this request to our Nirmala Ma
Kar.th.ke bandhan. Sab. Jiwan. Se (x2)
That we have Your protection for all our life
Nirmal. Ta bhar. Dayi oh (x2)
Fill up the purity in our life

KOYI KAHE GOVIND. KOYI GOPALA

In this song the poet is giving examples of names that different people call Shri Krishna to show their affection, love and dedication. This is a kind of Bhajan where devotees are trying to chant Lord Krishna's name to offer their devotion at his Lotus Feet.

Chorus:

Koyi kahe Govind. koyi Gopala
Some call You the one who lives with cows,
Some call You the one who takes the cows to grass,
May to kahun Savariya basuri wala
But I call You my dusky blue Lord who plays Divinity on His flute.
Govinda Gopala (x2)

Radha ne Shyam. kaha, Meera ne Gir.dhar
Radha calls You the dark one, Meera calls You the one who raises the mountain on His finger,
Krishna ne Krishna kaha kub.ja ne Nat.war
You call Yourself Krishna, Kubja calls You the dancing Master of Drama,
Gwalo ne pukara (x2) kehe k.r. ke Gwala
The cowherds call You one of their own,
May to kahun savariya basuri wala
But I call You the dusky blue Lord who plays Divinity on His flute.

Maiya to keh.thi thi tum. ko Kanaiyia
Your mother always called You her darling,
Ghan. Shyam. kah.te the Balaram. Bhaiyia
Your Brother Balaram calls You the dazzling dark one,
Sura ki akhon ke (x2) Thum. te ujala
The blind poet Soor calls You the light in everyones' eyes,
May to kahun savariya basuri wala
But I call You the dusky blue Lord who plays Divinity on His flute.

Bhishma ke ban.wari, Ar.jun ke mohan
Bishma calls You the one who roams the forest,
Arjuna calls You his dear friend,
Chaliya jo kehekar. bulaya Dhuriyodhan
Dhuriyodhana calls You the trickster,
Kansa to keheta tha (x2) jal.k.r. ke Kala
Kansa called You blacker than coal out of jealousy.
May to kahun savariya basuri wala
But I call You the dusky blue Lord who plays Divinity on His flute.

Ach-yut yudhistharke, udho ke Madhav
Yudhishtira calls You indestructible, Udho says You are sweet as honey,
Bhakton ke Bhagawan. santon ke Keshav
Your devotees call You God while the Saints call You the all powerful one,
Manav. sab. bhaj.ten hen (x2) keh.kar. Kripala
Everyone praises You as the Blessed Lord who loves and protects,
May to kahun savariya basuri wala
But I call You the dusky blue Lord who plays Divinity on His flute.

Names: Govind: one who lives with cows - Gopala: one who takes the cows to grass paddocks - Shyam: whose skin is bit dark - Girdhar: one who had mountain on his finger - Natwar: master of Drama - Gwala: same as Gopala - Kanhaiya: nick name of Shri Krishna - Ghan Shyam: dark like water filled clouds - Banwari: who wanders around in the forest - Mohan: one who is dear to the heartChaliya: master of Diplomacy - Kala: whose skin is dark - Ach-yut - Udho: one of Shri Krishna's friends - Bhagawan: God -Keshav: one who has all the powers - Kripala: one who bestows blessings

MA KA JANAM DIN

(Nirmal Sangeet Sarita - "Maa Ki Sharan. Me")

Sa Ma Dha Pa Dha___ Pa Ma | Re Sa Ni Sa Re |
Ni Sa Re Ma Ga___ Ma Sa | Ni Dha Pa Ga Ma ||

Chorus:

Ma ka janam din Aya_____ ke
As our Mother's birthday (janam din) has come
Hil.mil. Mangal. Ga-o re
Let's gather together and dance and sing
Sab.ka man Har.shaya_____ ke
Everybody's mind is full of joy
Hil.mil. Mangal. Ga-o re
So let's gather together; dance and sing

A-j. ka din. He, Kit.na_ pawan
This day, today is so much pure (pawan)
Shubh. Sandesh. He laya___ (x2)
It brings an auspicious (shubh) message (sandesh)
Ke Hil.mil. Mangal. Ga-o re (x2)
So let's gather together; dance and sing

Naino me sab.ki, Cha-yi masti
In everybody's eyes (naino), is joy and excitement
Dar.shan. Ma ka pa-ya, O_____ (x2)
As we have had the darshan of our Mother
Ke Hil.mil. ...

Ma Nir.mal. he, Prem.ka sagar
Mother Nirmala is the ocean (sagar) of love (prem)
Bh.r. bh.r. ke Chal.kaya (x2)
This ocean is overflowing with Mother's love

Ma ki Mam.ta, He ye jag.me
Mother's compassion and love (mamta) is all around the world (Jag)
Jag. Ujiyara chaya, O_____ (x2)
And the world has become enlightened

Ma ka janam. Din, Sab.ko mubar.k.
We wish (mubarak) all "Happy Mother's Birthday!"
Vandan. Ma ka gaya (x2)
In this, we are singing Mother's praise

Nat. Mastaka ho sheesh. Jhukaye
Bowing our head to the Lotus Feet of our Mother
Ashish. Ma ka paya, O_____ (x2)
We have got the blessings (Ashish) from Her.

DAR. PE TERE JO BHI AYA ...
MA MERI SHERAWALI

(Noida - 'Nirmal Darbar Part II')

Dar. pe tere jo bhi aya
Wo to shradha ke phool.le aya
Ma meri Sherawali (x2)

Bhavan. tera bari dur.maiya (ho) (x2)
(ke) Tere bhagato ne ana zarur. maiya } (x2)
Tere sewak. hain lakho Pujari (x2)
Ma meri Sherawali (x2)

Ambe maiya meri Jagadambe maiya (ho) (x2)
Tera bhagat. kabi na kambe maiya } (x2)
Teri sundar chhavi hai Nirali (x2)
Ma meri Sherawali (x2)

Arz. meri maiya manzur. karo (ho) (x2)
Khali jholi meri bhar.pur. bharo } (x2)
Ap.na sewak. na bhejo na khali (x2)
Ma meri Sherawali (x2)

Adyam samarpayami
Antyam samtarpayami

ANYATHA SHARANAM NASTI

(Ravindra Jain & Hemlata - 'Sahaja Dhara 2')

Anyatha Sharanam nasti
Twamewa sharanam mamah.

Nowhere else is my refuge,
You are the only shelter. (chorus)

Hridayam samarpayami
Sarvam samarpayami
Tawa pad padmi Mataha
Sarvam samarpayami

I surrender my heart,
I surrender my prana
At your Lotus Feet, Mother,
I surrender everything.

Twamewa sakshat Hari priya
Twamewa Ma Vageshwari
Maha Durga Maha Kali
Maha Maya Maheshwari
Bhagyam samarpayami
Karmam samarpayami
Tawa pad padmi Mataha
Sarvam samarpayami

You are beloved of Vishnu.
You are the Goddess of Speech.
You are Mahadurga, Mahakali,
Mahamaya, Maheshwari.
I surrender my fate,
I surrender my deeds
At Your Lotus Feet, Mother.
I surrender everything.

Sawayam Sadhya swayam siddhi
Sawayam sidha swayam Prabha
Saguna Ratna sukruta krutya
Sumati Ganga Samu jwalam
Manam samarpayami
Ganam samarpayami
Tawa pad padma Mataha
Sarvam samarpayami

You are the One who does penance
To achieve Yourself.
You are the Siddhis.
You are the One who has achieved Yourself.
You are the Enlightenment of Your Own Self.
You are a gem having good virtues
Who does only auspicious deeds.
You are the Ganga of Wisdom.
You are the Ganga of Enlightenment.
I surrender my self consciousness,
I surrender all songs,
At Your Lotus Feet, Mother.

Anira wachani Anandi
Sukha Karani Dukha Harini
Yoga sanstha panarthaya
Avirala Vishwa Viharini
Sangam samarpayami
Punyam samarpayami
Tawa pad padma Mataha
Sarvam samarpayami

Inexplicable joy giver You are.
The One who gives happiness
And removes unhappiness.
In order to establish Yoga in the world
You are constantly travelling.

Timira vruta Dishahina
Atmasya Papanashini
Bahujana Hitayo wani tawa
Shashwat Satya Prakashini

Those indulgent souls who are still lost
In sensual pleasures are pardoned by You
And their sins are also destroyed by You
Your voice is benevolent for the masses

Tawa pad padma Mataha
Sarvam samarpayami

(January 2006, Burwood, Sydney, Australia - Music of Joy)

DAM MAST. QALANDAR. MAST. MAST

Sa Re Sa.. / Ne Sa Pa Ni Ma Sa...
Ma Pa Ni Ga Re Ga Re../Sa Re Sa..
Sa Sa Re Re Ga Ga Re Re... (More Vocals)
Dam Mast. Qalandar. Mast. Mast
Sa Re Sa Ga Re Ga Re Ga Pa Ma Ga Ma Ga Re Sa

Chorus:
Iko Vird. Hai Dam. Dam. Ali Ali
Sakhi Laal. Qalandar. Mast. Mast
Jhoole Laal. Qalandar. Mast. Mast
Dam Mast. Qalandar. Mast. Mast

Akhi Ja Malanga Tu Ali Ali Ali
Akhi Ja Malanga Saje A Pe Man Lar keh
Aj Nai Te Kal Sare Ali Ali Kara Gayi
Mast. Mast. Mast. Mast.
Dam Mast. Qalandar.

Rab Ne Kinne Shaan Banaye
Be Karma Te Karm Kamaye
Jera Vi, tere Dar teh Aaye
Aounna Kabhi Bhi Khaali Aaye

Chorus:
Shanna Uchiyaan Terian Pira
Hovan Door Haneriya Pira
Hassan Hai, Batheriya Pira
Sun Larza, Aj Meeriya Peera

Chorus:
Nazar Karam Di Paavi Saiyyan
Beriyan Banne Lavi Saiyyan
Phulna Kidare Jaavi Saiyyan
Lagiya Thor Nibave Saiyyan

Chorus:
Akhi Ja Malanga Tu Ali Ali Ali Ali
...Maula, Maula Ali Maula Ali Maula Ali Maula Maula
Ali Maulaaaa... Maulaa Maula Ali Maula Maula Ali Maula
Maula Ali Maula Maula Ali Maula

Akhi Ja Malanga Tu Ali Ali Ali Ali
Akhi Ja Malanga Sache aape Man Lar Ke
Aj Nay Te Kal Sare Ali Ali Kein Ge
Mast. Mast. Mast. Mast.
Dam Mast. Qalandar. Mast. Mast (x4)

DAM DAM DAMRU ("OM NAMA SHIVAYA")

(Deepak Verma; 'Shraddha')

Dam Dam Dam Dam Damru Bajaye Shiv Shankar Kailash Pati.
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati. } (x2)

Chorus:
Om Nama Shivaye (x3) Bolo Om Nama Shivaye (x2)
Dam Dam Dam Dam Damru Bajaye Shiv Shankar Kailash Pati.
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati. } (x2)

Mathe Upar, Thilak Chandrama, Pahene Nag Ki Mata (x2)
Dam.ru Ki Dhar.kan. Pe Nache, Shrishti Ka Rakh.wala (x2)
Nij Bhaktan Ke Khasht Mitaye, Shiv Shankar Kailash Pati.
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati. } (x2)

Jata Joot Se Baheti Ganga. Sab Ke Taph Mithathi. (x2)
Dharti Aur Pyase Jeevo Ki. Maiya Pyas Bhuja Thi. (x2)
Nij Ghir.pa Jagate Barsa Ye. Shiv Shankar Kailash Pati.
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati. } (x2)

Mangal Kari Nam Hai Un.ka. Wo Hai Shakti Data (x2)
Bhav Sagar Se Tar Jaye Wo. Jho Shiv Nam Hai Gata (x2)
Mahamaya Se Man Ko Churaye, Shiv Shankar Kailash Pati.
Yug Yug Soya Jeev Jagaye Shiv Shankar Kailash Pati. } (x2)

SHRI HANUMANA CHALISA

Doha:

Shri Guru Charan. Saroj. Raj.,
I bow to the Lotus Feet of the Divine Guru
Nij. Manu Mukuru Sudhari.
Having cleansed the mirror of my soul with the dust of the guru's lotus feet,
Bharanaun Raghubara Bimal. Jasu,
I describe Raghuvara's spotless glory, the bestower of the four fruits of life
Jo Dayaku Phal. Chari
Dharma (Virtue and right conduct) Artha, (Purpose, Wealth) Kama (Love and desire) and Moksha (Liberation, Salvation)

Buddhihin. Tanu Janike,
Realising that I am void of all wisdom,
Sumiraun Pavan. Kumar.
I meditate on the son of the Wind;
Bal. Buddhi Bidya Dehu Mohin,
May He bless me with strength, wisdom and knowledge
Harahu Kales. Bikar.
And rid me of my sufferings and sins.

Choupai:

Jay. Hanuman. Gyan. Gun. Sagar.,
Hail Hanuman, ocean of knowledge and virtue!
Jay. Kapis. Tihun-Loka Ujagar.
Hail to the King of Monkeys who illumines the three worlds.
Ram. Dut. Atulit. Bal. Dhama,
Rama's messenger, of measureless strength,
Anjani-Putra Pavan.-Sut. Nama
Son of Anjani. You are called Pavansuta (the Wind God's son)

Mahabir. Bikram. Baj.rangi,
Great and powerful warrior, with limbs as sturdy as Vajra (Indra's mace),
Kumati Nivar. Sumati Ke Sangi
Remover of wickedness and friend of the wise
Kanchan. Baran., Biraj. Subesa,
Golden hued brilliant and well attired
Kanan. Kundal. Kunchit. Kesa
With pendants sparkling in your ears, on your head curly hair.

Hath. Bajra Au Dhwaja Birajai,
n your hands flash the mace and banner,
Kandhe Munj. Janeu Sajai
I across your shoulder the sacred thread of munja.
Sankar. Suvan. Kesarinandana,
Oh Shankara's son, the delight of Kesari,
Tej. Pratap. Maha Jaga Bandana
the greatness of your glory is adored all the world over.

Bidyavana Guni Ati Chatur.,
Learned, virtuous and wise,
Ram. Kaj. Karibe Ko Atur.
ever eager to accomplish Rama's work.
Prabhu Charitra Sunibe Ko Rasiya,

You delight in listening to the Lord's ambrosial acts,
Rama Lakhana Sita Mana Basiya
With Rama Laksmana and Sita enshrined in your heart.
Sukshm. Rup. Dhari Siyahin Dikhava,
You appeared before Sita in a tiny form,
Bikata Rup. Dhari Lank. Jarava
In a figure awesome to behold you burnt the city of Lanka.
Bhim. Rup. Dhari Asur. Sanhare,
In a gigantic form you slew the demons,
Ramachandra Ke Kaja Sanware
Thus Rama's cause was entirely accomplished.

Laya Sanjivan. Lakhan. Jiyaye,
You brought the Sanjivani (life giving herb) and revived Lakshmana,
Shri Raghubir. Harashi Ura Laye
Joyously Rama embraced you.
Raghupati Kinhi Bahuta Baraai,
Rama praised you:
Tum. Mam. Priya Bharatahi Sam. Bhai
"You are as dear to me as Bharat."

Sahas. Badan. Tumaharo Jas. Gavain,
"The thousand-headed serpent (Seshnag) hymns your glory"
As. Kahi Shripati Kanth. Lagawain
Said Lakshmi's Lord, pressing you to his heart.
Sanakadik. Brahmadi Munisa,
Sanaka, his brothers, Brahma and other great sages;
Narad. Sarad. Sahit. Ahisa
Narada, Sharada and the serpent king, Seshnag.

Jam. Kuber. Digpal. Jahan Te,
The Gods of Death (Yama), Wealth (Kubera), Guardians of all the Directions (Digpals),
Kabi Kobid. Kahi Sake Kahan Te
Poets and scholars, cannot sing your glory.
Tum. Up.kar. Sugrivahin Kinha,
You served Sugriva greatly, bringing him to Lord Rama,
Ram. Milaya Raj. Pad. Dinha
Crowning him you got back for him his lost kingship.

Tumharo Mantra Bibhishan. Mana,
Vibhishan heeded your advice and
Lankeshwar. Bhaye Sab. Jag. Jana
Became King of Lanka, which the whole world knows.
Jug. Sahastra Jojan. Par. Bhanu,
From a distance of twelve thousand yojans
Lilyo Tahi Madhur. Phal. Janu
you mistook the sun for a fruit and swallowed it.

Prabhu Mudrika Meli Mukh. Mahin,
No wonder, putting Ram's ring in your mouth,
Jaladhi Langhi Gaye Acharaj. Nahin
You leapt across the ocean.
Durgam. Kaj. Jagat. Ke Jete,
All the worlds tasks, no matter how difficult,
Sugam. Anugraha Tumhare Tete

are made easy by your grace.

Ram. Duare Tum. Rakhware,
You guard the doorsteps of lord Ram,
Hot. Na Agnya Binu Paisare
No one can enter the divine abode without your permission.
Sab. Sukh. Lahain Tumhari Sarana,
Those who seek refuge in you enjoy all bliss,
Tum. Rakshak. Kahu Ko Darana
When you are the protector why should one fear.

Apan. Tej. Samharo Apai,
Your blazing power you alone control,
Tinon Lok. Hank. Ten Kampai
all the three worlds tremble at your deafening roar.
Bhut. Pisach. Nikat. Nahin Awai,
Evil spirits dare not come near
Mahabir. Jab. Nam. Sunavai
When your name, O Mahavir, is recited.

Nasai Rog. Harai Sab. Pira,
Disease is destroyed and suffering dispelled by
Japat. Nirantar. Hanumat. Bira
the constant repetition of the name of valiant Hanuman.
Sankat. Ten Hanuman. Chhuravai,
Hanuman delivers a person from all misery
Man. Kram. Bachan. Dhyan. Jo Lavai
If one meditates on Him with thought, word and deed.

Sab. Par. Ram. Tapasvi Raja,
Though Rama is a supreme ascetic, Lord of all,
Tin.ke Kaj. Sakal. Tum. Saja
yet you, Hanuman, fulfilled all his missions successfully.
Aur. Manorath. Jo Koi Lavai,
All those who come to you with a desire in mind,
Soi Amit. Jivan. Phal. Pavai
has their wish fulfilled, you also secure for them the countless fruits of life.

Charon Jug. Partap. Tumhara,
Your glory is famed through all the four ages,
Hai Parsiddh. Jagat. Ujiyara
Shedding its lustre on on the terrestrial sphere.
Sadhu Sant. Ke Tum. Rakh.ware,
Your are the protector of every saint and sage,
Asur. Nikandan. Ram. Dulare
Destroyer of the demons, and Rama's pet.

Ashta Siddhi Nav Nidhi Ke Data,
Bestower of the eight Siddhis (Yogic Powers) and nine Niddhis (types of Wealth),
As. Bar. Din. Janaki Mata
Such is the boon bestowed by Mother Janaki.
Ram. Rasayan. Tumhare Pasa,
You possess the Divine Elixir of Rama's name.
Sada Raho Raghupati Ke Dasa
You remain ever the servant of Lord Rama.

Tumhare Bhajan. Ram. Ko Pawai,
By hymns sung in your praise one reaches Shri Ram
Janam. Janam. Ke Dukh. Bis.ravai
And forgets the sufferings of many lives.
Ant. Kala Raghubar. Pur. Jai,
Such a one in the end enters the City of Raghuvira (the Divine Abode),
Jahan Janma Hari Bhakta Kahai
After death. If reborn he called God's devotee.

Aur. Dev.ta Chitt. Na Dharai,
Your devotees need not remember any other deity.
Hanumat. Sei Sarb. Sukh. Karai
All happiness is assured by Lord Hanuman.
Sankat. Katai Mitai Sab. Pira,
One who remembers Hanuman,
Jo Sumirai Hanumat. Bal.bira
the brave, is freed from all difficulties and pain.

Jay Jay Jay Hanuman. Gosain,
Hail, hail, hail to Hanuman! Lord of my entire self.
Kripa Karahu Guru Dev. Ki Nain
I surrender completely to you. Shower your grace on me like a Divine Guru.
Jo Sat. Bar. Path. Kar. Koi,
One who recites this Chalisa a hundred times
Chhutahin Bandi Maha Sukh. Hoi
Will be delivered from difficulties and will attain great joy.

Jo Yah. Parhai Hanuman. Chalisa,
One who recites the Hanumanchalisa
Hoya Siddhi Sakhi Gaurisa
will become a Siddh Purush (attains perfection) to which Lord Shiva testifies.
Tul.sidasa Sada Hari Chera,
Tulsidas who is ever the servant of Hari says:
Kijai Nath. Hridaya Mahan Dera (x2)
O Lord, may you always reside in my heart."

Doha:
Pavan. Tanay. Sankat. Haran.,
O Son of the Wind God, deliverer from miseries,
Mangal. Murati Rup.
Embodiment of all blessings.

Ram. Lakhan. Sita Sahit.,
King of the Devas, please reside in my heartWW
Hridaya Basahu Sur. Bhup..
with Ram, Lakshman and Sita

SAHASTRARA SWAMINI MA

(Pt. B. Subramanian- 'Ma Hamari Vandana')

Ma, he Ma, Sahastrara Swamini Ma (x2)
O Mother, the Queen of Sahasrara
Sahasrara Swamini Ma Nirmal tum hi
Queen of Sahasrara, no doubt You are
Vandana karate Sahaja Yogi jana
We, the Sahaja Yogis with folded hands
Do kar jode tava charanan mein
Bow to thee, at Your Lotus Feet
Karen samarpit tana aur mana
And we surrender our body and soul
Ma, he Ma, Sahastrara Swamini Ma (x2) (CHORUS)
O Mother, the Queen of Sahasrara

Sahasrara ka kiya vibhedan
By piercing the Sahasrara chakra
Ye hampar upkar hai bhari
You have benefited the whole of humanity
Ma Nirmal ho bhar do ham mein
Please pervade our being with purity
Apni ye Nirmalta sari
With the Purity that defines You

Tere hi anchal ke saye mein
It was in Your motherly protection
Nava janma mila, pale badhe hain
That we got reborn, nurtured, evolved and matured
Tera hi dar hai sabse sundar
Your abode is the most magnificent and graceful haven on earth
Tere hi dar pe an khade hain
The doorsteps of which we come, now, to ask for Your blessings

SANSKRIT SONGS



When you were singing I felt the clouds were catching the notes, weaving them within themselves, and when it would rain, the rain would sing the song again, as if the valleys were resounding, so beautifully, and the echo was very gentle and filling the whole atmosphere. Perhaps you are not aware of the subtlety of the Divine, how much it is anxious to work it out. But our trumpets and our flutes and our drums have to be all right. There has to be co-ordination - complete synchronising – then the melody is played in a beautiful way. Clouds only carry the purest water, the purest hymns, so when we are spreading the message we have to understand that it has to come from a pure soul. Purity is very important.

Sheffield seminar - U.K. - 12th September - 1985

JAY JAY BHAVANI

Chorus:

Jay jay Bhavani, jay jay Shivani
Victory to Shri Mataji Nirmala Devi who is
the Queen of Bhava (Shiva, giver of light to the universe
Nir.mal. Mata jay. Devi } (x2)
Victory to the Goddess Mother Nirmala

Mangal. Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the Giver of auspiciousness
Vidya Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the Giver of knowledge
Shakti Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the Giver of power to Your devotees

Jay. Mahalakshmi Nir.mal. Ma (x2)
Victory to Shri Mataji Nirmala Devi who integrates the power of Mahalakshmi,
Jay. Mahakali Nir.mal. Ma (x2)
Victory to Shri Mataji Nirmala Devi who integrates the power of Mahakali,
Jay. Mahasaraswati Nir.mal. Ma (x2)
Victory to Shri Mataji Nirmala Devi who integrates the power of Mahasaraswati

Sahaj. Yog. Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the One who grants spontaneous self-realisation
Sahasrar. Swamini Nir.mal. Ma (x2)
The One who resides on Sahasrara
Moksh. Pradayini Nir.mal. Ma (x2)
And gives us moksha, liberation from birth and death

Vishw. Vilasini Nir.mal. Ma (x2)
O Mother Nirmala, the whole universe is for Your pleasure
Vishw. Vinodini Nir.mal. Ma (x2)
You are magnetic and fascinating so You win the heart of the whole universe
Vishw. Samharini Nir.mal. Ma (x2)
And You are the One who protects the whole universe

Anand. Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the giver of joy to Your devotees
Brahmanand. Dayini Nir.mal. Ma (x2)
O Mother Nirmala, You are the giver of supreme joy to Your devotees
Chidanand. Dayini Nir.mal. Ma (x2)
O Mother Nirmala You are the giver of complete bliss and awareness to Your devotees

Bhuvan.-mohini Nir.mal. Ma (x2)
Oh Mother Nirmala You are the one who is fascinated by the universe of Shri Yama
Jag.doddharini Nir.mal. Ma (x2)
Oh Mother Nirmala You are the giver of liberation from death and birth to the universe
Jagahit.-karani Nir.mal. Ma
Oh Mother Nirmala You are the cause of the benevolence of the whole universe

Gar.v. Nashini Nir.mal. Ma (x2)
Dukh. Vilasini Nir.mal. Ma (x2)
Satt. Gatti Dayini Nir.mal. Ma (x2)

Shakti Dayini Nir.mal. Ma (x2)
Bhakti Dayini Nir.mal. Ma (x2)
Jagahit. Karini Nir.mal. Ma (x2)
O Mother Nirmala, You are the source of benevolence for the whole universe

Nir.mal. Mata Jay Devi (x ...)

AYI GIRI NANDINI

(Shankaracharya's Praise Of The Divine Mother - 'The Universe Sings')

Ayi Giri Nandini Nandit. Medini
O beloved Daughter of the mountains, the One who brings about great joy to the earth,
Vishw. Vinodini Nandinute
The One who brings joy to the whole universe, I prostrate myself before You
Who are of the form of complete bliss
Girivar. Vindhya Shirodhini Vasini
Your holy abode is in the king of the mountains, the Vindhyas
Vishnu Vilasini Vishnu Nute
Shri Vishnu is filled with joy when He meditates on You. I seek refuge at Your Lotus Feet
Bhagavati He Shiti Kanth. Kutumbini
O great Creatrix of this universe, the great Goddess who is the Wife of Lord Shiva,
the blue throated one, and of the family of Lord Shiva
Bhu ri Kutumbini Bhu ri krute
You belong to the universal family and for You the whole universe is Your family.
You are the One who does the greatest of great actions, namely giving Self-Realisation.

Chorus:
Jay. Jay. Hai Mahishasur. Mardini
Victory to You O Great Goddess
Who killed the terrible demon, Mahishasura
Ramyak. Par.dini Shailasute } (x3)
You are the One with the beautiful luminous face, Daughter of the king of the Mountains,
Shri Parvati, the Wife of the One who has the matted locks, that is Lord Shiva

Sur.var. Varshini Dur.dhar. Dhar.shini
On the Gods You shower auspicious blessings. Enemies of the Gods are so powerful,
Yet You are able to keep them away.
Dur.mukh. Marshini Har.sharate
You are the Destroyer of the evil faced ones (demons). You are the giver of uninterrupted happiness
Tribhuvan. Poshini Shankar. Toshini
You are the One who looks after and sustains all the three worlds,
The One who is the ultimate joy of Lord Shankara.
Kilmisha Moshini Ghosharate
You alone can destroy all our sins which You do by giving us self-realisation. Yet for the enemies of
The Gods and of Your children, You always wear a ferocious expression that says "beware!"
Danuj. Niroshini Kshit. sut.roshini
You show to the Gods that You are pleased with them. Yet to the sons of Diti who are the demons,
(different from Aditi, the Mother of the Gods) You always show Your displeasure.
Dur.mud. Shoshini Sindhusute
Even though there may be demons who have great strength, You can take their evil strength away.

Ayi Shat. Khanda Vikhandit. Runda
O Goddess You cut the demons into 100 parts and then cut them again and scatter the pieces
Vitundit. Shunda Gajadhipate
And pulverise the remaining parts into less than dust —
Even those demons that could be described as powerful as the King of Elephants.
Ripugaja Ganda Vidarana Chanda
The demons who are as strong as elephants or as ferocious as lions,
Parakrama Shunda Mrugadhipate
You alone, O Great Goddess, cut them and smash them into nothing
Nijabhuj. Danda Nipatit. Chanda
All this You do by using Your own powerful arms, without the help of anyone else. And after having destroyed them completely, if anything remains there, You scatter that also away
Vibhatit. Munda mathadhipate
You cut off their heads in one sweep and toss them away like balls

Dhanu Ranu Sanga Rana Kshana Sanga
In the battlefield You are so absorbed in the battle that Your arm moves continuously shooting arrows. Your entire body shakes as if You are dancing and Your bangles make musical sounds
Parisphut. Danga Natatkatake
Even while You are continuously brandishing the force of the Gods, You do it with total concentration, with grace and beauty
Kanak. Pishanga Pushatka Nishanga
O Great Goddess, You destroyed the demon Vatuke, when You shot Your arrows in the battlefield
Rasad Bhata Shrunga Hata Batuke
They looked like flashes of of gold and yellow light shining from Your bow
And they made sounds that are pleasing to the ear
Krut. Chaturanga Bala Kshiti Ranga
And Your very presence fills this army of Gods with enthusiasm, joy and valour, and even their arrows which are in the quiver on their backs shine forth with new colours
Ghatad. Bahu Ranga Ratad. Batuke
Seeing all this, Lord Bhairava dances in front of You in great ecstasy, repeating over and over again "Jai Mataji, Jai Mataji!"

Jay. Jay. Japya Jaye Jay. shabda
O Great Goddess, who brings salvation to the world, our complete prostration before You.
Constant incantation of Your Holy Name is the most supreme prayer that a devotee can take for his own meditation
Parastuti Tatpara Vishwanute
And when he gets absorbed in saying Your Name, the need for other sounds and language falls away.
O Goddess, who has brought salvation to this world, we constantly prostrate ourselves before You.
Jhana Jhana Jhinjhita Jhinkruta Nupura
Lord Shiva, who, though beyond sound and language, when He hears the sound of Your wondrous ornaments moving against one another,
Jhinjita Mohita Bhutapate
When You are in battle or in dance and make sounds like Jhana JhanaJhinjita and Jhinkruta,
He becomes totally filled with joy and leaving His meditation desires to hear these heavenly sounds again and again.
Natina Natartha Natin. Nata Nayaka
O Great Goddess, who took the form of Shri Ardha Narishwara, when You dance in the company of other great dancers, You put them all to shame
Natita Nataya Yuganu Rate
For Your divine cosmic dance You always have the greatest musicians and singers accompany You.

Ayi Sumanas Sumanas Sumanas
(Here the poet uses the word Sumanah 4 times; each time it denotes a different aspect of the Devi.)
With Your beautiful mind, You are also like a soft flower. Though we are seeing You in the form of Shri Durga, Your mind is as that of Lord Shiva and Shri Parvati

Sumanas Sumanohara Kantisute
Your being is so beautiful, and seeing You in this beautiful form our minds become as pure as those of the Gods, and we worship You even more because You are the one who is totally effulgent and all kinds of lights emanate from You.

Shrit. Rajani Rajani Rajani
(Here the word Rajani has four different meanings)
The night takes Your protection. Beautiful, You are the one whose Aarti we do

Rajani Rajani kara Vakravrute
You are the One who has no birth; You are eternal; in Your hand You hold a lotus;
Your noble face shines like a full moon

Sunayana Vibhrama Rabhrama Rabhrama
We see Your beautiful eyes under the lovely dark eyebrows that look like a cluster of bees

Rabhrama Rabhrama Radhipate
Your name is also Shri Brahmari Devi; when You raise Your eyebrows, the three lines that are formed on Your forehead are the three worlds themselves, and simply by the movement of Your eyebrows You create and dissolve the three worlds

Sahita Maharnava Malla Mattalika
In the battlefield when You are faced with great fighters

Vallika Rallika Mallarate
You do battle with them in the way in which they fight

Vir.chita Vallika Pallika Mallika
When You are confronted with such powerful demons who use no weapons,
You become totally absorbed in that battle

Jhillika Bhillika Vargavrute
And make plans to destroy them after You have tired them. All this brings great joy to the Bhil tribes who were being harassed by these Mallas.

Sitakruta Phulli Samulla Sitaruna
Your actions are so beautiful, like the rays of the rising sun, and become apparent to us as if flowers are suddenly blossoming on creepers

Tallaja Pallava Sallalite
Seeing all these beautiful actions Lord Shiva becomes pleased.

Kamala Dalamala Komala Kanti
Those beautiful pure clusters of lotuses that emit very gently and sweetly beautiful light

Kala Kalikamala Bhala Late
You have made these flowers blossom by Your own powers and have put them in Your hair.

Sakala Vilasa Kala Nilayakrama
Heavenly swans have the power to discriminate and when they recognise all of your great work,

Keli Chalatkala Hansa Kule
They are filled with complete joy and move around in an excited manner

Alikula Sankula Kuvalaya Mandala
Just as clusters of bees are attracted to groups of fragrant lotuses

Mauli Milad Bakulati Kule
The stars come in clusters attracted to Your forehead.

SAR.VA MANGALA

(Adi Shankaracharya - Devi Mahatmayam Chapter 11)
(Swiss Sahaja Yogis - 'Music of Joy 1')

Sar.va Bhuta Yada Devi
Bhuktimukti Pradayini
Twam Stuta stutaye Ka Wa
Bhavantu Paramoktayah

When You have been lauded as the embodiment of all beings, the Devi (the Effulgent One), and Bestower of the enjoyment and liberation, what words, however excellent, can praise You?

Chorus:
Sar.va Mangala Mangalye
Shive Sarvartha Sadhike
Sharanye Tryambake Gauri
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, O You who are the good of all good, O auspicious Devi, who accomplishes every object, the Giver of refuge, O three-eyed Gauri!

Sarvasya Buddhi Rupena
Janasya Hrudi Samsthite
Swargapavarga De Devi
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, O You who abide as intelligence in the hearts of all creatures and bestow enjoyment and liberation.

Kalakasthadi Rupena
Parinama Pradayini
Vishwasy. Oparatau Shakte
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, You who, in the form of minutes, moments and other divisions of time, bring about change in things, and have thus the power to destroy the universe.

Srusti Sthiti Vinashanam
Shakti Bhute Sanatani
Gunashraye Gunamaye
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, You who have the power of creation, sustentation and destruction and are eternal. You are the substratum and embodiment of the three Gunas.

Shankha Chakra Gada Sharnga
Gruhita Paramayudhe
Prasida Vaishnavi Rupe
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, O You who hold the great weapons of conch, discus, club and bow, and take the form of Vaishnavi (Shakti of Vishnu), be gracious.

Lakshmi Lajje Mahavidye
Shraddhe Pushti Swadhe Dhruve
Maharatri Mahamaye
Nirmala Ma Namostute

Salutation be to You, O Shri Nirmala Ma, who are good fortune, modesty, great wisdom, faith, nourishment and Swadha, O You who are immovable, O You, great Night and great Illusion.

Sarva Swarupe Sarveshe
Sarvashakti Samanvite
Bhayebhyastrahi No Devi
Durge Devi Namostute
O Queen of all, You who exist in the form of all, and possess every might, save us from error, O Devi. Salutation be to You, Devi Durga!

Etat Te Vadanam Saumyam
Lochanatraya Bhushitam
Patu Nah Sarva Bhitebhyah
Katyayani Namostute
May this benign countenance of Yours adorned with three eyes, protect us from all fears. Salutation be to You, O Katyayani!

Jwala Karala Matyugram
Sheshasura Sudanam
Trishulam Patu No Bhiter
Bhadrakali Namostute
Terrible with flames, exceedingly sharp, destroyer of all the asuras, may Your trident guard us from fear. Salutation be to You, O Bhadrakali!

SAT CHIT ANAND. RUPAH

Sat Chit Anand. Rupah
Shivo Ham, Shivo Ham
Sat Chit Anand. Rupah
Shivo Ham, Shivo Ham
When I become the embodiment of truth and Joy I become one with Shri Shriva

JAY JAGADAMBE

Jay Jagadambe Mata Bhavani
Nirmala Mata Jagadambe
Jay Jagadambe Purna Kadambe
Nirmala Mata Jagadambe
Victory to you, O Mother of the Universes, Divine Mother, pure Mother, complete Mother of all bountifulness. Victory to you

YA DEVI SARVA BHUTESHU

(Aparajita Hymn,from chapter 5, Devi Mahatmyam)

Namo Devyai Maha Devyai
Shivayai Satatam Namah.
Namah. Prakrutyai Bhadrayai
Niyatah Pranatah Sma Tam

The Gods said: Salutation to the Devi, to the Mahadevi. Salutation always to Her who is ever auspicious. Salutation to Her who is the primordial cause and the sustaining power. With attention, we have made obeisance to Her.

Raudrayai Namo Nityayai
Gauryai Dhatryai Namo Namah
Jyotsnayai Chendu Rupinyai
Sukhayai Sutatam Namah.

Salutation to Her who is terrible, to Her who is eternal. Salutation to Gauri, the supporter (of the universe). Salutation always to Her who is of the form of the moon, moonlight and happiness itself.

Kalyanyai Pranatam Vruddhyai
Siddhyai Kurmo Namo Namah.
Nairutyai Bhubhrutam Lakshmyai
Sharvanyai Te Namo Namah.

We bow to Her who is welfare; we make salutations to Her who is prosperity and success. Salutation to the consort of Shiva who is Herself the good fortune as well as misfortune of beings.

Durgayai Durga Parayai
Sarayai Sarva Karinyai ,
Khyatyai Tathaiva Krishnayai
Dhumrayai Satatam Namah.

Salutations always to Durga who takes one across in difficulties, who is the author of everything; who is the knowledge of discrimination; and who is blue-black as also smoke-like in complexion.

Atisaumy Atiraudrayai
Namastasyai Namo Namah.
Namo Jagat. Pratishthayai
Devyai Krutyai Namo Namah.

We prostrate before Her who is at once most gentle and most terrible; we salute Her again and again. Salutation to Her who is the support of the world. Salutation to the Devi who is of the form of the volition.

Ya Devi Sarva Bhuteshu
Vishnumayeti Shabdhita *Magic Of Vishnu*
Namastasyai Namastasyai
Namastasyai Namo Namah.

Salutations again and again to the Devi who in all beings is called Vishnumaya (Magic of Vishnu).

Ya Devi Sarva Bhuteshu
Chetanetya bhidhiyate *Consciousness*
Namastasyai Namastasyai
Namastasyai Namo Namah.

Salutations again and again to the Devi who abides in all beings as consciousness.

Ya Devi Sarva Bhuteshu
Buddhi Rupena Samsthita — *Intelligence*
Namastasyai Namastasyai
Namastasyai Namo Namah.

Nidra	*Sleep*	Kshuddha	*Hunger*
Chaya	*Reflection*	Shakti	*Cosmic power*
Trushna	*Thirst*	Kshanti	*Forgiveness*
Jati	*Cast*	Lajja	*Modesty*
Shanti	*Peace*	Shraddha	*Faith*
Kanti	*Loveliness*	Lakshmi	*Good fortune*
Vrutti	*Activity*	Smruti	*Memory*
Daya	*Compassion*	Tushti	*Contentment*
Matr.	*Divine Mother*	Bhranta	*Error*

Indriyanam Adhisthatri
Bhutanam Cha Khileshu Ya
Bhuteshu Satatam Tasyai
Vyapti Devyai Namo Namah.
To the all-pervading Devi who constantly presides over the senses of all beings and governs all the elements

Chiti Rupena Ya Krutsnam
Etad. Vyapya Sthita Jagat
Namastasyai Namastasyai
Namastasyai Namo Namah.
Salutations again and again to Her who, pervading this entire world, abides in the form of consciousness.

Stuta Suraih Purvam bhishta Samshrayattatha
Surendrena Dineshu Sevita
Karotu Sa Nah Shubha Hetur Ishwari
Shubhani Bhadranya Bhihantu Cha Padah
Invoked of yore by the Devas for the sake of their desired object, and adored by the lord of the Devas every day, may She, the Ishvari, the source of all good, accomplish for us all auspicious things and put an end to our calamities!

Ya Sampratam Choddhata Daitya Tapitai
Rasmabhir Isha Chasurair Namasyate
Ya Cha Smruta Tat Kshanam Eva Hanti Nah
Sarvapado Bhakti Vinamra Murtibhih
And who is now again, reverenced by us, Devas, tormented by arrogant asuras and who, called to mind by us obeisant with devotion, destroys this very moment all our calamities.

MAHALAKSHMI STOTRAM
SHRI NIRMALA DEVI NAMOSTUTE

('The Universe Sings')

Namastestu Mahamaye
Shri Pithe Sur.pujyite
Shankh. Chakra Gada Haste
Shri Nirmala Devi Namostute

O Shri Mahalakshmi, salutations to You who are Mahamaya, who are the seat of wealth and beauty, who are worshipped by Gods, & who have the conch, the wheel & the mace in Your hands.

Namaste Garuda Rudhe
Kolha Sur. Bhayankari
Sarv. Pap. Hare Devi
Shri Nirmala Devi Namostute

O Shri Mahalakshmi, salutations to You who is riding on Garuda (the eagle), who creates terror in the demon kola and who is the Goddess removing all sins.

Sarvagnye Sarv. Var.De
Sarva Dusht. Bhayankari } (x2)
Sarva Dukh. Hare Devi
Mahalakshmi Namostute (x2)

O Shri Mahalakshmi, salutations to You who are omniscient, who are giving all the boons, who are the terror to all the wicked and who are the Goddess removing all the sufferings.

Siddhi Buddhi Prade Devi
Bhukti Mukti Pradayini } (x2)
Mantr. murte Sada Devi
Mahalakshmi Namostute (x2)

O Shri Mahalakshmi, salutations to You who are the Goddess giving fulfilment (Siddhi) and intelligence, who gives enjoyment and salvation and who are always the mantra personified.

Adyantar. Hite Devi
Adyashakti Maheshwari
Yog. je Yog. Sambhute
Shri Nirmala Devi Namostute

O Shri Mahalakshmi, salutations to You who have no beginning and no end, who is the Adi Shakti (primordial Divine Power) and the great Goddess who is born of Yoga.

Sthul. Sukshma Maha Raudre
Maha Shakti Maho Dhare
Maha Pap. Hare Devi
Shri Nirmala Devi Namostute

O Shri Mahalakshmi, salutations to You who are subtle and solid (sthul), who are very fierce, almighty and with a big belly and who removes great sins.

Padmasan. Sthite Devi
Parabrahma Swarupini } (x2)
Parameshi Jagan Matah
Mahalakshmi Namostute

O Shri Mahalakshmi, salutations to You who are seated on the lotus, who are in the form of Parabrahma, who are the greatest controller and who are the Mother of the universe.

Shwetambar. Dhare Devi
Nana Alankar. Bhushite
Jagat Sthite Jagan Matah
Mahalakshmi Namostute
} (x2)

O Shri Mahalakshmi, salutations to You who are clad in white robes, who are adorned with various ornaments, who exist everywhere in the universe and are the Mother of the universe.

Shri Nirmalam Stakam Stotram
Yat Pathed Bhakti Mannarah
Sarv. Siddhi-Ma-Vapnoti
Rajyam Prapnoti Sarvada

This hymn to the great Goddess of Wealth, if read with devotion, will bestow all success, will grant all worldly position.

Ek.-Kalam Parhennityam
Maha pap. Vinashanam
Dwi-Kalam Yah Pathennityam
Dhan.-Dhanya Samanvitah

If always read once a day, great sins will be destroyed. If always read twice a day, wealth and prosperity will ensure.

Trikalam Yah Pathennityam
Maha Shatru Vinashanam
Shri Nirmala Devi Bhavennityam
Prasanna Var.dha Shubhah

If always read three times a day, the great enemy (ego) will be destroyed.
Mahalakshmi will be ever pleased with that auspicious one

Namastestu Mahamaye
Shri Pithe Sur. Pujite
Shankh. Chakra Gada Haste
Shri Nirmala Devi Namostute

Namastestu Mahamaye
Shri Pithe Sur. Pujite
Shankh. Chakra Gada Haste
Mahalakshmi Namostute (x2)
} (x2)

Om... Twamewa Sakshat...
Shri Jagan Mata...
Mahalakshmi Sakshat...
Shri Nirmala Devi Namoh Namah. (x3)

If one recites these verses in the praise of Shri Mataji with devotion,
then one is endowed with powers
Reciting them once a day regularly – destroys all sins
Reciting them twice one gets material wealth
Reciting them thrice all enemies are destroyed
However, worshipping Shri Mataji regularly,
the goddess is pleased and bestows blessings and auspiciousness

GURU STUTI

(Sanjay Talwar - 'Adi Shakti Poojan Vol. II')

Brahmha nandam, Param. Sukh.dam
Kevalam Gyan. murtim
Dwandatitam Gagan. sadrisham
Tatwamasyadi Lakshyam

Primordial egg of the universe, giver of Joy and peace
Alone, all- knowing, beyond pain, heavenly being
Highest sign of auspiciousness.

Ekam Nityam Vimalam Achalam
Sarvadhi lakshi Bhutam
Bhavatitam Triguna Rahitam
Sadgurum Tam Namah

Alone, pure, eternal, Immovable Mountain
Wise, seeing all creatures.
Purest soul, beyond the three gunas
Object of our meditation.

Chaitanyam Shashwatam Shantam
Vyomatitam Niranjanam
Nadibindu Kalatitam
Tasmai Shri Guruve Namah.

The name of that Guru is eternal peace,
Heavenly purity, rays of the sun beyond time.
Reverence to that holy Guru.

Gurur Brahma, Gurur Vishnuh,
Gurur Devo Maheshwarah
Guruh Sakshat Parabrahma
Tasmai Shri Guruve Namah.

That Guru is the essence of Brahma, of Vishnu, of Mahesha.
That Guru is truly the Parabrahma.

Dhyan. Mulam Guru murti
Puja Mulam Guroh Padam
Mantra Mulam Guroh Vakyam
Moksha Mulam Guroh Krupa

That Guru is the root of meditation,
The source of worship is the Lotus Feet.
That Guru's speech is the source of Mantras.
Truly the very form of that Guru is the source of Moksha.

Akhand. Mandala Karam
Vyaptam Yen. Chara Charam
Tat Padam Darshitam Yena
Tasmai Shri Guruve Namah.

Miraculously, the circles of my wandering have ended
At the sight of the Guru's Lotus Feet.
All praise to that Guru.

Agyana timi randhasy.
Gyanamjan. Shalakaya
Chakshurun militam. Yen.
Tasmai Shri Guruve Namah.

That Guru points us beyond ignorance
To the hidden opening in the lotus which leads
to the nectar of divine knowledge



GANESH. STUTI *(Hem.ja Sutam Bhaje)*

Chorus:

Hem.ja Sutam Bhaje Ganesh. Mish. Nandanam
Ek.dant. Vakr.tund. Nag. Yagya Sutr.kam
Rakt. Gatr. Dhumr. Netr. Shubhr. Vastr. Manditam
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam

I worship Shri Ganesh who is the son of Shiva and Parvati, who has the sacred thread of a snake, who is adorned with white robes and who has the face of an elephant. O Lord, salutations to You who have one tooth and red limbs and smoke-like eyes and who fulfils all our desires and who verily is the protector of devotees.

Pash. Pani Chakr. Pani Mushakadi Rohinam } (x2)
Agni Koti Surya Jyoti Vajr. Koti Nirmalam
Chitr. Mal. Bhakti Jal. Bhal. Chandr. Shobhitam
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam

I worship Shri Ganesh who rides a mouse, who is pure and bright like millions of flames of fire like the splendour of the sun and like millions of diamonds, one who is decorated with a net of beautiful designs of colourful garlands and also with a crescent moon on the forehead. O Lord, salutations to You who fulfils all our desires and who are the protector of devotees.

Bhut. Bhavya Havya Kavya Bhrigu Bharg. Varchitam } (x2)
Divya Vahini Kal. Jal. Lok. Pal. Vanditam
Purn.Brahm. Suryavarn. Purusham Purantakam
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam

I worship Shri Ganesh who is the past and future, who is oblations and who is worshipped by Bhrigu and Bhargawa (Rishis). The One who has a Divine army, who is the trap of death itself, who is saluted by all the eight Lokpalas (protectors of the worlds), who is Purna, Brahma, who is bright like the sun, the ancient and first God. O Shri Ganesh, salutations to You who fulfil all our desires and who are the protector of devotees.

Vishw. Virya Vishw. Surya Vishw. Karm. Nirmalam } (x2)
Vishw. Harta Vishw. Karta Yantr. Tantr. Pujitam
Chatur Mukham Chatur Bhujam Sevitum Chatur Yugam
Kalp. Vruksh. Bhakt. Raksh Namostute Gajananam

I worship Shri Ganesh who is the valour of the universe, the sun of the universe, who performs various tasks, who is holy (pure), who is the destroyer and creator of the universe, who is worshipped here and there (by yantra and tantra), who has four faces, four hands and who is worshipped throughout the four ages. O Shri Ganesh, salutations to You who fulfil all our desires and who is the protector of Your devotees.



SANSKRIT SHLOKAS

(Marriage Ceremony)

Swasti Shri Gananayakam Gaj.mukham Moreshwaram Siddhidam
Ballarl Stu Vinayakastath Marndhe Chintamani Sthevaram
Lenyadri Girijatmakam Suvaradam Vighneshwaram Ojharam
Graye Ranjan Sansthit Ganapatih Kuryat Sada Mangalam

Kasturitilakam Lalatapatale Vakshah.sthale Kaustubh.
Nasagrevar Nav Mauktikam Karat.le Venukare Kankanam
Sarvange Harichandanam Sulalitam Kanthe Cha Muktavali
Gop.si Pariveshthito Vijayate Kuryat Sada Mangalam

Ramo Raj.mani Sada Vijayate Ramam Ramesham Bhaje
Ramenabhihata Nishacharacharam Ramay.tasmai Namah.
Ramannasti Parayanam Parataram Ramatya Daso Smayaham
Ramachittalayah Sada bhavatu Me Kuryat Sada Mangalam

Yam Bramhavarunedraru Dramarutah Stunvanti Divyestavai
Vedam Sangapradakramopanishade Gayantti Yam Samagah
Dhyanavastita Tadgaten Manasa Pashyanti Yam Yogino
Yasyant Vidur Sura Suragana Kuryat Sada Mangalam

Ya Kundedutushar Har Dhav.la Ya Shubhravastravruta
Ya Vinavar Dandamandit.kara Ya Shwet.padmasana
Ya Bramhachyut Shankar.prabhutibhirdeve Sada Vandita
Samanpatu Saraswati Bhagawati Kuryat Sada Mangalam

Lakshmih Kaustubhaparijatak. Sura Dhanvantarishchandrama
Gavah Kamadudha Sureshwar.gajo Rambhadi Devangana
Ushvah Saptmukho Vish Haridhanu Shankhohmrut. chambuye
Ratnanih Chaturdesh Pratidin Kuryat Sada Managalam

Ganga Sindhu Saraswati Cha Yamuna Godavari Narbhada
Kaveri Sharayu Mahendratanaya Charmanvati Vedika
Kshipra Vetr.vati Mahasur.nadi Khyata Cha Ya Gandaki
Purn Purnajaleh Samudr. Sahita Kurvantu Me Mangalam
Shubh.lagan Sav.dhan

JAY GAN.RAYA, SHRI GAN.RAYA

(Simple - 'Maa Adi Shakti')

Jay Gan.raya..., Shri Gan.raya...
Victory be to Shri Ganesh, the Lord of Ganas!

Chorus:
Jay Gan.raya..., Shri Gan.raya...
Jay Gan.raya, Shri Gan.raya } (x2)
Mangal. Murti Moraya
O Auspicious One, O Moraya!

Siddhi Vinayak., Mangal. Data ... (x2)
O Granter of all powers, O Giver of Auspiciousness
Asht. Vinayak., Mangal. Dayak.
O God who assumed eight forms as swayambhus, Giver of Auspiciousness } (x2)
Mangal. Murti Moraya
O Auspicious One, O Moraya!

Sindhur. Vadana, Sankat. Har.na ... (x2)
O Holy One whose face is red with Sindhur (kumkum), O destroyer of all sorrows
Sindhur. Vadana, Sankat. Har.na } (x2)
Mangal. Murti Moraya
O Auspicious One, O Moraya!

Moraya ..., O Moraya ...



CHITANAND. RUPAH.

(Adi Shankaracharya; Noida; Dr Subramanium)

Chidanand. Rupah., Shivo.ham, Shivo.ham (x2) (Chorus)
I am eternal bliss and awareness, I am Shiva, I am Shiva
(Nirmalananda Rupah., Shivo.ham, Shivo.ham (x2))
Shri Ma Nir.mal, Shivo.ham, Shivo.ham (x2)

Manobuddhyahamkar. Chittani Na Aham (x2)
I am neither intelligence nor mind, nor chitta am I, nor ego am I
Na cha Shrotr. Jihve, Na cha ghraan Netre
I am neither the ears nor the tongue, nor smell, nor sight, nor touch
Na cha vyom. Bhumir Na Tejo Na Vayu
Nor water, fire and air, ether and earth, nor light

Na Cha Pran. Sandnyo, Na Vai Panch. Vayur (x2)
I am neither the Prana nor the five vital breaths
Na Va Sapt. Dhatur, Na Va Panch. Kosh.
I am not the seven elements of the body nor any of the five sheaths of the body's being
Na Vak Pani Padayoh, Na cho Pasth.payu
Nor hands, nor feet, nor tongue, nor heart, nor the eyes, nor the head

Na Me Dwesh. Ragau, Na Me Lobh. Mohau (x2)
No liking, loathing , greed have I within,
Mado Naiva Me Naiva Matsarya Bhavah
Nor mind's desire of things, nor desired things
Na Dharmo, Na Chartho, Na Kamo, Na Moksh.
I have nothing of pride or liberation, nor ego, nor Dharma itself

Na Punyam, Na Papam, Na Saukhyam, Na Duhkham (x2)
I know no virtue, vice, pleasure and pain
Na Mantro, Na Tirtham, Na Veda, Na Yagyah
Nor mantra or sacred place, nor sacrifice, I know nothing of Vedas
Aham Bhojanam Naiva, Bhojyam Na Bhokta
I am neither the eater nor the food, nor the act of eating

Na Me Mrutyur Shanka, Na Me Jati Bhedah (x2)
I have no death, nor lineage
Pita Naiva Me Naiva Mata Na Jan.mah
No father have I got, nor mother, nor birth
Na Bandhur Na Mitram, Gurur Naiva Shishyah
Nor brother, not even friends, nor Guru nor disciple

Aham Nirvikalpo, Nirakar. Rupo (x2)
I have no form or fancy, everywhere I am, existing far beyond the senses
Vibhutvaachch Sarvatr. sarvendriyanam
I am all pervading, I am not to be known; I am, and that is all that can be known
Sada Me Samatvam Na Muktir Na Bandhah
I surrender neither to liberation nor to entanglements

Shivo.ham, Shivo.ham
Satchidanando.ham } (x...)

GURU ASHTAKAM

(Adi Shankaracharya - Eight Stanzas In Praise Of The Guru)

Shareeram Suroopam Sada Roga Muktam
Though your body be comely and ever remain in perfect health,
Yashashcharu Chitram Dhanam Meru Tulyam
Though your name be unsullied, and mountain-high your hoarded gold

Chorus:
Manashchenna Lagnam Guroranghri Padme
Yet if the mind be not absorbed in the Guru's Lotus Feet,
Tatah Kim Tatah Kim Tatah Kim Tatah Kim
What will it all avail you? What indeed will it all avail?
Jai Mataji, Shri Mataji, Jai Mataji, ...

Kalatram Dhanam Putra Pautra Adi Sarvam
Even if fortune blesses you with riches and a virtuous wife
Gruham Bandhawah Sarvam Etaddhi Jatam
With children and their children, with friendship and the joys of home

Shadangadi Vedo Mukhe Shastra Vidya
Though the lore of the Vedas take up its dwelling on your tongue
Kavitvadi Gadyam Supadyam Karoti
Though you be learned in scripture, gifted in writing prose and verse

Videshesu Manyah Swadesheshu Dhanyah
Even if you be honoured at home and famed in foreign lands
Sadachara Vruteshu Matto Na Chanyah
Given to pious deeds and ever averse to wickedness

Kshama Mandale Bhoopa Bhoopala Vrundaih
Though you become, at last, the emperor of the universe
Sada Sevitam Yasya Padara Vindam
Though you possess for servants the mightiest of kings of the earth

Yashash Ched Gatam Dikshu Dana Pratapat
Even if every nation resounds with your beneficence
Jagadvastu Sarvam Kare Yat Prasadat
Yet if the mind be not absorbed in His Lotus Feet, by whose grace everything in this world is won

Na Bhige Na Yoge Na Va Vaji Medhe
Though you pursue no pleasures, derive no happiness from wealth or spouse
Na Kanta Sukhe Naiva Vitteshu Chittam
Reject the powers of yoga, and scorn the fruits of sacrifice

Aranye Na Va Swasya Gehe Na Karye
Even if you are ready to dwell in the forest as at home
Na Dehe Mano Vartate Me Twanardhye
No more attached to work, unstrained by the body

Gurorashtakam Yah Pathet Punya Dehi
That noble soul who ponders these verses in the Guru's praise
Yatir Bhoopatir Brahmachari Cha Gehi
Of all ascetics and students, of all rulers and worldly men
Labhhed Vanchhitartham Padam Brahma Sangyam
Will attain the Brahman, the treasure coveted by all
Gurorukta Vakye Mano Yasya Lagnam
By applying his mind with constant zeal to the Guru's teaching

GANESHA, GANESHA

(English Sahaja Yogis; 'Mauli 1')

Chorus:
Ganesha, Ganesha (x2)
Ganesha, O Ganesha!
Jai Jai Shri Ganesha
Victory to Lord Ganesha!

Sumukha Ekadanta (x2)
You are the One with a beautiful face and one single tusk
Kapila Gajakarnaka (x2)
The Eternal One who has elephant ears
Gajakarnaka (x2)
The One who has elephant ears

Lambodar Vikata (x2)
You are the big-bellied God, having a huge form
Vighnanasha, Ganadhip (x2)
Destroyer of all obstacles and leader of the Ganas
Ganadhip (x2)
Leader of the Ganas

Dhumraketu Ganadhyaksha (x2)
You are the grey-bannered Chief of the Ganas
Bhalachandra Gajananah (x2)
Elephant-headed God who supports the moon on His forehead
Gajananah (x2)
Elephant-headed God

SHRI NIRMALA NAMASKAR

(Italian Folk Tune)

Shri Maha Nirmala Mahati
Shri Maha Rajni Adi Shakti
Shri Mahagrasa Mahasana
Shri Maha Tripurasundari (x2)

Shri Sarveshwari Sarvamayi
Shri Sarva Mantra Swarupini
Shri Jayatsena Tripureshi
Shri Maheshwari Mahadevi (x2)

Shri Mahalakshmi Mahakali
Shri Sarvadhara Maharupa
Shri Papahara Mahapujya
Shri Maha Pataka Nashini (x2)

Shri Maha Maya Maha Sattva
Shri Maha Shakti Maharathi
Shri Mahabhoga Rajy.lakshmi
Shri Maha Virya Maha Buddhi (x2)

Shri Mahabala Mahasiddhi
Shri Maha Yogeshwari
Shri Maha Tantra Maha Mantra
Shri Mahayantra Shiva Murti (x2)

Shri Maha Kailasha Nilaya
Shri Maha Bhairava Pujita
Shri Maheshwari Mahakalpa
Shri Maha Tandava Sakshini (x2)

Shri Vishwa Mata Vishwa Grasa
Shri Nirakara Nirvikara
Shri Nirmalambika Prakriti
Om Twamewa Parameshwari (x2)

Shri Maha Kamesha Mahisi
Shri Maha Yogini Malini
Shri Maha Mata Nirmala Ma
Shri Adi Devi Srivastava (x2)

Namastasye Namastasye
Namastasye Namoh Namah
Namastasye Namoh Namah } (x2)

RUPAM DEHI

(From Markandeya Purana; from Argalaa Stotra, in praise of Chandika)

Aum Namashchanidakayai
Jayanti Mangala Kali Bhadrakali Kapalini
Durga Shiva Kshama Dhatri Swaha Swadha Namostute
Jay. Twam Devi Chamunde Jay. Bhuta Paharini
Jay Sarvagate Devi Kalaratri Namostute
Mahishasur Nirnasha-Vidhatri Varade Namah

Obeisence to Chandika
Victory to You O Devi Chamunda, O Destroyer of evil beings.
O all-pervading Devi, You are even victorious over time itself.
We bow to Sri Durga, wife of Shri Shiva, She Who is Patient Forgiveness and also Svaha and Svadha, to that adorable Kali who wears the ornament of skulls of the demons.

Chorus:

Rupam dehi Jayam dehi Jasho dehi Dvisho jahi
You must now manifest and give victory over all our foes

Raktabija Badhe Devi Chandamunda Vinashini
O Vanquisher of Raktabija, O Destroyer of Chanda and Munda

Chatur Bhuje Chatur Vaktra Samstute Parameshwari
O Great Sovereign having four arms and four faces, praise to you

Nirmala Ma Himachala Suta natha Samstute Parameshwari
O Snow capped mountain, O Sweet Refuge, Praise to You O Great Queen of All

Dehi Saubhagya Marogyam Dehi Devi Param Sukham
Give us the greatest blessings and happiness, O Devi destroyer of infirmities

Videhi Devi KalyanamVidehi Vipulam Shriyam
O Devi grant us the widest support and distribute prosperity

Achintyarupa-Charite Sarva Shatru-Vinashini
O You who attains unimaginable forms destroy all our foes

Vidyavantam Yashasvantam Lakshmivantamscha Man Kuru
You must grant to me safe passage, knowledge and wealth

Shri Adi Shakti Samstute Shashvad Bhaktya Sadambike
The innumerable devotees of Shri Adi Shakti salute Our Eternal Mother.

TWAMEWA MATA *(Prayer for Forgiveness)*

Twamewa Mata sah Pita Twamewa
You are the Mother, You are the Father,
Twamewa bandhu sah sakha Twamewa
You are the relation, You are the friend
Twamewa vidya dravinam Twamewa
You are the technique, You are mercy,
Twamewa sarvam, mama Deva Deva
You are everything, O my God, my God.

Apradah sahasrani
I must have committed a thousand sins
Kriyante ahernisham maya
In my life from day to day;
Daso'ham iti mam Matwa
Please accept me as Your servant.
Kshamaswa Parameshwari (x2)
O Mother, forgive me.
Kshamaswa Parameshwara
O Father, forgive me.

Awahanam na Janami
I know not how to invoke You,
Na Janami tavarchanam
I know not how to welcome You,
Poojam shaiwa na Janami
I know not how to do Your Puja
Kshamya tam Parameshwari (x2)
Forgive me, Adi Shakti.
Kshamya tam Parameshwara
Forgive me, O Supreme One.

Mantrahinam kriyahinam
I have no mantras, I hve done nothing,
Bhaktihinam Sureshwari
I have no devotion, O Great Goddess,
Yat pujitam mayadevi
And yet whatever my prayers have been to You,
Pari purnam tadastu me
Please fulfil them, O Mother, through Your grace.

MATAJI NIRMALA DEVI *(Bala)*

Mataji Nirmala Devi (Chorus x2)
Mother Nirmala Devi

Adi Shakti Parabrahma (x3)
You are the Primal power, You are the Supreme Soul
Nishkalanka Parameshwari (x3)
You are faultless brilliance, You are the ultimate ruler
Nityamukta Nirmal Vinodini (x3)
You are ever free; You are the source of pure joy
Padamasana Bhuvaneshwari (x3)
You are seated in the lotuses (the Chakras); You are the Goddess of the world

SONG TO SHRI KRISHNA

Adaram Madhuram, Vadanam Madhuram
Nayanam Madhuram, Bhajitam Madhuram
Rudayam Madhuram, Kam.lam Madhuram
Madhuradipate Rakhilam Madhuram

Vach.nam Madhuram, Charitam Madhuram
Vach.nam Madhuram, Malitam Madhuram
Chalitam Madhuram, Bramitam Madhuram
Madhuradipate Rakhilam Madhuram

Vinur Madhurana, Renur Madhurana
Panir Madhurana, Padav Madhurana
Mrutham Madhuram, Sathyam Madhuram
Madhuradipate Rakhilam Madhuram

Geetham Madhuram, Pritham Madhuram
Bhuktham Madhuram, Suktam Madhuram
Rupam Madhuram, Tilak Madhuram
Madhuradipate Rakhilam Madhuram

Prar.nam Madhuram, Tarnam Madhuram
Har.nam Madhuram, Smr.nam Madhuram
Bhavitam Madhuram Sh.mitam Madhuram
Madhuradipate Rakhilam Madhuram

Gunja Madhura, Mala Madhura
Yamuna Madhura, Viji Madhura
Sarilam Madhuram, Kam.lam Madhuram
Madhuradipate Rakhilam Madhuram

Gopi Madhura, Veena Madhura
Yuktam Madhuram, Bhuktam Madhuram
Drushtam Madhuram, Sistam Madhuram
Madhuradipate Rakhilam Madhuram

Gopa Madhura, Wawo Madhura
Yastir Madhura, Srusti Madhura
Dalitam Madhuram, Phalitam Madhuram
Madhuradipate Rakhilam Madhuram (x3)

PRAYER FOR SURRENDER

Aa wahanam na Janami
I know not how to invoke You,
Na Janami ta varchanam
I know not how to welcome You,
Poojam chaiwa na Janami
I know not how to do Your Puja
Kshamyatam Parameshwari (x2)
Forgive me, Adi Shakti.
Kshamyatam Parameshwara
Forgive me, O Supreme One.

Mantrahinam kriyahinam
I have no mantras, I hve done nothing,
Bhaktihinam Sureshwari
I have no devotion, O Great Goddess,
Yat pujitam maya devi
And yet whatever my prayers have been to You,
Pari purnam tadastu me
Please fulfil them, O Mother, through Your grace.

Gatam Papam Gatam Duknam
Gatam Daridra me Vacham
Aagatam Parama Chaitanyam
Punyo Aham Tava Darshanat
Anyataha Sharanamnasti
Twameva Sharanam Mama
Tasmad Karunya Bhavena
Raksha Raksha Parameshwari (x2)
Raksha Raksha Parameshwara

Apradha Sahasrani
Kriyante Ahernisham Maya
Dasoyam Iti Mam Matwa
Raksha Raksha Parameshwari (x2)
Raksha Raksha Parameshwara

Karacharana Kritam Vakayajam Karmajamwa
Shravana Nayana Jamwa Mansam va Paradham
Vihitam Vihitamwa Sarva me Tat Kshamasva
Jai Jai Karunabde Shri Mahadev Shambho (x3)

SHRI GANESHA PANCHA RATNAM

(Names of Shri Ganesha; Pune Yuva Shakti)

Muda Karata Modakam, Sada Vimukti Sadhakam
Kala Dhara Va Taunsa Kam, Vilasi Loka Rakshakam
Anaya-Kaika-Nayakam, Vinashi Tebha Daityakam
Nata shubhashu Nashakam, Namami Tam Vinayakam

Salutations to Lord Ganesha, who holds a modaka (sweet) in his hand, bestows salvation to all; who protects all; who is the leader of those without leaders; who is the destroyer of rakshasas; who destroys all sins of those who surrender to him.

Na Te Tarati Bhirkaram, Na Voditarka Bhasvaram
Na Mat Surari Nirjaram, Na Tadhi Kapa Duddharam
Sureshvaram Nidheeshvaram, Gajeshvaram Ganeshvaram
Maheshvaram Tamashraye, Paratparam Nirantaram

I seek refuge in him who is the destroyer of all enemies of the Gods; who is respected by all the Gods; who protects all the Gods; who is God of all the Gods; who is the Lord of the elephants; who is the Lord of the ganas; who is the Greatest God; who is eternal.

Samasta Loka Shankaram, Nirasta Daitya Kunjaram
Dereta Rodaram Varam, Vare Bha Vaktra Maksharam
Krupa Karam Kshama Karam, Muda Karam Vashas Karam
Manas Karam Namaskrutam, Namas Karomi Bhasvaram

Salutations to the one who gives compassion to the whole world; who destroyed the elephant-rakshasa called gajasura; who is imperishable in the three worlds; who has a modaka (sweet) in his hand; who is merciful, forgiving, propitious (benevolent, gives good fortune).

Akincha Nati Marjanam, Chiranta Nokti Bhajanam
Purari Poorv. Nandanam, Surari Garva Charvanam
Prapancha Nasha Bheeshanam, Dhananjay Adi Bhooshanam
Kapola Dana Varanam, Bhaje Purana Varanam

He is the ancient elephant God who destroys pain and suffering of the destitute (utterly poor); who is the first son of Lord Shiva; who destroys pride of rakhasas; who is fierce and fearful to look at during the time of destruction (of the world, ie, literally, of the five elements -prapanch); who wears serpents (one of them was called Dhananjay) as his ornaments.

Nitanta Kanta Danta Kanti, Manta Kanta Katmajam
Achintya Rupa Manta Heena, Manta Raya Kruntanam
Hrdantare Nirantaram, Vasanta Meva Yoginam
Tameka Danta Meva Tam, Vichintya Yami Santatam

I eagerly salute the God with one tusk, who is the son of Lord Shiva; whose form is inconceivable (extraordinary, amazing, incredible), who is eternal; who removes all obstacles and resides in the hearts of all yogis; who destroys all the darkness from the lives of those who always (meditate upon him) have him in their attention.

Namami Tam Vinayakam, Namami Tam Vinayakam (x2)
Namami Tam Vinayakam, Namami Tam Vinayakam (x2)
Namami Tam Vinayakam, Namami Tam Vinayakam (x ...)

SHIVA-ASHTAKAM

(Adi Shankaracharya; Shivaratri Puja; Italy 1991; Sarita)

Pashunam Pateem Papa Nasham Paresham
Gajendrasya Krutim Vasanam Varenyam
Jata Joota Madhye Sphuradganga Varim
Maha Devam Ekam Smarami Smararim

How do I cherish the Lord of Living creatures, the Almighty one, the Slayer of sin, Who is adored by all, Within whose matted locks the Ganga wanders murmuring: Him do I cherish—Shiva, the Great God, the One without a second, the destoyer of lust

Mahesham Suresham Surarati Nasham
Vibhum Vishwa Natham Vibhootyanga Bhoosham
Viroopaksha Min Dwark. Vahni Trinetram
Sadananda Mide Prabhum Pancha Vaktram

Him do I praise: the Lord Supreme, the God of Gods, the Demon-slayer, Who is the Spirit pervading all, The Lord of the world, whose body is ash–besmeared, whose three eyes are the sun, the moon, and the fire: Him do I praise—Shiva, the Ever Blessed, the Five-faced One.

Gireesham Ganesham Gale Neela Varnam
Gavendradhi Roodham Ganateeta Roopam
Bhavam Bhasvaram Bhasmana Bhooshitangam
Bhavani Kalatram Bhaje Panch. Vaktram

Him do I worship, the king of the holy mountains, the Lord of hosts, the Blue-Throated God, Who dwells in the three gunas, The Primal Cause, the Shining One, whose body is white with ashes, who rides on the sacred bull: Him do I worship—Shiva, the five faced one, whose consort is Bhavani.

Shiva Kanta Shambo Shashankardha Mole
Maheshana Shoolin Jata Joota Dharin
Twameko Jagad Vyapako Vishwa Roop.
Praseed. Praseed. Prabho Poorn. Roop. (x3)

O Lord of Uma! Shambhu, whose brow is adorned with the crescent moon! O Mahadeva, Wielder of the trident, wearer of matted locks! O Thou who alone pervades the universe! O Thou of Cosmic form! O Lord, eternally complete! Be Thou propitious unto us! Be gracious unto us, O Lord!

Paratman. Mekam Jagad Veej. Madyam
Nireeham Nirakaram Omkara Vedyam
Yato Jayate Palyate Yen. Vishwam
Tameesham Bhaje Leeyate Yatr. Vishwam

Him do I Worship, the Paramatman, One and without a second, Who is the cause of the universe, The Primal Being, Spirit formless and action-less, who is attained through the syllable Om: Him do I worship—Shiva, of whom the universe is born, by whom it is sustained, in whom it merges.

Na Bhoomir Na Chapo Na Vahir Na Vayur
Na Chakasham-Aste Na Tandra Na Nidra
Na Greeshmo Na Sheetam Na Desho Na Vesho
Na Yasyasti Murtis Trimoortim Tameede

Him do I worship, who is neither earth nor water, who is neither fire nor air nor ether, Who is unvisited by sleep, yet evermore unwearied, Beyond both heat and cold, without a country and without a home; Him do I worship—Shiva, the Formless One, the Trimurti.

Ajam Shashvatam Karanam Kar.nanam
Shivam Kevalam Bhasakam Bhasakanam
Tureeyam Tamah Par.madyant. Heenam
Prapadye Param Pavanam Dvaita Heenam

In Him do I take refuge, the Birthless, the Everlasting, the Cause of all causes, The transcendental, who is beyond all darkness, The Auspicious One. The Self-existent, the light of lights, who is without beginning or end: In Him do I take refuge—Shiva, the Supreme Purifier, the One without a second.

Namaste Namaste Vibho Vishwa Moorte
Namaste Namaste Chidanand. Moorte
Namaste Namaste Tapo Yoga Gamya
Namaste Namaste Shruti Dyan. Gamya

O All-pervasive Spirit! Thou whose visible form is the universe! Thee I salute again and again;
O Thou who art the Embodiment of Consciousness and Bliss! Again and again do I salute Thee.
Thee I salute again and again, who art attainable through yoga and self-control; Again and again do I salute Thee, who art only to be known through knowledge of the Vedas.



OM NAMASHIVA, OM NAMASHIVA

(Ravindra Jain; from Ramayana TV series)

Chorus:

Om Namashiva, Om Namashiva,
Om Namashiva, Namashiva, Namashiva
O Lord Shiva, Salutations to You again and again

Dam.ru Paani, Shool. Paani He Nat.rajan.
Namo Namo, Namo Namo, Namo Namo
O Natarajan (the Supreme Dancer) who has the Dam.ru in one hand, and Trident (Trishu) in the other hand, Salutations to You again and again
Sheesh. Gang. Bhasm. Ang. Kar.te Dharan.
Namo Namo, Namo Namo, Namo Namo
Dam.ru Paani, Shool. Paani He Nat.rajan.
Namo Namo
You are the one who has the holy river Ganges on Your head and as ornaments You are smearing Your body with ashes out of which You create beautiful beings. Salutations to You again and again.

Tum. Adi Dev. anadi ho, Tum. ant. heen. anant. ho
Om Namashiva
Shrimant. Ho Bhag.vant. Ho, He Nath. Gir.ja kant. ho
Om Namashiva Namashiva Namashiva Namashiva
Sashil. Rachat. Tan.virath., He Trilochan. Namo Namo...
You are the beginning and have no beginning. You are endless and ever present. You are the Supreme and Sole Controller of everything. O Lord, You are the husband of the daughter of Himalaya (Shri Parvati). You are the embodiment of all virtues and You are the Supermost that is the Omnipotent. O Lord who has three eyes (Trilochan), Salutations to You again and again.
(Chorus)

Nisaar. Is. Sansar. Me Shivanam. Keval. Saar. He
Om Namashiva
Shiv. Shakti He, Shiv. Bhakti He, Shiv. Mukti Ka Adhar. He
Om Namashiva Namashiva Namashiva Namashiva
Rom. Rom., Om Om, He Agnashan.
Namo Namo, Namo Namo, Namo Namo
This universe has nothing in essence and You are the only essence of this universe. (The world is futile, transient, and impermanent, and You are the very Essence, Omnipotent, Omniscient, and Omnipresent). Your name is present in each and every atom and molecule of this universe — Om, that is Omkara. O Lord Shiva, the Destroyer of all materialistic desires, Salutations to You again and again.
(Chorus)

GAIYE GANAPATI JAGAVANDANA

(Tulsidas; Deepak Verma; 'Samarpan)

Chorus:

Gaiye Ganapati Jagavandan. (x4)
Let us sing the praise of the leader of the Ganas,
who is respected by the whole world

Gaiye Ganapati Jagavandan. (x2)
Let us sing the praise of the leader of the Ganas,
who is respected by the whole world

Shankara Suvana Bhavani Nandan (x2)
He is the son of Shiva and the Devi

Gaiye Ganapati Jagavandan. (x2)
Let us sing the praise of the leader of the Ganas,
who is respected by the whole world

Siddhi Sadan. Gaj. Vadan. Vinayak. (x4)
He has an elephant face; he is lord of the powers
to attain fulfilment ie, self realisation

Kripa Sindhu Sundar. Sab. dayak. (x2)
He is the ocean of love, who grants beauty to all

Modak. Priya Muda Mangala Data (x4)
He is fond of 'modaka' (specific sweet)
and the one who grants auspiciousness

Vidya Vaaridhee Buddhi Vidhata (x2)
He grants knowledge, intellect

Mangat. Yogijan. kar. Jore (x4)
Yogis with hands joined in prayer humbly request

Basahu Shri Mataji Manas. more (x2)
That 'may Shri Mataji remain in our minds forever'



ENGLISH SONGS



The mind which is covered with thoughts, which is thickened, which is gross, can be thinned out at certain points, and can be very sensitive at certain points. For example, some people could be very sensitive to music. Some could be to art. Some could be to human beings. Some could be to other things which might make them something of rare people. But these subtler things which create your personality always indicate in your being that there is something of the Beyond which is throwing some images within you.

Such people are conscious of that – that there are some images which are throwing these subtle ideas within you. They are erupting some new commotion within you, and once you start seeing them, you are compelled to put them down somewhere. That's how the poets are created, musicians are created, great masters are created.

September, October - 1982

OM BHUR BHUVAH

(English Sahaja Yogis)

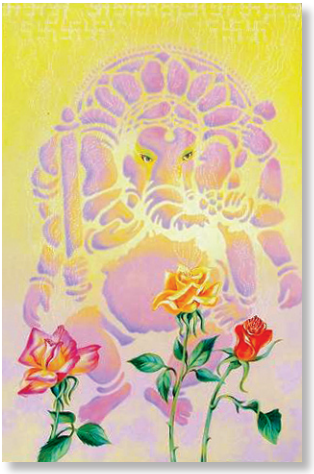
Chorus:
Shri Ganesha, Jai Shri Ganesha!
Shri Ganesha, Jai Shri Ganesha!
Om Bhur Bhuvah Swaha
Mahaganapati Deva namah
Om Bhur Bhuvah Swaha
Mahaganapati Deva namah

We bow to the son of Lord Shiva
We sing to our glorious Lord
We pray to the One who is worshipped first
Our elephant headed God

Your first tooth You have and four holy hands
The blessing, rope and goad
The fourth offers food to your devotees
As they worship their innocent lord

You are the One who removes obstacles
The One who bestows all success
Eternal and pure and beautiful
The wisdom by which we are blessed

We see You in our children's eyes
We see You in our brothers
We pray that Your innocence leads us on
To the Lotus Feet of our Mother



I DANCED IN THE MORNING

(Traditional)

I danced in the morning when the world was begun
I danced with the moon and the stars and the sun
I came down from heaven and I danced on the Earth
At Bethlehem I had my birth

Chorus:
Dance, dance, wherever you may be
I am the Lord of the Dance, said he
And I'll lead you all wherever you may be
And I'll lead you all in the dance said he
} (x2)

I danced for the scribe and the pharisee
But they wouldn't dance
And they wouldn't follow me
I danced for the fishermen, for James and John
And they came to me and the dance went on

I danced in the morning when the sky turned black
It's hard to dance with the devil on your back
They buried my body and they thought I'd gone
But I am the dance and I still go on

I came down low and I leapt up high
I am the Light that will never, never die
I live in you and you live in me
For I am the Lord of the Dance said he.

MATAJI , MATAJI

(Gregoire)

Mataji, Mataji
Your face shines like a thousand suns
You have given us
More than we could ask for
Bliss and peace and harmony

ONWARD VALIANT NIRMALITES

(Hymn arranged by Australian Sahaja Yogis at Shri Mataji's request- March 1985)

Onward valiant Nirmalites
Marching as to war
With our Mother's bandhan
Going on before!
Mataji our redeemer
Leads against the foe
Forward into battle
See the banners go!

Chorus:
Onward valiant Nirmalites
Marching as to war
With our Mother's bandhan
Going on before!

Like a mighty army
Moves the love of God
Brothers we are treading
Where the saints have trod!
We are not divided
All one body we
One in truth and one in peace
And one in harmony!

Onward then ye people
Join our joyous throng
Blend with us your voices
In the triumph song!
Glory laud and honour
Unto Mataji!
And for countless ages
Men of God we'll be!

JERUSALEM

(By William Blake)

And did those feet in ancient time
Walk upon England's mountains green?
And was the holy Lamb of God
On England's pleasant pastures seen?
And did the Countenance divine
Shine forth upon our clouded hills?
And was Jerusalem builded here
Among those dark satanic mills?

Bring me my bow of burning gold!
Bring me my arrows of desire!
Bring me my spear!
O clouds, unfold!
Bring me my chariot of fire!
I will not cease from mental fight
Nor shall my sword sleep in my hand
Till we have built Jerusalem
In England's green and pleasant land!

JAY SHRI NIRMALA DEVI MATAJI

(Robert Henshaw)

Jay Shri Nirmala Devi Mataji (x4)
Please let us be Your devotees (x2)
Om Shri Ma, we are Your devotees (x2)

Fill our hearts with the pure desire (x2)
Om Shri Ma we are Your devotees (x2)

Om jay Shri Shuddh-Iccha (x2)
Jay jay Shri Nirmala Ma (x7)

O MA, I BOW TO THEE

Mother gave me eyes to see
The inner light of ecstasy
Mother gave me ears to hear
The sound that saved my soul from fear

Chorus:
O Ma, I bow to Thee
O Ma, I bow to Thee
O Ma, I bow to Thee
O Ma, I bow to Thee

Mother gave me mouth to speak
Proclaim the joy that all men seek
Mother gave me heart to love
Her grace that showers from above

Myself in Mother, Ma in all
I stand amidst the waterfall



O QUEEN OF UNIVERSE

(Pune Yuva Shakti)

Chorus:
O Queen of universe
O Queen of universe
O Shakti of Lord Shiva
We surrender to You
We adore You
And keep You in our hearts

O Queen of universe
O Queen of seven worlds
O Shakti of Lord Shiva
We surrender to You
We adore You
And keep You in our hearts

O Queen of Mooladhara
O Queen of Mooladhara
O Mother of Ganesha
We surrender to You
We adore You
And keep You in our hearts

O Queen of Swadisthan
O Queen of Swadisthan
O Shakti of Shri Brahma
We surrender to You
We adore You
And keep You in our hearts

O Queen of Manipur
O Queen of Manipur
O Shakti of Shri Vishnu
We surrender to You
We adore You
And keep You in our hearts

O Queen of Anahat
O Queen of Anahat
O Mother Jagadamba
We surrender to You
We adore You
And keep You in our hearts

O Queen of Vishuddhi
O Queen of Vishuddhi
O Mother of Shri Krishna
We surrender to You
We adore You
And keep You in our hearts

O Queen of Agnya
O Queen of Agnya
O Mother of Jesus Christ
We surrender to You
We adore You
And keep You in our hearts

O Queen of Sahasrara
O Queen of Sahasrara
O Shri Nirmala Ma
We surrender to You
We adore You
And keep You in our hearts

O Queen of holy world
O Queen of holy world
O Adishakti Ma
We surrender to You
We adore You
And keep You in our hearts

OUR HOLY MOTHER

(English Sahaja Yogis)

Chorus:
Our Holy Mother
Residing everywhere
Holy is your name!

Truly You are Nirmala
And the three worlds
Sing Your fame!

You are Mahashakti, You are Kali
Yours is the last judgement
You are the Creator and the Preserver
To destroy the evil You came

You are the Teacher
You are the knowledge
You are the literature
To understand the knowledge
You are the poetry, You are the literature
You are the speech, You are the silence

You are the Sun and You are the Moon
You are the star that shines in the gloom
You are the living and You are the life
You are the Earth that bears the life

You are the joy, You are the happiness
And the one who prays to You
Receives eternal happiness
The Mother of Lord Ganesha,
Kartikeya and Jesus are You
Please accept us as yogis
As Your children too

PASS IT ON

It only takes a spark
To get a fire going
And soon all those around
Can warm up in its glowing
That's how it is with Mother's joy
Once you've experienced it
You spread this joy to everyone
You want to pass it on

What a wondrous time is spring
When all the trees are budding
The birds begin to sing
The flowers start their blooming
That's how it is with Mother's joy
Once you've experienced it
You want to sing, it's fresh like spring
You want to pass it on

I wish for you my friend
This joyful life that I have found
On Her one can depend
It matters not where you are bound
I'll shout it from the mountain top
I want the world to know
The source of joy has come to earth
I want to pass it on

I'll shout it from the mountain top
I want the world to know
The source of joy has come to earth
I want to pass it on
The source of joy has come to earth
I want to pass it on

BATHE IN THE WATERS

Chorus:
Bathe in the waters!
Bathe in the waters, children!
Bathe in the waters!
Mother's gonna vibrate the waters!

I see that band all dressed in white
Mother's gonna vibrate the waters!
Look like a band of Nirmalites
Mother's gonna vibrate the waters!

See that band all dressed in red!
Mother's gonna vibrate the waters!
Look like a band by the Spirit led
Mother's gonna vibrate the waters!

Remember one thing and it's certainly sure
Mother's gonna vibrate the waters!
Judgement is here and my heart is pure
Mother's gonna vibrate the waters!

Down from the mountain Shri Kalki rode
Mother's gonna vibrate the waters!
Out of His mouth came fire and smoke
Mother's gonna vibrate the waters!

I heard a rumblin' up in the sky
Mother's gonna vibrate the waters!
Must-a-been Jesus passing by
Mother's gonna vibrate the waters!

Down in the valley, down on my knees
Mother's gonna vibrate the waters!
Askin' my Mother to save me please
Mother's gonna vibrate the waters!

You can hinder me here, you can hinder me there
Mother's gonna vibrate the waters!
But the Mother in Heaven will hear my prayer
Mother's gonna vibrate the waters!

The enemy's great, but Shri Durga is strong!
Mother's gonna vibrate the waters!
Shri Mataji's love transforms the world
Mother's gonna vibrate the waters!

She is the One come to save all mankind
Mother's gonna vibrate the waters!
By showing us how to get above the mind
Mother's gonna vibrate the waters!

Our Sacred Mother is fond of Her devotees
Mother's gonna vibrate the waters!
She gives Divine Bliss, Shri Sharma Dayini
Mother's gonna vibrate the waters!

Shri Nirmala is the Purest of all
Mother's gonna vibrate the waters!
She's Eternal and Indestructible
Mother's gonna vibrate the waters!

She has no doubts, She's beyond everything
Mother's gonna vibrate the waters!
And the love that She showers makes my heart sing
Mother's gonna vibrate the waters!

THE VISION *(Kim Pearce)*

Chorus:
Can you see the Vision
See the Vision?
Can you see the Vision
Look for the Vision

Shri Ganapati, shall we see you dance at Uluru?
Shall the prophecies of ages past be proven true?
Oh, visions of a universe
That's filled with the vibrations!
The Devi's great Mantras
Being sung by every nation!

Oh, Markandeya! Did you know
The world would be alright?
And could you see Sahaja Yogis
Holding forth Her light?
And Michelangelo! Did you see Her face
Among the clouds?
Shri Shankaracharya did you sing
Her praises out aloud?

O Mother! Will I wake to find
Your hand upon my face?
And will I feel the Devi's glance
So full of tender grace?
And shall Your children find their rest
In just one smile so sweet?
The longing in our hearts fulfilled
To touch the Devi's feet?

ETERNAL BLISS

(Adi Shankarasharya, set to traditional South American melody)

I am neither intelligence nor mind,
Nor chitta am I, nor ego am I
I am neither the ears nor the tongue,
Nor even smell, nor even sight, nor even touch
Nor water, fire and air, ether and Earth,
Nor light itself
I am eternal bliss and awareness
I'm Shiva, I'm Shiva, I am Shiva

I am neither the five vital breaths
Nor any of the five sheaths of body's being
I am neither the prana nor the hands, nor heart,
Nor the eyes, nor head and feet
I'm not the seven elements of body itself,
Nor sound of shell
I am eternal bliss and awareness
I'm Shiva, I'm Shiva, I am Shiva

Nor liking, loathing, greed have I within,
Nor mind's desire of things, nor desired things
Ain't got nothing of pride or liberation,
Nor ego, nor dharma itself, nor dharma itself
I am neither the eater nor the food,
Nor the act of eating food
I am eternal bliss and awareness
I'm Shiva, I'm Shiva, I am Shiva

I know no virtue, pleasure, vice and pain,
Nor mantra or sacred place, nor sacrifice
I know nothing of vedas nor of fears,
Ain't got no death, nor birth itself
No father, mother, brothers have I got,
Not even friends, nor caste or end
I am eternal bliss and awareness
I'm Shiva, I'm Shiva, I am Shiva

I have no form or fancy, everywhere I am,
Existing far beyond the senses
I'm all pervading. I'm not to be known,
I am, and that is all, that can be known
I am beyond expressions beyond words,
Or any hope, or any thought
I am eternal bliss and awareness
I'm Shiva, I'm Shiva, I am Shiva



usic is so much appreciated. I think there is nothing in this so-called modern music, but it's the rhythm with which they capture the heart. And the rhythm is anahat, the force is anahat, is the heartbeat. Heartbeat is the beating of the vani. It's the beating of the force within you which makes the sound, and that's why beats are very important.

Music night before Sahasrara Day Puja
Vienna - 4th May - 1985

RAKHI BROTHER'S SONG

(Pavan Keetley and Matthew Fogarty)

It seems to me sweet sister
That there could hardly be
A love more like our Mother's
Than the one you've offered me
With face so fair and innocent
No other motives there
Except, expressed right from the heart
True respect and care

Chorus:
I am your rakhi brother
A spiritual brother to you
And this bond between us
Will last our whole life through

The giving of a gift like this
Is more than I could say
You've touched me very deeply
And in a holy way
Now I'll think of you each day
Wherever I may go
My soul will reach across that space
And try to let you know

And so today, as through the years
Your face again I see
Reflecting there the grace and good
That is Shri Mataji
Your sweetness and your beauty shine
Inspiring me and so
Thank you again sweet sister
You've helped me much to grow

And so it is, and so will be
The golden age this way
We know the dharma it requires
Is here with us today
The flower and sweets, the perfumed oil
The rakhi that you tie
Reminds us of the truth and love
We know will never die

MOTHER, I ADORE Y0U

Mother, I adore You,
All my life I give You,
How I love You

MORNING HAS BROKEN

(Traditional Hymn)

Morning has broken
Like the first morning;
Blackbird has spoken
Like the first bird.
Praise for the singing,
Praise for the morning,
Praise for them, springing
Fresh from the word.

Sweet the rain's new fall
Sunlit from heaven,
Like the first dewfall
On the first grass.
Praise for the sweetness
Of the wet garden,
Sprung from completeness
Where His feet pass.

Mine is the sunlight;
Mine is the morning
Born of the one light
Eden saw play.
Praise with elation,
Praise every morning,
God's recreation
Of the new day.

SHE'S GOT THE WHOLE WORLD IN HER HANDS

She's got the whole world in Her hands
She's got the whole wide world in Her hands
She's got the whole world in Her hands
She's got the whole world in Her hands

She's got the whole Virata in Her hands (x3)
She's got the whole world in Her hands

She's got all the saints...

She's got the cool vibrations...

She's got Kundalini power...

She's got the subtle system...

She's got the Cosmic play...

She's got all the Deities...

She's got the Shakti power...

She's got all the religions...

She's got our awareness...

She's got evolution...

She's got Nirvikalpa Samadhi...

THE LORD'S MY SHEPHERD

The Lord's my shepherd, I'll not want
He makes me down to lie
In pastures green, He leadeth me
The quiet waters by

My soul He doth restore again;
And me to walk doth make
Within the paths of righteousness,
E'en for His own name's sake.

Yea, though I walk in death's dark vale
Yet will I fear no ill;
For Thou art with me, and Thy rod
And staff me comfort still

My table Thou hast furnished
In presence of my foes;
My head Thou dost with oil anoint,
And my cup overflows.

Goodness and mercy all my life
Shall surely follow me;
And in God's house for evermore
My dwelling place shall be

"After years, you see, when I was a child, I used to sing this very much. Now after years to hear that from all of you, so beautiful it is. All my wishes are fulfilled.

I feel so many things. I feel so many things, I wish one day I could relate to you. How all it has happened so beautifully. It's tremendous, that's all!"

Shri Mataji, Burwood Ashram, 13th March 1985

ANGELS FROM THE REALMS OF GLORY



Angels from the realms of glory
Wing your flight o'er all the Earth
Ye who sang creation's story
Now proclaim Messiah's birth

Gloria, in Excelsis Deo (x2)

Shepherds in the fields abiding
Watching o'er your flocks by night
God with man is now residing
Yonder shines the Infant light

Sages leave your contemplations
Brighter visions beam afar
Seek the great desire of nations
Ye have seen His natal star

Saints, before the altar bending
Watching long with hope and fear
Suddenly the Lord, descending
In His temple shall appear

Though an infant now we view Him
He shall fill his Father's throne
Gather all the nations to Him
Every knee shall then bow down

See his Mother now rejoicing
Her immaculate son born
Once again She's come to find us
As She proclaims the golden dawn

MOTHER YOU ARE

(Russian Sahaja Yogis)

Chorus:
You are Mahalakshmi, You are Mahakali, } (x4)
You are Mahasaraswati, Mother You are }

Mother You are Trigunatmika,
Vishnu, Brahma and Lord Shiva.
You are the atma in every man
Kundalini at Your command...for You are...

The stars in the heaven shine through Your eyes
The warmth of the sun is in Your smile
One glance from your eyes and we feel our worth
When we look at your smile we feel see heaven on earth...for You are...

You hold the universe in Your hand
The lotus unfolds at your command
You save your children from the dark
Sheltering them inside Your heart...for You are...

You are Shri Ganesha, childlike and wise
You give us the power of innocent eyes
You are Mahakali, our pure desire
O Ocean of Mercy please take us higher...for You are...

You are Mahalakshmi, You are Mahakali,
You are Mahasaraswati, Mother You are ...

O COME, ALL YE FAITHFUL

O come, all ye faithful, joyful and triumphant
O come ye, o come ye to Bethlehem
Come and behold Him, born the King of Angels

O come, let us adore Him (x3)
Christ the Lord

God of God, light of light
Lo! He abhors not the Virgin's womb
Very God, begotten, not created

Sing, choirs of angels, sing in exultation
Sing, all ye citizens of Heav'n above
Glory to God, in the highest

Yea, Lord, we greet Thee, born this happy morning
Jesus, to Thee be glory giv'n
Word of the Father, now in flesh appearing

SILENT NIGHT *(From the German by Father Joseph Mohr, music by Franz Gruber Oberndorf, Austrian Tyrol; 1818)*

Silent Night, Holy Night
All is calm, All is bright
Round yon Virgin Mother, and Child
Holy infant so tender and mild
Sleep in Heavenly Peace,
Sleep in Heavenly Peace.

Silent night, Holy night
Shepherds quake at the sight
Glories stream from heaven afar
Heavenly hosts sing 'Alleluia'
Christ our Saviour is born
Christ our Saviour is born.

Silent night, Holy night
Son of God, Loves pure light
Radiant beams from Thy holy face
With the dawn of redeeming grace
Jesus Lord at Thy birth
Jesus Lord at Thy birth.

Silent night, Holy night
Wondrous star, Lend your light
With the angels let us sing
Alleluia to our king
Christ our Saviour is born
Christ our Saviour is born.

Stille nacht, Heilige nacht
Alles schlaaft, ensamwacht
Nur das traute, hock heilige paar
Holder Knabe in lockigem haar
Sclaf in himmlischer ruh (x2)

HARK! THE HERALD ANGELS SING

Hark! The herald angels sing
Glory to the new-born King
Peace on earth and mercy mild
God and sinners reconciled
Joyful all ye nations rise
Join the triumph of the skies
With the angelic hosts proclaim
Christ is born in Bethlehem

Hark! The herald angels sing
Glory to the new-born King

Christ, by highest heav'n adored
Christ, the everlasting Lord
Late in time behold Him come
Offspring of a Virgin's womb
Veiled in flesh the Godhead see
Hail the incarnate Deity
Pleased as man with man to dwell
Jesus, our Emmanuel!

Hail the Heav'n-born Prince of Peace
Hail the Sun of righteousness
Light and life to all He brings
Risen with healing in His wings
Mild He lays His glory by
Born that man no more may die
Born to raise the sons of Earth
Born to give them second birth

SITTING IN THE HEART OF THE UNIVERSE

(Sanjay Talwar & Paddy- 'Sahaj Sadhana' (Spontaneous Meditation)

Chorus:

Sitting in the heart of the universe
We know Your love is flowing through us } (x2)
Aah, aah, aah, aah, aah, aah (x2)
Shri Mataji we love You (x4)
Sitting in the heart of the universe
We know Your love is flowing through us } (x2)

You are Mahakali, Mahalakshmi,
You are Mother Adi Shakti } (x2)
The power within us when we feel it
Our hearts rejoicing in bhakti } (x2)

When we surrender we are in paradise. (x2)

You are the Supreme Creator
Playing the game of creation } (x2)
You have given us Shri Ganesha
For us to have realisation } (x2)

When we surrender we are in paradise. (x2)

Gods, Godesses of Vaikuntha
Bless us when w get together } (x2)
On the shores of Ganapatipule
Our hearts get united through You, Mother } (x2)

When we surrender we are in paradise. (x2)

I VOW TO THEE MY COUNTRY

(Music by Gustav Holst)

I vow to thee my country, all earthly things above
Entire and whole and perfect, the service of my love
The love that asks no questions,
The love that stands the test
That lays upon the altar
The dearest and the best
The love that never falters,
The love that pays the price
The love that makes undaunted
The final sacrifice

And there's another country I've heard of long ago
Most dear to them that love her
Most great to them that know
We may not count her armies
We may not see her king
Her fortress is a faithful heart
Her pride is suffering
And soul by soul and silently
Her shining bounds increase
And her ways are ways of gentleness
And all her paths are peace



THE EXTOLLATION OF THE DEVI

(From Devi Mahatmyam, chapter 1)

O You who are the Soul of everything,
Who is capable of extolling You?
Eternal and Imperishable One,
You are the embodiment of the Sacred Word,
You are Savitri and the Supreme Mother of the Devas.

By You this universe is born, by You this world is created,
By You it is protected, O Devi,
And You always consume it at the end.

O You who are always of the form
Of the whole world,
At the time of creation,
You are of the form of the creative force,
At the time of sustenation,
You are of the form of the protective power,
And at the time of the dissolution of the world,
You are of the form of the destructive power.

You are the supreme knowledge
As well as the great nescience,
The great intellect and contemplation,
As also the great delusion,
The great Devi as also the great Asuri.

You are the primordial cause of everything,
Bringing into force the three qualities,
You are the dark night of periodic dissolution
You are the great night of final dissolution,
And the terrible night of delusion.

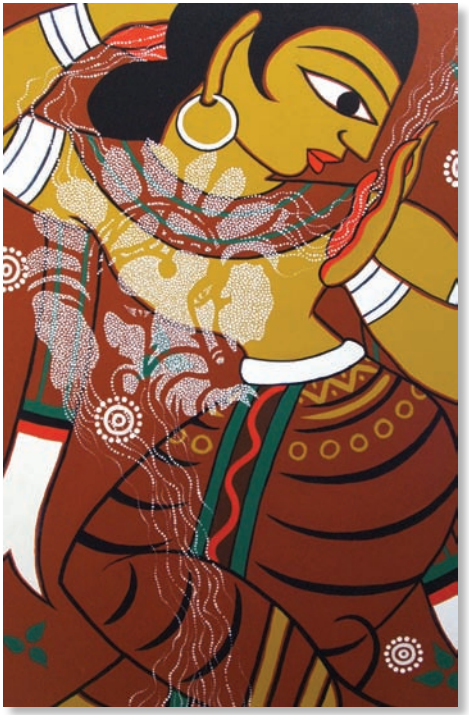
You are the Goddess of good fortune,
The ruler, modesty, intelligence
Characterized by knowledge;
Bashfulness, Nourishment, contentment,
Tranquility and forbearance.

Armed with sword, spear, club, discus, conch,
Bow, arrows, slings and iron mace,
You are terrible and at the same time, You are pleasing;
Yea more pleasing than all the pleasing
Things and exceedingly beautiful.

Om Twamewa Sakshat,
Shri Mahalaxmi, Mahasaraswati, Mahakali, Trigunatmika,
Kundalini Sakshat,
Shri Adi Shakti Mataji,
Shri Nirmala Devi, Namo Namaha.

Om Twamewa Sakshat,
Shri Kalki Sakshat,
Shri Adi Shakti,
Shri Nirmala Devi Namo Namaha.

Om Twamewa Sakshat,
Shri Kalki Sakshat,
Shri Sahasrara Swamini,
Moksha Pradayini Mataji
Shri Nirmala Devi, Namo Namah.



THIS LITTLE LIGHT OF MINE

This little light of mine
We're going to let it shine
Let it shine, let it shine, let it shine. } (x3)

Shri Ganesha holds it up,
This little light of mine
Let it shine, let it shine, let it shine. } (x3)

Up through Swadistana,
This little light of mine
Let it shine, let it shine, let it shine. } (x3)

It sits in our Nabhi chakra,
This little light of mine
Let it shine, let it shine, let it shine. } (x3)

It glows in our Heart
This ... } (x3)

It spreads in our Vishuddhi
..... } (x3)

It opens our Agnya chakra
..... } (x3)

It shines in our Sahasrara
..... } (x3)

And who makes it shine?
..... } (x3)

Shri Mataji makes it shine.
..... } (x3)

Let it shine, let it shine, let it shine.

RISE AND SHINE

(Pune Yuva Shakti)

Chorus:
Rise and shine and give God the glory glory
Children of the Lord.

Mother said to the children,
Let it be floody floody,
Go and help out those in the muddy muddy.
I am in your hearts.
We are Nirmalites.

We are the children of Adi Shakti Mataji.
We are the lucky ones blessed by Shri Mataji.
We are the pioneers of new world.
We are Nirmalites.

We shall take the message of love,
We shall sing the song of love.
We shall light the lamps of innocence.
We are Nirmalites.

BE THOU MY VISION

Be Thou my vision, O Queen of my heart,
Naught be all else to me, save that Thou art -
Thou my best thought, by day or by night,
Waking or sleeping, Thy presence my light.

Be Thou my wisdom, be Thou my true word;
I ever with Thee, Thou with me, Lord;
Thou my great Mother, I Thy true Son;
Thou in me dwelling, and I with Thee one.

Be Thou my battle shield, my sword for the fight,
Be Thou my dignity, Thou my delight;
Thou my soul's shelter, Thou my high tower;
Raise Thou me heaven-ward, O Power of my Power.

Riches I heed not, nor man's empty praise,
Thou my inheritance, now and always;
Thou and Thou only, first in my heart,
High Queen of heaven, my treasure Thou art.

Goddess of heaven, after victory won,
May I reach heaven's joys, O bright heaven's Sun!
Heart of my heart, whatever befall,
Still be my vision, O Ruler of all.

MADUR GITA *(Sweet Song)*

(Sarah Labade)

Chorus:
O Shri Krishna please dance,
And play Your sweet Flute,
So that it may be the Madura Shakti

You are the Leela in life's greatest drama,
The One who's the witness, Protector of Dharma.
The mischievous One who showed us the lightness,
Removed austerity, provided laughter.

The sound of Your flute can teach us the Hita,
Perfection of sweetness, the Bhagavad Gita.
Our Mother illumines Your knowledge within us,
To know and develop our spiritual purpose.

The time we live is Virata Shakti,
The weapons of killing now weapons of peace.
Complete humility like fruits on the tree,
That bend over giving the Sahaja Yogis ...



KUNDALINI, SACRED MOTHER

(IPO, 'Blossomtime' CD)

Can you feel the cool wind blow, how it flows and it flows,
There's a silence in my heart, it grows and it grows
See the light shine within, a beam of love so pure
You may say it's all a dream, but we can show it's true
Yes we can show it's true

Chorus:
Kundalini, Sacred Mother, Holy Spirit, Pure White Dove
Kundalini, Sacred Mother, Make us rise on Your wings of love

She guides us every day, as fortune comes our way
All we have to do is listen, to the flow of love within
So arise and join us, do not wonder any more
In a maze of illusions, the sons of man may know,
Yes, the sons of man may know

We are the creation of Mother Earth and Sea
The wind of inspiration is blessing you and me
Our Mother is the khumbar, She carries everywhere
The water of the Spirit, that we may grow aware,
That we may grow aware

Kundalini, Sacred Mother, Holy Spirit, Pure White Dove
Kundalini, Sacred Mother, Make us rise on Your wings of love
Make us rise on the wings of love (x2)
Make us rise (x3)

ETERNAL SHAKTI *(Navaratri)*

(Michelle Shete, Navaratri 2002)

Ma Durga Mata
Mother Jagadamba
Slayer of Chanda
Slayer of Munda

Devi Chamunda
O Narayini
Slayer of Madhu
Slayer of Kaitabha

(Instrumental)

Devi Jai, Devi Jai, Devi Jai, Devi Jai!

Parameshwari, Goddess Supreme
Ambika Devi, God's worship Your Lotus Feet
Holy Mahamaya Nirmala Devi
You are eternal Shakti

O Kalaratri, Goddess of the last night
Slayer of Shumbha
And of Nishumbha

Devi Chandika, Goddess Mother Kali
You slayed Raktabeeja
You slayed Mahishasura

Parameshwari, Goddess Supreme
Ambika Devi, God's worship Your Lotus Feet
Holy Mahamaya Nirmala Devi
You are eternal Shakti

(Instrumental)

_Devi Jai, Devi Jai, Devi Jai, Devi Jai!

On the last night of Navaratri
We sing Your victory
Jai Shri Mataji
} (x2)

SILENCE YOUR MIND

(Michelle Shete)

M: Sisters you are searching for the Spirit in your heart
L: Brothers you are looking for a simple joyful world
M: The Spirit is the giver of the Music of Joy
L: Shiva is the dancer in the festival of life

M: Sit upon the Mother Earth and silence your mind
L: And dance when you feel the spontaneous joy.
M: Sisters you are searching for the Spirit in your heart
L: Brothers you are looking for a simple joyful world.

L: Let your innocent dance express the beauty of your soul
M: Let your mind be silent so the innocence can grow
L: Joyful hearts will join you when the noisy thoughts have ceased
M: Then we will be dancing at Shri Ganesha's Lotus Feet

L: Sit upon the Mother Earth and silence your mind
M: Then dance when you feel the Kundalini rise.
L: Let your innocent dance express the beauty of your soul
M: Let your mind be silent so the innocence can grow

M: Brothers let Ganapati clap with your hands
L: Sisters let Ganapati into your minds
M: Stand and namaskar to Shri Ganesha's Mother
L: For letting us be blissful in the company of Shiva

All: We are all blissful in the company of Shiva (x2)

All: Sit upon the Mother Earth and silence your mind
All: And dance when you feel the Kundalini rise.
M: Brothers let Ganapati clap with your hands
L: Sisters let Ganapati into your minds

All: Sit upon the Mother Earth and silence your mind
M/L: And dance when you feel the Kundalini rise, (x2)
And dance when you feel the Kundalini rise, (x4)
And dance when you feel the Kundalini rise. (x4)

MOTHER GOD

You are my Mother, You are my Father
You are my Guru and my Friend
You are Beginning, You are the Centre,
And You are beyond the end

Chorus:
For I love You Mother, You help me feel,
Feel You in all, Feel You in me,
Mother I'm in You and You're in me,
Mother I'm in You and You're in me,
I'm in You and You're in me.

You are the Fountain of all Joy,
You are the Cool Breeze of Truth,
You are the mountains, You are the rivers,
The sky and the sea.

I want to know You, I want to feel You,
I want to be by Your side,
I want to serve You, O how I love You,
Nirmala Devi.

You are my Mother, You are my Father
You are my God, You are my Friend
You are Beginning, You are the Centre,
And You are..., Beyond the end.

WESTERN SEEKER'S BHAJAN

(Michelle Shete)

All: Shri Mataji found us in the Red Sea of illusion in the west
A turbulent sea, a void, a maya, an ocean of unrest
M: And with Her love and forgiving heart,
Shri Mataji opened Sahasrar
L: Shri Mataji opened Sahasrar
M: Shri Mataji opened up the sea…
All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji…

M: Saints and sages, seekers and seers
come forward to feel the breeze
L: The secret knowledge of original Gnostics is available for free
M: Socrates sanctioned universities to establish the truth
L: The tree of life is the fountain of youth
M: Shri Mataji is Nirmala Vidya
L: The knowledge of love is the true dharma…
All: Mataji, Shri Mataji, Jai Mataji, Shri Mataji (x3) Mataji…

All: Listen to the music with vibrations,
Songs of God are opening the heart
Bhajans in the languages of nations,
Our universe is praising Her
L: The feminine power of creation, she does all the living work
M: God is a witness of this earth
L: Mother Earth is the creator
M: She does all the living work…
All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji…

M: The Holy Ghost is the Kundalini and She plays in Sushumna
M: The cool breeze of the Holy Spirit is Paramachaitanya
All: Mahasaraswati, Mahalakshmi and Mahakali (x3)
M: Shri Mataji is the Counsellor
L: Shri Mataji is the Comforter
All: Shri Mataji is the Redeemer
All: Mataji, Shri Mataji, Jai Mataji, Mataji (x3) Mataji…

HAPPY DIWALI

(Michelle Shete)

We were all asleep on the darkest night
The Adi Shakti fought with the evil foes
And now we bow before the Saviour of the world
To celebrate Her victory, Happy Diwali!

We have cleaned our souls and we have cleaned our homes
We wear our finest gold and our bright new clothes
Because we bow before the Saviour of the world
To celebrate Her victory, Happy Diwali!

The blessings of Shri Lakshmi have come abundantly
Mahalakshmi's love now starts to blossom in our hearts
Because we bow before the Saviour of the world
To celebrate Her victory, Happy Diwali!

Our Holy Mother lights our candles in the night
She lights a candle here She lights them everywhere
And all across the globe we see the lights in rows
The Sahaja Yogis singing: Happy Diwali!

On the darkest night, the doors of hell are wide,
The souls are sorted left the souls are sorted right
But we bow before the Saviour of the world
Who has transformed our lives, Happy Diwali!

And all across the globe we see the lights in rows
The Sahaja Yogis singing, Happy Diwali!
The Sahaja Yogis singing, Happy Diwali!

And now we bow before the Saviour of the world
To celebrate Her victory, Happy Diwali! } (Repeat)

Kundalini Gauri Shri Adi Shakti
Shri Mahalakshmi Jai Shri Mataji ! } (Repeat)

COME ALL YE ANGELS *(Christmas / Easter)*

(Michelle Shete)

Shri Jesus You are Yeshu,
Christ You are the Krista,
Lord Krishna was Your Father,
Yeshoda was His Mother,
Yeshu, Maria, Yeshu, Maria,
Yeshu, Maria! Come,
Come all Ye Angels to the Puja
Of our Holy Mother's First Son

You looked up at the blue sky
Revealing through Your fingers
The power of Your Father
And Mahalakshmi Your Mother
Mary Madonna, Mary Madonna,
Mary Madonna, Come,
Come all Ye Angels to the Puja
Of our Holy Mother's First Son

We celebrate Your birth
And Your resurrection
We pray that like You all the seekers
Will be born again
Dwijaha, Dwijaha, Dwijaha, Come,
Come all Ye Angels to the Puja
Of our Holy Mother's First Son

You came as Lord Ganesha,
You are our eldest Brother
Through Your Holy Grace
We came to worship the Great Mother } (x2)
Shri Nirmala Mata, Nirmala Mata,
Shri Nirmala Mata, Come,
Come all Ye Angels to the Puja
Of our Holy Mother's First Son

Come all Ye Angels to the Puja
Of our Holy Mother's First Son

RAINING ON THE ROCK

(John Williamson - 'True Blue')

Pastel red to burgundy and Spinifex to gold
We've just come out of the mulga
Where the plains forever roll
And Albert Namatjira has painted all the scenes
And a shower has changed the lustre of this land.

Chorus*:
And it's raining on the Rock
In a beautiful country
And I'm proud to travel this big land
As a Sahaj Yogi.
And it's raining on the Rock
What an almighty sight to see
And I'm wishing that the whole world
Will know Shri Mataji.

Everlasting daisies and the beautiful desert rose
Where does their beauty come from,
Heaven knows.
I could ask the wedge-tail
But he's away too high
I wonder if he understands
It's wonderful to fly.

It cannot be described in a picture
The mesmerising colours of the Olgas
Or the grandeur of the Rock
Uluru has power!

** Chorus for Public Programs:*

And it's raining on the Rock
In a beautiful country
And I'm proud to travel this big land
As an Aborigine.
And it's raining on the Rock
What an almighty sight to see
And I'm wishing that the whole world
Will live in harmony.

TO MOTHER *(Kate Henshaw)*

Chorus:
Mother You are in all that is beautiful
Mother You are in all that is true
Mother You are the Joy of Creation
All of our joy comes from You.

Mother You are in the flowers of the jungle
Mother You are in all the stillness of the plain
Mother You are in the surge of the ocean
Mother You are in the wind and the rain.

You are in the bond between brother and sister
You are in the love between husband and wife
You are the peace that will grow between nations
In the midst of our families, the strength and the light.

Mother You are in our singing and dancing
Mother You are in our poetry and prayer
Mother You are in our deepening and sharing
In all that is beautiful, Mother is there.

INDIA *(Kim Pearce)*

Shri Kundalini Mata
We bow down to You.
Shri Yamuna, Shri Ganga
Flowing pure and true.
Shri Sita Ram, Laxshmana
Arrows in Your hand.
Please guide us on our journey
Through this timeless land.

India, India (x2)

For lifetimes I've been waiting
Endlessly I've roamed.
Your very Earth vibrating
Now my Spirit's home.
We'll climb to Saptashringi
Touch the Sahastrara
Shri Adi Shakti Nirmala Devi –
You are India.

India, India,
India – Nirmala Devi.

TO PLEASE, TO PLEASE OUR MOTHER SO HIGH *(Music of Joy)*

Chorus:
To Please, to please our Mother so high
There never shall be a purpose so high.
To Please, to please our Mother so high
There never shall be a purpose so high.

Mother please come into my heart
Dwell in the blossom that opens apart.
Sit on Your throne, O fragrant Goddess,
My Queen so noble, Compassion so tireless!

In my heart let Your feet rest,
So that I may toil to treat them best,
With fragrance and pollens and extollations,
To those working feet, emitting vibrations!

Let me be free from delusion
So that I may see without confusion
All blessings and joys that You have given me,
I thank you now and eternally.

WE'RE ALL IN HER BANDHAN

Chorus:
We are your Brothers
We are your Sisters
And we are ever one.
We are together
You'll leave us never
These ties won't be undone

When ever you touch the silence
Be sure we'll meet you there
When ever you feel collective
Know its with us you share

So when you feel that feeling
of being far apart
Think back to now and hear again
The way we feel at heart

Last line on 2nd Chorus "We're all in Her Bandhan"

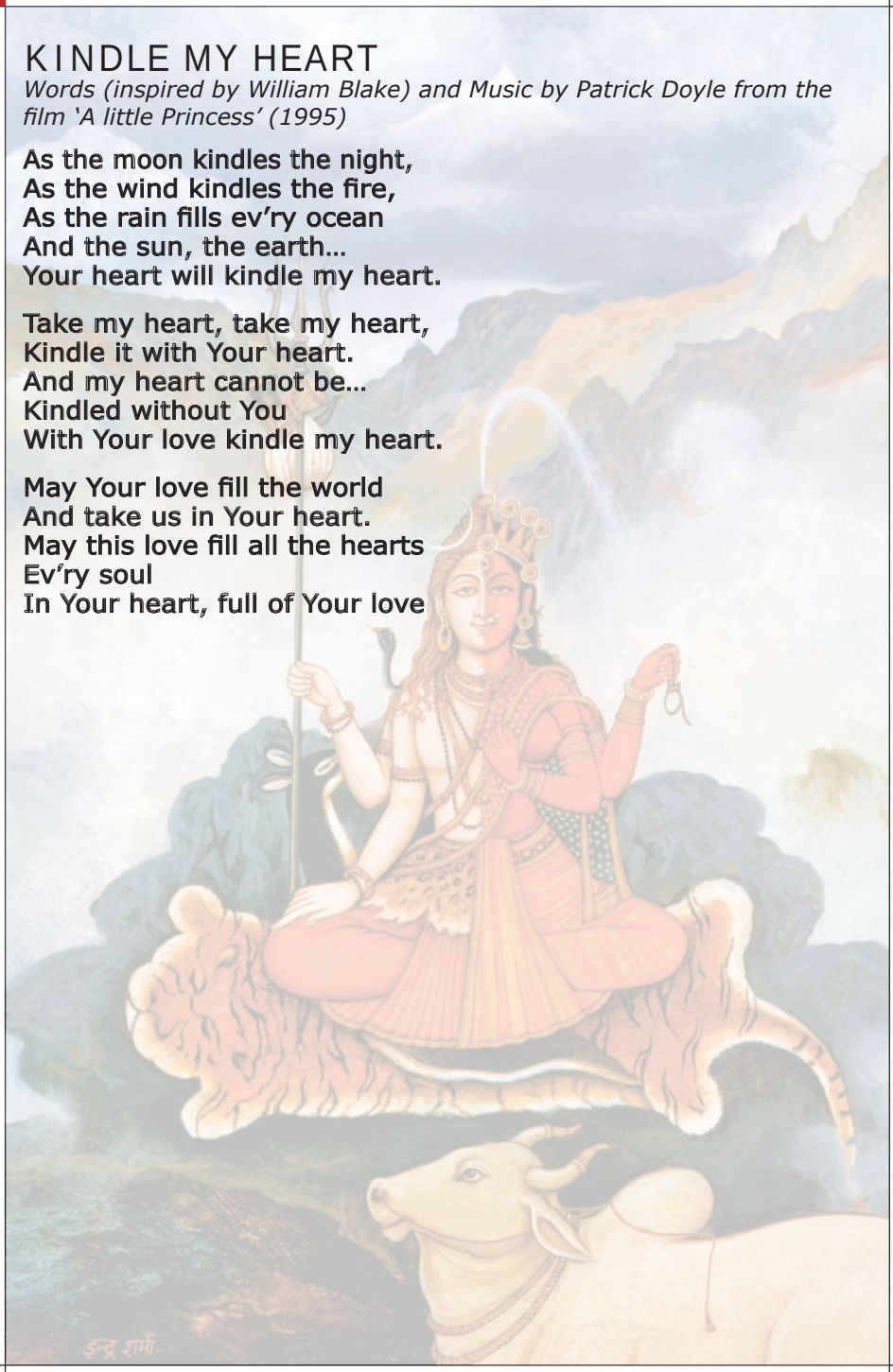
KINDLE MY HEART

Words (inspired by William Blake) and Music by Patrick Doyle from the film 'A little Princess' (1995)

As the moon kindles the night,
As the wind kindles the fire,
As the rain fills ev'ry ocean
And the sun, the earth...
Your heart will kindle my heart.

Take my heart, take my heart,
Kindle it with Your heart.
And my heart cannot be...
Kindled without You
With Your love kindle my heart.

May Your love fill the world
And take us in Your heart.
May this love fill all the hearts
Ev'ry soul
In Your heart, full of Your love



An excerpt from an interview with the composer of 'Kindle My Heart', Patrick Doyle.

Let's speak about "A Little Princess", one of your finest scores for a little film. How did you meet director Alfonso Cuaron and how did you approach the music?

Alfonso Cuaron heard an interview I gave on national public radio in the US and felt that I may perhaps have been the composer he was searching for. He is a very erudite and culturally perceptive man with a keen, eclectic taste and understanding of music. The music of the film, like the story, needed to be delicate, intimate and childlike, full of magic and wonder. The film was very spiritual and I felt I needed to capture this spiritual energy within the music.

Unlike with Henry V, where you recreated the period with a late 19th century idiom, you used authentic Indian instruments for "A Little Princess". Did you enjoy that and what's the difference between the two films as far as the authentic mood is concerned?

In my preparation for "A Little Princess" I listened to lots of Indian music and read a little about Indian spiritual and cultural heritage, in particular the legend of Rama and Sita, which features in the film. What gives me great pleasure is the fact that the character of the Indian Servant in the film, played by Sandeep Walia, avoids becoming a stereotype, and instead establishes himself as a vehicle for the spirituality of the film. He came across as a guardian angel with far more strength and power than any other character in the film.

Like some other scores, "A Little Princess" featured some vocal parts performed by your daughter. Do you like doing vocals and what was the idea behind this specific song, "Kindle your Heart"?

It was a great pleasure writing the lyrics for the song "Kindle My Heart". When I was first commissioned to write it, Alfonso (Cuaron) asked that the lyrics for the song contain words such as 'kindle', 'spirit' and 'heart', and as such these emotive words formed the foundation of the song. My daughter, Abigail, was coincidentally, age-wise, a contemporary of Liesel Matthews who played Sara. Her singing voice was entirely untrained, and thus held the natural innocence required for the song. Originally I only asked Abigail to sing a demo of the song to let the filmmakers hear it. Everyone, unsurprisingly, fell in love with her voice, so much so it inspired rather a charming series of events. Complete with the accompaniment of ethnic instruments, the demo tape was sent to Los Angeles... When Alfonso Cuaron heard it, he was immediately so inspired that he cancelled the day's scheduled filming, and created a whole new idea for a scene. The set was redressed and what followed was the scene against which the song is now played, when Sara dances beautifully in the snow. Today it is one of the most famous scenes in the film.

BRAMHAPURI SONG

Mother You are Nirmala
Nirmala Mata, Nirmala Kundalini
Mother You are Nirmala
Nirmala Bhakti, Nirmala Bhagawati
Mother You are Nirmala
And You make us Nirmala too,
Nirmala too.

Mother You are Nirmala
Nirmala Shakti, Nirmala Shanti
Mother You are Nirmala
Nirmala Vidya, Nirmal Vedanta
Mother You are Nirmala
Please make us more like You,
Nirmala like You.

Mother You are Nirmala
Nirmala Tantra, Nirmala Saraswati
Mother You are Nirmala
Nirmala Mantra, Nirmal Vishuddhi
Mother You are Nirmala
Please keep us nearer to You,
True to You.

Mother You are Nirmala
Pure in joy and pure in attention,
Mother You are Nirmala
You take us into a pure new dimension,
Mother You are Nirmala
This heart is purely for You,
Nirmala for You,
Nirmala for You.

LET'S SING IN PRAISE OF OUR CREATOR

Let's sing in praise of our Creator
Let's sing Her name:
Mataji Nirmala Devi
Joy, Joy to all who listen
'Twas for them She came.

LIKE THE PETALS OF A FLOWER

Like the petals of a flower,
O God, how small are we
Yet to see all of creation
Bowing at Your Feet
Is Yourself in Your child -
Your great vision complete



TREE OF LIFE

Shri Ganesha sits at the roots of the tree
Merry, Merry King of the world is he
Dance, Shri Ganesha, Dance Shri Ganesha
Gay your life must be.

Shri Saraswati sits at the base of the tree
Playing her Veena so beautifully
Play Shri Saraswati, Play Shri Saraswati,
Play so Joyously

Shri Laxhmi sits on the trunk of the tree
Standing on the Lotus so gently
Smiling Sweetly, Smiling Sweetly
Peace you give to me

Shri Durga sits in the middle of the tree
Riding on the tiger so gracefully
Fight Shri Durga, Fight Shri Durga
Love removes our fear

Shri Shiva sits at the fork of the tree
The shinning spirit in you and me
Love you give us, Light and Joy
For all the world to see

Shri Krishna sits in the branches of the tree
Playing on his flute so merrily
Play Shri Krishna, Play Shri Krishna
Together we shall be

Shri Mary sits at the top of the tree
She loves the children playing happily
Joy Shri Mary, Joy Shri Jesus
Joy in you and me

Shri Mataji reigns at the crown of the tree
Joyful Joyful Mother of the world is She
Enjoy Shri Mataji, Enjoy Shri Mataji
Great you world must be

Thank You Shri Mataji, for everything
Your love does flow and our hearts sing
Thank you Shri Mataji, Namaste Shri Mataji
Your children all love you.

WHAT A TIME!

(Michelle Shetty)

Chorus:

Oh the Kingdom of Heaven is here
And Your Majesty rules from within
Your name is Goddess Nirmala
Speechless, we are blessed with Your darshan

Wisdom of the ages in the children's eyes.
A cool breeze from a havan and diamonds in the sky.
What a place, what a place, what a wonderous place.
What a race, what a race, what a marvellous race.
What a sight! What a life! What a time!
What a time to be a-live!

Faces growing younger with a timeless light.
Voices of angels sing through the night.
What a place, what a place, what a wonderous place.
What a race, what a race, what a marvellous race.
What a sight! What a life! What a time!
What a time to be a-live!

Miracles and stories, too many to record.
Beyond our biggest dreams, a new reality unfolds.
What a place, what a place, what a wonderous place.
What a race, what a race, what a marvellous race.
What a sight! What a life! What a time!
What a time to be a-live!

59th Wedding Anniversary - 7th April 2006, Sydney, Australia

WORLD SONGS



O SOLE MIO

Che Bella Cosa E 'Na Giornata 'E Sole
N'aria Serena Doppo 'Na Tempesta
Pe' L'aria Fresca Pare Gia 'Na Festa
Che Bella Cosa E 'Na Giornata 'E Sole

Chorus:
Ma N'atu Sole
Cchiu Bello Oine
O Sole Mio
Sta 'N Fronte A Te
O Sole, O Sole Mio
Sta 'N Fronte A Te
Sta 'N Fronte A Te

Luceno E Llastre Da' Fenesta Toia
'Na Lavannara Canta E Se Ne Vanta
E Pe' Tramante Torce, Spanne E Canta
Luceno E Llastre Da' Fenesta Toia

Quanno Fa Notte E O Sole Senne Scenne
Me Viene Quase 'Na Malincunia
Sott'a Fenesta Toia Restarria
Quanno Fa Notte E O Sole Senne Scenne

MADRE NOSTRA

Madre, Tu Che Ci Hai Dato
Un Sogno Transformato In Una Vita
E L'acqua Pura Che Sul Capo Chino
Cosi Fresca E Pulita

Madre Tu Sei La Terra
Afflita Dai Dolori E Dalle Pene
Che Tutti Nutre Di Materno Bene
E Nun Se Stanca Mai

Chorus:
Madre, Madre,
Tu Che Li Cori Traboccare Fai
Tu Che La Pace Porti Fra Di Noi
Tu Fai Dell'erbe Amare Un Bel Giardino
Odor Di Gelsomino
Madre, Madre,
Tu Che Ci Sazi Tenere E Paziente
Tu Che Sei Come Un Pascolo Abbondante
Tu Delle Pene Ne Fai 'N Ramo In Fiore
Nasciamo Figli Tuoi
Nun Te Scordamo Mai
E Grazia Sia Con Voi

Madre Sta Voce Tua
Che Chiama A Noi Tuoi Figli Nel Silenzio
E Ci Sussurra "Nun Ave Paura!"
"Io Basto E Nun Avanzo!"
L'occhi Che Vedon Dentro
Trafiggon Le Bassezze E La Paura
E L'attenzione Tua
Ci Leva Da St'arsura
E N'acqua Chiara E Pura

FUNICULI, FUNICULA

Oine, Venite Tutti Insieme Ampresso
Venite Acca! Venite Acca!
Ca Ce Facciamo 'Na Bella Festa
Pe' Festeggia! Pe' Festeggia!
Co 'Na Ghirlanda E Fiore Fatt'apposta
Fiore E Lilla! Fiore E Lilla!
Che Mo C'incoroniamo AMadre Nostra
Nirmala Ma! Nirmala Ma!

Chorus:
Iamme, Iamme, Iamme, Iamme, Ia!
Iamme, Iamme, Iamme, Iamme, Ia!
Funiculi, Funicula!
Funiculi, Funicula!
Iamme, Iamme, Ia!
Funiculi, Funicula!

Guaglio! Sia Fatta E Botto 'Na Poltrona
Di Taffetta! Di Taffetta!
E Nu Guanciale Fino E Penne Di Pavone
Portalo Acca! Portalo Acca!
E Nu Quintale 'E Fiore E Gelsomino
Pe' Carita! Pe' Carita!
Nu Mazzo 'E Margherite De Giardino
Nirmala Ma! Nirmala Ma!

E Mille Bastoncine Di Profumo
De Qualita! De Qualita!
Pe' Sparge Addor 'E Fiore 'N Torno O Mundo
Fatte Cchiu Alla! Fate Cchiu Alla!
E Mille Litre D'olio Puro E Fino
Per Appiccia! Per Appiccia!
De Mille Lanternelle Lo Stoppino
Nirmala Ma! Nirmala Ma!

'Na Cuofana De Latte Ben Cagliato
Che N'aggio A Fa? Che N'aggio A Fa?
De Zucchero E De Burro Gia Squagliato
De Miele E La! De Miele E La!
'Na Pentola De Acqua De Sorgente
Pe' Poi Lava, Pe' Poi Lave,
Li Piedi Santi De 'Sta Santa 'E Sante
Nirmala Ma! Nirmala Ma!

Na Profusione 'E Sari 'E Seta Colorate
Chi Me Le Da? Chi Me Le Da?
De Scialle E Fazzulette Ricamate
Per Addobba! Per Addobba!
Giuielle 'E Oro E Argento Fatte A Mano
Che Luccica! Che Luccica!
'Na Pietra, 'Nu Diamante Paglierino
Nirmala Ma! Nirmala Ma!

'Na Serie E Guagliungelle Fresche, Fresche
Venite Acca! Venite Acca!
C'a Pelle Vellutata Comm'e Pesche
Su Vien' Acca! Nun Aspetta!
'Nu Coro De Guagliune Giovincelle
Figaro Qui! Figaro La!
Pe' Canta 'Na Fanfara De Trionfo
Nirmala Ma! Nirmala Ma!

CIURI, CIURI

A Madre Nostra Che Ci Ha Accesso I Cuori
Cantiamo Tutti In Coro Questi Fiori
Sperando Che Sian Tutti Degni E Puri
Di Un Aranceto Tali Ai Begli Odori

Chorus:
Ciuri, Ciuri, Ciuridi Ttuttu L'annu
L'amuri Ca Mi Dasti Ti Lu Tornu
Ciuri, Ciuri, Ciuridi Ttuttu L'annu
L'amuri Ca Mi Dasti Ti Lu Tornu

Il Primo E Un Fiore Bello Della Terra
Tutto Arancione E Aroma Della Mirra
Protegge La Saggezza E Fa Alla Guerra
Poi Porta La Saggezza Sulla Terra

Il Due Ci Da La Pura Conoscenza
E Gioia Di Creare Che Ci Avanza
La Forza, L'energia, La Vera Scienza
De Quelle Che Mai Vengono Abbastanza

Il Terzo Quelle Leggi Ci Ha Portate
Pe' Mantenere Sante Queste Vite
La Fede L'onesta, Piu La Salute
Dal Cielo Gli Son State Regalate

Il Quarto Porta Il Nome Il Piu Importante
Come Una Coppa Vucta Si Riempie
Ci Da Coraggio, Amore E Sentimente
E Ci Dobiamo Stare Sempre Attenti

Lu Quinto E Un Fiore Vivo Della Rocca
Che Danza, Suona Il Flauto E Si Balocca
Ci Ha L'universo Intero Nella Bocca
Chi Contro A Lui Si Mette Guai Ne Tocca!

Lu Sestu E Certo Il Piu Puro Dei Fiori
Senza Vestito, Scarpe Ne Denari
Che Tuto Il Male Ci Fa Perdonare
Chiamatu Gigliu De Nostro Signuri

E In Cima A Tutti E Il Fiore Piu Odoroso
Di Tutti I Mille Petali Dischiuso
Mille Colori E Mille Variazione
La Piu Suprema Dei Benedizione

MATAJI JAY

(Australian version)

Chorus:

Mataji Jay!
Mataji, Mataji, Jay! } (x2)
Mataji, Mataji, Jay!
Mataji, Mataji, Jay!

Nosotros Sahaj. Yogis, Detodo el mundo entero
Ponemos las manos juntas, Para resibir Tu amor
O Ma, O Madre que vendici-on, O Ma,
O Madre que vendici-on, Que Tu,
Que Tu as Traido a la Tierre
We, the Sahaja Yogis of the world
Place our hands together to receive Your love.
O Ma, O Ma, such a great blessing
You've brought down to Earth

Vinimos buscandote, Por vidas y vidas enteras
O Madre que gran placer, Sa-ver que tambien buscaste,
Por nos Por nosotros con carinyo, Por nos
Por nosotros con carinyo, Que so
Que solo una Madre tiene
We've come looking for You, through many lives
O Mother, it's such a great joy
To know that You looked for us as well
For us, with love that only a Mother can have.

Como agradecerte Madre
Por tanto que Tu nos has dado
(H)as iluminado el camino
Nuestro buscar a terminado
How to thank you Mother, for so much that You have endowed
You have lit the way, and our search has finished

QUE VIVA MATAJI!

(Long Live Shri Mataji)

Entre Flores, Emociones Y Alegrias
Between flowers, emotions and happiness
Nacio En Nosotros La Madre Del Amor
was born in us the Mother of love
Solo En Dios Pudiera Haber Tanta Belleza
Only God could have such beauty
Y Es Imposible Que Pueda Haber Dos
and it is impossible to have two (two Goddess's like this)
Y Todo El Mundo Sabe Que Es Verdad
and all the world knows that is the truth
Y Ya Todos La Quieren Adorar
and now they all want to adore Her.

Chorus:

Por Eso Se Oye Este Refran:
This proverb is heard
Que Viva Mataji!
Long live Shri Mataji!
La Gente Canta Con Fervor:
The people sing with enthusiasm
Que Viva Mataji!
Long live Shri Mataji!
La Vida Tiene Otro Color
The life has different color
Que Viva Mataji!
Long live Shri Mataji!
Llego Y Todo Lo Cambio,
She arrived and She changed all
Mataji Es La Mejor!
Shri Mataji is the best!

En Los Dias Luminosos De Los Pujas
In the luminous days of the Pujas
Todos Los Ninos Juntos Frente A Su Altar
All the children together in front of Her altar
Sonriente Y Bondadosa, Ella Dispone
Smiling sweetly She gives
Con Esa Gracia De Diosa Maternal
with the maternal grace of a Mother
El Mundo Con Su Brisa Vibra Ya
The world with her breeze vibrates now
Empieza A Despertar La Humanidad
The humanity starts to awake

Que bonito es ser un sahaja yogi
How beautiful it is to be a yogi
Nadie resiste a ser un hermano mas
No one resists becoming a brother
Y que bello es entregarse y renacer
How beautiful it is to surrender and to be reborn
Y cantar bhajans hasta el amanecer
and sing bhajans till dawn
Mataji A Siempre Sido Y Sera
Shri Mataji has always been and always will be -
Eterna Madre Nuestra Sin Igual
our eternal Mother without compare.

CUNCTI SIMUS CONCANENTES

(from the Red Book of Montserrat, 14th C. Spain)

Chorus:

Cuncti simus concanentes: Ave Maria (x2)
Let us all sing together: Hail Mary

Virgo sola existente en affuit angelus
As the Virgin was alone, lo an angel appeared
Gabriel est appelatus atque missus celitus
He is called Gabriel and sent from Heaven
Clara facieque dixit: Ave Maria (x2)
And with shining mien he said: Hail Mary

Clara facieque dixit audite karissimi (x2)
And with shining mien he said, hear, most beloved,
En concipies Maria, Ave Maria (x2)
lo You shall conceive, Mary: Hail Mary

En concipies Maria, audite karissimi (x2)
Lo You shall conceive, Mary, hear, most beloved,
Pariesque filium, Ave Maria (x2)
You shall bear a son, Mary: Hail Mary

Pariesque filium, audite karissimi (x2)
You shall bear a son, hear, most beloved,
Vocabis eum Ihesum Christum, Ave Maria (x2)
You shall call him Jesus Christ: Hail Mary.

POLORUM REGINA

(from the Red Book of Montserrat, 14th C. Spain)

Chorus:

Polorum Regina omnium nostra
Our Queen of all Heaven
Stella matutina, dele scelera
Morning star, take away our impurities

Ante partum virgo deo gravida
Before the birth, Virgin, blessed by God
Semper permansisti inviolata
You remained eternally inviolate
Stella matutina dele scelera
Morning star, take away our impurities

Et in partu nirgo deo fecunda
And in labour, Virgin, made fertile by God
Semper permansisti inviolata
You remained eternally inviolate
Stella matutina dele scelera
Morning star, take away our impurities

Et post partum virgo mater enixa
And after the birth, Virgin, Mother
Semper permansisti inviolata
You remained eternally inviolate
Stella matutina dele scelera
Morning star, take away our impurities

MARIAM, MATREM VIRGINEM

(from the Red Book of Montserrat, 14th C. Spain)

Chorus:

Mariam Matrem Virginem, attolite
Praise Mary, Virgin Mother
Ihesum Christum extollite concordite
Honour her with Jesus Christ

Maria, seculi asilum, defende nos
Maria, shelter of mankind, defend us,
Ihesu, tutum refugium, exaudi nos
Jesus, safe refuge, hear us
Iam estis nos totaliter diffugium
Now You are our whole protection
Totum mundi confugium realiter
Truly the complete haven of the world

Ihesum suprema bonitas verissima
Jesus, supreme and truest goodness,
Maria, dulcis pietas grantissima
Mary, sweet most gracious kindness
Amplissima conformiter sit caritas
May Your charity be as full to us
Ad nos quos pellit vanitas enormiter
As the world's vanity compells

Maria facta saeculis salvatio
Mary grants salvation to all
Ihesu damnati hominis redemptio
Jesus redeems the damned
Pugnate quem viriliter per famulis
They fight fiercely for their servants,
Persussis duris iaculis atrociter
enduring hard beatings and cruel blows

Maria, Virgo humilis, te colimus
Mary, humble Virgin, we honour You,
Ihesu, desiderabilis, te querimus,
Jesus, desirable, we seek after You
Et volumus mentaliter in superis
and we would have joy above
Frui cum sanctis angelis perhepniter
With the holy angels forever

JAY SHRI GANESHA

Jay Shri Ganesha
Jay Shri Nirmal. Ganesha
Jay Shri Ganesha
Jay Shri Ganesha Jay
} (x2)

Jay Shri Ganesha
Jay Shri Ganesha
Jay Shri Ganesha, Mahaganesha
Jay Shri Ganesha Jay

SHIVA SHIVA MAHADEVA

Shiva Shiva Mahadeva
Namoh Shivaya Sadashiva
} (x2)

Durga Durga Mahamaya
Namoh Durgaya Namoh Namah
} (x2)

Kali Kali Mahamata
Namoh Kaliki Namoh Namah
} (x2)

(Repeat verses ad lib)

Namoh Shivaya Sadashiva
Namoh Durgaya Namoh Namah
Namoh Kaliki Namoh Namah
Namoh Shivaya Sadashiva



ay, music, for art, for anything you have to have pure attention and that comes through your innocence. Say a person who Is an artist and who's very money-oriented, say for example, a person who is doing some paintings and all that. His art cannot become eternal art. Cannot. That's why we see in modern times whatever art is created, it just comes and goes. It has no eternal value. Same with the modern music that they're having. The same thing is happening. It comes and goes and no one knows where it has disappeared. Behind it is money orientation and that money orientation results into a kind of a creation which is not perfect.

Shri Ganesha Puja 1991, Cabella, Italy,

JAY SHRI MATAJI

(Togliatti yuva shakti)

Chorus:

Jay Shri Mataji Nirmala Devi (x2)
Tî Sahaja-yogu dala nam
You gave Sahaja Yoga to us
Tî Sahaja-yogu dala (Chorus)

Tî prichina prichin Nishkarana
You are causeless; the cause of all causes
Nyeizmyenaya Nirvikara
Unchanging
Chistatu i mudrast dala nam (x2)
You give us purity and wisdom
Chistatu i mudrast dala (Chorus)

Tî dayosh fsye znaniya Nirmal Vidya
You give us all knowledge
Dastizhima Bhakti - Bhakti Gamya
Attainable
Tvorchyeskiye znaniya dala nam (x2)
You give us creative knowledge
Tvorchyeskiye znaniya dala (Aah)

Tî daruyesh Dharmu Dharma Dayani
You give us dharma
Tî vilikaya tsaritsa Maharagi
You are the Great Queen
Udavlyetvaryeniye dala nam
You give us satisfaction,generosity
Shyedrast mir i radast dala nam
peace and joy
Shyedrast mir i radast dala (Chorus)

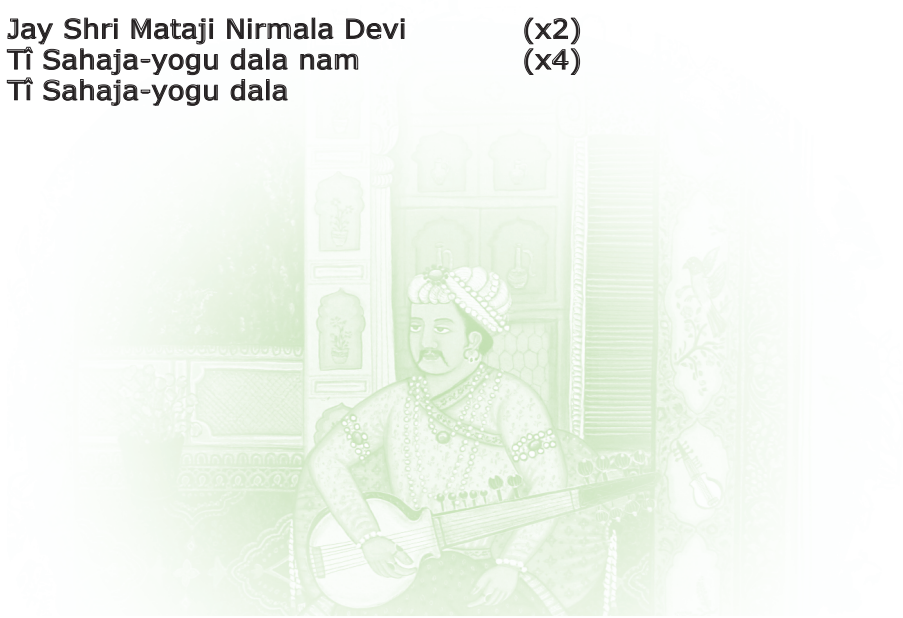
Tî spasityelnitsa nasha Rakshakari
You are our Saviour
Ubivayesh zlîye silî Rakshasagni
You kill the evil forces
Muzhistva tî f syertsye dala nam (x2)
You give courage to our hearts
Muzhistva tî f syertsye dala (Aah)

Tî vnye deistviy fseh Nishkriya
You are beyond actions
Tî illyuziya bagof Mahamaya
You are the Great Illusion
Sladastnast Shri Krishnî dala nam
You gave us Shri Krishna's sweetness of tongue
Nyeprichastnast Shri Krishnî dala nam
Shri Krishna's poer to witness
Nyeprichastnast Shri Krishnî dala (Chorus)

Tî lishyonnaya gardîni Nirmala
You have no pride
Tî byes egaizma Nirahamkara
You are without ego
Fsyeprashyeniye k lyudyam dala nam
You gave us the power of forgiveness
Sastradaniye k lyudyam dala nam
and the power of compassion
Sastradaniye k lyudyam dala (Instrumental)

Tî daruyesh sshastiye Sharma Dayini
You give happiness
Vyelichaishaya Mahadevi
You are Great
Shri Vimala, Shri Vilasini
Shri Sahaja Yoga Dayini
Tî Sahaja-yogu dala nam (x2)
Tî Sahaja-yogu dala

Jay Shri Mataji Nirmala Devi (x2)
Tî Sahaja-yogu dala nam (x4)
Tî Sahaja-yogu dala



PLEASE, KUNDALINI RISE

(Russian-English)

Chorus:

A Nirmala Mata, Mata (2 times)
You are my life, you are my heart,
You are my life
So, please, Kundalini rise.

1 verse:

Kundalini rise, Shri Ganesha,
Kundalini rise, Nirmala Mata
Kundalini rise, Saraswati,
Kundalini rise, Adi Shakti,
Kundalini rise, Mahalakshmi,
Kudalini rise, Nirmala Mata,
Kundalini rise, Adi Guru,
Kundalini rise (3 times)

2 verse:

Kundalini rise, Durga Mata,
Kundalini rise, Nirmala Mata,
Kundalini rise, Jagadamba,
Kundalini, rise, Adi Shakti,
Kundalini rise, Vishnumaya,
Kundalini rise, Nirmala Mata,
Kundalini rise, Mahalakshmi,
Kundalini rise (3 times)

3 verse:

Kundalini rise, Kundalini,
Kundalini rise, Nirmala Mata,
Kundalini rise, Bhagavati,
Kundalini rise, Adi Shakti,
Kundalini rise, Kundalini,
Kundalini rise, Nirmala Mata,
Kundalini rise, Bhagavati,
Kundalini rise (3 times)

NIEBA

Verse 1:

Laskawi vietzir zalatoy
The soft, golden wind
Stutchkami niejnemi eegraiet
plays with tender clouds.
Pachniet sotchnai svitzea scoschenenai travoi
It smells of succulent, fresh grass.
Schelest leestiev schum dashdia napaminaiyet
Rustling leaves sound like the rain.
Loog ziloni razlilsya na tselee mir
The meadow's green peace spills to the entire universe
Atrazifschiss skromna vmalenkay raseenkye
And I see this eternity reflected in a dew-drop.
Gorb halma tsvetami vyishetei zastil
Chilly hills wrap themselves in embroidered flower blankets.
Pauchock zavis vblestiashey pautinkye ...
A tiny insect hangs suspended in this sparkling web of life.

Chorus:

Nieba soncier i vietsyer
Sky, sun and wind.
Soncier vietsyer preetihh
Sun shines and the wind becomes mild.
Golub bielee krujitsya veeotza vnibesahh galubeechh
A white pigeon circles in the blue sky.

Verse 2:

Pasreedzy gustoy travwee stayit malish
A little one stands in dense grass;
Ibezdonnymee glazamee saziersaiyet
He looks at all things with wise eyes.
Kakrastiot iksontsu tianietsa kamwish
The reed grows and is pulled to the sun.
Kakzimlia liubov iradasts vaspivaiet
The Earth sings of love,
Fsio ediot svaiyim abitchnym cheredom
And peacefully turns
Sontsa sviet fplyetaiyet fkosu mirazdanya
While the sun plaits the golden locks of our universe.
Fsio shto yarkim svetam rastsveetiot patom
May this universal light make everything bloom with beauty.
Nashy chistiye prikrasniye jelanya.
This is our most pure desire.

KARAVAN

Verse 1:

Nash karavan aatpravlya-yetsa vIndiyu
Our Caravan is leaving for India.
Sotni veerbloodaf pad nami revoot
Hundreds of camels are ready to go.
Goree Iranskiye Goree Afghanskiye
The Iranian mountains, the Afghanistan mountains,
I Pakistanskiye mima pleevoot
and the Pakistan mountains flow past us.
Om _____ Kundalini Gimalayi _____ twoi hhram
Om Kundalini, the Himalayas are Your temple.

Verse 2:

Choodnaya India fsyem ooli-bayetsya
Miraculous India smiles to everyone.
Yeta strana dlya iskati-lyei klad
This country is a treasure trove for the seekers.
Bogi rajdayutsa I naslaj-dayutsa
The Gods are born here and enjoy themselves;
Iv meditatsi yogi sidyat
the Yogis sit in meditation.
Om _____ Shri Ganesha Maharastra _____ twoi hhram
Om Shri Ganesha, Maharastra is Your temple.

Verse 3:

vAfriku nashi slani atpravlya-yootsa
For Africa our elephants are leaving.
Nyes-kalka sutak idiom byes vadi
Several days we travel without water,
No tier-peelivim idjoongli yav-lyayutsa
but to the patient, the jungles appear
Samiya boowee-nyew vmire sadi
the most nourishing gardens in the world.
Om _____ Shri Saraswati fsya savanna _____ twoi hhram
Om Shri Saraswati, all the savanah is Your temple.

Verse 4:

Nash karavan atdi-hayet vItaliyi
Our caravan is stopping in Italy to have a rest.
Nashi veerbloodi spaghetti yid-yat
Our camels eat spaghetti.
Vozduhi chudniye no-satsa ari-yi
Wonderful arias are wafting in the air.
Sladkai istomaiyu putnik abyat
We, the travellers, are full of a gentle sweetness.
Om _____ Shri Gruha Lakshmi __ Apeenini ___ twoi hhram
Om Shri Gruha Lakshmi, the Appennines are Your temple.

Verse 5:

Pa akianu iloosi skita-yemsya
In the ocean of illusion we wander.
Fpo-iskahh istiini krutyim shturval
In search of truth we turn the steering wheel.

Mwee pereeseich aki-an pastarayemsya
We will try to cross the ocean.
Shri Adi Guru nam putz ukazal
Shri Adi Guru has shown us the path.
Om _____ Shri Adi Guru vnashem voidiye _____ twoi hhram
Om Shri Adi Guru, in our void is Your temple.

Verse 6:
Syertse na etom putsee atkrivaietsa
Our hearts are opening. On this path
Shiva siyayet skla-nyayemtsa nyits
Shiva shines and we bow down.
Radasts dukhhovnaya nye preekrash-ayetsa
The joy of the Spirit does not stop.
Eta lubof byes vremyon i granits
This love is beyond time and without borders.
Om _____ Shri Durga Mata Anahata _____ twoi hhram
Om Shri Durga Mata, the Anahata is Your temple.

Verse 7:
Pyesnyi I tansi lyubof virajhayoot
Songs and dance express love.
Bagof praslav-lyayoot I stroyat knyim most
They praise the Gods, and build bridges towards them.
Krishna eegrayet ifsyo rast-sveetaiyet
Lord Krishna plays and everything blossoms.
I sonce siyayet kak tisachi zvyost
The sun shines like a thousand stars.
Om ___Shri Radha Krishna____fsyo prastranstva ____ woi hhram
Om Shri Radha Krishna, the Cosmos is Your temple.

Verse 8:
Kak milasyer-diye nye-aphadima
As mercy is necessary
Niye-aphadima droog drooga prastits
it is also necessary to forgive each other
Shtobi da boga daiti nye-vre-dyeemim
in order to get to God unharmed
If tsarstva nyebesnaye dver atvarit
and to open the gates of the Kingdom of Heaven.
Om _____ Shri Mahalakshmi _____ fseprash-che-niye twoi hhram
Om Shri Mahalakshmi, all forgiveness is Your temple.

Verse 9:
Dvier atvarilas blajhenstva yavilas
The gates have opened, bliss has come.
I nash karavan pripadayet kwadye
Our caravan nears the water.
Eta byes-kra-inyaya bojiya meelasts
This is the unlimited ocean of Godly mercy.
Ya rastvarilas i Pravda vezdye
I-ness dissolves and truth is everywhere.
Om _____ Shri Nirmala Devi __ Sahastrara ___ twoi hhram
Om Shri Nirmala Devi, the Sahasrara is Your temple.

NKOSI SIKELEL' IAFRIKA

(South African National Anthem)

Nkosi Sikelel' iAfrika
Maluphakamis' uphondo lwayo
Yizwa imithandazo yethu
Nkosi sikelela, Nkosi sikelela

Nkosi Sikelel' iAfrika
Maluphakamis' uphondo lwayo
Yizwa imithandazo yethu
Nkosi sikelela, Thina lusapho lwayo

Woza moya (sikelela Nkosi sikelela)
Woza moya (sikelela Nkosi sikelela)
Woza moya, Oyingcwele
Nkosi sikelela, Thina lusapho lwayo

Morena boloka sechaba sa Heso
O fedise dintwa le Matswenyeho

Morena boloka sechaba sa Heso
O fedise dintwa le Matswenyeho

O se boloke (O se boloke)
O se boloke (O se boloke)
Sechaba sa Heso
Sechaba sa Afrika

O se boloke Morena (O se boloke)
O se boloke Morena (O se boloke)
Sechaba sa Heso
Sechaba sa Afrika

Makube njalo! Makube njalo!
Kude kube nguna phakade
Kude kube nguna phakade!

FREEDOM IS COMING

Oh Freedom, Oh Freedom, Oh Freedom
Freedom is coming, Freedom is coming
Freedom is coming Oh yes I know

Oh Yes I know, Oh, Yes I know, Oh Yes I know
Oh Yes I know, Oh Yes I know
Oh Yes I –Know, Oh Yes I know

Oh Freedom, Oh Freedom, Oh Freedom
Freedom is here now, Freedom is here now,
Freedom is here now, Oh yes we know

Oh Yes we know, Oh Yes we know, Oh yes we know
Oh Yes we know, Oh Yes we know
Oh Yes we—know, Oh Yes we know

Oh Mother, Oh Mother, Oh mother
Shri Adi Shakti Nirmala Devi
Nirmala Mata, Shri Mataji

SIYAHAMBA

Siyaham Ekookha Nyen Kwenkos (x2)
Siyahamba, hamba, hamba, hamba
Hamba, Siyaham Ekookha Nyen Kwenkos } (x2)

We are marching in the Light of God

We are dancing in our Mother's Joy

Siyaham Ekookha Nyen Kwenkos (x2)
Siyahamba, hamba, hamba, hamba
Hamba, Siyaham Ekookha Nyen Kwenkos } (x2)

HAIDA

(Eastern European - chassidic)

Haida, haida, haidida-daida, haida, haida, haida
Haida, haida, haidida-daida, haida, haida, haida

Adi Shakti Nirmala Devi, Mata, Shri Mataji
Mata Nirmala Devi, Mata, Shri Mataji

ALLELUIA CANON

(WA Mozart)

Adi Shakti Nirmala Devi
Adi Shakti Nirmala Devi Nirmala Mata Shri Mataji
Adi Shakti, Nirmala Devi, Nirmala Mata, Shri Mataji
Adi Shakti, Adi Shakti, Shri Mataji
Adi Shakti, Adi Shakti, Shri Mataji
Nirmala Devi, Shri Mataji
Adi Shakti- Shri Mataji
Nirmala Devi, Shri Mataji
Adi Shakti Nirmala Devi
Nirmala Mata, Shri Mataji
Adi Shakti, Adi Shakti, Shri Mataji

APPENDIX

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Sing for Health

A recently-released study by the University of California suggests that singing can make one healthier. Increased levels of disease fighting proteins were discovered in the mouths of persons singing in the study.

These proteins are used by the immune system of the body to fight disease. An increase of up to 150% was noted with the singers during rehearsals and around 240% increase was noted during performance.

Many singers also reported a sense of happiness or euphoria when they sang. Robert Beck and Thomas Cesario who both conducted the study for the college of medicine suggested that the increase in levels of immune proteins might be because of the singer's state of mind as they became more familiar with the music.

Some of the subjects reported having deeply emotional reactions to performing. It was speculated that there could be a link between immune response and singer's emotions.

So, this study suggests that singing could be very good for our emotional and physical health. (July 24, 2001)

SHRI MATAJI EXPLAINS AND TRANSLATES 'JOGAVA'

Pratishthan, 15th October 1988

Saint Eknath was from 'Pratishthana', called as 'Paithan' and he is the one, who has written this "Jogava", means the Yoga and at that time he sang this in a very village language and it sung by so many people all over the Maharastra. You can imagine that this song was written so many years back and now they have converted into a kind of a - for Sahaja Yoga - but it is a very - absolutely precisely described - what they wanted at that time. Now, in the beginning he says - the Goddess of Maharasthra was called as "BAYA". You will be amazed - in my childhood my name was Baya. They use to call me in my family as Baya. So, he is saying that I will ask Mother to give me the Yoga. In the villages it is said "Jogava" - again he says - 'Bayecha Jogava'.

Now ' ANANDI NIRGUNI' the one which is without any gunas has manifested this "Bhawani" on this earth, and She has come to kill this Mahishasura. Also she has come 'Trividh TAPANCHI KARAVAYA JHADANI' to remove our three types of heating pains and now She is going to come for our 'Nirvana', that time he had said, he says that what I will I do when she will come for my 'Nirvana-Dwaitya' - I have got, means I am thinking about myself as separate from God. 'Dwaita' is that you think this world is separate from God, then I will remove this 'Dwaita' and I will put a garland to Her and in my hand I will take the flag of enlightened knowledge (already he is describing it) and without any discrimination about cast or religion or anything I will go to visit Her. Then what I will do, for nine days I will do nine types of Bhakti of this Goddess and then I will give up all other asking or anything and I will ask for a son who is knowledge.

Then I will do (this is a lady singing, he sings like a lady) so he says that this world is full of ego, 'Dambha' is false pride, so I will give up that kind of bad son. It is the bad son and what will I do in the 'PARADI' (basket) is the place in which you carry flowers for the God. In the 'Paradi' I will put complete enlightened knowledge and all the 'ASHA MANISHANCHA' means all the desires and all aspirations. I will finish them, completely break them. 'MANOVIKARA VIKARA KAREEN KURVANDI' all my 'Manovikaras', you see all the mind, which is so much conditioned; (like they say in Hindi that you take out the bad eye). So I will take out as that from my mother earth. 'AMRIT RASACHI BHAREEN ME DHURDI - basket I will be filling with the 'Amrit Rasa' that is the ambrosia.
'AATA SAZANI', (She is telling her friend) O my friend, now I have become completely detached NISANG and my husband who was a doubt, I have given up living with that husband of mine, means the doubt has disappeared from me. Then she says that the 'Kama and Krodha' these two are 'MANG' is the one, scheduled caste people who burn the bodies and I have given them up

and what ever left I have made my - I have opened out my tunnel - that is of Sushumna - see now.

Such a Yoga I have asked and kept it with me when I got it. I went to the great door and I thanked the God Almighty and I have now come out of this life and death problems.

At that time he wrote all this and today you are getting the results. Just that, so clearly and a lady singing this, we have to take some vows, something about yourself and about others. We have to remember one great thing - that we are Yogis now. That too we are Sahaja Yogis and as Sahaja Yogis, we have to be 'par excellence', in our behaviour, in our temperament, in our dealing with others, tackling any situation or getting solution out of some problems. You have to be of 'par excellence'. Now some of you find that you have very good brain, I mean - intelligence - but you lack in your heart. Some of you have got very large heart but you lack in your brains. So the balance must be brought. But the greatest knowledge - greatest of all the greatest knowledge is to know that GOD IS LOVE. HE IS LOVE and if you cannot even love a Sahaja Yogi, then also must know that there is something very wrong in you, which must go out. The love has to be there and this love is what we call as 'Nirvajya' means there is no interest on you, just the capital, meaning you love each other in such a manner that you just give and don't expect anything. Just give and enjoyment of giving is the highest.

I tell you from my experience. To me the greatest joy is when I can give Realisation, second one is when I can give away things. The third one could be that I can give it to others. So now, as you are not the people, who are sitting at the receiving end, but at the giving end, you must know what you have given to others. On the contrary, even now, if you just give your tempers, you show your greed and all kinds of things that does not behaves a Sahaja Yogi, then, you have to know that there is something still left behind. Or elseif you are so particular about small things like clothes, like food, like comforts then know that there is something is missing, that personality is not full and also remember one sentence always, "ask a question to your self - Have I fulfilled my destiny?".

This is one question you should ask, have I fulfilled my destiny? and that will clarify the situation for you, because now you are a guru of your own, you know, you understand. You know so much about Sahaja Yoga mentally. But when it penetrates into your being and the whole knowledge becomes a part and parcel of your being, then it's a very different thing.
The whole attitude about facing anything is very different for a realised soul. Like me, I would say - if I see a problem, immediately I go into meditation, immediately, and the problem is solved. Because that's my power. In the same way if you see a problem and if you go into meditation, the problem will be

solved by me. That means in meditation you surrender to me, then it is my job. But if you start solving it mentally or orally, you will fall into traps. So, the best thing is, any such problem that bothers you, you should just go into meditation, don't have to even pray - just go into meditation with that problem and you will come out victorious.

What today you have been asking me for the victory, I have to tell you that you are very safe in the fort of your meditative state and very well in meditation only you can grow, you cannot grow otherwise. It is like the sunshine for any tree. You have to be in meditation, in Nirvichara, you don't have to oppose anybody, you don't have to agree anybody, you don't have to say anything. Specially for other Yogis, You don't have to say anything. Anybody whom you find to be funny, just go into meditation and you will be amazed how things will change, and this is your power. How many people have got realisation in this world? Very few. They are growing up - all right, they are working it out. But what is lacking in them is the Meditative Force.

The best way is to surrender and the surrendering is easier. You just put me in your heart, all the time, the simplest way. Then you cannot live without it. You cannot exist without it. You feel completely lost. It's kind of a very detached love. You just feel absolutely rested, blissful, and content. Then you don't want anything. That is the state, one has to establish. It is so easy for you because i am in person with you. Only problem that is there as i told you in sahaja yoga that you have to recognise me to begin with. But to recognise me is rather difficult because I am a Mahamaya and so normally you might come into that mess created by Mahamaya. But as I told you the other day that you could not have faced me in my other form. Imagine a person with a sword in the hand sitting on a lion. Could not have faced it. So I had to be Mahamaya and this is what it is, that in this form you can come close to me, you can talk to me, you can also take my advice, if you want. So this counseling can be done better. I could decode everything to you. I could tell everything about it. But to KNOW THAT YOU ARE SITTING BEFORE MAHAMAYA ITSELF IS VERY HELPFUL. So don't get lost into the garb of Mahamaya. In your protocol, in your understanding, in everything you have to remember that we should not make mistakes and we should try to surrender. Automatically you will learn everything. There is nothing to be taught to you.

That state is such - like a tree. When it comes to its full bloom, it gives flowers and the flowers come to it's own maturity that give fruits. That is how you are built in. That is how you grow. What then happens you yourself feel your own growth and enjoy it and just live happily with it. So ultimately my destiny is one that I should make you all very happy and joyous. That is my destiny. Thatis why all this struggle is going on. I hope I fulfill my destiny and your destiny too.

MAY GOD BLESS YOU

Omkar. Swarupa - Saint Gnaneshwara

(Translation given by Baba Mama at Bavasagara Puja, Brisbane, 1991)

This is a song praising the Guru,
singing how high the Guru is.
What is the height of the Guru

The chorus says:

O Guru, You are the incarnation of Omkara.
You are the Sadguru, who knows good teaching.
You are the 'Samartha,' the one capable of giving good teaching.
You are the patron of the orphan,
You are the Father of the orphan,
And therefore I bow to You, I bow to You, I bow to You.

Verse 1:

I bow to You like my father,
Because you hold the treasures of mercy and kindness.
You have broken me away from the ties of temptation,
And the ties of Maya.
I bow to You.
I was full of questions.
Who will remove these ties of temptation
And this net of Maya?
The answer is You.
Only You, O Guru, could make this breakthrough.
I was so deeply enmeshed in these temptations,
And in this materialism.
Only someone of Your stature,
Of Your ability, Your dimension,
Could redeem me from the world of temptation and Maya.
Therefore I bow down to You, O Guru.

Verse 2:

O Guru, You are the ocean of Joy.
The three worlds are supported by You and Your knowledge.
O Guru, You are so luminous
That before Your glorious light
Even the moon and the sun fade.
In Your light I have been able to understand the Vedas,
The mysteries of the Divine.
I could not understand these mysteries
In the light of the sun
Or the light of the moon.
O Guru, I needed the brilliant light
Emanating from You
To see, and understand the Vedas.
Therefore I bow down to You, O Guru.

Verse 3:

O Guru, You are the Parabrahma
You are the over all, above all, Brahma,
The pervading Brahma.
Your holy name is always in my mouth.
Always I am speaking Your name
So that I shall never forget
That You are the Parabrahma.
Therefore
I bow down to You, O Guru.
I bow down to You, O Guru.
I bow down to You, O Guru.

VANDE MATARAM (poetic translation)

(from ASHindi 63)

Mother, I bow to thee!
Rich with thy hurrying streams,
Bright with orchard gleams,
Cool with thy winds of delight,
Dark fields waving Mother of might,
Mother free.

Glory of moonlight dreams,
Over thy branches and lordly streams,
Clad in thy blossoming trees,
Mother, giver of ease
Laughing low and sweet!
Mother I kiss thy Feet,
Speaker sweet and low!
Mother, to thee I bow.

Who hath said thou art weak in thy lands,
When the sword flesh out
in the seventy million hands
And seventy million voices roar
Thy dreadful name from shore to shore?
With many strengths
who art mighty and stored,
To thee I call Mother and Lord!
Though who savest, arise and save!
To Her I cry who ever her foeman drove
Back from plain and Sea
And shook herself free.

Thou art wisdom, thou art law,
Thou art heart, our soul, our breath
Though art love divine, the awe
In our hearts that conquers death.
Thine the strength that nerves the arm,
Thine the beauty, thine the charm.
Every image made divine
In our temples is but thine.

Thou art Durga, Lady and Queen,
With Her hands that strike
and Her swords of sheen,
Thou art Lakshmi lotus-throned,
And the Muse a hundred-toned,
Pure and perfect without peer,
Mother lend thine ear,
Rich with thy hurrying streams,
Bright with thy orchard gleems,
Dark of hue O candid-fair

In Thy soul, with jewelled hair
And Thy glorious smile divine,
Loveliest of all earthly lands,
Showering wealth from well-stored hands!
Mother, mother mine!
Mother sweet, I bow to thee,
Mother great and free!

Beautiful words in Hindi

Adi Kundalini	Primal Seed Energy
Adi Shakti	Primal Power
amrit	ambrosia
anand	Joy
andhere	darkness
atma	soul
aum	primordial sound, origin of creation
avatar	incarnation
bhakti	devotion
Bhavani	Queen of Bhava (Shiva)
bhavasagar	ocean of illusion
binati	request
bolo	say
chaitanya	vibrations
chakra	'wheel' energy centre in the body
charano	lotus feet
chitta	attention
darshan	God reveals Her divine form
dharma	religion, righteous path
dhyan	meditation
dil	heart
dua	blessings
duniya	world
Durga	Mother Goddess – literally 'difficult to approach'
gaya (karo)	sing
gita, geet	song
hriday	heart
iccha	desire
ishq	love (Urdu)
isiliye	because of this
jag	world
Jagadamba	Mother of the world
jago	awaken
jagruti	awakening
jai	victory

kali yuga	age of darkness/ignorance
kamal	lotus
kripa	grace
Ma, Mataji, Mata	Mother
Mahadevi	Greatest of Godesses
Mahakali	The seed energy of God's desire. She represents Divine Energy within the ida nadi (left channel).
Mahalakshmi	Lakshmi is the Goddess of wealth and prosperity. In her ''Maha' form She represents the Divine Energy within the sushumna nadi (central channel).
Mahasaraswati	Saraswati is the Goddess of knowledge, learning and creativity. Her 'Maha' form represents Divine Energy within the pingala nadi (right channel).
mala	garland
man	heart/mind
mohabbat	love (Urdu)
moksha	salvation
Moksha Pradayini	Bestower of salvation
namaskar	bow in respect / surrender
namoh namah namostute	to bend and bow i.e 'I bow to Thee'
Nirguna	Beyond the three gunas/channels
Nirmala	Without blemish, Pure
Nirvikalpa	Beyond mental activity
Nishpapa	Without ignorance or false ideas
Omkara Swarupa	Embodiment of the energy of the sacred word
Parameshwari	The ultimate ruler
phul, gul	flower
prakash	light
Prana Rupini	Of the form of the Divine Breath of Life
prem	love
puja	worship
punya	righteous act, virtue
purana	'old' but also ancient sacred books

pyar	love
rang	colour
ras	essence
roshani	light
rupa	form
Sahaja sang(ha)	collectivity
Sahaja Yoga Dayini	Giver of spontaneous self-realisation
Sahasrara Swamini	Queen of heaven
samjhi	understand
sangita	music
sat, sach	truth
satya yuga	age of truth/enlightenment
shanti	peace
sharan	surrender
Shri Mata	Sacred Mother
shubh	auspiciousness
shuddha	pure
sukh	happiness
swagat	welcome
swar	note(s)
thand	cool
Trigunatmika	When She becomes the creation She assumes the form of the threes gunas
tu, tum	you
vardan	boon
vidya	knowledge
Vishwa Rupa	in the form of the universe
Vishwavandita	worshipped throughout the universe



think gradually we are all going to the ocean, but we want to keep our identity. But I think my identity is music, and we all should pour our music into the ocean of love of Shri Mataji.

H.P. Salve (Babamama).